

The
Sojourner's



Truth

Local and
National News

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AND YE SHALL KNOW THE TRUTH...

July 18, 2007



Alvin Jackson, M.D.

In This Issue

The Truth Editorial
Page 2

Ford's View
Page 3

Local Politics
Page 4 and 5

Dr. Alvin Jackson
Page 6

Business Section

Bill Harris
Page 7

Cold Fusion
Page 8

Brisco's
Page 9

Minister of Culture
On Local Culture
Page 10

Girls on the Move
Page 11

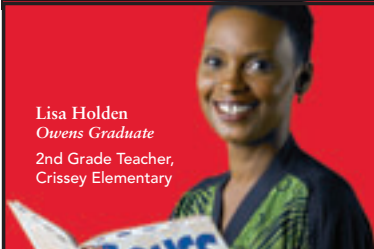
The Lima Truth
Page 12

BlackMarketPlace
Page 14

Classifieds
Page 15

African American Festival
Page 16

Lisa Holden
Owens Graduate
2nd Grade Teacher,
Crissey Elementary



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This Strikes Us ...

A Sojourner's Truth Editorial

Now that the Lucas County Democratic Party has managed to survive its latest crisis – stripper-gate – they should be poised to move forward, reconcile their differences and prepare for the 2007 local elections and the big one – the 2008 presidential race.

Not so fast. It seems as if the local party has wriggled its way through the stripper-gate fiasco only to find itself in the midst of another impending debacle – a leadership crisis. The interim chairman, Dennis Duffy, has come out firing – blasting members of the A-team, scoffing at the concept of unity and decrying the state party's intentions to eliminate the incessant bickering that has brought shame to the local segment of the Democratic Party.

Duffy says, as we could have anticipated, that John Irish, who tendered his resignation effective this past Monday, was unfairly maligned. The charges were untrue and unfair and Irish, says Duffy, could have straightened this whole mess out if he had known about the problem on the golf course. And, of course, the media is to blame for the "mischaracterization."

Thus concludes the final stage of the downfall of a political leader.

The first stage is ignorance. For example, in our present situation, that's when the leader, upon being pressed to explain why something untoward has happened, claims to know nothing of the situation. "What strippers?" he exclaims.

The second stage is denial. Denial of any personal involvement in the situation, that is. We can't emphasize enough how important this stage is in the context of damage control. This is when a leader gets to place all the cards on the table, admit to shortcomings within the organization, take appropriate steps to acknowledge his or her own shortcomings in leadership and ensure that heads (any but his own) roll.

But if a denial is issued, it's pretty difficult down the road to take it back and retain any semblance of credibility.

The third stage is acknowledgement. And when acknowledgement finally occurs in the third stage, it's already too late. We call that a flip flop. Now the emphasis shifts from the original infraction to the attempted cover-up.

The fourth stage is defiance. This is usually the lengthiest, and most wearisome, stage of the drama. U.S. Attorney General Alberto Gonzalez, for instance, has prolonged the defiance stage well beyond wearisome. He's turned defiance into an art form. Neither the man nor the Department of Justice has accomplished anything of note in months. Key aides are scurrying to sever their association with the DOJ. Those who remain are bunkered in their offices trying to deflect Congressional inquiries and working the calculators to determine just how long they can live off their savings when the ax falls on them as it inevitably must.

The fifth stage is resignation. There just comes a point when the person with the ultimate say makes it known that he can no longer abide the distraction. We are awaiting President Bush's move against Gonzalez. He may not give Gonzalez the word himself because he feels such loyalty to those who have been with him for a while.

During his father's presidency, Dubya served as the hit man, the guy who would fly into Washington and pull someone aside who had overstayed his welcome in Bush 41's administration. Perhaps the current Bush just doesn't have anyone around who can play the part of the hatchet man. That's an organization problem. The number one guy should always enjoy the luxury of being Mister Nice whenever he can. Number two – or somewhere down the line – should be the wielder of the ax.

In our particular case, the stripper-gate case, Gov. Ted Strickland would be the man calling the shots and his surrogate, Chris Redfern, chairman of the state Democratic Party, is bravely taking the heat for him in dealing with the Lucas County Democrats.

Strickland is about to face a lot of pressure come presidential election time. Ohio is the state that is most crucial for the Democratic presidential nominee and Lucas County may be the most important part of that equation.

Strickland does not want the ugliness that is Lucas County Democratic politics to thwart his opportunity to deliver Ohio for a Hillary Clinton or Barack Obama.

The sixth and final stage is the recrimination, especially among those left behind. That's where we are now with the pronouncements that the media is to blame and the dissidents used the incident only to satisfy their own personal vendettas.

We hear now that there really was no incident that should have caused the ouster of such a stellar leader.

"What strippers?" the recriminators ask as we come full circle in this latest farce.

Community Calendar

*June 11-August 3

Summer Feeding Program at the Holt Lifeline Center: Youths ages 5-18; Noon to 1 pm; Monday through Friday: 419-727-0820

*June 18-July 20

Majestic Praise Ministries: Free lunch to children ages 2-18; Monday through Friday from 11:30 am to 1 pm: 419-535-3017

*June 18-August 4

Summer Reading Pals: Sanger and Oregon branches; Free seven-week summer program for youth who need reading practice: 419-259-5276

*July 11-12

Turning Over a New Leaf Ministries: Convocation; "Churches United by Proximity;" Maumee Indoor Theater

*July 13

Barking Lot Party to Benefit Toledo Area Humane Society: The Town Center at Levis Commons; 7pm: 614-794-2008

*July 13-15

Third Annual African American Festival: Nelson Grace Park: 419-255-8876
Daughters of Zion of Warren AME Church: 10th Anniversary and Annual Retreat; "Walking Up the King's Highway;" 6:30 pm on Friday, 9 am to 2 pm on Saturday, 8 am on Sunday; Speaker Minister Tiffany Pace of Nashville: 419-535-6435

*July 14

Majestic Praise Ministries: Salad Luncheon; Guest Speaker Cheryl Slack from Grace Temple C.O.G.I.C.; "God's Women on the Front Line;" 419-386-4174 or 419-536-7714
African-American Civil War Soldiers: Portraits by Navarro Gibson; Kent Branch Library; 2 pm; A history lesson you won't forget; The 5th U.S. Colored Troops; Special hip-hop performance by Positive Force Christian School of Dance

*July 16-20

Vacation Bible School: Friendship Baptist Church; "Game Day Central;" 5:45 to 8:30 pm

Vacation Bible School: Braden United Methodist; "Word Up;" Arts, crafts, music and a field trip; 9:30 am to 1:30 pm; First through 12th grades: 419-241-7257

*July 18-20

Greater St. Mary's MBC: "No Holds Barred" Youth Revival; Rev. Robert Lyons, Jr.; 7pm nightly: 419-973-4157 or 419-973-4156

*July 20

Harry Potter's Midnight Magic Party: Main Library; 10 pm: 419-259-5231
Amazon Lodge No. 4: Fish Fry; 11 am to 5 pm: 419-531-7079
By His Spirit Church: Friday Night Fire Detroit, Healing, Deliverance and Miracle Service: 419-897-9346

7th Annual Senior Fashion show; Zablocki Senior Center; 6 to 8:30 pm; "Cultural Color Explosion;" sponsored by the National Caucus & Center on Black Aged: 419-936-3090

*July 21

Roots & Rhythm: Presented by Toledo Kwanzaa House and Lighthouse Community Theater; Featuring Drums of Thunder, Toledo Poets, Ophelia Thompson, Emancipated Soul; Olive Mae International; 6 pm

*July 22

New Prospect Baptist Church: 42nd Anniversary; Founder Rev. Luther Howard will bring the 11 am message: 419-241-2624

The Sojourner's Truth

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My View

By Jack Ford
The Truth's Political Columnist



Jack Ford

After seven straight days of stories on the so-called stripper-gate golf outing and the pending "investigation" by the state Democratic Party, John Irish capitulated by resigning effective July 16.

Irish takes down Domenic Montalto with him. I expect neither to languish for too long in the political wilderness as they still represent a potent one-two punch in Lucas County politics. And, 2008 is a presidential election year.

The new chairman, Dennis Duffey, struck a typically defiant attitude upon taking over for Irish. Duffey will

continue to advance the conservative, white-guy stranglehold that has ruled the roost the last few years at 1817 Madison.

As we surmised last week, when the Dems are no longer divided, the party that wins in Lucas County is The Blade party. Through pointed stories and repeated endorsements, if needed, The Blade convinces voters that their candidate is the one to support. We have seen such tactics work well with the candidacies of Ben Konop and Joe McNamara.

The very next guy who will benefit from the favor of The Blade undoubtedly will be Joe Kidd. Kidd will be rehabilitated politically in the next few years by The Blade. In my opinion, this will be payback to Kidd for dropping a dime on Tom Noe.

Clearly, Kidd's spilling the beans on Noe led to a great run of stories in the Blade which helped lead to a regime change in Columbus, a virtual state-wide sweep by the Dems and many kudos for Blade writers. They came very close to garnering another Pulitzer. That deserves payback and, believe me, Kidd will get it.

You may remember the silly stories about how attractive Joe McNamara was to some voters? Well, put on your galoshes because it is going to get real sticky around here. Kidd, start running a

Through pointed stories and repeated endorsements, if needed, The Blade convinces voters that their candidate is the one to support.

few marathons if you really want to get some good print! Too bad for Ed Cichy, Karen Shanahan and the other three dozen or so candidates for the District 2 City Council seat. It's going to be Joe Kidd!

The African-American Festival parade brought out candidates in full force. Richard Brown did a good job with his supporters as did Harold Mosley. But Brown walked on both sides of the street shaking hands as did Chris Myers who worked the parade route with just one supporter who wrote down information.

Later, at the Polish Festival, Brown stole the show

with his workers, in T-shirts, working the ticket tables on the north entrance near the Zablocki Center. Very impressive. Brown has tapped into a group I will call black Greeks since many of the young men

Finkbeiner. Tom, I was joking when I said, in that dry, deadpan manner, that I did not break into your house, Really, it was not me.

With Irish's scalp on his belt, McNamara can now move up in the 2009 mayoral race. Watch out Finkbeiner and Wilkowski. Remember, they have a 29-year-old mayor in the Block's new hometown of Pittsburgh who is doing a pretty good job. Step up the biking and jogging, Keith.

Back to the golf outing. I thought I read that Irish was going to donate that \$1,200 of the proceeds to the YWCA as penance for the scandal. Yet, I read further that in fact \$1,700 was donated by the "girlie" industry. What happened to the extra \$500? By the way, do any of us really think this was the first time

industry money came into political coffers? C'mon, the hypocrisy in this deal is huge.

And Wade Kapszukiewicz is still slow in doing the right thing. He was slow in reporting the Bob McCloskey envelope and a little slow in getting indignant over the girls on the golf course.

And did not Kapszukiewicz make nice with Irish, Montalto and Duffey just a few years ago after they knocked me off?

Contact Jack Ford at jack@thetruthtoledo.com

Want to Comment on an Article? email: reporter@thetruthtoledo.com

Three Cheers For A Dorr Street Revival!!!

With glowing pride and interest I read the article about the recent upswing in interest of the black community in revitalizing the Dorr Street corridor from Washington Street down to that of Parkside Avenue.

A most fitting occasion and a most needed development for Toledo and the affected minority community. I will pledge 110% support for this ambitious project and will be a willing advocate and worker to help this project come to light. I slightly remember the "old" Dorr Street when my Dad and our family were stationed in Toledo in 1959-61 before we shipped off to Japan for another military assignment.

However, that being said and at risk of being a naysayer (I would rather say... a constructive critic), I would politely point out the following facts that, in spite of any hoopla about rebuilding Dorr Street, must be taken in account:

[1] If the Marina District downtown and the downtown sports arena were decades in the making and were mothballed time and again... due to both lack of vision and monetary support, re-doing the proposed Dorr Street corridor will be a Herculean task.

[2] If proposed developers start counting "rooftops" in the affected Dorr Street area, will they find enough economic clout to justify spending millions of dollars to do stores, restaurants and shops and housing for people whose income levels may not reach the "magic" number of... let's say an average of \$38,000.00 per household?

[3] If such a development is planned on paper, are there enough seasoned black entrepreneurs who can immediately step in and run/manage a stretched out "Levis Commons" concept and run it

successfully?

If not, we will have community development but the owners of the stores and restaurants and holders of the housing mortgages will have addresses in Ottawa Hills, Westchester, NY and Grosse Point Farms, Michigan.

[4] Are black people willing to forego going to Franklin Park Mall and the other outlying strip stores exclusively and re-direct some of their dollars towards such a development and for some to make a commitment to move back and reside in the central city?

[5] Will white shoppers forego Levis Commons and Franklin Park Mall and on their way home exit off of the freeway and stop at these central city stores and spend their money. We do it regularly in their neighborhoods and stores but will there be reciprocity from them to spend their dollars with us? History says no. Why? Abject fear of black people/crime and a belief that the offered product is inferior.

[6] Does our community have the wherewithal to morally police ourselves and our young so that we will not have "incidents" that will drive away shoppers and homebuyers due to the presence of gang colors/graffiti or drive by shootings or stores that are no more than casually-built cinder-block fortresses which are staffed and owned by people who are of Middle East descent?

[7] Can minority shoppers shed bad shopping habits wherein they think that the "white man's ice is colder than the black's man ice?" Rationale: if one samples the mediocre support that black consumers give to black businesses and professionals, including doctors and lawyers, the Dorr Street project will quickly fold if black con-

sumers can not consistently year around support the proposed development on Dorr Street. Key word: consistent support.

The art of "mallng" and community housing development and urban renewal is a sophisticated high tech undertaking which takes into account the bottom line... "where is the money" and will the money come and will the money stay around?

If those questions are not answers in the affirmative, no amount of singing spirituals and foot stomping will cause a "bean counter" developer to expend millions of dollars on a hope that could take years and years to be developed.

Nothing can stop a renewal project faster than a feasibility study that shows that the money is not there to support the financial commitments needed to make it a show-place and not another welfare outreach shopping mall that is poorly funded and equally poorly designed by a first year architectural student. Been there... done that.

I enthusiastically commend all of the county commissioners for their intent to make this happen and I hope it happens since economic development is seemingly one of the last strongholds that people of color can not conquer in Toledo.

I applaud Pastor Raymond Bishop for his leadership in motivating the troops to seize the bull by the horns and wrestle it to the ground but such a proposed extensive economic development understands and pays homage to one thing and one thing only... SHOW ME THE MONEY!!

Lafe Tolliver, Atty

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It's time for a Quiet Conversation.™

The Local Political Scene Heats Up

By Fletcher Word

Toledo City Councilman Michael Ashford, gearing up for a re-election campaign for his District 4 seat, held a picnic fundraiser on Saturday afternoon at his Old West End home.



Michael Ashford

Dozens of friends, supporters and campaign volunteers turned out for the afternoon festivities that took place one day after the deadline to file petitions for the City Council district races.

Ashford, who was appointed to City Council in early 2002 to replace Edna Brown - who moved on to the Ohio General Assembly replacing Jack Ford after his election to mayor - won a special election in the spring of 2002 and then won re-election to the seat in 2003.

Among the Ashford's guests were fellow Councilmen Phil Copeland, Mike Craig and Frank Szollosi. State Rep. Brown was also in attendance along with Toledo Board of Education candidates Richard Brown and Harold Mosley.

marks, establish goals and a strategic plan for the district and set the budget accordingly and create an incentive program to reward employees for money-saving ideas.

Myers assailed the current board for its lack of leadership during his press conference unveiling his five-point plan. "There is no good leadership on the board," he said. "Can you imagine if they had good leadership?"

Asked why he thought the results in 2007 would be any different from those of 2005, Myers replied: "Last time people were split on whether they needed a new school board, this time everyone is in agreement."

There are two Toledo school board seats that will be in play this year - those of Larry Sykes and interim member Jack Ford. To date seven candidates have pulled petitions for the vacancies: Myers, Ajibola Green, Harold Mosley, Ted Jobe, Cheryl Catlin, Richard Brown and Lisa Sobecki. Brown and Sobecki have been endorsed by the Lucas County Democratic Party.

One of Ashford's District 4 opponents this fall will be



Chris Myers

Democrat Ronnell Traynum who will be running for political office for the first time.

The licensed practicing nurse operates a non-profit organization called GirlsSense.

Traynum intends to focus her campaign on the issues of child safety and health.

Democrat Lisa Canales, president of the Washington Local School Board, opened her campaign for re-election last week with a fundraiser at Asbestos Workers Local 45 in Point Place. Canales has



Lisa Canales

served on the board since 1999 and is running for her third term. She has been elected president twice by her colleagues.

Board member David Hunter's seat is also up for grabs during this election cycle. Four candidates have thus far pulled petitions for the two seats: Canales, Hunter, Ronald Levi and Thomas Ilstrup. The filing deadline for all of the area school boards is August 23.

Chris Myers, Republican candidate for the Toledo Board of Education, announced a five-point plan to improve the budgeting process last Friday. Myers is making his second run for the board of education. He was part of the Urban Coalition Three for Change during the 2005 election.

Myers five-point plan includes: creating methods for community to provide money-saving ideas, establish and publicize the budget calendar early enough in the year so there are opportunities for analysis, establish budget performance bench-



Patti Henry and Weldon Douthitt



Ronnell Traynum with supporters

The filing deadline - July 13 - has passed for a number of offices in the area. Among the judgeships that are open - Larry Kaczala, former Lucas County Auditor, has filed to run for a spot on Municipal Court challenging incumbent Judge Michael Goulding. Muni Court Judge Amy Berling will be unopposed in her re-election bid. Muni Clerk of Court Vallie Bowman-English will also be unopposed in November.

Toledo City Councilwoman Democrat Wilma Brown, who represents District 1, is making her last bid for office and will be unopposed, as will be Democrat Mike Craig of District 3.

District 2 is loaded. Ten candidates met the filing deadline: Jeff Simpson, Karen Shanahan, Joanna Brown, Ed Cichy, Steve Leggett, Mario Campos, D. Michael Collins, Molly McHugh Branyan, Mary Ann Haupricht and Joseph Kidd.

District 4 will pit the incumbent Ashford against challengers Terry Shankland, Thomas Meinecke, Ronnell Traynum, Lindsey Diggins.

Democrat Martin Skeldon and Republican Tom Waniewski make up the slate for District 5 and Republican incumbent Joe Birmingham will face two challengers in his re-election bid in District 6: endorsed Democrat Lindsay Webb and Green Party candidate David Ball.

Irish Out, Duffy In, Dems Still Split

By Fletcher Word

Sojourner's Truth Editor

John Irish, chairman of the Lucas County Democratic Party, resigned his post last Thursday in the wake of the scandal known as strippergate as he prepared to meet with Chris Redfern, chairman of the Ohio Democratic Party.

Redfern, who met with Irish in Port Clinton, had arranged the gathering in order to bring some sort of closure to the then-two-week old affair.

The most recent local Democratic fracas began on a golf course at the party's annual outing. Several local "gentlemen's clubs" helped to sponsor the outing and, apparently, a number of employees of the clubs were present to serve beverages. One such employee was reported by an elected official to have exposed herself to a group of male golfers and thus began a steady drum beat of complaints by local Democratic officials for the following two weeks, culminating in Irish's resignation.

After the Redfern/Irish meeting (Executive Director Domenic Montalto and Toledo Mayor Carty Finkbeiner accompanied Irish to Port Clinton), Redfern issued a

statement expressing the hope that the local party could work to "bridge and heal the divisions of various Democrats in that area."

To that end, Redfern announced that the state party would open a regional field office in Lucas County soon - well in advance of the anticipated early 2008 date. Redfern promised to "conduct an assessment of the Lucas County Democratic party to identify its strengths and weaknesses, and to make recommendations on how to build, unify, and strengthen that Party."

If Redfern had anticipated that the state party would be welcomed in Toledo with open arms, that hope was quickly dashed. One day after the Irish resignation, interim chairman Dennis Duffy lashed out at the A team wing of the party and promised that reconciliation was not part of the leaders' plans for the future.

For his part, Redfern was unbowled. He iterated his plans for a regional office to assist those Democrats left out by the local party structure and said that Duffy would

(Continued on Page 4)

WHO IS ON MY SIDE? TO REPORT CHILD ABUSE: 419.213.CARE 24 HOURS A DAY 7 DAYS A WEEK Lucas County Children Services

“Today’s Youth...Tomorrow’s Legends”: The 2007 NAACP National ACT-SO Competition

By Mario L. Harris-Rosser
Special to The Truth

“We all should stand firm in our conviction to make the world a better place. There is no greater cause than the advancement of the youth”, said Anana Kambon, NAACP Afro-Academic, Cultural, Technological, and Scientific Olympics (ACT-SO) national director. And the words and actions of advancement and progress were evidently among the main priorities on the agenda’s of the contestants at the NAACP ACT-SO competition that took place in Detroit/Dearborn, Michigan on July 5-8.

The late author and journalist Vernon Jarrett founded the ACT-SO competition, which was first held in Portland, Oregon in 1978. Jarrett formed the idea of a contest that would promote academic and artistic excellence as well as athletic merit is given recognition among African-American high school students.

From February through April the ACT-SO competition is held all over the country sponsored by local NAACP branches and, in July, gold medal winners com-

pete against each other at the national competition, which is to take place next year at Disney World in Orlando, Florida. This year competitors accounted for 28 states and came from as far as Alaska to participate in this unique and invigorating event.

Contestants are allowed to compete in three out of 26 sub-categories, which branch off of main five categories that include: sciences, humanities, performing arts, visual arts, and business.

The national competition was filled with interesting and exciting activities. The first night’s agenda was comprised of the orientation during which dancers and comedians performed in a 2,000-seat room that was filled to capacity. One of the most compelling aspects of the event took place at that time. That was when all of the NAACP branches present were called and the students and chaperones stood up and cheered for their own chapters as they were named. This activity demonstrated

the magnitude of the upcoming competition.

On the second day of the competition, participants were given the opportunity to be the first group of people in the country to view the movie *Hairspray*, (which co-stars Queen Latifah) in a theater.

The next day featured a late-night talent show and dance. Students were able to sign up so that they could showcase their talents in front of all the competitors. This was followed by an energetic dance, during which at one point, the music was turned off and the party continued in full swing to the sounds of hand clapping and foot stomping.

A young woman named Asia Elliot, who traveled from Tampa, Florida and competed in poetry, oratory and dramatics said: “The thing I love the most about this competition is that people like me in so many ways come from all around the nation to do the same things that I enjoy doing.”

That statement was so very similar to many others



Loganne Bond

made by numerous students that this reporter conversed with at the ACT-SO nationals. It was the positive feeling that was commonplace during the whole experience.

Seven students from Toledo traveled to Detroit for

the competition, they are as follows: Loganne Bond, (attended Toledo School for the Arts [TSA], competed in dance, and is a 2007 graduate), Melvin Claybrooks, (Scott, Poetry, rising senior), Greg Gibson II, (Libbey, Draw-

ing, rising senior), Amaris Johnson, (TSA, Music Instrumental Classical, rising sophomore), Victoria Phifer, (Maumee Valley, Oratory, 2007 graduate) and myself, Mario Harris-Rosser, (St. John’s, Observer, rising junior).

No contestants from Toledo were awarded a gold, silver or bronze medal, yet, considering the high-grade talent that they competed against, and positive evaluations that they received from their judges, these students represented the city well. And although Bond did not win in the dance category, she was included, for the second year in a row, among a dozen or so dancers who were chosen to perform in the award ceremony that concluded the competition.

At the award ceremony, Julian Bond, NAACP national chairman, said, “Doesn’t this competition restore your faith in African-American youth, if you lost it?” And reflecting the ACT-SO competition slogan, the wide-ranging talents of the approximately 1,700 contestants showed that “Today’s Youth...[are] Tomorrow’s Legends.”

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Photo Courtesy Chicago Zoological Society

The University of Toledo is Accepting Applications for the Toledo Starz Program

Applications for the University of Toledo’s (UT) Toledo Starz Program are currently being accepted. Toledo Starz is an after school enrichment program for high school students (particularly those who are historically underrepresented in the sciences) interested in pursuing careers in the health professions.

The program runs from September 18, 2007 – May 20, 2008, where students will be involved in monthly interactive medically-related presentations and a research symposium.

To be eligible, students must have at least a 2.0 GPA and enrolled in grades 9-12 in the fall. The deadline for applications is

September 7, 2007. For an application packet or for more information, please contact the Manager of Institutional Diversity Programs at the UT Office of Institutional Diversity at 419-383-3438.



Irish Out,

(Continued from Page 4)

either cooperate or would also be moved out of the party.

Speculation abounds as to a long-term replacement for Irish. Duffy will obviously be under consideration. At least one African-American’s name has surfaced as a possibility. Long-time party stalwart Yvonne Harper, who now serves as chairman of the screening committee, has been mentioned by numerous people as a candidate for the party chairmanship.

Harper’s first campaign for the Democratic Party was as a member of U.S. Representative Marcy Kaptur’s team during her initial bid for office in 1982. Harper has since been a precinct committee person and has served on the party’s executive board, as co-chairman of the screening committee and, now, as chairman of that committee. She is also the president of the Perry Burroughs Democratic Women’s Club.

When reached by The Truth, Harper declined comment on whether she would be interested in either the chairmanship of the Democratic Party or one of the two vice-chairmanship positions.

Ohio's Doctor: Alvin D. Jackson, M.D. is First African-American Director of State's Department of Health

By Alan Abrams
Sojourner's Truth Reporter

Shortly after the start of the New Year, Dr. Alvin D. Jackson was faced with a dilemma.

Dr. Jackson had just received the most significant honor in his distinguished career. Ohio's new governor, Ted Strickland, at the very start of his administration, had appointed Dr. Jackson to his cabinet as the first African-American to head the Ohio Department of Health.

But Dr. Jackson told the governor he had some unfinished business to complete before he could devote his full attention to his new job.

"I was a physician in clinical practice in the Community Health Services in Fremont," recalls Dr. Jackson. "I was medical director of CHS with 10,000 patients of which 3-4,000 were my own. It was important to me to make sure someone takes care of those patients."

Community Health Services is known statewide for its work with migrant workers and their families in 12 counties in northwest Ohio. Fluent in Spanish, Dr. Jackson, with the aid of a mobile clinic, had provided care in the fields to migrant workers since 1998. He began working with the agency in 1993 and served as medical director at CHS since 1995.

Dr. Jackson was also chief of staff at Fremont Memorial Hospital from 2003 to 2005 and was a staff physician at the Sandusky County Health



Department from 1994 to 2006.

Dr. Jackson explained his concerns about his work at CHS with Fremont's rural and migrant communities to the governor, who allowed him to make a gradual transition to his new post. "The governor feels providing access to health care is important. He gave me time to make sure it was taken care of before I began work in Columbus.

"I came down to Columbus once a week for the first few months. In May, I began coming down three days a week. Then I started full-time on June 4," says Dr. Jackson.

And he has made up for any lost time. Later this month, Dr. Jackson will oversee the launch of the Healthy Ohio initiative, an innovative breakthrough in public health policy.

"The governor made a promise in his campaign that he intends to turn Ohio around. Much of the Turn-around Ohio focus during the campaign was on keeping jobs in Ohio, creating new jobs, and initiatives in providing better education and health care for Ohio's citizens. The governor's goal is to make affordable, quality health care accessible to all Ohioans regardless of their personal situation. He shares my commitment to patient education and disease prevention," explains Dr. Jackson. "I have a vision that we can do this if we work all work together and concentrate upon prevention, education and access," says Dr. Jackson. That's why he is so enthused about the Healthy Ohio initiative which he says will look at three aspects:

"Prevention: We will look at all those good models around the state for prevention issues. We hope to break new ground through primary prevention.

"Disparities: That is a great concern of mine. We will be looking at different ethnic groups and areas such as Appalachian Ohio, urban Cleveland and rural Fremont. The goal is to see if we can

provide greater access rates. All in all, I believe that the State of Ohio is in very good hands with its current governor. The governor's ideas are consistent with my thinking, and we will both work collectively to target the challenges in Ohio," says Dr. Jackson. "We believe there is a need to think more globally as more of the world becomes smaller through technology and travel. We can no longer look at public health issues solely in terms of Ohio or the United States. We must look worldwide. One need only think about Ebola and Pandemic Flu to realize that the world is truly small.

"Thanks to American public health, we've added 30 years to the average lifespan in just a century by such things as clean water, clean air and refrigeration. We need to take our message to Third World countries and evolving nations. We can help others, but the best way to take our American spirit globally is to not only spread democracy, but to give them a high quality of life," explains Dr. Jackson.

Dr. Jackson himself has spanned the globe participating in humanitarian efforts. He traveled to Honduras to provide medical help in the wake of Hurricane Mitch in 1999; and in 2002 helped Liberian citizens rebuild and restock a hospital destroyed in that country's bloody civil war. In Sept. 2005, Dr. Jackson and his medical team took

diabetes, both of which are rapidly growing among the adolescent population.

"We have to start to do business differently if we're going to meet the challenge of the great health care crisis in America. Right now, we are spending 15-16 percent of the GNP. We can't continue to spend at this rate.

"Another area of my concern is the large uninsured rate. We need to help the population stay healthy and



their mobile clinic, equipped with two exam rooms, a mini-pharmacy and refrigeration system, to Bay St. Louis, Mississippi to assist with Hurricane Katrina disaster relief.

His efforts have not gone unrecognized by his peers. In 2000 he won Pfizer's Ohio Quality Care award, and the following year he received the U.S. Department of Health and Human Services' Clinician award for his dedication

to the nation's migrant farm workers. He also earned the Robert Wood Johnson Community Health Leadership award that year.

In 2004, Dr. Jackson received an Honorary Doctorate of Humane Letters from Heidelberg College of Ohio for his humanitarian efforts with migrant workers and his foreign relief efforts.

Dr. Jackson brings to the table his holistic approach, the chronic disease preven-

tion model of health care — a model in which patients are partners with their physicians in maintaining good health and charting courses of treatment when needed.

One of his stated goals is to create a strong public health delivery system with connections between the Ohio Department of Health and the state's 133 local health departments and other public and private health care providers to help protect and improve the health of all Ohioans.

"I have a strong preference for systems with measurable results and I hope to be able to bring those here at the state level. Classical medicine of course is very different from public health, but the health of population in the state is the important thing here. I believe that my individual approach on a patient level will help me with the insight in my new position," says Dr. Jackson.

"We've given youth in Fremont healthier lives," he says.

(Continued on Page 10)

Dorothy MacKenzie Price and the Toledo-Lucas County Public Library present

HARRY POTTER'S Midnight Magic

MAIN LIBRARY, 325 MICHIGAN ST.
JULY 20, 2007 • 10 p.m. - 12:15 a.m.

Join us for games, crafts and fun as we count down the final minutes until midnight!

- ◆ The first 250 families will receive a number to check out a copy of *Harry Potter and the Deathly Hallows* at midnight.
- ◆ Featuring magician Andrew Martin and other magical activities. Costumes are encouraged. Secure underground parking.
- ◆ Tickets are required - free and available at all Library locations beginning July 2, 2007. For more information, call 419.259.5231 or visit toledolibrary.org.

Co-Sponsored by: Association of Public Library Employees, Friends of the Library and United Auto Workers Local 12

Market Volatility Shouldn't Rattle a Good Financial Plan

By Bill Harris
Guest Columnist



On Feb. 27 this year, the Dow Jones Industrial Average slid 416 points, the biggest drop since the market reopened after the 9/11 attacks. By early May, the market had more than made up those losses and stood at record highs.

How did you react? Did you turn off the news? Did you call your broker in a panic? Or did you call your financial planner to see if your plan was solid?

It's easy to succumb to the urge to sell if the market takes a header or buy if it's headed upward. But sudden action is usually a mistake. In the late 1980s, Harvard psychologist Paul Andreassen made news with a research project that found that people who listened to market news actually made lower returns. Why? Because those who sold – or

bought – during a market swing probably found a day later that the market was really running on hype, not fundamentals.

You pay a financial planner to devise a financial strategy that matches your risk tolerance and long-term financial goals. No, there is absolutely no way to guarantee that you'll never lose money. But if a plan truly matches you, the noise level on TV shouldn't make a difference. So the next time the

could have been avoided if individual investors had sought advice for achieving long-term specific goals such as retirement or a college education.

What's my risk tolerance? At your first meeting with a planner, you should have discussed – and later filled out – a form asking you a number of questions about how you handle risk and what your expectations were about investment returns. You might have had

investors bailed out of the stock market or drastically cut back, only to get back in after they were "convinced" that the market was rebounding. In reality, they missed out on stock market gains during the early stages of recovery, and that's costly in the long run. Of course, some investors looking for that late 20th century investment high also got into the real estate market, and they perhaps learned a similar lesson when that market started heading south two years ago.

In 2004, SEI Investments studied 12 bear markets since World War II. Investors who either stayed in the market through its bottom, or were fortunate to enter at the bottom, saw the S&P 500 gain an average of 32.5 percent (not counting dividends) during the first year of recovery. Investors who missed even just the first week of recovery saw their gains that first year slide to 24.3 percent. Those who waited three months before getting back in gained only 14.8 percent.

Am I diversified? The NASDAQ lost 39 percent of its value just in 2001, and another 21 percent in 2002. Meanwhile, real estate investment trusts, which performed poorly in 1998 and 1999 when

stocks were booming, had banner years in 2000 and 2001, performed so-so in 2002, and had an excellent 2003. Bonds also returned well during the bear market. Your planner, based on your risk profile, should have you in diversified investments that fit your goals.

Do I still feel the same way I used to about returns? Having a long-term investment plan doesn't mean make the plan and leave it to gather dust. You and your planner should decide when it's time for a review of your investment goals and your feelings about them. An annual conversation makes sense if nothing's going on, but life events like death, divorce, kids moving out and illness are good reasons to do a head-to-toe review of a financial plan.

This column is produced by the Financial Planning Association, the membership organization for the financial planning community, and is provided by Bill Harris, Financial Advisor and a local member and vice president of the FPA. Bill Harris is a financial advisor with Informative Financial Services of Toledo, Ohio. Securities and advisory services offered through Mutual Service Corporation,

member NASD/SIPC. Informative Financial Services is not affiliated with Mutual Service Corporation. For seminars and speaking engagements, Bill can be reached at 419-885-8384.

Women and Money Workshop Series at UT July 20

The 2007 Ohio Women and Money Workshop Series will come to The University of Toledo's Main Campus Friday, July 20.

The workshop will be presented by State Treasurer Richard Cordray. Toledo is one of 11 locations for the workshop this year.

This free seminar will be held in the Student Union and will run from 8:15 a.m. to 4 p.m., with check-in beginning at 7:30 a.m. The daylong conference includes a continental breakfast, an opening session, four breakout sessions, lunch with a keynote speaker, a 30-minute question-and-answer session and a random prize drawing.

Participants can choose four of the following sessions:

• **Budgeting** — Learn simple ways to balance your budget and create detailed evaluations of your income and expenses.

• **Credit and Debt Management** — Instructors will show you how to eliminate and avoid debts and poor credit ratings.

• **Elder Care** — This session explains and differentiates between the various funding options available after retirement.

• **Estate Planning** — This class covers the basics of wills, trustees, executors and estate taxes.

(Continued on Page 9)

It's easy to succumb to the urge to sell if the market takes a header or buy if it's headed upward. But sudden action is usually a mistake.

Dow spikes or slides, ask yourself.

What's my plan? If you've worked with a good financial planner, you should be able to articulate those goals all by yourself or refer to an investment policy statement you made together. Much of the riskiest investing, overbuying and panic selling during the late 1990s and early 2000s

to do this more than once if your risk tolerance was low but your investment expectations were high – low-risk investors can't expect the highest returns. That's part of the education process when you visit a planner.

Am I prepared to stay invested – no matter what? We all remember the "Tech Wreck" of 2000. At the worst of that downturn, in



Janice, Hubert's Daughter

Hospice of Northwest Ohio turned my doubt into trust.

"I was very protective of my father, especially after his health failed. I wasn't going to allow just anybody to come in to provide care for him.

"Our family didn't have the resources to hire a private nurse. But together, we decided to contact Hospice of Northwest Ohio.

"When Hospice came into our home, I just sat back and checked them out. They always explained to us what they were going to do and how they were going to do it. And the level of care was awesome. Hospice provided nursing care, aides to help in the home, plus all the medications and equipment my dad needed.

"All the services Hospice provided were covered by Medicare.* I don't think a lot of people are aware of the excellent care available. Families in situations like ours need to call Hospice of Northwest Ohio."

To ask for our free DVD, "Hospice Answers," call 419-661-4001. Or for more information, visit hospicenwo.org.

*Hospice care is covered by Medicare, Medicaid and most insurance. No one is turned away due to inability to pay.



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Chef G. Garvin Delights Toledo Audiences

Sojourner's Truth Staff

Renowned Chef G. Garvin spent Sunday afternoon in Toledo and delighted his legion of fans during a book signing at Borders Book Store in Westfield Franklin Park and at a reception during a Mud Hens game at Fifth Third Field.

Garvin, star of TV One's original series "Turn Up The Heat," author of a cookbook of the same title, and co-owner of an award-winning Los Angeles restaurant, was invited as a guest of Buckeye Cable to celebrate the launching of TV One Channel. Buckeye Cable has added TV One so that African-American viewers would have programming primarily devoted to African-American viewers.

Garvin's appeal in the Toledo area was underestimated, however. Borders Book Store had only 100 copies of his book for purchasers and, according to an estimate by Florence Buchanan, director of marketing for Buckeye Cable, perhaps as many as 300 readers and fans turned out for the signing. The store ran out of books shortly after 1 p.m.

Garvin threw out the first pitch for the Mud Hens evening game with the Charlotte Knights and then attended a private reception in his honor at the Coop a Cabana.

Among the invited guests were local chefs and food service entrepreneurs such as Marla Banks, Minnie Sebree and Claudia Sebree-Brown.



Claudia Sebree-Brown and G. Garvin

Banks, who has been a cosmetologist for 20 years, began her catering career several years ago. As did Garvin, Banks was heavily influenced in her youth by her grandmother's food



preparation. Her catering company, Welcome Table, is a culmination of that inspiration and culinary classes at Owens Community College. Sebree and Sebree-Brown own and operate Aunt Minnie's Frozen Food Company. Their products

grace the shelves of six area Meijers' stores, Churchills, Family Food

Center, the Pharm, Monnette's, Broadway Food Center, Save-A-Lot and Food for Less. And starting this week, Aunt Minnie's will increase its WalMart presence from five to 15 stores in northwest Ohio and southeast Michigan. Aunt

Minnie's produces sweet potato pie, peach cobbler and cornbread dressing. Several new products may be unveiled soon, according to sources deep within the company.

More photos on Page 9

Cold Fusion Brings Ice Cream Delights to Central Avenue Strip

Sojourner's Truth Staff

Pamela and Brian Byrd, owners and operators of the newly opened Cold Fusion ice cream parlor at 6975 West Central, are new to the ice cream and restaurant business, but hardly new to business itself.

For 10 years now the couple has operated a rental property business, Bribenady Properties, LLC, while accumulating 18 properties including 14 houses and four duplexes - all in either west Toledo or the north end.

So what prompted the couple to branch out and open an ice cream parlor?

"Insanity," says Brian Byrd laughingly.

"Two guys started Cold Fusion in Cricket West ... it's still open. We bought a licensing agreement from them," he continued. Brian Byrd is also a battalion chief with the Toledo Fire Department

That agreement contained language that would bind the Byrds to utilizing



Pam and Brian Byrd

the same products as the original store and all of those products, they note proudly, are local - Toft's Ice Cream and Tiffin Paper, for example.

And while the store had its grand opening just this past weekend, with live remotes by Radio Tower 98, the couple actually propped open their doors on May 2.

Thus far the parlor, which features ice cream "fused" to order with a wide variety of toppings, has created 11 part-

time jobs and the owners anticipate that they will top out at between 25 and 30, particularly during the warm Toledo months.

Cold Fusion on West Central is open Mondays through Thursdays from 11 a.m. to 10 p.m., on Fridays and Saturdays from 11 a.m. to 11 p.m. and on Sundays from noon to 10 p.m.

For more information, call the store at 419-517-3873

The House of Day Funeral Service
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Food for Thought:

WHEREVER YOU SPEND YOUR MONEY IS WHERE YOU CREATE A JOB. IF YOU ARE BLACK AND THE BUSINESSES ARE RUN BY PEOPLE WHO AREN'T, THEN THOSE PEOPLE COME AND TAKE WEALTH TO THE COMMUNITIES IN WHICH THEY LIVE.
-Tony Brown

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Women and Money Workshop

(Continued from Page 7)

- **Home Ownership** — Instructors will present financing strategies for buying a home and information about risk management.
- **Identity Theft** — Learn how to prevent identity theft.
- **Investments** — This session will offer strategies for beginning investors.
- **Investments Advanced** — This class is for experienced investors who want to build their financial portfolio.
- **Insurance** — Learn how to evaluate the appropriate amount and type of insurance coverage.
- **Kids and Money** — This session explains how to help educate children about spending, saving and understanding money.
- **Retirement Planning** — Learn about retirement strategies. There is a session for those more than 10 years away from retirement and those less than 10 years from retiring.
- **Supportive Financial Attitudes** — This class focuses on ways to decrease stress and anxiety amidst financial struggles.

To register for the free Women and Money Workshop, visit the program's Web site at www.ohiowomenandmoney.org or call 1.800.228.1102.



Marla Banks and G. Garvin



Orr Family Opens New Restaurant

Sojourner's Truth Staff

Sandra Orr has never operated a restaurant before but now, with the help of her family and armed with a City of Toledo Needle Loan, she's ready to put all of her years of cooking to the test.

Brisco's BBQ opened two weeks ago at 1130 West Bancroft with Orr at the helm and her three daughters — Shareese, Michelle and Crystal Orr — standing by to lend a hand.

Orr was able to finance her foray into the restaurant business through a \$12,000 loan. One third of that amount is a low interest loan from the City of Toledo and the other two thirds is from Huntington at two percent above prime.

This will bring in four brand new jobs to the area," said Robert Krompak, direc-

tor of the Ottawa Community Development Corporation, at the ribbon-cutting ceremony.

The site, which formerly was the location of Jessie's Soul Food and the Shrimp Hut, prior to that, is on three major routes — Detroit, Bancroft and Monroe — as well as on a busy bus line.

Brisko's BBQ features ribs, chicken wings and fingers, shrimp, catfish filets, polish sausages, burgers and barbecued chicken. Brisko's opens at 11:30 a.m. daily.

Orr and her staff will also provide catering services. For more information call 419-246-9507.



Sandra, Michelle and Shareese Orr



Church's Chicken Tuesday Special



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★ Leg & Thigh ★
99¢

12 tender strips & 4 biscuits and choice of any large side order
\$12.99



50 pieces of dark (original or spicy)
only \$35.00

Offer good for Church's Chicken locations at
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PLAYING FAVORITES

By Michael Hayes
Minister of Culture

FAVORITE PLACE TO GET A HAIRCUT

Fosters

My boy Fos, Damon, Zail, or my god uncle Jameel and all the other barbers – they are professional, they are funny as hell and in true barbershop fashion they are well prepared to chop it up on any subject you can imagine.

My favorite place by far.

FAVORITE RADIO PERSONALITY ON THE JUICE

D.J. Kaj Boogie

He always shouts out our company U.G.E., and his taste in hip-hop (throwback and current) is one I agree with, especially when it comes to conscious/East Coast hip-hop.

FAVORITE RADIO PERSONALITY ON HOT 97

Hutch Daddy Dolla

Dude brings crazy personality to Toledo airwaves and he has more enthusiasm about our city than most folks and he's been here only a short time. Quality cat and humble. He's not on that "local celeb" bull.

You gotta respect that. The city is better with him here. Hutch Daddy Dolla Interview – Coming Soon.

FAVORITE TOLEDO AREA PARK

Glass City, DO NOT SLEEP on our Metroparks. Not all cities are as blessed as we are.

Ottawa Park is the old school fave, Walbridge is the new school fave for black folks.

I hit up both of those during summers in Toledo, but I still have to pick

Swan Creek when it comes to scenery, size and just feeling really close to nature.

It's a runner's park, it's a family park, the whole nine. If you're stuck in the hood and don't go anywhere unless you're buying something... try to take some time and enjoy the parks. Orlander and Sidecut for you suburbanites and Providence Dam for you truly adventurous people (y'all ain't hip to that one).

FAVORITE NEW RESTAURANT

DOWNTOWN:

Oasis at the Docks

Formally Gumbos, you step in that joint, you feel like you are in Morocco or some

Middle Eastern-themed palace.

Good food, friendly staff.

The owner is all about Toledo and the staff is on point.

The new Wing Station downtown is a close second

though. Right Next door to The Truth!

FAVORITE SPOKEN WORD SPOT:

Hmm. You've got *HYLIFE* Group with City and Ill Lateef on Mondays at Prestige.

C C's and One Tyme's *Lycrist Lounge* Tuesdays at The Peacock.

D.J. Boodyl has the *Village Voice* Wednesdays at Robert B's

Peeps keep asking me to start up my old night, but ummm – NO.

Those choices I just gave y'all, please make sure you hit them up.

YOU TELL ME what's Toledo's best spot for Spoken Word – it's up to y'all.

FAVORITE PROMOTIONS CREW:

It's a lot to choose from. How can I really choose

with so many event crews? You've got *A.T.L.*, you've got *D.J. Kaushion* and all

that he does at the various spots, you've got *Ebony World* and quite a few

others holding it down by always giving the Glass City another place to get it poppin'.

White parties, yellow parties, NAUGHTY PARTIES !!

Gots to give shoutouts to *Beautiful People Productions* (Fernando, Mike etc.).

For showing me and the rest of U.G.E. love at the Jinx Naughty Naughty Dance Party. And the

whole way they approach the promo biz with the suits, and the class.

Definitely trying to bring something new to the 4-19.

FAVORITE LATE NIGHT GRUB SPOT:

IHOP West Toledo

No doubt, when we had The Renaissance Poetry

Night we used to love to hit up Denny's or Big Boys and chill out

cracking jokes and smashing until the wee hours.

But U.G.E. has made a new tradition. Within minutes of getting offstage or out of

a movie or whatever, you can find us posted up on Talmadge Rd. at the IHOP.

Props to Jessica for making that special drink for me – LOL

Also a great spot to people watch. If you are at IHOP at 2:30 when the clubs let

out, you are guaranteed to see a few peeps you haven't seen

in years or maybe even meet someone new.

FAVORITE PLACE TO GO FOR COMPUTER REPAIR

Computer Renaissance Monroe Street Next to Circuit City

Don't hate on this one, y'all. Some of you might still be need to using

computers to simplify your life. Others may be

deliberately trying to disconnect from the utter

digital dependence that life in the 07 demands. But for

most, having a computer is sheer necessity of life. For

PC users there are many options on where to go for

service but for my PC, I have been a few places and

have found none better than Computer Renaissance. My

dude there is Sean, he only works Fri-Sun but he's fast

and fair.

FAVORITE REALITY SHOW I LOVE TO HATE

The Ex Effect – MTV Yeah, you would think it

would've been Charm School, huh?

I actually respect Mo for what she's trying to do. Even that reunion show

has some intellect in it. My number one guilty pleasure

when it comes to reality TV has to be the heinously evil

show called The Ex Effect. All those who believe in

love, beware – this is a show designed to make you lose

all hope. They take a pair of used-to-be

lovers and put them in a resort-style hotel with their

new lovers and basically pull a unsuspected

switcheroo which puts the old flames in the same

room for two nights. Old feelings reemerge, of

course, but to make matters worse the whole

atmosphere is full of complimentary bubble baths, massages, hot tubs,

champagne – all sorts of stuff. Then while the old flames

are in one room, their new flames are given a room

equipped with various methods to spy on the

people they came with. If someone doesn't end up

outright cheating, their mates end up cheating

because of the cheating they suspected to be taking

Dr. Alvin D. Jackson

(Continued from Page 6)

Dr. Jackson's wife Gayle is in charge of Brother-to-Brother, an innovative mentoring program in Fremont for children, especially those deemed to be at-risk. The program is designed to steer young African-American males away from guns, alcohol and drugs.

Another of Dr. Jackson's many legacies in Fremont is the African-American College Club which he and Gayle founded in 1995 to tutor and encourage minority students to attend college. This organization takes young at-risk girls and boys on college tours and emphasizes education as well as health. It recently received funding from the Robert Wood Johnson Foundation.

He is very proud to see two of his four children following careers in medicine. "My oldest daughter, Dr. Nkenge A(yola) Jackson, is an OB/GYN. As a father, I felt great pride when she joined the staff at Fremont Memorial Hospital. I was chief of staff and introduced her to the medical community," recalls her father.

His son Atiba, who plans to become an orthopedic surgeon, is now in his fourth year at The Ohio State University. He is married and has two sons, ages 11 and 5. Dr. Jackson's other son,

Jelani, a graduate of Morehouse College, was originally going into medicine as well. "But three months before he had to make that choice, he decided he liked the business aspect better. I told him to do what makes him happy," recalls his father. Jelani is a manager with Fifth/Third Bank in Cincinnati.

His other daughter, Wiloise, is a senior at Spellman College. She is interested in pursuing physical therapy and female health issues, says her father.

Dr. Jackson was born in Portal, Georgia, whose 500 residents are mostly descended from former slaves. His mother, Bonnie Mae Donaldson Lee, died tragically in a fire when he was 17 and he was raised by his mother's parents. "I named my daughter after my maternal grandmother, Wiloise Lee Jackson," he says. His grandfather's name was Ezekiel Jackson.

His father, Solomon Lee, did migrant work, and when not in school, young Jackson spent his days picking crops with his father or grandparents. At the high school where he was one of the first African-American students, a teacher suggested he take agricultural courses to prepare for a life in the fields.

He ignored the advice, made the honor society and enrolled in Alabama's Oakwood College, where he earned an academic scholarship.

Jackson earned his B.S. from Michigan's Andrews University and graduated from The Ohio State University College of Medicine. He completed his residency at Toledo's Mercy Hospital.

"I met Gayle at Ohio State University when she was in biochemistry class 705. She was one of three who made a perfect score. So I knew my mission right away was to get her to marry me. The rest is history," says her husband.

"Gayle received her Ph.D. in pharmacology at OSU where she was an adjunct assistant professor in pharmacology. She later became the Associate Editor of *Chemical Abstracts of the American Chemical Society*. One of her major interests is still the prevention and treatment of substance abuse.

"To me, the greatest complement in life is having a family. I am very proud of my children and what they have accomplished. I taught them early in life that knowledge in hand is powerful. It can take you anywhere you want to go. All you have to do is believe it," says Dr. Jackson.



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GirlsSense First Annual Conference: Young Girls on the Move

Special to The Truth

GirlsSense (Young Girls On The Move) held its first annual all-girls conference: I AM BEAUTIFUL, NO MATTER WHAT THEY SAY! June 29-30 at the Genesis Dreamplex.

The purpose of the conference was to empower young girls and give them a sense of their own identity. According to Ronnell Traynum, the founder of GirlsSense and organizer of the conference, the goal of the event was to give the girls the tools to succeed, by implanting self-esteem, character building and team work within themselves. The conference pushed the girls to ask each other difficult questions.

But first, it was Fun Friday, the talent show and ice breaker night! The girls performed karaoke, danced and sang. There was also a special guest, Jay Rush, an up and coming R&B singer from Toledo. He signed autographs and took pictures with the girls, but he couldn't leave without giving the girls some encouraging words about the beauty that's inside them, not the beauty outside.

Friday set the tone for the rest of the conference. Saturday was the day to work, to

open up, to come to the realization that no one else can define a girl's own beauty, it's an individual thing! GirlsSense started off with its famous group session.

This session is titled "Let's Talk Girl Talk." Generally there is no panel, but this day was special. Five to six girls were chosen from the conference participants and the questions began.

What should you do if a girl wants to fight you for no reason?

Jessica, a senior at Start High School, stated that it really isn't worth fighting. If the other girl doesn't enter into your own personal space, make her look stupid and keep walking, because it's not worth it!

Another session was about healthy relationships with facilitator Rebecca Facey. The girls really enjoyed her class. They gathered in a circle that symbolized unity and trust. In this workshop, the girls needed to be able to further open up and ask more difficult questions. Questions such as ... why abuse happens, are there any triggers, whose fault is it, and if I tell will I be the blame?

The girls learned that there

are many forms of unhealthy relationships and to never put the blame on themselves.

One of the presenters was Imelda Hunt, Ph.D., who brought along her New Works Writers Group. The actors performed a small section of Lorraine Hansberry's *A Raisin In The Sun*. That performance inspired more dialogue.

Finally Ms. Angie, a black-belt martial arts instructor, taught the girls some self defense and gave them a few lessons on how to protect themselves from an attacker. And when just saying NO! doesn't work, then you have to protect yourself.

GirlsSense's purpose is to provide support, guidance and education while continually developing new and innovative approaches to address obstacles that impede young girls' journey to success. Traynum started the group out of her home about three years ago and there are currently about 40 active members of the group.

If you have any questions about GirlsSense or about any upcoming events, please call Ronnell Traynum at 419-514-9045





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Dear Ryan

I know you say to eat five to six small meals per day, but I have a busy schedule. Often it's hard to get my five to six meals every day. Got any suggestions?

Antonio

Dear Antonio,

Sticking to a multiple-meals nutrition program is easier and more convenient than most people realize. Here are several tips that will help you get all your meals in.


First, cook several meals ahead of time each day and pack them in plastic containers until you're ready to eat them. That way, your food is ready for microwaving.

Second, incorporate meal supplements such as a low-sugar high-protein bar, or Hi-Protein Powder drink into your daily nutrition program. An example of an eat-anywhere meal is a supplement Bar, few rice cakes, a can of tuna, and some fibrous carbs such as raw broccoli or cauliflower. This works well if you can't prepare a full meal.

Another good idea is to put a couple scoops of a Hi-Protein Powder in your water bottle. When you're ready to eat, fill it with water, and drink it, along with some chicken, tuna, or rice cakes, and some raw fibrous carbs.

It's great that you recognize the importance of eating five, six, or more meals a day. Frequent meals increase "thermogenesis," the production of body heat from the burning of food for energy. Following a meal, your metabolic rate is elevated as a result of thermogenesis. So the more meals you eat, the higher your metabolism stays throughout the day for fat burning and muscle building.

Finally, with a constant nutrient supply, you are never forced into a starvation mode. With meals coming at regular intervals, your body learns to process food more efficiently, and your metabolism is accelerated as a result. Good luck and remember that it's all about preparation.



mydreambodies@aol.com
 Ryan Rollison
 Dream Bodies
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 Toledo Ohio 43612
 419-476-3494

A Star Is Born and Wins a Audience Choice Award

By Sharon Guice
Sojourner's Truth Reporter

Tiffany Russell became a star (although she didn't know it then) when she acted in the Amil Tellers of Dramatics, Inc. musical show *The Nuncrackers - The Nonsense Christmas Musical* at the Encore Theatre in December 2006.

Russell found out in June 2007 that she won the Audience Choice Award, The Barney Award for best lead female for her performance acting as Sr. Mary Paul (Amnesia). That performance in fact was her theatrical debut.

Russell portrayed a nun who has a crucifix fall on her head and develops amnesia after the accident. Everything she does from that time on has a different twist to it from the original version of the Christmas songs as we know them.

The story: *The Nonsense Christmas Musical: Nuncrackers*, was presented as the first TV special taped in the Cable Access Studio built by Reverend Mother in the convent basement. It stars the nuns you love, plus Father Virgil, and eight of Mount Saint Helen's most talented students.

Featuring all new songs

including "Twelve Days Prior to Christmas," "Santa Ain't Comin' to Our House," "We Three Kings of Orient Are Us" and "It's Better to Give Humor than to Receive," the show is filled with typical NUNSENSE humor, some of your favorite carols and a "Secret Santa" with audience participation. The show made you laugh and tugged at your heartstrings to have a merry and bright holiday season.

Russell used her outstanding musical voice in the acts of Christmas Time is "Nonsense Time, Secret Santa (We Wish You a Merry Christmas)" interacting with the audience. Russell says this was her most challenging part because there was no script to follow. She had to think on her feet and be funny at the same time. If you know Russell this really wasn't too hard for her because she knows how to make you laugh even if she is not trying to do so intentionally.

Other acts included "Twelve Days Prior to Christmas," "The Wassail Son (A Waffleing)," "The Holly and the Ivy (Ivory)," "Jesus Was Born in Brook-

lyn," "In the Convent," "The Three Kings," "The First Noel (Leopards)," "Christmas Sing Along," "Gloria," "It's Better to Give," "Reprise: Christmas Time Is Nonsense Time" and, of course, "The Bow and Exit (A Carnival Christmas)."

Russell decided to audition for the show after coworkers Linda McClure and Missy Keller at the Allen County Department of Job and Family Services prodded her to try out. Keller heard her sing in her church choir at Second Baptist Church and encouraged her to try out because one of the nuns in the play was a gospel singer.

Russell says she didn't get that part but rather the part of the funny nun. *Nuncrackers* is a series of plays called *Nonsense Sisters of Hobogon*. The nuns live in a convent and run a school. The play this reporter was in was about Christmas Time and they are putting on a play for the Christmas Program being televised. The play had dancing acts with swans. The musical songs were county, ballets, gospel, big band, and a lot of every-

thing. My song was a country song, "Santa Ain't Comin' to our House."

Russell says she was introduced to acting in the sixth grade. The play was exciting but a lot more work than people realize. She does not read music and does not play an instrument. The fact that she won an award for her part is an honor, she explains, and shows that you can succeed when you put your heart and soul into something working with all kind of people, black and white. She would like to do it again someday.

Russell's daughter Amari Russell participated as part of the McDonald Youth Theatre making her debut with this Encore production. Amari played one of the eight students of Mount Saint Helen's most talented students. Amari enjoys singing, reading and playing with friends. Amari is an active member of Second Baptist Church youth group and sings in the youth choir.

Russell graduated from Lima Senior High School where she was a member of the gospel chorus. She lives in Lima with her husband, Shawn, her son Shawn Jr. and daughters Nashayla and Amari.

The musical director for this show was LaDonna Jones and A. Lewis Jones II

was the choreographer.

Encore Theatre is located at 991 North Shore Dr., Lima, Ohio and has been the theatre in the city for 73 years. Encore has presented such shows as *Alexander and the Horrible, No Good Terrible, Very Bad Day*, *How to Eat Like a Child*, *Godspell Jr.*, *Snow White Goes West*, *Annie Jr.*, *Once Upon a Shoe*, *Drop Dead*, *Dearly Departed*, *Twelve Angry Jurors*, *Odd-couple-Female Version*, *Rumpelstiltskin*, *Welcome to the Haunted House*, *Backstage*, *Cinderella*, *The Wizard of Oz*, *Into the Woods*, *Fiddler on the Roof*, *Joseph and the Amazing Technicolor Dreamcoat*, *Revenge of the Space Pandas*, *Stuart Little*, *Mr. A's Amazing Maze Plays*, *God's Favorite*, *Into the Woods*, *Phantom of the Opera*, *Five Tellers*, *Dancing in the Rain*, *Stepping Out* and of course *Nuncrackers* starring Tiffany Russell.

Grease, a musical about the 1950's, will star A. Lewis Jones II as Teen Angel starting July 13, 2007 - July 22, 2007. Contact 419-223-8866 to find out show times.

To find out about auditions and shows for more information call the box office @ (419)223-8866 or (800)944-1441 or www.amiltellers.org.

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The Toledo Chapter of the National Caucus and Center on Black Aged, Inc., will present their 7th Annual Senior Citizens Fashion Show, **Friday, July 20, 2007, at the Zablocki Senior Center**, 3015 Lagrange Street, Toledo, from **6:00 PM to 8:30 PM**. This year's event will feature various cultural designs from around the world and community vendor displays. Tickets are \$10.00 in advance or at the door. To purchase tickets, place an advertisement or a vendor table, please contact Pam Sullivan at 419-478-6004 or Sam Baldwin at 419-725-6960.

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PLAYING FAVORITES

(Continued from Page 10)

racism. Fox is cool, but WNWO is balanced and fair. The people have personality. Watching the news isn't exactly supposed to be fun but all of their news shows at least make it bearable and interesting.

FAVORITE NIGHT SPOT

Club Prestige, Liquid Ultra Lounge, Vamps Nightclub *Shadow Lounge* (so ridiculous, three people shot at one club? what's up with security?) Coyote Joe's, Big Shot's, The Peacock, Jackson's, The Dirty Burd. *Lyte House*. What other clubs am I forgetting? Okay, how about this. All of you out there, y'all help me keep track of what the hottest nightspot is in the city. Email me with ya vote - glasscitytruth@yahoo.com And while we're at it - let's go for ...

FAVORITE CLUB D.J.

DJ One Tyme, DJ Big Lou The Mayor, DJ Kausion, DJ Scott Smoove, *DJ Keith Success, DJ Party Man, DJ Mpress (what up!), DJ Boody!*

I got one or two favorites in that list, hard to narrow it down tho.

I won't be selfish with this one either, y'all can help me pick Toledo's favorite person to rock the 1's and 2's. Remember, being a DJ is a very delicate blend of art and science.

Hooking up everything and integrating laptops and managing music libraries is complex.

But I learned a long time ago that knowing exactly when to drop that certain record is a skill that either you're born with or not. Especially in Toledo. It's hard as hell to keep a dance floor packed.

That follower mentality we have forces dozens of grown adults to stand two feet away from the dance floor while we wait one other people to go first. EXCEPT when there's a hustle.

FAVORITE LOCAL ARTISTS WHO DON'T SOUND LOCAL

I don't get to chop it up with him that much but *Dre P.* is someone I think gets slept on a lot.

Shouts to that whole *Fly North* movement - I see you.

Shouts to *Rumble Pak* (they got a movement too!). Avondale **STAND UP!** Shouts to *B.M.G.* - we (U.G.E.) still trying get at you, the whole crew respects ya flow. Seen a dude at Maumee Bay named *T Bells* (I think that was it) - he might be an up and coming favorite around Toledo within the next year or so.

Shouts to *Coydi* - The Undergodz still hold you down like so many years ago.

DA BASIX, STRESS and *REED* - I will ALWAYS shout ya'll out because I love the music ya'll make. And ya'll have always supported my label, my music and my artists.

BIG SHOUTS to Dangerous Ones/ Onasis Ent. and my crew U.G.E.

R&B and hip-hop REAL peeps can relate to.

FAVORITE SUMMER EVENT SO FAR

Got a lot to choose from. Hip-hop heads need to expand, don't be soooo hood all the dayum time, yo.

The Art Tatum Heritage Jazz Festival was great, definitely a highlight of 2007 for me.

Luckily Brandi Brown of 95.7 finally wanted to make me feel like someone special (hey Brandi! - you know I'll be calling with a request soon) and she made a way for me to go and check out K-Ci and Jo Jo and Joe at the Stranahan for the

African American Fest Kick Off Concert!

K-Ci and Jo Jo gave an amazingly enthusiastic show. Their age may be starting to show, but it was a rambunctious and energetic show the whole way through.

However, Joe's show was among the best I've seen. TOLEDO - what is wrong with y'all?

MULTI-PLATINUM R&B SINGER RIGHT HERE IN TOWN,

there shouldn't be not one empty seat in the venue. NOT ONE.

Joe's voice was damn near infallible, his band left a little to be desired and the



sound engineer seemed like he was taking the day off but ya boy Joe held it down. Great show from front to back but of course silly ass Toledo crowd start walking out when he moved to the acoustic portion of his routine. Why sleep on a brotha with guitar skills?

HUTCH DADDY DOLLA B-DAY BASH/ BEACH PARTY!

I think this may be my favorite event of the summer so far.

WHY? Because ya boy Hutch really put his heart and soul into putting this thing together.

U.G.E. and Hutch have gotten really cool lately. If you hear that "please believe it" slow jam on his show that plays for about 15 sec. that's us. Our music, our artist Darron Scott w/ Aye Dee on backgrounds.

We wanna just welcome Hutch.

So he said to me one day, "Mercury, I wanna give Toledo some of that flava we have down in Florida. Y'all got a nice beach out there at Maumee Bay State Park, why not have a little get together?"

He said he wanted to give



Toledo something we've never had before and he succeeded. Me, Adonis, Chaz and Darron Scott of U.G.E. along with T. Dime and Untouchable from Dangerous Ones/Onasis - we were at that park from 1 p.m. until the thing ended.

It was an obvious the event was a success when the crowd swelled to about 2,000 peace loving black folks all waiting in the Maumee Bay State Park Amphitheatre. A few of the area's most well-known acts took to the stage.

Among the most well-received were Ju Rock and Ray Stone.

It was a great day to celebrate our own acts as well as welcome national recording acts scheduled to perform. It was a great day to see all the people out there having a good time. It was a great day for Hot 97.3 - there's a lot of so called local celebrities that act brand new, but I can say that all Big Lou and Hutch are some of the most humble and approachable dudes who do hold weight in the city but are still down to earth.

Good people, good times right? NOPE. Why? Crazy-ass police. Yeah, we out there in the boonies and jake ass po po usually give all black folks a hard time out there. I've been out to the Maumee Bay just to take walks when I worked on Navarre and I would get harassed in broad daylight while I have on business attire. There was a moment of minor friction in the crowd between about five or six people (out of 2000, just a handful) and within minutes nearly 30 squad cars swooped down on the event killing the fun-loving family atmosphere that had been enjoyed all day.

Hold ya head, Hutch. Black folks are ready to have some fun and do it right. We ain't gonna let a bunch of "you know who's" ruin it for us. Okay ya'll, that's it for now.

Be on the lookout for Ms. Poetry's WOW Jam '07 Aug. 4 at The Seagate Center Talent competition for Gospel is from 11 a.m. - 2 p.m. Talent competition for rap/ R&B/dance for 17 and



Fly North Recording Artist Majic Juan

under is from 3 p.m. - 6 p.m. from 7 p.m. - 9 p.m.

Talent competition for rap/ R&B/dance for 18 and up is

GLASSCITYTRUTH@YAHOO.COM Hit me up, y'all.

Photos: Kelly Rudolph



Fly North Recording Artist CJ MACK

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Dear Editor:

I'm humbled by the coverage you gave to my departure from The Blade in last week's issue of The Sojourner's Truth. Rhonda Sewell is and will always be a wonderful friend and she made me look much better than I deserved. This is not a good-bye, but merely a change of address and I'm looking forward to continuing all of the wonderful relationships I have developed in Toledo, even though most will no longer be on a daily basis.

I wanted to give special attention to my family, ex-wife Donna Hughes, daughter Ashley, and all of my in-laws who truly helped make Toledo a home away from home and allowing me to be part of their lives. My life will never be the same. I still have work to accomplish in Toledo and I'm looking forward to helping make it a better place.

Clyde Hughes

Purdue News Service



Book Sale to Benefit Library

The Friends of the Library, a 3,000-member organization, has scheduled a major book sale this Saturday, July 21 and Sunday, July 22 to benefit the Toledo-Lucas County Public Library.

The sale will be held at 546 Southard, just two blocks north of Main Library on Michigan Street in downtown Toledo. Books, CDs, videos, cassettes, and other materials will be available.

This is Bag Weekend Sale. \$5 per bag of books both days!

Saturday 9:00 a.m. - 4:00 p.m.
 Sunday 12 noon - 4:00 p.m.


The Friends of the Library raises funds to support Library programs, including the Summer Reading Club, Summer Brown Bag Concerts and Authors! Authors! events.

Free parking is available. Visa and MasterCard are accepted. For more information call 419.259.5358.

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CSP/DUAL DIAGNOSIS

Unison is seeking a case manager to work on the Dual Diagnosis team providing chemical dependency treatment and case management to adults with mental illness and chemical dependency. Must possess a Bachelor's degree in social work, psychology or a related field and previous mental health experience. Individual with CDCA or LCDCI is strongly preferred but will consider unlicensed individual willing to complete requirements to secure. LSW or PC is preferred.

Send or fax resume to:



Human Resources - DUALCSP
1425 Starr Avenue
Toledo, OH 43605
Fax 419.936.7574
Email: HR@UNISONBH.GRORG
EOE

TRAINING AND DOCUMENTATION SPECIALIST Human Resources Bowling Green State University

Under general supervision, creates and/or procures training programs including development of training outlines and curriculum, writing procedure manuals, developing training materials and leading/facilitating training classes, and/or web based training programs. Maintains and updates existing training programs which support the HCM and FMS modules of People Soft. Works with Information Technology Services and the BG@100 Project to document and develop other necessary training programs.

Minimum qualifications: Bachelor's degree in Human Resource Development, Instructional Technology, Business Administration, Technical Writing or closely related field. Three years experience writing functional and technical documentation and training materials for large scale web based applications; delivering application training sessions to staff of varying technical skill levels; and developing course curriculum for organizations transitioning to new enterprise level applications. Official transcript(s) will be required of final candidates.

Full-time administrative staff position. Administrative grade level 14, minimum salary \$37,574. Salary commensurate with education and experience. Full benefit package available.

To apply: submit cover letter with e-mail address, resume, and names/addresses/telephone numbers of 3 professional references by Friday, July 27, 2007 to Ofc. of Human Resources (Search L-60870), 100 College Park Ofc. Bldg., Bowling Green State University, Bowling Green, OH 43403-0201. (419) 372-8421. (<http://www.bgsu.edu/offices/ohr>) BGSU is an AA/EEO employer/educator.

INTERESTED BIDDERS:
TOLEDO PUBLIC SCHOOLS – GROVE PATTERSON ACADEMY AND OLD ROGERS HIGH SCHOOL DEMOLITION

Sealed bids will be accepted by the Board of Education of the Toledo Public School District until **1:00 p.m. on August 1st, 2007**, at the Toledo Public Schools Treasurers' Office, Room 3, 420 E. Manhattan Blvd., Toledo, Ohio 43608, for all labor, material and supervision necessary for the demolition of Grove Patterson and Old Rogers High School Bid, as more fully described in the drawings and specifications for the project prepared by Design & Management Consultants, LLC and Munger Munger & Associates Architects, Inc., and will be opened publicly and read immediately thereafter.

Bid Documents for the project may be examined at the F.W. Dodge plan rooms in Maumee and Columbus, Builders Exchange in Toledo, University of Toledo – Capacity Building, E.O.P.A. – Hamilton Building, Northwest Ohio Hispanic Chamber of Commerce, and The Plan Room in Ann Arbor, Construction Association of Michigan, Toledo Regional Chamber of Commerce and Ohio Construction News.

Bidders may obtain copies of the documents starting **July 11th, 2007** which can be purchased from **Becker Impressions, 4646 Angola Rd. Toledo, Ohio 43615 Phone: 419-385-5303. Drawings may be obtained on CD-ROM for no cost with the purchase of the specifications.**

A PREBID CONFERENCE is scheduled for **July 24th, 2007 at 2:00 p.m.** at the Old Rogers High School, 5539 Nebraska Ave. Toledo, Ohio 43615. This meeting will be followed by a walk-thru. A walk-thru of Grove Patterson is scheduled for **July 25th, 2007 at 2:00p.m.** at Grove Patterson Academy, 3020 Marvin Ave. Toledo, Ohio 43606.

If you have any questions or a need for additional information, please direct all questions in writing to LeShay.Hadley@lgb-llc.com, by phone at (419) 776-5600, or (fax) (877) 281-0784.

Bid Item No. 1 Grove Patterson Academy Demolition	\$ 126,622.00
Bid Item No. 2 Old Rogers HS Demolition	\$1,070,124.00
Total Estimate:	\$1,196,746.00

Place your classified in The Sojourner's Truth Call Pam at 419-243-0007

African American Festival Proves the Third Time is More Than a Charm

Sojourner's Truth Staff



The Third Annual African American Festival was held at Nelson Grace Park last weekend starting with Thursday morning's prayer breakfast at Southern Missionary Baptist Church and culminating with a city-wide praise and worship gospel celebration on Sunday evening.

In between there was a grand parade, rides, vendors, musical entertainment and plenty of food for an event that brought in hundreds more visitors than did last year's festival along with a lot better weather for the three-day outdoor event.

As for the entertainment, Friday night's headliner was Jesse Coleman & Affinity; the Saturday lineup included First Creation, Mike Savage, Amy Hancock, Chris Byrd and Detroit's Alexander Zonjic; Sunday's gospel explosion featured Lisa Clark, Arthur Bishop, Jason Carter, BrightSoul II, Bibleway Angels & Youth Choir, the Newsome Family Singers, Journey, Upton United Methodist Youth Choir and Shawn & Co.

The parade, as usual, was a festive and colorful collection of local clubs, drill teams with more than a sprinkling of politicians gearing up for the fall elections. From big horses to tiny cars, the annual parade that begins at Smith Park on Dorr Street and winds its way down Nebraska Avenue to Nelson Grace Park drew thousands of spectators along the route.

Except for a brief downpour on Saturday evening during Zonjic's set, the weekend's weather was just what the organizers had ordered for a festival – bright, sunny but not too hot, particularly for mid-July.



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Thurgood Marshall Law Association

The Thurgood Marshall Law Association is an organization of attorneys whose primary objectives are to:

- Educate and enhance the African-American community's access to the legal system;
- Increase the presence of African-American attorneys and law students in the City of Toledo; and
- Provide support, assistance, and advocacy to African-American attorneys.

In our organizational efforts we especially salute the Honorable Supreme Court Justice Thurgood Marshall and continually strive toward the perfection and impact he exhibited in his legal career.

For more information about the Thurgood Marshall Law Association, contact any of our members.

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