

Volume 11, No. 4

AND YE SHALL KNOW THE TRUTH ...

November 22, 2006



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"I do this kind of work because as a young kid, being the child of teenage parents, I know that social service programs assisted my parents in raising me."

This Strikes Us ...

A Sojourner's Truth Editorial

"Enough," says journalist Juan Williams in his recent book Enough: The Phony Leaders, Dead-end Movements, and Culture of Failure that are Undermining Black America – and What We Can Do About It.

The problem, as Williams defines it, is the culture of victimhood and the perpetuation of that culture by black leaders - Williams singles out folks such as Jesse Jackson and Al Sharpton – who exploit the all too common tendency of those in the African-American community to blame "the white man" for their problems.

But victimhood, says Williams, is not a black tradition. Black leaders, says the author, have traditionally embraced the American ideal of self-reliance. Frederick Douglass, Booker T. Washington, Dr. Martin Luther Kings, Jr. are a few of those whom he cites as examples of leaders who urged black folks to get it done for themselves.

Over the last few decades, however, Williams notes that the tradition established by such great figures has been abandoned. In its stead, he writes, we now have a generation of leaders who portray those in the African-American community only as victims ... victims of the white man's oppression, victims of a flawed governmental structure, victims of the Western World.

And the solution that these false leaders seek, says Williams, is more - more of everything - from those oppressors in order to make up for all of the past grievances. More handouts, more programs, more from those outside of the community to do for us what we should be trying to for ourselves.

But at what price do we make such demands?

It's painful to hear such a message. It was painful several years ago when Bill Cosby first voiced his own displeasure at those African-Americans who have failed to conduct their lives in a manner better suited to ensure the success of their offspring. At the time the Cosby first delivered his message, this paper took issue with the way he expressed it and also with the fact that the messenger himself was perhaps not the most appropriate person to deliver the bad news. Nevertheless, Cosby's diatribe has sparked a lasting, and worthwhile, debate about the role that blacks play in determining their own destinies.

Williams has framed the argument in a manner that crystallizes what is perhaps the most crucial problem facing today's black community and he focuses on the wastefulness that comes when we are diverted from the critical tasks of educating ourselves and our children thereby slowing our movement into the economic mainstream of American society.

We hold conferences on reparations, for example. We hold conferences during which thoughtful, scholarly people - whose time and talents could be put to much better use actually discuss the merits of demanding reparations for those centuries of slavery. We publish excerpts from these conferences and further embellish such quixotic daydreaming in editorials and opinion pieces.

And for those of us who are actually victimized – by the company, the government, the police – then the world comes to a virtual stop. That's where the Al Sharptons and the Jesse Jacksons come in. And if the big guns are not available, we develop local Sharpton aspirants who want to make a name for themselves by finding and claiming a victim as their very own.

Part of the problem is the ready access of media, of course. From the national media to the local, from Oprah to Jerry Springer, the American craving to show our neighbors and the world how the slings and arrows of outrageous fortune have tormented and afflicted

The tragedy, from a community standpoint, is that urge we have to flaunt our victimization reinforces the widespread skepticism we have for the institutions that are supposedly designed to make our lives better - school systems, safety forces, government agencies, and so forth. And the cycle continues.

The more we relish that victimization, the more glee we take in untoward incidents, the more we guarantee that we shall have many more opportunities in the future to see such slights, insults and injuries repeated.

At some point, we in the black community have to develop the ability to focus on those matters that are going to improve our lives - education first and foremost. And we are going to have to grow blinders so that we are not so easily derailed in our efforts to reach our goals.

The American experience has demonstrated that the opportunity for success is enhanced if the community insists that young people do three things as they approach adulthood - complete high school, don't get married during teen years and don't have babies before marriage.

If we want to cease being victims, and put an end to the need to pretend we are victims, we can stop the bleeding by taking care of those three items

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Community Calendar

 $\bullet Shiloh Baptist Church: Annual Fall Revival; Nightly services at 7 pm; Guest Evangelist Paster Omega Smith of Philadelphia: 419-535-0615 OR 419-693-6698$

November 23

Thanksgiving Day!!

• Toledo Gospel Rescue Mission: Thanksgiving morning breakfast; 7:30 to 9:30 pm: 419-241-6579

- Toledo Gospel Rescue Mission: Annual Thanksgiving Dinner; 5 pm: 419-241-6579
- Appreciation Musical: Celebrating church musician Mick Collins; 6 pm; Third Baptist

November 26

• The House of Adonis: Dance Competition; 2nd Annual Benefit show; The Shadow Lounge; 6 to 11 pm; Local rap and singing artists perform; Fundraiser for dance team to perform in the Prism Award show in Hollywood: 419-537-0821 or 419-810-3486

• Toledo Regional Chamber of Commerce: Networking opportunity to meet Debrah Harleston and George Robinson; 5:30 to 7:30 pm: 419-243-8191

• "Tribute to Rosa:" Warren AME Church; Celebration of the spirit and legacy of Rosa Parks; 7 to 8:30 pm

December 2

- Start After-Prom 8th Annual Holiday Craft Show: Start HS; 10 am to 4 pm: 419-344-0466
- The Gunckel Reunion-Civic Center Promenade; 8 pm to 1 am; BYOB and refreshments:
- World AIDS Day 2006: Rosary Cathedral; Prayer breakfast; 10 am to Noon: 419-244-6711 ext 515

December 3

- David Carter Symphonic Choir: "The Light Still Shines;" Spirituals and Songs of Faith; Monroe St. United Methodist Church; 4:30 pm
- Delta Sigma Theta Alumnae Chapter Peppermint Social: Sanger Branch Library; 3 to 5pm:419-537-1774

• Toledo Bar Association: Honoring Yolanda Gwinn, law clerk for Magistrate Judge Vernelis Armstrong, with the Robert Kelb Award for outstanding service; Noon: 419-

• Top Ladies of Distinction: McKissick Senior Center community event; 1 pm

December 9-10

• Grace Temple COGIC: Annual Craft Show/Bake Sale and Fish Fry; Saturday at 11 am to 3 pm; Sunday at 1 to 4 pm; Booth rentals available; Door prizes: 419-205-0086 or 419-

December 10

• Clarence Smith Community Chorus: Christmas Concert; Friendship Baptist Church; 6 pm; Free concert: 419-534-3370

December 11

• Toledo Area Chamber of Commerce: Introduction to FastTrac Seminar; 5:30 to 6:30 pm: 419-243-8191

The Sojourner's Truth

Toledo's Truthful African-American **Owned and Operated Newspaper**

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Publisher Publisher and Editor Business Manager

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Reporter Reporter Reporter Political Columnist Columnist Entertainment Critic

Reporter

Reporter

Jennifer Retholtz Aida Maxsam Pamela Anderson Kathy Sweeny

Layout Designer/Webmaster Sales Representative Sales Representative

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The Sojourner's Truth, 616^{1/2} Adams Street, Toledo, Ohio 43604 Phone 419-243-0007 • Fax 419-255-7700 thetruthreporter@buckeye-access.com www.thetruthtoledo.com

The Sojourner's Truth

My View

By Jack Ford The Truth's Political Columnist

The recent election is obviously going to result in big changes in Columbus. A more pro-labor philosophy in the Strickland administration will be coupled with a less conservative, more cooperative tone in the legislature with its more bipartisan make-up.

There will be a lot of new faces and voices in both the Senate and the House. There will also be some old voices not heard from recently.

One new freshman representative is William "Bill" Batchelder, Republican from Medina County. Batchelder was previously in the House for nearly 30 years but left a few years ago to run successfully for a judgeship in Medina County. He joined his wife in the wearing of judicial robes in that she is the Honorable Alice Batchelder, a federal judge for the Northern District of Ohio.

The Batchelders are a proven political couple and will continue to be so. Bill reached the rank of majority leader in the House, the number two position to the Speaker at the time, Jo Ann Davidson. Bill Batchelder was the leader of the conser-

vatives while in the House. My guess is that he just liked the action and the debate of the House. I expect him to make another quick leadership climb and ultimately become the Speaker or minority leader, depending on his party's numbers in the next few terms. Batchelder was the best orator and an avid constitutional advocate on the floor of the House

On the Democratic side, Barbara Boyd, from Cleveland Heights, is returning to the House after a six-year hiatus. She had to fight a young challenger in her primary but her strong name and reputation fared well for her and she won with 68 percent of the yotes.

Boyd is a former mayor and understands municipal and county government. She was the author and main advocate for the "Kinship Navigator" law which passed a few years ago in Ohio.

While out of the legislature, Boyd worked for a short time in Jobs and Family Services for the State of Ohio and, then, for a few years with the Children's Defense Fund. Boyd has a great heart for people and will be a superb returnee to the Ohio House.

On the local front, it was not surprising that the City of Toledo is facing a \$10.5 milat your budget *after* you negotiate with your unions.

The city could have stayed within its anticipated spending limits in the budget but then Mayor Finkbeiner would not have been able to live up to his promises made to the union leadership during his campaign. No wonder he said during a debate: "all the unions support me!"

Now you will see a litany of choices to pay for the price tag of the \$10 million pay hike. Shall we sell the COSI property? Shall we raise taxes via a trash fee?

Remember the no-tax hike promise during the campaign? Is it legal for a politician to promise goodies to a union in exchange for public support? Yes?

Maybe not?

But here is the real challenge. If the deficit is \$10 million this year, what is the projected deficit through the next three years? If it is substantial each year, based on a modest 3.5 percent of growth each year, how do you get it back into balance? This is why the tow lot with the scofflaw program was important in 2004. It brought millions to the city. Think of the hole the city would be in without the tow lot. The long-

term deficit for the city will be more like \$30 million because the labor contracts are multiyear

Speaking of labor costs, sick leave and overtime keeps ramping along. Millions of dollars. The mayor should ask his staff to reinstate the weekly review of everyone's sick leave use that is over 48 hours per year as we did from 2002 to 2005. Looking at it weekly and cracking down is the only way to send a message. And I differ with those

in the administration who say there is no correlation between sick leave and overtime

A correction to last week's column: The incident involving Elbridge Gerry, for whom the term "gerrymandering" was named, actually occurred in 1811, not 1804, when he was governor, not assemblyman, of the Commonwealth of Massachusetts.

Contact Jack Ford at jack@thetruthtoledo.com



Valdosta City Council Renames Controversial Park

Special to The Truth

After the Valdosta City Council voted 4-3, along racial lines to rename Barber Park the "John W. Saunders Memorial Park," the Rev. Floyd Rose, president of the People's Tribunal said, "although we would have preferred to have had the council rename the park for playwright, author and actor Ossie Davis, we are pleased that the park that is in a neighborhood that is 97 percent black, in a district whose representative is black, where 99 percent of the its visitors are black, will no longer bear the name of a man who, when he owned it, would not allow blacks in

Rose said he was disappointed, but not surprised that none of the white councilmen voted to change the name. This, after all, is Valdosta, Georgia; the place where a major street in the black community is named for the co-founder and first Grand Wizard of the Ku Klux Klan, Nathan Bedford Forrest; the place where another major street that runs through the black community is named for a confederate General, Robert E. Lee, and there is a large statue of a Confederate soldier on the courthouse grounds, with the words inscribed on its base, "Lest we forgetthe principles for which they fought and died." It's the place where until 2004, a plaque hung on the outer wall of city council chambers which read, "The mayor and council shall make all proper and necessary laws for the control of slaves and people of color." "The name change came

after two years of struggle,3 Rose said after the vote. "We have been arrested twice, spent 24 hours in the Lowndes County Jail, in solitary confinement. The women who were arrested with the men, (eight men and seven women) were placed in a holding cell where, when one of them had to use the toilet, the other women had to used their bodies to shield her from view of the men," Leigh Touchton, the first white women to be elected president of a local branch of the NAACP, and wife of a prominent attorney, said. The Georgia Supreme Court ruled earlier this year that the arrest of the 15 on "disrupting a public meeting," charges was unconstitutional, and the city has been put on notice that a suit will be filed on behalf of $the\, defendants.\, Each\, of\, them$ is asking for \$75,000. The charges have been dropped.

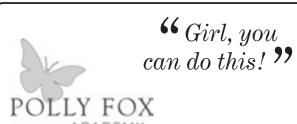


Rev. Floyd Rose

Toledo black newspapers, The Sojourner Truth, and the Toledo Journal for their unbiased coverage. The members of the Tribunal distributed articles from both papers to influential local black leaders. Rose said the local press either ignored the story, or misrepresented the motives of the Tribunal.

In a caucus following the vote, Rose told his members, "For the first time since they became the majority on city council, the blacks did what they were elected to do; they represented the interests of our people, and I hope this is just the beginning. Rosa Parks didn't refuse to give up her bus seat, Jimmy Lee Jackson was not shot to death, Medger Evers, Rev. James Reeves, Rev. George Lee, Viola Liuzzo, Goodman, Chaney and Schwerner did not die just so that we could put a black face in a high

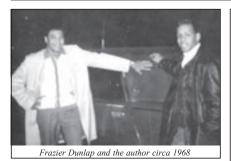




Rose also credited the two

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Like A Butterfly to a Moth: Frazier **Dunlap** Remembered —

January 1940 - November 2006

By Warren Woodberry Special to The Truth

The African-American story of Toledo cannot be told by merely recording and relating the stories of judges, athletes and business people on Dorr Street, just as the story of Harlem or Detroit would be void if only those categories were recorded in history. Toledo and its black nightlife will never be adequately told in the history books of Toledo unless and until they include some of the individuals that lit up the night.

To my mind that would include the story of Frazier Dunlap, and there are many others who share this sentiment. Like the monarch butterfly, Frazier migrated to Toledo and, like a comet, lit up the sky over Dorr Street and the surrounding neighborhoods of Toledo

Almost all butterflies are active during the day, and most (but by no means all) moths are active at night. Frazier was

In Swahili, a butterfly is called Kipepeo and a poll taken in the 60's among inner city men and women, both young and old, would have recognized that a Kipepeo Comet had landed in Toledo from Cairo, Illinois.

There are just too many stories that I could tell about the Frazier that I knew. but space is limited. However, as I sat there with Lydia, watching photos of Frazier and me as they flashed on the screen at Brown's Funeral Home on the occasion of Frazier's continued migration, these memories came back to life. And with the exception of Lydia, I challenge anyone to know the Frazier of the 60's that I knew.

He was my "road dog" before the term gained popularity and no one has taken his place. On many occasions, I flew with this Kipepeo Comet to Detroit where we stood at the bar of the 20 Grand watching Motown at its finest. In Detroit, we were hosted by Aretha Franklin's husband Ted White, and traveled in nightlife circles way above our

We traveled to Cleveland where Toledo-bred Craig Devoe was king of the players and introduced us as homey's at Leo's Casino; thence to Columbus and to New York to visit Teddy Collins and then through the South to Atlanta and back.

I was there with him when he opened the Mirror Ballroom and I almost blew his relationship with Ted White when Ted showed concern that I was buying drinks for Aretha and was getting a little to friendly.

I was there when Frazier booked David Ruffin for the Ballroom and David stole/borrowed a uniform from the Temptations to perform as he had just been fired. I remember fighting a brother outside the Ballroom when he had tried to bully his way past Frazier at the door without paying.

Today that would have been followed by a drive-by shooting, but not in those days. Frazier and I slept during the day like the butterfly, but flew during the night like the moth. This was our schedule unless we were behind the barber's chair, with meat Fez's and him at his shop, or in gambling joints or strange bars where the sun never shown. I confess that when he had it going on, I too had "Frazier

He did hair: I did hair. He gambled; I gambled. He owned a clothing store and I owned The Checkerboard on Jackson Street. He had businesses in other cities; I had clothing stores in Atlanta and New Orleans. He hustled; I hustled. He was called "Dirty Red" and I was called "Youngblood."

However, the similarity in both style and substance stopped there. His talent behind the chair at his beauty shop, Mr. Dunae's, is legendary, and his ability to light up a room was second to none. His bets at the crap table caused many a man to think twice before saying bet, and he was the official young king

Rhonda Sewell and Alexis Means **Big Winners at Crystal Awards**

Rhonda Sewell, media relations coordinator for the Toledo-Lucas County Public Library, and Alexis Means, reporter for WTVG Channel 13, were big winners at last week's Crystal Awards, an event presented by the local chapter of the Association for Women in Communications.

The event was held Wednesday, November 15, Main Library's McMaster Center.

Each year the Crystal Awards honor northwest Ohio and southeast Michigan's communications professionals for ex-



Alexis Means of hustlers and the undisputed

young king of entrepreneurs.

schooled by those that passed

before, as they recognized him

as the new kid on the block.

All he touched was qualified

to turn into gold. On many

occasion this ability to light

up a room came from the chal-

lenge of old gamblers who

nightly lifted their heads from

the crap table and regularly

vowed to break this young

money getting N-, and to

relieve him of his hard-earned

like watching today's survi-

vor shows, as there was the

same tension and drama in his

was evident when he strolled

into the M&L, and extended a

diamond-covered pinkie fin-

ger while his Cadillac, often

with Lydia inside, rested at

the curb, acting as a prop for

Frazier wannabees who leaned

on the car as if they owned it.

Never openly confrontational.

(physical aggression was not

his strong suit and so he was

not my first, second or even

third choice for an alley fight)

they were greeted with a smile

a mile wide as he confronted

them with, "You leaning on

my car like you makin' car

Standing six-footplus, with

Wilson, Frazier was indeed a

Monarch Kipepeo. As I

watched the young men at his

funeral emotionally struggle

(Continued on Page 6)

His ability to spread light

every move.

Watching him gamble was

and often ill-gotten gains.

He was counseled and

cellence in photography, writing, television, design, advertising, public relations, audiovisual and the World Wide Web. This year there were nearly 225 entries which were judged by professionals from Columbus, OH; Arizona; Ann Arbor, MI and Indiana

Sewell was a co-mistress of ceremonies, along with Chrvs Peterson of WTOL-TV. for the event and won the Merit Award for the Garage Rock Series in the category of Public Relations. Garage Rock - an underground weekly music series held in the Main Library's parking lot for area vouth - was the first event Sewell organized at the library this past summer when she joined the library staff after 18 years as a reporter for The Blade.

Means won a Crystal Award for her coverage on a story titled "School on Lockdown" in the category of TV Breaking News. Means served as the writer, producer and reporter for the story

In addition to the individual



awards, the eight-member Library Marketing Department won a Best of Show Award for

its Summer Reading Club 2006 multi-media campaign. The campaign encouraged juveniles, teens and adults to read during the summer months and included original artwork, television commercials, print ads, bookmarks, flyers, creative prizes, fundraising, news re-

leases, coupon sheets and

Internet ads. That award is entered in the national Women in Communications competition.

The marketing department also won three Crystal Awards for its "Bringing You the World" campaign in the design category; "Summer Reading Club" in advertising and for its "Baby Boomer Press Kit" in public relations.





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Shawn Reid: Bringing a New Vision to Lucas **County Job and Family Services**

Sojourner's Truth Reporter

Given his background and expertise as an athlete and coach as well as his master's degree in organizational management. Shawn Reid could easily have been sitting in a corporate office with a view overlooking the Maumee

Instead, when The Sojourner's Truth came to visit Reidlast week, we found him in his corner office on the third floor of the Lucas County Job and Family Services agency on Monroe Street. The building, near what used to be Swayne Field, was designed in an architectural style that appears to have been inspired by countless Soviet-era bureaucratic structures in Eastern Europe.

So why did Reid make the decision in August to become assistant director of the agency? His reply was not only compelling, but also says a lot about what drives Shawn

"I do this kind of work because as a young kid, being the child of teenage parents, I know that social service programs assisted my parents in

raising me," explains Reid.

His parents, Harold and Marchelle, whose roots were in Memphis, were only 15 and 14 years old when Reid was born in Toledo.

Prominent on Reid's office wall are reminders of his athletic achievements. He was a member of the St. Francis de Sales' state basketball champions in 1983 under Coach Val Glinka. Reid was enshrined in the St. Francis Hall of Fame in 1996 and again in

An undated photo shows Reid as a member of Furman University's first winning basketball season since 1979-80. Reid earned his Bachelor of Arts degree in sociology at the Greenville, SC school.

Reid says he opted not to pursue a career in professional sports despite playing in the Los Angeles summer league in 1988.

"But I have coached at pretty much every level including St. Francis High School (he was assistant coach for boy's basketball 1994-98) and (as assistant coach) for the Toledo Ice ABA

Professional Basketball Team in 2005," says Reid.

He received his master's degree in organizational management from the University of Phoenix and says he is still working on his Ph. D. in organizational management.

Reid reports to Deborah Ortiz, the director of the JFS agency, and is keenly aware that between the two of them, the agency is administrated by minorities

Says Reid of Ortiz, "She's the most passionate director I've ever worked for. She truly understands the issues of the community ... it was a great honor that she invited me to work with her.

Among the outstanding projects JFS oversees is the Residence (Ohio) Child Care Providers division. The county allocates \$24 million annually for Type B-child care in Lucas County.

Reid also works closely with the agency's community outreach program, which former television personality Betty Rios coordinates as community liaison.

"Hunger issues have seen

a drastic increase in need. It has become clear that instead of participating in the food stamp program, many individuals and families are using food pantries as their first line of defense when facing a food

"The primary goal of this out reach program is to manage application assistance to increase the number of eligible seniors and working poor participating in the food stamp program in Lucas County," explains Reid.

"Another challenge to improving the food stamp system is to reduce the stigma associated with receiving them. Many working poor families do not access food stamps because they don't realize they are eligible, so the barriers of awareness and stigma are even more applicable to these groups.

"Setting up outreach staff into the community away from the welfare offices will reduce the stigma associated with welfare. This is a way to promote not only food stamps but the other programs available to families such as medical, child care, adult protective services, transportation and PRC, which helps with housing and utility assistance, car repairs, employment materials and family disaster assistance," Reid elaborates.

Other future goals of the program include tapping into other minority groups in the community in Lucas County such as the migrant camps. the Hindi community and the Asian population, adds Rios.

JFS has been participating in all the Community Resource Fairs promoting their services and working to improve the image of the agency.

The agency also has established a Speaker's Bureau to actively assist agencies, businesses and communities in Lucas County to become aware of available programs and services by providing public presentations, developing supporting materials and attending related informational sessions.

"The Community Outreach Department is here to provide assistance in resolving issues and concerns raised by the public, community partners and elected officials," says Reid.

Bilingual services are available in Spanish, Arabic, Vietnamese, Japanese, Hindi

Reid returned to his hometown in 2005 from Charlotte, NC where he had been president and CEO of the Robinson Jones and Reid Group, providing contracted business services to non-profit and for profit businesses emphasizing improvement of management systems. He was also the director of the Head Start program Mecklenburg County from 1999 to 2004.

Before he moved to Charlotte, Reid served as director of the Monroe County Head Start Program for Catholic Social Services in Monroe, MI, and had been education supervisor at EOPA in Toledo from 1994 to 1998.

What motivated him to come back to Toledo? "Lused to get The Blade even when I was in Charlotte One day I read an interview in the paper with then-Mayor Jack Ford about the brain drain of talented young people in Toledo - especially people who graduate from The University of Toledo and then leave the city. After I read that, I said if I have an opportunity to go backthere, I would. Well, I'm back. And I'm glad, because Toledo is a great town with a lot of potential," says Reid.

He praises the Lucas County Commissioners, particularly Tina Skeldon Wozniak and Pete Gerken, for the assistance they've given the agency and the priority they place upon its success.

'The commissioners are doing a really good job of insuring diversity in the community. They are providing opportunities for all of the citizens of Lucas County. They have created relationships with everyone from



Shawn Reid

babies to senior citizens," says Reid.

Although agency director Ortiz is primarily in contact with the County Commissioners, Reid says he has interaction with them mainly through the meetings they schedule twice a month.

"Tina and Pete are both very home-friendly. I can call and have a casual conversation with them on a serious matter. I respect both of them because of their commitment to the agency and to change. They walk it the way they talk it. And they've delivered.

"They are both very concerned about people. Right now, they are dealing with the high rate of foreclosures in the community. They've sponsored a foreclosure roundtable and have alerted all of us to the big issue," says

A good portion of those Lucas County foreclosures stemmed from the predatory lending practices of the nowclosed Westhaven Group. That firm and its founder John Ulmer are not charged in the Tom Noe Coingate case, despite the fact that Noe used state BWC funds to invest in Westhaven's purchases. However, Ulmer and his associates were significant contributors to at least one prominent player's campaign coffers, and thus far have never been indicted.

Reid has been married for 14 years to Sonya Jackson, the daughter of Ron Jackson. That makes Reid related to Jimmy Jackson through mar-

Reid and his wife have one daughter, Cimone, who is 13, and is named after the popular French model whose appearance in many ads in Paris Match made her the French equivalent of Twiggy.

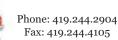


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Grace Temple COGIC 2nd Annual Men's Day Fashion Show & Dinner

By Nadean Hamilton Sojourner's Truth Reporter

Wearing the best in local formal, casual and sportswear, the men of Grace Temple Church of God proceeded to "strut their stuff" at the Second Annual Men's Day Fashion Show.

According to Deacon Terry Dotson, the fashion show was organized to raise money for the church's building fund, as well as to help provide a free Thanksgiving

Day meal to the Toledo area homeless and displaced population.

The show included eight models this year, including Dotson himself. Other members of the congregation who served as models were: Tyrone Ellis, Roger Craig, Duane Swaine, Raymond Ulis and Reggie Trail

Thomas McClain was the first model to take to the stage in two-piece suit, red shirt, and brown and tan shoes McClain was initially introduced as Tyrone McCain. much to the chagrin of family members in the audience who yelled out to the announcer, "Thomas McClain!" that error was quickly corrected.

Terry Ellis, who was described by the announcer as "genuine, he's so fine" wore black and gray slacks, a black and gray shirt, and black shoes drew applause from the crowd when he came out flexing his muscles.

The 50 or so guests of the fashion show were entertained by Avery Cooper, who doubled as both deejay and comedian.

The show was hosted by Wardell Stubblefield Jeffery Blanks and Cleotis Townsley. Clothing for the show was

provided by S & K Famous Mean's Wear, Jack's Men's Store, and Millennium Fash-

The fashion show concluded with the spouses of each model joining them on stage to publicly recommit to one another







Roger Craig

Like A Butterfly to a Moth: Frazier **Dunlap** Remembered

at the mike to express their love and loss for Frazier, and their attempts to be like him, I glanced around at the cross section of people in attendance and evaluated them respectable,

unrespectable and probably some downright despicable.

On occasion, Frazier and I shared all of these same categories in the minds of some, (depending on who you asked.) We were unblooded blood brothers during those years and on many occasions we turned to each other for money as his was mine if available, and mine a position that was his probably did not find favor with our women of the day.

I remember going to the pawnshop, as we both often had to do when we were broke, and while he was coming out, slipping his diamond ring on his finger, he never allowed me to reach the counter as he told me to keep my jewels and peeled off enough money to hold me until I could build up mybankroll.

I remember his search for me from time to time when they had cleaned him out at the crap table on Sunday morning, and his greeting to me was always straight to the point, "Gimmee some

While I was out of the country, his children were equally raised by my mother Alice Woodberry on City Park, along with my brother and younger sisters-Willie, Debbie, Cheryl, Sandy, and my son Stacy, and so the bond continued although we had not seen each other for almost 35 years.

We journeyed to Atlanta together in the late 60's to see if it was a city that could bear fruit for our talents, but Frazier declined the move and stated that he was going to Lima! Lvdia confessed to me at the funeral that she did not want to move to Atlanta, as she thought it was country, and knowing the bond and love between the two, the decision was

I last saw Frazier at Coney Island, around October 20, 2006, where my wife Yolanda and I shared a booth and a meal with him before taking him home where he was openly reluctant to exit the car. At the Coney Island, we had recounted the stories that only we knew until he asked me to stop because his laughter was causing him some pain. As he dabbed at his eyes before going to the bathroom, I wondered whether it was it tears of laughter or something else. I will never know

We laughed about the time in 1968 when we drove through Tennessee in my white 1967 convertible Cadillac, on our way to Atlanta, and were told by the waitress at White Castle that we could only order hamburgers to go.

There we stood with our color-coordinated outfits lizard shoes and jewelry, in contrast to truckers in scruffy jeans, tee shirts, and work boots. Did we take a stand and sit at the counter? Since you did not read about us hanging from a tree in the newspaper, you know what

Out of respect for many that have children today, will call no names and label no one for the choices that they made back in the day. However, I will forever cherish the Frazier that I knew, as he is partially responsible for the re-direction that my life has taken. Frazier, a Kipepeo Comet, whose memory will always be in my heart.



Tyrone Ellis



Rev. Chester Trail

UT to Host World AIDS Day Events Nov. 29-30

Special to The Truth

The University of Toledo's Activities and Leadership Office in conjunction with ACT-NOW will host its 18th World AIDS Day program Thursday, Nov. 30, at 7 p.m. in the Student Union Ingman

The theme for the program this year is "People Living With HIV."During the event, there will be a panel discussion of people affected by HIV. Local leaders, including Toledo Mayor Carty Finkbeiner, members from the County Commissioner's office and City Council, and members of the Black Student Union also will speak. In addition, the AIDS Memorial Quilt, which includes panels of northwest Ohio victims, will be dis-

Started in 1987, the AIDS Memorial Quilt is the largest ongoing community arts project in the world. Each block or section of the quilt measures approximately 12 square feet, and a typical block consists of eight individual 3-by-6-foot panels sewn together. Every one of the more than 40,000 colorful panels that help make up the

quilt memorializes the life of a person lost to AIDS.

The AIDS Memorial Quilt will be on display Wednesday, Nov. 29, from noon to 5 p.m. and Thursday, Nov. 30, from 8 a.m. to 7 p.m. in the Student Union Ingman Room.

"It is important to remember those that have been lost to AIDS," said Ricardo Reddick, UT assistant director of student activities and leadership development. "It is just as important that we take an active role in educating the

(Continued on Page 10)



Toledo's) ressect Men

Hello Truth Family, Your search for the best dressed men in Toledo, is over. I would like to nominate my three brothers

The O'Neal brothers of T-Town.

The oldest and my father figure is Toney O'Neal, is co-owner of Marsyls restaurant. When he is not in the restaurant, you might find him helping out his family (picking up grandchildren, nieces, etc from school) or spending time with his wife.

The second brother is Micheal O'Neal owner of Mike's Autoworld on Dorr and The Rocket Shop on Bancroft . Not only is he fine, he is single! He is a single dad raising a son and he has a church home (If you are a lady, look him up)
The last brother is Stanley O'Neal. Stanley is a black man who works very hard everyday and has

a heart of gold. He checks on our Mom everyday. While his money may not be as long (for lack of a better word), no Value City attire for him. He has a great since of humor and he is also single.

I will sum it all up, Truth Family. I read the list of nominees for best dressed in your newspaper

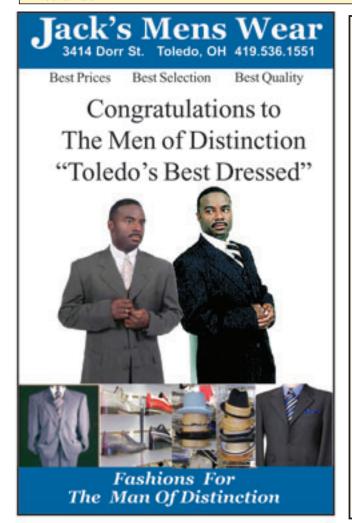
this week and most of these gentlemen I have heard of and even have made their acquaintance. None of these men, can compete with my brothers' wardrobes nor personality. I am not bragging on them, I am just proud. You see, black men are always getting such negative publicity and I thank you for pointing out the positive. Neither one of my brothers has gone to college but they are successful, legitimate business men. From shopping trips to New York to vacations to Alaska, my brothers have done it and they have the pictures and the wardrobe to prove it.

Last but definitely not least all three know the Bible and they are Christians. They help out the needy and hire individuals who would have been looked over in mainstream America. I could go on and on about my big brothers. It is time you chose some behind-the-scene individuals who work hard for their money and are the best dressed while doing it.

Respectfully,



Veronica Mitchell and her brothers Michael (l.) and Toney O'Neal



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• Toledo's Best Dressed Men •

Toledo's Best Dressed Men And the Winners Are ...

... and voted ... and voted.

And over the last week, before the polls closed on Monday evening, a crowded latter-day Beau Brummels field of about 50 nominees for Toledo's Best Dressed Men was winnowed down Toledo's classiest clothes by The Truth readers to the horses, according to The eight honorees. (And, by the Truth's readers who closely way, the polls are officially follow this sort of thing, are: closed so please, please, please stop calling. It's too late! Save your votes for early spring when we take on the task of naming the Best Dressed Women of Toledo)

week went on that we had equipment operator with the two clear-cut front runners. Supporters of Herman a local television and radio Lightner III and Shawn Reid personality, McGee owns a lit up the phone lines as Nationwide Insurance Lightner, a surgical technician with Toledo Hospital, narrowly outpolled Reid, assistant director of Lucas County Job and Family Ser-

In fact, their supporters ban League.

The readers have voted are still calling. Enough already! We got the point.

> Joining the two top vote getters are a stellar field of in this Elite Eight of Toledo fashion plates. The rest of Lee Allen, "Squeaky" McBride, Rev. Cedric Brock, Odis McGee, Derrick Roberts and Johnny Mickler.

Allen works at Liberty It became clear as last Center, McBride is a heavy City of Toledo, Whatley is agency with two offices in the area, Roberts is a retired Toledo Public Schools educator and administrator and Mickler is executive director of the Great Toledo Ur-







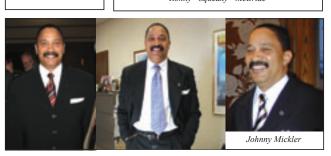


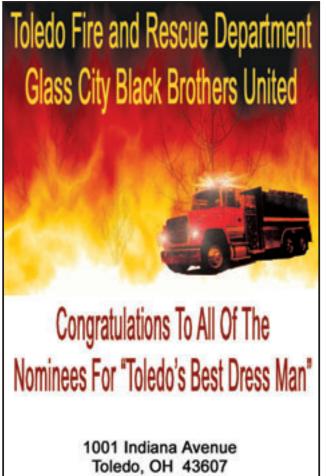


Rev. Cedric Brock









419-242-9438

• Toledo's Best Dressed Men •

The List of Nominees for Toledo's Best Dressed Men:

Micheal Alexander, Doug Allen, Lee Allen, Elder Rance Allen, Eddie Armstrong, Michael Ashford, Clifton Beasley, Rev. Cedric Brock, Jarvis Brown, Tony Burks, John Chapman, Quillie Myron Colbert, Bruce Cook, Ron "Crawdaddy" Crawford, Rev. Robert Culp, Brian Day, Sr., Efrem Graham, Mack Hamilton, Khary Hanible, Marcus Henderson, George Hilliard, Roosevelt Hunter, Michael Johnson, Larry Jones, Delmar Lightner, Herman Lightner III, Edwin Mabrey, Ronnie McBride, Odis McGee, Johnny Mickler, Richard Mitchell, Michael, O'Neal, Stanley O'Neal, Toney O'Neal, Rev. Donald Perryman, Joe Phelps, Shawn Reid, Derrick Roberts, Rev. John Roberts, Russell Smith, George Snelling, Rev. JL Spears, Larry Sykes, Bishop Duane Tisdale, Willie Tucker, Kenneth Turner, Stephen Ward, Larry Whatley. Here are a few of the nominees:













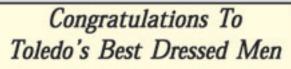








Larry Jones









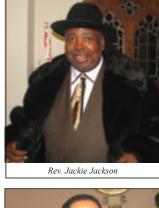
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The Sojourner's Truth November 22, 2006

We Are Strangers by Warren Woodberry

Reviewed by Geneva J. Chapman Sojourner's Truth Reporter

read this book, and then burn it: not to sear its contents into oblivion nor consume its pages with fire to leave them in ashes. Burn it so you won't be tempted to make it holy, for what is written herein is sacred.

The temptation for you to make the mistake nearly made by the main character and his mate in Richard Bach's One will be strong. Happening upon a holy man who is burning the pages of a book of scripture, the two travelers start reading the book and are overwhelmed at having discovered the wisdom of the ages within its pages, so they try to stop the holy man from destroying the precious writings

They then start thinking how they can preserve this book and decide to build a temple to house it and an altar on which to display it; then they realize they'll have to have armed guards outside the temple to protect the book and, eventually, raise an army to fight the hordes that will surely come and try to take it. Soon, they both start helping the holy man throw the pages of the book in the fire.

So, like the characters in Bach's book. I urge vou to read every word written in We Are Strangers, ab-

I recommend that you sorb it with your mind and bind it in your heart. Then forget you ever saw this book. Just remember what vou've learned from it. Otherwise, in a 100 years, some new religion, deifying those of us who've been maligned by all the religions before it will claim this as its holy

> I do believe the message in We Are Strangers is a divine one and it is rather like God to send it to us through a man, since it was men who denigrated women so badly in almost every society and culture on the planet, using God and religion to justify our mistreatment.

> Warren Woodberry's extensive study of the religions on this planet provides proof positive that we women folk got a raw deal and that men have antagonized the sexes out of synch until we have become virtual strangers to

> > Woodberry's stream of

consciousness work, which he admits is sometimes rambling, asks many profound questions; and he makes the logical assumptions that if modern society long ago shed the scientific beliefs and dictates of "ancient men with ancient minds" regarding such notions as the earth being flat and the sun, moon, and stars revolving around our planet, it should be able to reject the age-old religious and secular social beliefs regarding gender, race, and class

His inspiration, he says is woman - specifically, his woman: his wife, Yolanda, whose art, with his, adorns the center of this monumental work. An added bonus, the Woodberrys' artistry is as profound, haunting, colorful, graphic, and illuminating as is the abstractions of his words.

Woodberry's love for his wife is evident and the inclusion of her painting, "Mother and Child," not only pays tribute to her talent, but stands alone as the only non-abstract portraiture featured, giving it center stage and indicating, symbolically, her place in his heart and his life, as an equal, a partner, a true mate.

Woodberry's book is a challenge to other men to follow him and embrace women as equals, thus ending the centuries-old estrangement between man and woman ... woman and man. Above all, We Are Strangers is a book about love ... love between man and woman ... woman and

The only flaw I find in Woodberry's tome, which I really believe will be heralded as a literary and philosophical work of genius for centuries to come, is the attitude that homosexuality is an expression of man's rejection of women and

women's rebellion against male repression.

Like Mark Twain's racial epithets in Huckleberry Finn, these ideas are the only ones that may date this work in a future when I am sure homosexuality will not only be accepted, but viewed as natural an occurrence as race and gender.

However, that is the author's point of view and I'm sure future readers of this timeless work will put Woodberry's view of homosexuality into the context of the culture and time, along with prevailing - ironically - social and religious attitudes about homosexuality in the early 21st Century.

Yet, while Woodberry's views of homosexuality may fall into the category of those of "ancient men with ancient minds," his views about women are certainly forward-thinking and revolutionary in their confrontation of long-held religious oppression of women across the globe.

He carries the reader on a global trek, through his musings, that span the ages and takes a critical look at the world's major religious, all of which oppress women in some manner - either through their scriptures, myths, and rituals or through the social dogma that comes out of the scriptures, myths and rituals of religion.

It is Woodberry's goal to



"stage" the ideas he puts forth in his book in a theatrical adaptation of We Are Strangers, which I think is akin to trying to capture the moment of creation (something I'm attempting to do poetically) -not impossible, but more formidable than scaling Everest, swimming the English Channel or putting a man or a woman on the moon. It can be done and this visionary author will probably pull it off. If he does, it will be the fait accompli that will spread the message, if not the lyricism, of the book

Who knows? Seeing the play may motivate more people to read the book and one day we may have all-day readings of We Are Strangers like the annual ones of James Joyce's Ulysses. Provided as soon as the book is read. it is ripped apart and its pages are thrown onto a pyre, I think that would be a great tribute to a great

UT to Host World **AIDS** Day **Events** Nov. 29-30

(Continued from Page 6) community about the importance of being proactive to help stop spreading this disease.

There also will be free HIV testing in the Student Union Ingman Room Thursday, Nov. 30, from 10 a.m. to 3 p.m. Members of the Toledo and Lucas County Regional HIV Prevention Advisory Group will administer the

"It is imperative that we increase awareness about HIV "Reddick said. "We must stress the importance of prevention and personal accountability. This disease has affected everyone either politically or personally. People must be aware of how it affects our community and families.'

For more information on the free, public events. contact Reddick at 419.530.7221 or at ricardo.reddick@ utoledo edu

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Heart disease kills more people than the next six leading causes of death combined.1 But you should know your body often tells you when there's a problem with your heart.

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Annual Kwanzaa Fashion Show Features Abundance of

Male Models

By Geneva J. Chapman, Sojourner's Truth Reporter

Those who were lucky enough to get to the Wayman Palmer YMCA on time Saturday November 11 2006 saw something you'll never see on America's Top Model: male models.

The occasion was the Annual Kwanzaa fashion extravaganza presented by Toledo Kwanzaa House This year's theme, "Spotlight on African Fashion," provided a colorful array of native prints, fabrics and styles. as well as 'church' wear and casual urban fashion.

However, the real highlight of the show were the eight male models, ranging in age from 'young blood' to 'O.G.' who showed off their fashion style to the delight of the mostly female audience. Highlights included fashions designed and modeled by Rev. Kenneth Peterson ("Kewape"), as well as a line



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of African fashions modeled by Carl Jackson, a vendor at the seven-day Kwanzaa celebration each year and original designs by umm Arsallam, modeled by her husband Ameer Abdul-Malik.

Donald Lyn, who wore a number of striking ensembles wore one especially made for him with the Kwanzaa principle, Ujima ('collective work and responsibility') emblazoned on a black tunic in red and green.

Also modeling were Justin Pearson, Shawn Lincoln Washington and Muhammad The show's most touching tableau was a family scene with Muhammad and his wife. Yvette, and sons, Yusef and Yasin, all wearing African clothing.

Special guest George Sharife Kekulah, founder/ director of the Lighthouse Community Center, also modeled African attire.

But don't count the women out! They were in the minority, but they definitely had a presence at this year's Kwanzaa fashion

Mistress of Ceremony, Rolita Noble, was exquisitely dressed in a full-length black chemise with matching black sheer, floor-length coat



Rev. Kenneth Peterson (Kewape)

border. A matching hat was made from the same fabric as the border.

Jesse Vance wore several 'church suits' with matching hats, as well as a fur-trimmed jacket that got 'oohs' and 'aahs' from the audience. Sylvia Flomo's elegant African ensembles showed all the women in the audience how to wear even the most ethnic look in a classy manner.

Yvette Muhammad wore a flowing burgundy tunic with matching shawl that was decorated with tie-dye and, for the family scene, an orange tunic and shawl, radiating in a color palette that

Now 50¢

Pajil Wiggins-Hancock, in African clothing from Carl Jackson's line and a couple borrowed from Kwanzaa Committee Chairman Diane Gordon, recalled ancient queens and tribal beauty.

Still, as beautiful and elegant as the women were, it was definitely the men's day. Abdul-Malik's pinstriped, hooded ankle-length tunic with matching pants gave an executive look to a classic African design while Kewape's black and white African print coat with matching hat over black shirt and pants offered another option for office or dress wear, as did his striped African print tunic

Also, Kewape's 'Afri-fur' hat could start a trend for ethnic winter gear. Jackson's wardrobe of classic African garb is so extensive, he seemed to have an outfit for occasion accessorized every one with a matching hat and, in one instance, with a carved wooden walking stick.

Muhammad, who also wore traditional African clothing, looked his best in a khaki colored tunic and matching pants, trimmed in brown braid and embroidery that he wore in the family scene. Young Yusef and Yasin looked great in traditional clothing in shades of green and white and gray and gold.

Speaking of young 'men,' Shawn Lincoln, who wore a western' look and urban wear, as well as African clothing, wowed everyone with his alligator shoes. Justin Pearson, also represented his generation in young urban wear, but wore African clothing, as well.

The most popular outfits of the show may have been worn by Donald Lvn. however. His jeans outfit with Negro League patches was a crowd favorite, but he nearly started a riot when he modeled a three-piece ensemble made from mud cloth and took off the top piece, an expansive robe, to reveal the matching tunic and pants underneath. The ensemble also included a matching hat.

"Kwanzaa will be celebrated December 25 to January 1 " said Noble at the beginning of the show. "This is truly a family event, so we'd like you to come back and join us. This is the fortieth vear for Kwanzaa and we really want to go all out this year.

The annual seven-night celebration will be held at the Wayman Palmer YMCA for the third consecutive year and will include a number of speakers, entertainment and vendors, as well as an added treat this year.

"This year's feature will be different restaurants," said Gordon. "MarSyl's, Robert B's, Ruby's Kitchen, Dexter's and the Collard Green Festival Committee will all be here on different

Gordon gave those attending the annual fashion show a preview 'taste test' of the kind of cuisine they can expect at the Kwanzaa celebration. Small plates of Curry Chicken, Rice & Beans, Greens, Yams and Corn were served after the fashion

Folks who came late did get to eat, but those who came too late, missed the fashions. "All of our shows start on time," said Gordon, who started the fashion show promptly at 3:00 p.m., as advertised. "So be here on time for Kwanzaa!"

Kwanzaa starts each night, beginning Tuesday, December 26, at 6:50 p.m., when all participants and guests will march in to the beat of African drums: and the ritual pouring of libations and lighting of the kinara will begin at 7:00 p.m. There is no charge for admission, but those attending should bring money to buy the many products offered by a host of vendors who will be on hand to sell their wares.

"Don't spend all your money buying expensive gifts," said Gordon, "Come to Kwanzaa and support our vendors who have reasonably priced items you can buv.

Several vendors showed previews of their wares at the annual fashion show including local artist Alice Grace who brought in a new line of hand-painted ceramic pendants; Jackson, who had purses made in African designs and trimmed with cowries shells, as well as African



Rolita Noble



Yvette Muhammad

jewelry on display; Kewape, who brought some of his line of original clothing and the Kwanzaa committee, which sold greeting cards, including Kwanzaa cards, books and Kwanzaa Hershey bars to raise money to help defray the costs for this year's cel-

"Kwanzaa is free," said Nobles. "We do not charge. That's why we have fundraisers, so you do not have to pay to attend Kwanzaa.

Another added benefit of the annual celebration, fashion show and other events sponsored by the Kwanzaa Committee, which include a lecture discussion series, led by Laurentz Lewis on Sunday evening at 6:00 pm at 1849 Ottawa Drive and a film series shown at the Wayman Palmer YMCA by Nobles last spring, is the potential for networking.

Each time an event is held. local entrepreneurs, artists, professionals, union members, academics, church folk, media representatives, political and social activists and people affiliated with various clubs, fraternities and sororities trade business cards, exchange telephone numbers and discuss possible joint projects and mutually beneficial ventures, exemplifying the Kwanzaa principle of Uiima, illustrated by the custom-designed ensemble that model Donald Lvn wore in this year's fashion show.

This spirit of community also embodies Kwanzaa's other six principles: Umoja ('unity'), Kujichagulia ('selfdetermination'). Uiamaa ('cooperative economics') Nia ('purpose'). Kuumba ('creativity') and Imani ('faith')



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Untitled Criticism Story

By Andre L. Gaines Contributing Columnist

For normal human beings, criticism and rejection can be emotionally jarring. For the naïve artists, criticism and rejection are unqualified attacks on self-expression. For professional artists, however, criticism and rejection are the lifeblood that fuels creativity and forces the artist to produce his best work. Or at least it should be

Even the most seasoned veterans get overly sensitive and defensive about their work, so why wouldn't you? You've put years of your life into a particular project. You've evaluated it on the basis of sound research and emotional truth You've scrutinized every frame, every passage, and every line of dialogue. Your ducks are all in a row. It's perfect. Then along comes Mr. Producer who tells you. it's not. Any human being would be inclined to take such criticism personally. But as a professional, your career will flourish when you learn not to internalize criticism on the foundation of your emotions, but instead externalize criticism in the form of talent. Here's what I mean

Say you're writing a screenplay about the Span $ish\,Revolution.\,It's\,90\,to\,110$ pages of the most concise action and dialogue you can posit to tell a gripping and intense story. You show this screenplay to a group of friends and colleagues - your friends are just avid moviegoers and your colleagues are esteemed professors of history. Your friends love it. but the history professors think it needs a lot of work. and they hand you back your script covered in red ink with big slash marks brandishing page after page.

You have two choices. You can angrily tell those professors to go to hell, or you can sit back, listen to what it is they have to say and learn from them. There is no question that the second choice is the wiser. But far too often artists choose to act unprofessional and tell a critic to go to hell without ever listening to what they have to say. If you stopped to listen to what that history professor had to say, and separated the good from the bad, your script would be that much better, sharper and tighter

Professional artists are not normal human beings, and therefore should not exhibit the emotional responses of normal human beings. Your job as a professional is to develop a tough skin. To know. on the core of rock solid training and creative intuition, that the suggestions someone is making to you about your art are either really good or flat out disturbing.

Every season of "American Idol" I love watching the first couple of episodes where normal human beings who consider themselves professional artists furiously blow up on the judges when they get sent home. It's entertaining to watch these people curse and spit, arguing that they can sing when it's painfully obvious they cannot. But after about four or five episodes when the remaining talented contestants are left to compete, I stop watching, because by then, the professional artists have been separated from the emotionally volatile human beings. Watching a professional be a professional is not entertaining to me, but watching someone fly off the handle is.

The question remains though, which one do you want to be? Do you want to be the contestant on "American Idol" who is remembered for their flippant reaction to the slightest hint of criticism? Or do you want to be the contestant who wins at the end and has a maturity that will undoubtedly lead to a long fruitful career? That's a no brainer, you would think. But I've seen plenty of artists, professionals even, choose the dark side and suffer for it, in their work and in life.

I've lumped criticism and rejection into one sum because the inability to handle either will be the death of you as an aspiring professional. In reality, criticism and rejection are mutually exclusive circumstances that deserve individual attention. Rejection often comes first. If you survive it, criticism comes next. Once you become a professional, you want to start getting rejected as few times a possible and criticized as many times a possible. Formulaically speaking, that will yield an illustrious career. The problem is how do you get past the rejection.

That's a hard one It takes years, dedication, sacrifice of personal relationships and family obligations. It takes a thick epidermis, mental strength, self-awareness and psychological stability. Yes, I did say psychological stability. Recall how you felt when you were rejected by that first crush. Now imagine how you might feel get-



Andre L. Gaines

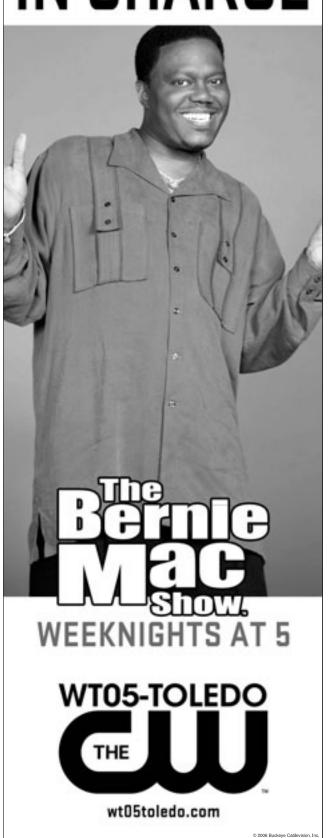
ting rejected a hundred times over and told you'll never win. That's the business. On the whole, when you first start out, there isn't any wide-range interest in your success. Instead, there is a calculated and predicable expectation of your demise. The ones who don't survive are the ones who give up way too easily. Don't be that person.

On average, many screenplays take up to 60 to 80 rejections before bought. Then it takes another 40 to 50 rejections before they are produced, if at all. For you classic literature buffs, Zelda Fitzgerald told F. Scott she would not marry him until he became a published author, F. Scott literally wallpapered his room with rejection slips before they wed to prove to Zelda he would never give up.

I was told that story when I first started writing and literally have stored every rejection letter I've gotten in a shoe box and look at them before every meeting. The artist who endures the rejection today, will become the star tomorrow. Mathematically speaking, every attempt that results in failure dramatically increases your odds of success. Read John Nash. Don't resign vourself to the emotional entanglements of harsh criticism and abrasive rejection. Instead, learn to use those forces of presumed evil for the hopes and dreams of determined good, and convert your artistic hobby into

Ed. Note: Andre Gaines, a Toledo native and graduate of St. John's Jesuit, earned his undergraduate degree in journalism from Northwestern University and spent several years in Hollywood before gaining a full scholarship to attend New York University's Tisch School of the Arts to study film. Gaines, the son of Jimmy and Sharon Green Gaines, recently graduated from Tisch and is on his way, after the new year, back to Hollywood to join Disney as a writer and producer.

FREE TO BE IN CHARGE



"What I'm Thankful For"

Happy Thanksgiving 2006

By Michael Hayes Minister of Culture

The artists and executives of U.G.E. and a few close friends explain what they are thankful for this Holiday Season

Honestly, Thanksgiving is an innocent holiday if you're in elementary school and you getto decorate your classroom and then get out of school for a few days.

Once you're old enough to handle the reality of the world around you, you understand that Thanksgiving's true origins are anything but festive. But eventually a middle ground was discovered somewhere between historical farce and heart-felt gratitude for the nuances of this thing we call life. Like I tend to do from time to time, I reached out to some of my peeps and asked them all what they are most thankful for this season.

Aye Dee (Adriant Gardner). Singer/Songwriter U.G.E. –

Youth Counselor for Self Expression Teen Theatre

What Are You Thankful For?

I'm thankful for my beautiful children, Asijah, 2, and Allissa. 1. I'm thankful for my friends and family. We have our ups and downs, but through it all, we stand by each other. I'm thankful that I have a job working with teens, giving me a chance to give back to a city that's given me so much I'm also thankful that GOD gave me the gift of music and an opportunity to follow my dream and the hope of success at it. It makes me feel good to be able to sing to people. I like the response that I get from people when they hear my music. I'm thankful for knowing all our hard work is paying off.

Chazy Bare

(Chastidy Morrow) Artist Development U.G.E.

Day Care Professional/ Spoken Word Artist What Are You Thankful

I am thankful for love, my baby, friends and family. There's nothing like having real people around you that love you no matter what. Just thankful for life in general.

Johnica Carter

Singer/Songwriter U.G.E. Psychology major attending Bowling Green State University

What Are You Thankful For?

First and foremost, I am thankful for my Lord and Savior Jesus Christ. Through Him all things are possible. I am thankful for the strong women and men in my life: my mother Rev. Kathryn Q. Price, my sisters YaVette and Nachion, brothers Kenny and Joshua, and my niece and nephew Kimani and Kaden. My family is my nucleus and made me the woman I am today. For that I am thankful.

Also, I am thankful for the few friends who are dear to me and BGSU for the experiences I have encountered, which me stronger. Last but not least, I have to give thanks to my U.G.E. family. You all are true artists and I have finally found an outlet for my expressions. Music is not a hobby for me. It is my passion. So therefore, I am truly blessed, honored, and thankful to be apart of something so special. ~Peace~

Adonis (Lavale Stewart) CEO/Producer/Artist U.G.E. Assistant Building Manager for the Collingwood Arts

Center
What Are You Thankful
For?

I am thankful this moment. The here and the now because no matter what I'm stressing about I realize that it could always be worse. I'm also thankful for my mom and sis. My fam and our artists who inspire me to become a better



U. G. E. Staff Members

artist. And you already know I can't forget my babeh!

Jerrica Whitlock (singer/songwriter U.G.E.)

Dance and Music Theory Major / Professional Choreographer

What Are You Thankful For?

I am thankful for the breath of life given to me everyday by the Most High, glory to God.

I'm thankful for my mother, my fathers, and all of my family and friends who are my backbone and my support system. The world is a harsh environment and the courage that I have gained from my family and friends allows me to believe that all things are possible.

I am thankful for my existence. I am thankful for expression and all the avenues in my life that allow me to display my gifts in honor of The Giver. Just being able to walk outside of my house, being able to see all of the beautiful faces and all of the beautiful things surrounding me in my day. Hearing words and sounds and being able to feel them and understand them is a blessing to me and I am very thankful for that. I'm also thankful for the U.G.E. family for loving and accepting

I'm thankful for all the gifts and blessings that I've received in my life. Sho Sho!

Darron Scott

Singer/Songwriter U.G.E. Food Service Worker

What Are You Thankful

First off I would like to thank God for all the things he has done for me and my loved ones over the years. I' mthankful for my loving mother and father, Trina Scott and Jose Scott. They have always been there for me in good times and

bad. I couldn't have asked for better parents. I am also thankful for my brothers Jose and Terrell Scott. They are behind me every step if the way when it comes to my goals of becoming a successful R&B artist. Last but not least I am thankful for the members of Undergodz ENT. It is nothing but love when it comes to us trying to accomplish our goals of breaking into the music industry. I am thankful that we all have the same goals when it comes to making real music. To get far you have to have unity and we are united and strong as ever. U.G.E

Mercury Rising (Michael J. Hayes) CEO/Producer/Artist U.G.E.

Job Developer/Writer What Are You Thankful

I'm grateful for The Creator's gifts of health and well-being.

I'm especially thankful for growth and newness in my life and endeavors.

This past year I've lost friends but I've made some as well. I'm thankful for the memories of my cousin Lisa Martin who passed away earlier this year. Grateful as always to my family for knowing how to come together when it counts most. Dad, Mom and babysis - NY is calling but I'm thankful to have you in arms reach right here at home. To the members of U.G.E.... our road is not easy, but I'm thankful to create, work and succeed with people that I trust and admire.

Readers, Haters, Lovers, Naysayers, Well Wishers – thank you all for playing your part too!

Sho Sho!

And what are all of you thankful for?

Dear Ryan,

I am trying to improve my strength for sports next year. I am 17 years old and I need to be stronger for football. I train every day, at least 2 hard hours a day, except Sundays and I don't seem to be getting any stronger. What could be wrong?

Max

Dear Max, I can tell you right now that you are over training! I compete and don't spend

two hours training at one time. If you are working out six days a week for two hours there is no way possible that you are getting enough rest for your muscles.

You need to make sure that you give your muscles at least 36-48 hours to rest before you train that group again. You also can not do the same exercises in the same order every workout. You have to keep switching it up.

I would suggest that you separate your workouts into two to three muscle groups per workout and take another day or two off to rest. Train on Mon/Tues, rest on Wed, then train again on Thur/Fri and rest the weekend. Then the following week follow the same workout pattern.

For strength, your reps will be in the 4-6 range with good strict form. You should stay with compound movements (multi-joint exercises) to build strength and size. Here is a sample of how you week should look:

onday Bench, Inclines, Dips, Triceps push

downs, Skull crushers, Straight bar curls Tuesday Squats, Straight leg, Deadlifts,

Shoulder press

Wed OFF

Thursday Pull up, Rows, Close grip, Pull downs,

Shrugs

Friday Squats, Bench, Shoulder press, Triceps

push downs

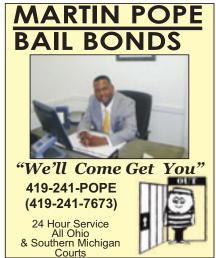
Weekend Rest

Now you will do your warm-up sets and do four work sets of 4-6 reps with good form. You will pick up Monday with your back because you finished your week with legs and chest as your major muscle grouns.

Then on the next Friday you will finish with the two major muscle groups you worked on Mon and Tues. Hope this helps you. You have to make sure that you are eating enough to feed your body.

Good luck, train hard and smart!

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The Sojourner's Truth November 22, 2006

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Thursday, November 30, 2006

5:30 p.m. until 7:30 p.m. Edison Plaza Lobby-300 Madison Avenue

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Minimum qualifications; ability to calculate fractions, decimals and percentages. Ability to read and write common vocabulary plus; 3 mos. experience in office practices and procedures; or equivalent. Preferred qualifications; experience with Microsoft Office Suite and PyraMED software, 6 mos. clinical/office/billing experience working in a medical care setting, exp. in medical insurance claims processing and HIPAA knowledge, current knowledge of CPT, ICD 9 CM and HCPCS coding and medical insurance claims processing experience. Search # J-60595, \$12.77 per hour; full benefits package available. To apply for this position an employment application must be completed and turned in to the Ofice of Human Resources, 100 College Park Office Bldg., BGSU, Bowling Green, OH 43403-0201, by 1:00 p.m., Friday, Dec. 1, 2006. (http://www.bgsu.edu/offices/ohr) BGSU is an AA/EO educator/employer.

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Job # 998387: This position in the College of Engineering, Department of Electrical Engineering and Computer Science has the responsibility for working with several college and university offices providing coordination for various undergraduate and graduate student program needs such as admission, registration, and transfer issues, class schedules, student academic progress; graduation checkouts, maintenance of student files and computerized student records.

A successful candidate must hold a Bachelor's degree and have 2-5 years of experience in an office setting. Previous experience working with domestic and international students is preferred.

The salary range for this position is \$30,000 - \$32,000 per year.

To apply, submit a cover letter (include position title and job #), a resume, as well as the names and contact information for three professional references to: The University of Toledo, Human Resources Department, Toledo, Ohio 43606-3390; Fax (419) 530-1490; or email recruit@utoledo.edu. Use only one method of application.

Resumes must be received by Friday, December 1, 2006.

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"Tribute to Rosa"

Make plans to join together on Friday, December 1, 2006 to celebrate the spirit and legacy of Rosa Parks.

This event is a FREE, community -wide celebration. All are invited!

Her one single solitary act of courage changed forever the direction of American history.



When: December 1, 2006

Where: Warren AME Church 915 Collingwood Blvd

Time: 7:00 p.m. - 8:30 p.m.

Local Young Lady Competes For The Miss Jr. **Teen Toledo Title**

iams of Toledo was recently selected to participate in Teen Toledo pageant competition that will take place ceptance into this year's Inc. announced their selections on Wednesday afternoon. Bridgett submitpart in an interview ses-Coordinator.

Bridgett will be competspecialty gifts that will be distributed to contestants. Bridgett will be competing in the Miss Jr. Teen division, one of three divisions that will have young ladies between the ages of 10 and

Bridgett Cre'Nae Will- 19 competing in modeling routines which include casual wear and formal wear. Most Nationals' 2006 Miss Jr. important, Bridgett will dis- Bridgett in participating in play her personality and in- this year's competition by terviewing skills while interon December 10, 2006. viewing with this year's To- sor to her. Through spon-Bridgett learned of her ac- ledo judging panel. Person- sorship, each contestant reality is the number one ascompetition as Nationals, pect that each contestant is training, rehearsals, and fijudged on during all phases nancial support, which will of competition.

ted an application and took title of Miss Jr. Teen Toledo, prepared contestant in this she would represent Toledo sion that was conducted and the surrounding commuby Anna Klejnoski, this nities at the Cities of America year's Toledo Pageant Nation Competition that will take place in Orlando, Florida. Over \$60,000,00 in prizes and ing, for her share of over awards will be presented at \$20,000.00 in prizes and the National Competition while each winner enjoys this expense paid trip of five nights and six days in Orlando, Florida.

> There is no cost to Bridgett for participating in or vietelephone at 419-270the pageant competition.

Community businesses, organizations, and private individuals will assist becoming an official sponceives all the necessary allow Bridgett to become a If Bridgett were to win the very confident and wellyear's Toledo Pageant.

> Any business, organization, or private individual who may be interested in becoming a sponsor to Bridgett may contact her pageant coordinator, Anna Klejnoski at 1-800-569-

> Locally, you can also contact her mother, Latisha Williams, via email at Latisha.w@sbcglobal.net



I Too Had A Dream

Eric Brian King, while a student at Keyser Elementary, dreamed of one day becoming a businessman. But like most teenage boys from a single parent home, it appeared his dream would never be realized. King states: "As a youth, I just did

not understand the way the world operated (education, religion, and parenting) and I just didn't want to listen to those that did (my teachers, my pastor, and my mother)." King, the youngest of four siblings, could have never imagined the tragedy he would face in September 1996, when a reckless driver killed his mother Patricia Ann Sturdivant-King. This experience led King to become a personal injury lawyer, and that's why he states "To Others It's Just Business at KING Law Offices— We Take Your Personal Injury... Personal!" King continues: "My mother always told me: 'Son, as a black man, you must work three times as hard... be honest, have integrity and take pride in your work." "Later in my life, I realized these are the simple keys to success, as blacks, we must learn to despise the 'free lunch' and we need to understand the concept of 'delayed gratification', which includes planting seeds to harvest in another season (education, prayer, and investing). I now know nothing in life is immediate, and only by my faith in God, have I had the patience to make my childhood dream a reality."



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