

Volume 16, No.16

"And Ye Shall Know The Truth..."

August 12, 2009

### In This Issue

This Strikes Me ... Perryman on Marriage Page 2

Commentary Page 3

Local Politics Page 4

Teens at Work Page 5

Back to School Section

FITatudes Page 6

Toledo Youth Groups Page 7

School Recess Page 10

TPS Ombudsman Page 10

*Slavery* Reviewed Page 11

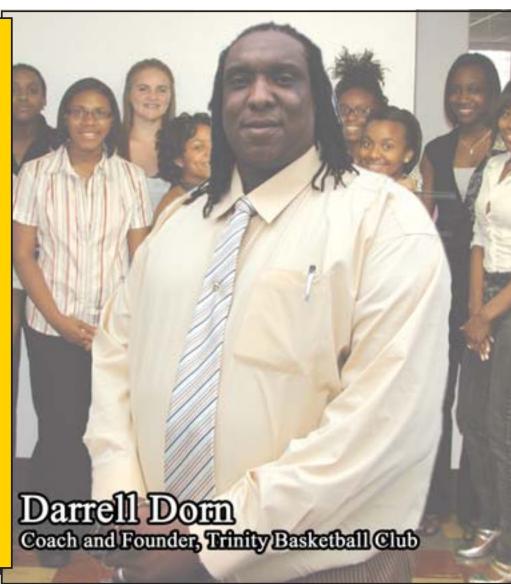
BGSU Scholarships Page 12

The Listening Page 13

BlackMarketPlace Page 14

Classifieds Page 15

Monroe Street Health Fair Page 16







- Save your precious time and money
  Pay just \$123 per credit hour
- Take advantage of over \$80 million in financial aid and scholarships

there are an average of the transfer of many or and and a second surfa-

### This Strikes Me... The Truth About Marriage

#### By Rev. Donald L. Perryman, D.Min.

The 2007 Tyler Perry film *Why Did I Get Married*? is about the all-too-real difficulty of maintaining a marriage in our contemporary day. The film primarily deals with the emotional consequences inflicted upon the institution of marriage as a result of the struggles with commitment, fidelity, and forgiveness experienced by eight college-educated friends plus one other non-friend. All are African-American and have achieved middle to upper class economic status.

While the topic of marriage is highly emotional, the question becomes rather "why DIDN'T they get married?" when conversation revolves around the crisis in nonfictional black families.

Indeed, the proportion of children raised outside of marriage has risen dramatically over the past 40 years. The National Fatherhood Initiative indicates that 80 percent of the children who were born in the "post-war generation" could expect to grow up with two biological parents who were married to each other compared to only 50 percent in 2006. Forty percent of newborns are born to unmarried parents in Ohio and nearly 70 percent of black children are born to single mothers.

The consequences of fractured black families are well known. Poverty, teen age pregnancies, higher rates of school delinquency and drop out, crime, incarceration, addiction and emotional illnesses are the most familiar.

Research by the Institute for Marriage and Public Policy titled *The Taxpayer Costs* of *Divorce and Unwed Childbearing* indicates that family fragmentation also costs U.S. taxpayers \$112 billion each and every year. The study lists Ohio's economic impact and annual taxpayer costs at \$2.9 billion, the fourth largest in the nation behind California, New York and Texas.

So it is understandable that the emotional public debate over marriage has included government and its promotion of programs designed to strengthen and protect monogamous, heterosexual marriage primarily directed at low income African-American families where female headship has doubled between 1965 and 1990.

In spite of \$1.5 billion proposed by the Bush administration in 2004 to teach lowincome persons life skills related to successful marriage and the moral pronouncements emanating from pulpits, single female-headed households continue to replace the nuclear family structure.

Can the government stem the tide and strengthen marriage? Can the black church revive a culture of healthy relationships, marriage and parenting? The answer is yes, but only if we are honest.

The truth is that the black family has been under assault by economic and public policies since arriving here as slaves. Traditional family bonds for slaves were never intended. But even though marriage was against the law it did not stop slaves from "jumping the broom" and engaging in their own secret rituals of love and commitment which survived slavery. Later, race law and public welfare policy continued the assault by functionally driving men out of the family by penalizing women and children economically if the male was present.

For a marriage revival to take place, the past and present impact of legislation, government policies and resources must first be acknowledged and then focused on bringing men back to their families.

Secondly, marriage-promotion policies and theology needs to be informed with solid social-science data which acknowledges that there are demographic realities over which African-American women have little control.

Since the 1965 Moynihan report, black women have been denigrated as the scapegoat for the breakdown in black family structure, the rise in welfare dependency and the root cause of African-American poverty. Although there are many reasons why single women become pregnant, sometimes unseemly personal choices, an almost completely ignored cause is the unbalanced ratio of women per men.

Where are the men?

Studies show that the proportion of female-headed families, the majority of who work tirelessly to provide for their children's needs, is directly linked to the War on Drugs and draconian laws which tripled the African-American prison population and decreased the potential for marriage by removing eligible men from the community.

According to the 2004 Marriage Promotion and Missing Men study, black males also have higher death rates than black women at each age and suffer premature death at higher rates resulting in a male life expectancy nearly seven years shorter than female life expectancy. The low male to female ratio causes women to accept male behavior that they would not accept if they had other options.

Life skills, values, reproductive and resource strategies need to continue to be taught that include options for supporting families.

However, the government policies or religious themes that attempt to educate the poor on how to succeed in marriage or persuade them to walk down the aisle that do not take account of social-science data and lived realities will fail.

Programs will need to uplift the institution of marriage while simultaneously dropping the negative labels based upon a patriarchal nuclear family structure which depict women, who by choice or circumstances find themselves without a husband, as deficient, selfish, abnormal or tragic.

Most importantly, marriage social policies and programs also need an abundance of curricula dedicated on how to survive the difficulties of living alone. Policy makers and clergy have often neglected the impact of incarceration and death. Math however, states it clearly: "There just are not enough African-American males to go around."

The good news is that with informed policies and strong alternative support systems, great outcomes and strong values can indeed spring from the seeds nurtured in and by nontraditional families.

Contact Rev. Donald Perryman, D.Min, at drdlperryman@centerofhopebaptist.org

### **Community Calendar**

#### August 10-14

Discovery Canyon Vacation Bible School: Supper 5:30 to 6 pm; VBS-6 to 8:15 pm; Holy Trinity Lutheran Church: 419-382-5644

Youth 5 Day Camp: For ages 8-12; 9 am to 3 pm; American Care Givers Family Activities Club; Adventure, education and activities: 419-724-0888

#### August 13

Area Office on Aging Kinship Summer Series: Back to School Blowout; Walbridge Park Shelter Houses; 5 to 7 pm

#### August 15

Josh Project's 3<sup>rd</sup> Annual Fundraiser: Indiana Avenue MBC; Noon to 5 pm; Swimming lessons and water safety for youth; Food, activities, vendors, raffles, Gospel DJ:419-973-1383

Mildred Gibson Center Flea Market/Yard Sale: 9 am to 5 pm: 419-810-5284 St Paul MBC Annual Rainbow Tea: 2 to 5 pm; 6202 Trust Drive

- Sacred Steel Legends of the Church of the Living God: Hilton/Dana Center; 2 to 6 pm: 419-243-0564 or www.sacredstrings.com
- Family of Faith Church 2nd Annual City Park Outreach: Savage Park; Back to school items, entertainment for all, clothing giveaway; Noon to 5 pm: 419-259-2033
- Shiloh MBC Calendar Tea: "Don't Substitute Service, For Your Love For Christ;" Speaker Sis Sherry Cunningham; 5:30 pm: 419-693-6698/419-535-0615

Solomon Temple Church Gospel All-Star 21st Anniversary: 6 pm; Guests The Sons of Joy, Mighty Brothers of Harmony, Greater Harvest Baptist Choir, Queens of Harmony, M-O-S Singers, Mildred Stegall, and more

#### August 16

Church of the Living God Youth Day: 10 am; Guest Bishop Bessie Covington and congregation of Deliverance Church of the Living God of Philadelphia, PA: 419-243-7862/419-243-3826

12<sup>th</sup> Annual Kids Back to School Fun Fest: Toledo Grace Brethren Church; Noon to 4 pm; Backpacks, school supplies, carnival games, prizes, contests: 419-283-6296 Gospel All Stars 21<sup>st</sup> Anniversary: Worldwide Livingword Ministry; 5 pm

#### August 17

Look Good ... Feel Better: Program designed to help women overcome the appearance-related side effects of cancer treatment; UT Medical Center; 6 pm: 1-888-227-6446 ext2

Beulah Baptist Church Ushers Anniversary: 4 pm service

#### August 19

Key Note Speaker Luncheon: American Care Givers; 11:45 am to 1:30 pm; Speaker Janis Liparato of Wells Fargo; "Reverse Mortgages:" 419-724-0888

#### August 20

Mayoral Debate: Sponsored by the Alpha Phi Boule; Five major mayoral candidates; Main Branch Library's McMaster Center; 6:30 p.m. (refreshments served at 6 pm): 419-255-4480

#### August 21

Back to School-School Supply Drive: American Care Givers Family Activities Club; 10 am to 5 pm; Fundraiser for school supplies: 419-724-0888

#### August 22

Trulight Cathedral Well-Watered Women of Faith program: "Oasis of Hope;" 11 am - 1 pm: 419-537-8629 or 419-450-2950

Competition Corvette Club Fundraiser for N.A.O.M.I. Transitional House: 9 am to 4 pm; Friendship Baptist Church: 419-699-2207

### The Sojourner's Truth

Toledo's *Truthful* African-American Owned and Operated Newspaper

Kevin McQueen Fletcher Word Becky McQueen

Nadean Hamilton Vickie Shurelds Sharon Guice James Fowler Artisha Lawson Jack Ford

Michael J. Hayes Jason L. Lee Sr. Jennifer Retholtz Pamela Anderson

Kathy Sweeny

Publisher Publisher and Editor Business Manager

Reporter Reporter Reporter Reporter Reporter Political Columnist Entertainment Critic

Layout Designer Webmaster Sales Representative Ad Creation

#### A Certified MBE, 2009

The Sojourner's Truth, 1811 Adams Street, Toledo, Ohio 43604 Phone 419-243-0007 • Fax 419-255-7700 thetruth@thetruthtoledo.com www.thetruthtoledo.com

### Free For All On Obama!

By Lafe Tolliver, Esa Guest Column



Well, it is official. The floodgates and the "fool" gates have been opened and the target of their venomous rage is both President Obama and their fears that his proposed health care plan is plunging the country into the abyss of socialism.

If you spend any time listening to talk radio or watching the TV talking heads especially the racist rants of Glenn Beck and his Neanderthal twin, Rush Limbaugh, and the two female wannabees, Michelle Malkin and Ann Coulter, you would think that Obama & company were lining up old people against the White House walls and shooting them The TV shots of town hall meetings show white people going apoplectic over Obama and their belief that his plan is a ruse to have everyone slotted into a one-plan-fits-all

healthcare scheme. Certain Republican millionaires and ex-Bush operatives and other closeted figures are allegedly busing in people to town halls for the expressed purpose of showing rage and indignation and to raise a cry to have ... "their America" returned to them.

It is like after the Civil War. When the South was beaten and was made to act civil towards their former slaves, that societal outrage caused the formation of the now famous KKK

The South refused to acknowledge their defeat and doubly refused to recognize some uppity "nigra" becoming a county sheriff, a registered voter or a farm owner or, heaven forbid, a state senator or a House representative.

Southern instigators fanned the flames of the still

effervescent racial hostility and caused good white people to weep and wail for their old way of life with Uncle Ben and Aunt Jemina still dancing a step and sportin' a grin

Well, fast forward to the year of Obama's presidential election and we now see a resurgence of segments of this country trying to vet their hostility at both this "nigra" being President and his takeover of the health care system as being socialistic.

Investigative reporting by some of the national news services have shown that the real operators behind this "uprising" are right wing malcontents who have a vested interest in having the skewed money gobbling health care system stay as is. The same as in when the Republican Senators, for the most part, voted against Sotomayor for the US Supreme Court.

Why? She was not one of them and/or she was not made in their image and as such. she was suspect and was to be feared.

Right wing radio talk programs, if they do not overtly yell that Obama is a racist or that he has a deep seated hatred of white folks, will use the next best scare tactic and, that is, he is out to kill old people and take over your medical care.

Facts do not matter here. What matters is "juicing up" the Republican base to the point that emotions run wild and heavy and any statements that are contrary to what the rumor mills are feeding you, they are to be disregarded.

After all, who can really trust a president who was not born in the USA and is probably a Muslim to boot!

The Republicans and their closet allies are bringing the kitchen sink to this fight and their ultimate mission is to either defeat this health care bill or have it so modified that it will only tweak the existing and cumbersome health care system.

What is laughable is that so many of these uninformed white protestors appear to be senior citizens and, two dol-

lars to a donut, they are on Medicare and have been for vears

Guess what? Medicare IS socialized medicine! But do you see these same protestors volunteering to opt out of Medicare and do the best they can without it?

Of course not. It is something they have gotten used to and they are not reminded by Rush Limbaugh & company that their current coverage is socialized medicine.

Talk about full-blown denial. If they were so informed by these Republican fat cats who are funding these staged town hall protests...what would there be to protest about?

The modern day KKK does not wear a robe and burn a cross on your front yard.

They seldom use the "N" word. They do not march in columns down Main Street USA. No...the new organizational strategies give out a big lie and then talk it loud and long and associate it with a black or minority face.

Remember Willie Horton

and the first Bush presidency?

You raise the implication that some bogeyman is taking away American freedoms and unless everyone comes running with his shotgun to the town square ... all will be lost.

The race baiting film Birth Of A Nation did this during the Woodrow Wilson administration and it set back black progress for decades. Now, instead of one ghastly film we have the sure-fire speed of the Internet, Twitter, C-Span, Face Book and U Tube to blast half-truths and outright lies to a gullible and scared population.

A population that is still wobbly and woozy from a near economic meltdown and now a "nigra" President wanting to kill their parents and grandparents with some provisions in this new-fangled health care bill. What is next you ask? Obama will be portrayed as the embodiment of all that is wrong with our current government and the pitch and screams for his removal will increase.

### Statement from Marc H. Morial, President & CEO, National Urban League On The Appointment of Sonia Sotomayor

"The National Urban League congratulates Sonia Sotomayor on becoming the newest Associate Justice of the Supreme Court of the United States.

While the elevation of the first Latina Supreme Court Justice is an important historical milestone, it is Justice Sotomayor's distinguished record of academic excellence, legal expertise, and outstanding judicial performance that stands as the strongest testament to the hope that millions of children will achieve their dreams if



they persevere, no matter where they start in life, nor with any regard for the barriers of race and gender. The National Urban

League and the entire Urban League Movement wish Justice Sotomayor many long and fruitful years as a member of the nation's highest Court.'

# The Sojourner's Truth

1811 Adams Street, Toledo, Ohio 43604 Phone 419-243-0007 • Fax 419-255-7700 Published weekly on Wednesday

Subscribe to	o The	Truth	Toda	ay!
6 Weeks - Only \$40.00	52 Weeks - only \$70.00			
lame:		Phone#	()	
ddress:	City		State	Zin



to the FDG family Call Kevin to help your family with its financial objectives 419.843.4737 ext. 119

Financial Design Group, 3230 Central Park West Suite 100, Toledo, OH 43617, is independently wned and operated, Securities offered through Securian Financial Services, Inc., Member FINRA/SIPC. T#58736

DOFU: 05/13/2009

2

Send your check or money order to: The Sojourner's Truth,

### Lucas County Democrats Slam Issue Two

Be Fletcher Word Sojourner's Truth Editor

Ronthenbuhler, chairman of the Lucas County Democratic Party, gathered several dozen party members on Wednesday for a news conference to denounce ballot Issue 2 - "Nine Is Fine" which has been placed on the November ballot. The petition, if passed, will eliminate the six current at-large council seats and replace them with three super-district councilmen

If Issue 2 is approved by voters this fall, the top three finishers in the at-large contest will become super district representatives.

"There are a lot of things in this issue that are confusing and the timing is very bad," said Rothenbuhler of the proposed amendment to

the City Charter

Speaking to the language of the issue was City Council President Joe McNamara, who is himself an at-large representative and on the ballot this year for re-election.

"In my opinion, as an attorney who has written a lot of legislation, Issue 2 is very poorly written, it is sloppy,' said McNamara, who then laid out three reasons for his judgment of the petition's language.

First, the petition is "self contradictory," said McNamara, in that it calls for the election of nine members of council in 2009 when only the at-large seats are in play.

Second, the amendment conflicts with the rest of the City Charter, he said, by lay-



the legislation," said

McNamara. "In this case

there was no public process

or review. Had there been,

these problems would have

if Issue 2 passes in Novem-

ber the result will be numer-

ous law suits challenging

particulary from those candi-

dates who do not earn one of

the top three open spots – super districts. "We do not

need this sort of chaos," said

To bolster his own analy-

outcomes,

McNamara predicted that

been fixed '

election

McNamara

ing out terms of service at odds with terms already delineated

Third, the requirements for the super district candidates are unclear in several instances such as the necessary number of signatures for petitions.

"Laws have to be written clearly so that everyone can

# Women for Wilkowski Craft Plan to Address Domestic Violence

Sojourner's Truth Staff

Two months ago, Keith Wilkowski, Democratic candidate for mayor, created a Women for Wilkowski organization and asked them to put together a plan to stem the tide of domestic violence against women. On Tuesday the Plan to Address Violence Against Women was announced at a press conference held by the candidate and his supporters on the committee

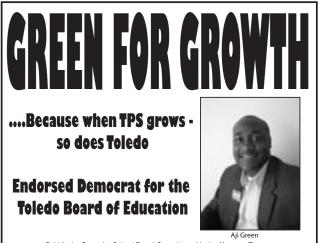
"Violence of all kinds against women is a national problem," said Wilkowski at the start of the news conference. "It happens everywhere in our homes and on our streets, in our schools and at our workplaces, in our parks and at our theatres, even within our religious congregations.'



In order to combat such violence the committee has suggested that the mayor of Toledo take active measures to ensure women's safety by providing leadership to: recognize women's right to safety, insist upon strong

social censure of the use of violence and value gender equity and respectful gender relations

The report further asks that the mayor require city departments to assess poli-(Continued on Page 5)



#### Clerk of Council, whose duties include determining whether such a petition is sufficient to be placed on the ballot. In this case Dendinger did certify the petition while noting that Ohio court decisions have limited his review on the sufficiency only to the form of the petition, such as the necessary number of signatures. agree on the legal effect of

letter from Gerald Dendinger,

Nevertheless, Dendinger has found the content of the Issue 2 petition to be troubling, particularly with respect to the election in November of nine council members.

After McNamara spoke to the process, Councilman Michael Ashford addressed the petition on its merits.

"There are voices that may not be represented," said Ashford. "There is a balance now that ensures that all voices are heard."

Ashford made the point that voters currently have the option of voting for representatives who would tend to be sis. McNamara presented a concerned with the narrow

interests of certain parts of the city as well as for those whose primary focus are the interests of the city as a whole. For the most part, said Ashford, that balance would be severely disrupted by the passage of Issue 2.

Rothenbuhler concurred with both McNamara and Ashford. "I'm looking for a way for this to make sense, said the party chairman. "It doesn't. Working class people may be duped - we can't allow that to happen."

The coalition of those who have led the effort for Issue 2 includes Democrat Lindsay Webb, the District 4 council representative. Asked if the Democratic Party intends to censure Webb for actions that do not have the support of the party as a whole, Rothenbuhler demurred.

"There will be no censures," he said. "We're working hard to bring this party together, we are not going to single out anyone for censure.'

### The Toledo Urban Federal Credit Union

has just launched their "Brick Campaign". The TUFCU has begun this campaign to raise funds for the new building at Detroit Avenue at Dorr Street. If you are interested in purchasing a "Brick" as a part of the campaign the prices are as follows:

> \$ 50.00 for each "Walkway" brick \$100.00 for each "Vestibule" brick \$500.00 for each "Archway" brick

### Please call TUFCU at 419.255.8876 to make your contribution TODAY!

Bricks Sold as of August 2, 2009 New Life Church of God & Christ, St. Paul Missionary Baptist Church, St. Martin de New Elic Chinet of God Chins, de l'adi Missionary Baptist Church, ABCO Contracting LLC., Alpha & Omega Collections, Commodore Perry Federal Credit Union, Earl Enterprises LLC, The House of Day, Logan Creek Construction Company, Midwest Urban Newspaper, Mo's Market, Nabil's Next Day Sign, Po-Mo's, Quality Time Day Care, ALPHA PHI ALPHA Fraternity (ALPHA XI LAMBDA CHAPTER), Maumee Bay Club NANBPWC, INC., Perry Burroughs Democratic Women's Club, Toledo Chapter Coalition of Black Trades Union, Bishop Edward T. Cook, Pastor Darian N. Banks, Rev. Raymond Bishop, Pastor Glen D. Burel Sr., Minster Charles E. Chandler, Pastor Robert A. Culp, Rev. Dr. Donald Perryman, Rev. Dr. John E. Roberts, Pastor Talmadge J. Thomas, Pastor Troy Thomas, Rev. Robert P. Wormely, Pastor William Terry, Mother Bernice Roberts, First Lady Sheila Cook, First Lady Willetta Perryman, Commissioner Tina Skeldon Wozniak, Jeanine Perry State Representative, Councilman Joe McNamara, Councilwoman Wilma Brown, Wade Kapszukiewicz Lucas County Treasurer, Vallie Bowman English, Ian B. English Esq., WilliAnn Moore, Brenda Hill, Eddie M. Cole Atty., Myron Duhart Atty., Toby Fey Atty., Keith Wilkowski Atty, Barb Wilkowski, Suzette R. Cowell, Shawn Cowell, George W. Cowell Jr., Edwin Mabrey, Leo D. Martinez, Maria E. Martinez, David Smith, Frances Smith, Eve Allen, Jewyana Anderson, Eric Baldwin, Mira Banks, Dale Barnhill, Queen Ester Barringer, Arlene Bond, Henry Boyd, Anita-Hackett-Braswell, Charsena Braswell, Drenda Brooks, Gwen Brown, Leona Brown, Michael A. Cancel Sr., Ernestine Carter, John Chapman, Russell Chapman, Lamont Chenault, Leona Chenault, Rufus Coffey, Charlest Coley, Reginald Coley, Dennis Conley, Gloria Conner, Branden JB, Shirley A. Thomas El, Patricia Y. Ellis, Rose E. Bonhart Ellis, William H. Ellis S., Percy Ewans, Virginia Evans, Priscilla Fletcher, Janice Fryar, Verbie Garland, Del Grace, Kelli Grace, Stanley Graves, Gerturde Green, Raph Green, Harriett Hardy, Vonne Harper, Corene Harris, Doreen Harris, Datti Henry, Sylvia Hewitt, Porres, Southern Missionary Baptist Church, Mt. Pilgrim Baptist Church, ABCO Contracting LLC., Alpha & Omega Collections, Commodore Perry Federal Credit Micfendon, Donald H. McCreary, LueDell F. Martin, Pamala Matthews, Paula Mayes, Eddie Merrell Jr., Robert Montgomery, Teresa Moore, Dorine Mosley, Lavern Mosley, Linley Pickett, Bernadine Powell, James Powell, Gayla C. Price, Nell Roach, Doris M. Roberts. Sharlene K. Roberts, Delise Simmons, Sean Simmons, James Simpson Sr., Chris Smith, Shirley Smith, Virginia Haywood-Smith, Wanita Smithosi Sanes Snodgrass Sr, Tracee Perryman-Stewart, Lynn Storum, Antonio Stuart, Cornell Talley, Pierrette Talley, Mattie Taylor, Monique Talley, Lillie Watkins, Charles B. Welch, Twyla Lorraine Wheaton, Evangelia White, Anderson N. Whitt, Vincent Wiegins, Edith Williams, Pelesha Williams, Jane Williamson, J.T. Williamson, Dorothy Willis, Edward Willis, Pamela Wilson

# Dr. Patrice McClellan named Director of Lourdes' Master of Organizational Leadership program

College introduces hybrid program beginning fall semester

Special to The Truth

Lourdes College announced that Patrice McClellan, D.Ed., has been named director of the Master of Organizational Leadership program. As director, McClellan brings with her extensive experience in the fields of leadership and higher education.

McClellan earned a bachelor's degree in Business Administration from The University of Toledo, a master's degree in Organizational Development and a doctor of education degree in Leadership Studies from Bowling Green State University.

Prior to joining the Lourdes community, McClellan was a member of the faculty at Miami University. Additionally, she oversaw curriculum development for Miami's Wilkes Leadership Institute and served as special assistant to the vice president of Student Affairs. McClellan also served as assistant director of the Master of Organi-



zation Development program at Bowling Green State University.

She is a member of the American Educational Research Association, Association for the Study of Higher Education, International Leadership Association and the University Council of Educational Administration.

The Master of Organizational Leadership (MOL) program provides focused opportunities for leadership studies that build upon the foundations laid by baccalaureate education. The MOL program synthesizes knowledge from diverse fields of study utilizing a multi-

(Continued on Page 6)

## Councilman Michael Ashford Recognizes Old West End Homeowners Featured in National Magazine

Special to The Truth

Toledo City Councilman Michael Ashford sponsored legislation that recognized several *Old West End* residents who contributed to the article featured in the national publication, "The American Bungalow"

The magazine is published to preserve the "bungalow lifestyle" that became prevalent at the turn of the 20°Century as more and more families began to fulfill the American dream (fueled by the growing industrial age) by owning homes that blended sound construction with style, convenience and simplicity.

Recently, noted historian and current Bowling Green State University professor, Douglas Forsyth, Ph.D., was successful in publishing the article entitled, "America, The

### Women

#### (Continued from Page 4)

cies that will promote gender equality and equity and that programs in and out of govemment that are dedicated to such tasks be supported. The committee singled

The committee singled in out local and statewide violence preventive programs that they would expect the Lucas County Intimate Partner Violence Prevention

Plan, the Ohio Plan for sexual and intimate Partner Violence Prevention, the annual Toledo-area Take Back the Night event and the "Coaching Boys to Men" program. The committee also asked that a liaison from the mayor's office be named to the Lucas County Domestic Violence Task Force to improve communication between city and

Way It's Supposed To Be!" in

the May - August issue of

the national magazine. The

article chronicles the history

of the Old West End and in-

cludes vibrant photographs

that showcase several of the

area's well-maintained his-

Ashford, whose council

district encompasses the Old

toric homes.

county.

live!

"But strong leadership is not enough," said Gabrielle Davis, a University of Toledo law professor and head of the domestic violence fatality review team. "Government action – informed by current and accurate data-is also required."

West End and is himself an

Old West End resident, offi-

cially recognized and com-

mended the residents who

contributed to the article at

the August 4, 2009 meeting

article for promoting the City

of Toledo as a great place to

He also acknowledged the

of Toledo City Council.

To this end the report places emphasis the establishment of systems of accountability and enhancing data collection and information sharing among city government, affected citizens and professionals in the field.

"This report represents a starting point for making Toledo safer for women and girls," said Davis.

Most of the report's proposals will cost no money, noted Wilkowski.

Asked whether a mayor should be focused so intently on the issue of domestic violence, Wilkowski was insistent that such tasks fell within the mayor's purview.

"Every 28 minutes in Lucas County, a 911 call is received on a domestic violence report,"said Wilkowski. It is clearly the job of the mayor to address this issue and to provide safety. The mayor absolutely should be working on this. Providing a safe community is one of the most important things a mayor can be involved in."

There is a difference IN HOSPICE CARE unmatched EXPERTISE All hospices are not the same. Only Hospice of Northwest Ohio has been serving the community for 28 years with hospice care as our only focus "They managed my mom's pain so well that she could still enjoy life." Our highly-specialized medical team, pharmacist, nurses, therapists and aides will keep your loved one comfortable so you can better enjoy your time together family "Their doctors made house calls, and help was available 24/7." SUPPORT Hospice of Northwest Ohio has nine doctors fully devoted to hospice care. Plus, assistance and resources for patients are just a phone call away. "I told my dad he didn't have to worry about costs." Our expert end-of-life care is typically covered in full by Medicare, Medicaid or health insurance In fact, no one is turned away due to inability to pay. For the most experienced care, insist on the best. Hospice of Northwest Ohio To learn more, visit hospicenwo.org. Or call 419-661-4001. COSTS covered HOSPICE ASK FOR HOSPICE OF NORTHWEST OHIO BY NAME

The Sojourner's BACK SCHOOL Special Issue

Back to School Issue\*Back to School Issue

### The FITatudes "Back to School Success Guide"

By Diana Patton . Guest Column



August is here! And for most parents and children. that means it's "Back to School" time! And, that typically brings excitement for parents and a little teeny weenie, itsy bitsy "yippee" from the kids (well ... maybe not). But, for both parent and child, this can be a pleasurable experience. It all starts with a game plan! That's the "FITatudes Back-to-School Success Guide."

Both you and your child can participate in the following activities:

#### 1. PLAN AND PRIORITIZE

Purchase a family calendar or simply purchase an extra large "dry erase" board 0 and write down all school and extra curricular activities for the week or month. This will help keep the entire family organized!

Mark busy days and nights and think about what meals will work well on those 0 days.

Call family and friends and ask them to commit to help you on designated 0 days. That's the Feeling Inspired Together method to success "FIT!"

Purchase a journal book for your child to journal their goals for the school year in terms of their behavior and attitude toward school, how they will stay organized, the types of grades they'd like to achieve and what it will take to achieve these goals. Put dates to these goals and review them with your child weekly throughout the year.

#### 2. HEALTHY FOOD AND PROPER HYDRATION

Call a few family meetings to discuss lunch options for school lunches. 0

Encourage your children to assist with the grocery shopping and making a weekly list. Go to the store together and have them pick-up the items and put them in the shopping cart. They'll love it!

Discuss the importance and connection between healthy eating and their ability to focus and concentrate and get good grades.

Check out www.laptoplunches.com for a few quick easy tips and ideas for 0 lunch. When you order their lunch boxes, they have a book that provides even more tips. And Parents, you may even consider these lunchboxes for your lunches as well!

Purchase a water bottle - preferably stainless steel (... plastic water bottles leach chemicals - especially when heated or reused). Establish water drinking goals and encourage your child to drink water during the day. A goal to shoot for is 1/2 their body weight in ounces (eg, weight is 100 pounds, drink 50 ounces of water in a day)!

#### 3.REST

o Implement a set plan on how you intend to "settle down" for the night. Try having your child read for 15 minutes or take a bath or listen to soft music to settle them down from summer's late night fun in the sun.

Start mimicking your school's schedule a couple of weeks before school 0 starts. That means getting the kids to bed early and seeing what time they naturally wake up on their own.

o A NOTE TO PARENTS: This means you too! Soon we will be headed to fall and we all should be getting to bed soon after the sun goes down. Talk about refreshing! YES-sleep works!

#### Have Fun!

Hey Parents need a Spiritual, Mental and ABUNDANTLY Physical "Pick-Me-Up?" Join the fun, energizing, fat-burning and spiritually uplifting Toledo FIT atudes Boot camp class - 6am on Wednesdays and 5:30 p.m. on Sundays. Send an email to diana@FITatudes.com to learn more and sign-up!

Diana (Toledo, Ohio) and Tonja Ward (Houston, Texas) co-own and operate a company called FITatudes, a Christian based wellness organization that enhances and empowers women, athletes, and sports families' lives with the FITatudes concepts www.FITatudes.com.

### **McClellan**

#### (Continued from Page 5

disciplinary approach that combines management science, social sciences, humanities, research science, communication arts and Franciscan values. Concepts such as leadership style, integrity, ethics, values, commitment, collaboration, diversity and innovation are woven into the curriculum. This fall, the Gradu-

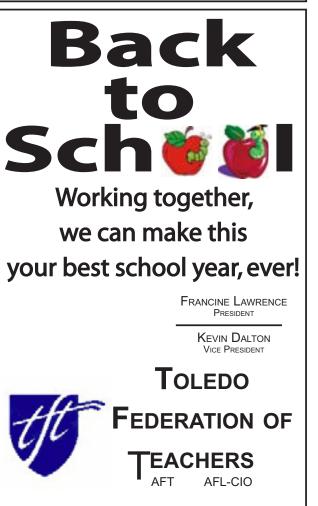
ate School will begin offering a hybrid version of its Master of Organizational Leadership program. The hybrid cohort will meet one Saturday per month

on campus for onsite instruction. During the weeks when the cohort does not meet, students will receive online instruction. For more information contact Keith Ramsdell, director of Graduate Admissions, at gradschool.lourdes.edu. Lourdes College is a

private, four-year educational institution of professional studies providing a values-centered education in a caring and supportive community. More than 2,200 students are enrolled in programs such as Business, Education. Environmental

Science, Nursing, Social Work, Criminal Justice and the Arts & Sciences.

In addition to undergraduate and pre-professional programs. Lourdes offers master degrees in Education, 419-517-8881 or visit Nursing and Organizational Leadership through its Graduate School. Lourdes' Community Outreach Programs include The Appold Planetarium, Lifelong Learning Program, The Life Lab and Theater Vision. Discover us online at www.lourdes.edu or by phone at 419-885-3211.



Back to School Issue\*Back to School Issue

### **Toledo Area Youth Groups Host Performances**

By Artisha S. Lawson The Sojourner's Truth Reporter



The first full week of August featured two area youth group performances that highlighted the dedication of the members and leaders.

Bethesda Christian Center Cathedral hosted its annual Holy Convocation in Toledo from August 5 until August 9, 2009. As usual it opened the

week-long of festivities and services with their "Youth Explosion.

Featured during the youth driven service were over 50 youth from Bethesda Christian Center, Toledo-area, and surrounding cities. The program featured Young Divas, a Toledo dance group; Little

Angels vouth ministry from True Holiness of Sandusky, Ohio and Church of God mimes.

"We are so proud of the youth of Bethesda, they are taking the lead during this service," said youth volunteer Artina McCabe.

The church's youth minis-

try, called Royal Court Kidz, consists of the youth praise and worship team, Rhema Praise Dancers with soloist Ciara Burroughs, a trio of young girls between the ages of eight to 13 called God's Little Angels and the all-boys drill team called Faithful Feet.

Closing the first week of August was the premiere of SelfExpression Teen Theatre at 1001 Indiana Avenue. After 25 years of turning Toledoarea teenagers into peer educators through theatrical presentations that point a negative finger at drugs, alcohol and premarital sex, they celebrated with their annual premiere on Saturday, August 8, in front of parents and community residents. It was fitting that in their 25th year, 25 teenagers were presented during the 45-minute show.

The premiere used the theme, "it's about to go down," a phrase most teenagers know from popular hip-hop cultural.

However, Washington Muhammad, SETT program coordinator explained why the group picked that theme. "In our community when we hear that, it means negativity," said Muhammad. "Young people

of SETT are talking about the rate of HIV and AIDS going down, talking about the rate of expulsion and suspension -it's about to go down. Also teen pregnancy, here in Lucas County, that's what we are talking about today.'

group's signature military drill

The show opened with the

women

Also in the true spirit of SETT, Executive Director Charles Muhammad asked the audience and members to gather into a circle and end in the serenity prayer.

"I'm proud to be a SETT parent; my two daughters have been involved for many years.



commands, SETT chant, songs and skits about the negative effects of drugs and alcohol, a skit about the effects of drunk driving where a teenager becomes paralyzed, a tribute to Michael Jackson, a lesson on how teens deal with love and sex and one on why men should respect

Now one teaches in North Carolina, and my second is employed by a university. Both were proud of be members of SETT. I am so proud of the great influence that Bro. Washington and Minster Muhammad have had on my children," said Eva Flowers

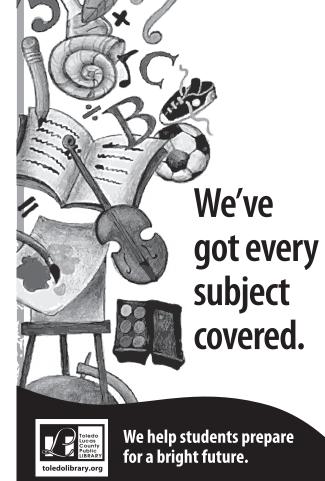


### At Davis College, It's All About Where You're Going.

Accounting **Computer Networking** Early Childhood Education/ Administration Graphic Design Interior Design Medical Assisting Medical Coding **Retail Management** 

Small Classes Day and Evening Financial Aid Available For Those Who Oualify





# **Center of Hope Freedom School's Final Recognition and Awards Ceremony**

Sojourner's Truth Staff

The Center of Hope Freedom School's third annual Final Recognition and Awards Ceremony took to order by Executive Direcplace this year in the auditorium of The University of Toledo's Scott Park Campus on Friday, July 30.

As in the past two years, approximately 50 students and the school's staff were recognized for their efforts and accomplishments of the previous five weeks.

In addition, the school honored a number of those in the Toledo-area community who have helped contribute to the school's success.

The program was called tor Tracee Perryman-Stewart and guests were welcomed by Site Coordinator Faith McGlown.

Then the students, who participate in the summer activities on three different levels according to age and grade, offered presentations based upon their summer reading experiences.

After the awards were presented, students and staff all gathered on stage



for an Harambee ("All pull together") musical finale. The Children's Defense

Fund Freedom Schools provide critical summer and after school enrichment through a model curriculum that supports children and families around five essential components: high quality academic enrichment, partner and family involvement, civic engagement and

social action. intergenerational leadership development and nutrition. health and mental health.

In the summer of 1964. the first Freedom School was founded in Mississippi as part of the "Mississippi Freedom School Project." College-aged young leaders spent their summers conducting education programs for black children and teen-



agers and modeled for Mississippi children their responsibility to become a force for change in their state and nation.

The Center of Hope's Freedom School, started in 2007, is one of about 100 sites around the nation.

Willetta Parryman is the project director; Dietrekk Boone, Jilyssia Fisher and DeMarcus Horton served as assistants and Damion Edwards, Alasia Newton, Khiry Hills, Jeffrey Parker and Ashley Moore were this year's servant leader interns.



et on the bus to George A. Phillps and Toledo Preparatory acade G Your child will thrive in our safe and nurturing family schools, where we know and care for every student. More than a great education, our tuition-free schools feature cutting-edge technology lab, before and after school activities, tutoring, clubs and much more. At Toledo Preparatory Academy, our Jump Start and Fast Start programs keep students on track for graduation, and dual-enrollment opportunities give them an edge for college.

- FREE transportation
- Highly qualified & innovative faculty
- Structured & caring environments
- Dress code
- Family support & involvement
- Innovative, hands-on programs

Enroll with us today - grow with us to graduation! Space is limited



Now enrolling grades 6-8 **648 Victory Ave** lukedo, OH 43607 9 534 4272



w enrolling grades 9-12 540 Independence Rd. + Taledo, OH 43603 an IndexAdvanced Com 419 539 7173

THE LEONA GROUP, L.L.C. • A new kind of public school\* • Sponsored by The Ohio Council of Community Schools

# Trinity Basketball Club: Darrell Dorn's Vision for Success – On and Off the Court

By Fletcher Word Sojourner's Truth Editor

The Trinity Basketball Club, an AAU Club Team for female high school athletes in northwest Ohio and southeast Michigan, just completed its season of competition – a highly successful season at that.

From the beginning of April until July, the team played about three dozen games in seven tournaments – winning two tournaments and placing second in a third. Not a bad start for the club team and the team's coach, Darrell Dorn, who conceived the idea of bringing together young women to focus on spiritual growth, leadership development and basketball skills. "It was put in my heart by God to provide an atmosphere where young ladies could foster a close relationship with God and develop leadership a bilities," says Dorn when asked why he started Trinity. "A lot of our young ladies are not fully prepared for the next level, be it college or the workplace."

So Dorn, who is the girls' basketball coach at Woodward High School and a member of Family Baptist Church, spoke to friends and church members. "I went to them and said 'this is the vision I have' and they bought into it," he says of gathering a board of directors and a staff to assist him. "We have people who



aff: (Front row) Trish Pyles, Felicia Hill, Sharyce Bank Gwen Banks, Camille Davis; (Back) Rev. Rick Isaiah, Jason Moss, Darrell Dorn, Melvin Thomas

believe in the vision of God first and everything else falls a unique talent and it's all compatible for the girls." Board members Gwen Banks, Felecia Hill and Camille Davis, along with Family's pastor, Rick Isaiah, signed on to serve the cause along with coaches Mel Thomas, Jason Moss and Sharyce Banks.

"We have a lot of girls with talent who have been going outside of Toledo to play summer basketball," says Gwen Banks. "We want to help them develop their spirituality and their leadership."

The coaches gathered 14 girls, from the seventh to the 11th grades, to take the first steps in the program. The Trinity Basketball Club is a ministry of the Fellowship of Christian Athletes (FCA), which has been challenging coaches and players on the professional, college, high school, junior high and youth levels since 1954 to use the medium of athletics to impact the world for Jesus Christ. Rev. Rick Isaiah is the FCA regional director.

Aside from the obvious

success on the court this summer, the other parts of Dorn's vision appear to have been successful as well, according to the athletes.

Nakeya McIntyre is one of two girls on the team entering her senior year of high school. A shooting guard on the Libbey High School girls' basketball team, McIntyre plans to enter college next year and hopes to become an athletic trainer.

"I love Trinity," says McIntyre. "I love the people. I got better at interacting, I got closer to God, I became a better teammate."

Shekinah Alexander, the team's other rising senior, echoed those sentiments. "I love Trinity, Ilove it dearly," says Alexander, a point guard on the Scott High School girls basketball team. "This was the first AAU team I had





Trinity Team: (Front row) Asia Woodson, Tay Stokes, Sierra Spruce, Nikki McIntyre, Catherine Wells, Keia McCarver, Iesha Pernell (Back) Autumn Jones, Jasmine Whitley, Sara Zankl, Macketta Allen, Shekinah Alexander, Ciara Hudson, Alexis Thomas



a unique talent and it's all him. "We have people who compatible for the girls." signed on to serve the cause thist 2-12KAR-HA BAZOR ACTI INAMINI ガスキニホト おうがキセルをく the gas . Thomas Dearest Catherine, loo are ny optimal confidente. Not a loo are ny optimal confidente. Not a jour rowo sapien surpasses your single rowo sapien surpasses your single rowo sapien surpasses penevolence. And you truly are jourse. penevolence. And you truly are jourse. Treshmen govern ! Just (just of 2017). List (just of 2017). At's difficult to father that write have friends for over a decade. Time there where prove agriculty. This where marify yourself! No Emily It's no wonder students at Toledo Public Schools have higher overall Ohio Achievement Test scores than most charter school students. Surprised? Well, there's a lot we'd like to teach you. And your kids. For instance, Toledo Public Schools. offer many unique career training classes, internships, college credits, sports, extracurricular activities and more: Plus, we have a consistent K-12 curriculum and the most new, state-of-the-art schools in the region Also, qualifying students can get a full ride to The University of Toledo or Owens. Why wait? Enroll now With all the choices we offer, TPS is still the best choice. Join us for an Open House. Enjoy refreshments and tour the new King Elementary (1300 Forest Ave.) on Tuesday, August 18 from 10 a.m. to 2 p.m.

Don't miss the Scott Learning Community 'Black to School Blash.' Stop by Robinson Middle School (1075 Horace St.) on Wednesday, August 19 from 11 a.m. to 1 p.m.

Enroll now for Fall '09. 1-TPS-GO-TPS50 TPS.org

Toledo Public Schools

# School Recess Helps Improve Education of Ohio Children

#### Special to The Truth

A new study suggests the value of recess has been underestimated and that Ohio children should be getting more recess time, not less."Kids need breaks far more than adults do during the day," said the study's author. Catherine L. Ramstetter, PhD, MS, CSCS. "Many students just aren't getting that break time at school."A member of the Home and School Health Committee for the Ohio Chapter, American Academy of Pediatrics, Ramstetter said many districts curtailed or cut recess time to better deal with testing mandates from the No Child Left Behind Act, While hoping to add educational content, Ramstetter said the recess reduction actually takes away from a child's ability to function in a classroom."A child's attention spans begin to wane after forty minutes on intense instruction," she said. "Recess provides children a

chance to refocus."A PhD candidate at the University of Cincinnati, Ramstetter said recess breaks as short as 10 minutes in duration improve children's learning efficiency and the teacher's aptitude during the other  $50\,\mathrm{minutes}\,\mathrm{of}$ a school hour."We've all felt the stress of a difficult work day with no time to recharge," Ramstetter said. "Any parent can tell you how important stress breaks are for our kids. Too many students don't get that necessary time at school, and that needs to change." Robert Murray, PhD, Home and School Health Committee chairman, said the benefit of recess go "Beyond the classroom," with children developing better social-emotional skills."Finding time to engage in social interactions helps children better communicate. share, and cooperate," he said. "When parents practically have to drag kids away from the TV, the failure to develop those skills through recess is

a lost opportunity that harms child development."In addition to the mental benefits of recess, Ramstetter said an unstructured play time also offers kids physical benefits, especially for young children still reinforcing movement and motor skills."Recess is a complement to, not a replacement for, physical education classes," Ramstetter stressed. "Physical education provides kids with life-long physical fitness concepts. Recess can reinforce those lessons while helping kids better cope with the challenges of their day.' Murray said the research also uncovered some "surprises" in terms of when recess should occur."Most schools have lunch, then recess," he said, "Turns out having recess first actually makes more sense for the child."The CDC, the United States Department of Agriculture, the National Food Service Management Institute, and Action for Healthy Kids support the "Re-

cess Before Lunch" initiative. Ramstetter said many kids rush through lunch to get outside, resulting in more food being wasted. She said teachers and researchers saw better behavior at and after meal time when it followed recess."We also learned that the duration and timing of recess can vary by building. We hope districts can come up with consistent policies that best fit their needs," she added. Murray plans to share the report's findings with local school leaders. legislators, and other child advocates. More than a dozen organizations have already agreed to support the retaining and restoration of recess. Ramstetter hopes sharing those success stories helps drive change."We know evervone has to do more with less, "she said. "We want to work with schools to help better the educational, physical, and social development of Ohio's children.'

### Ombudsman Still Listening ...

#### Sojourner's Truth Staf

Rev. Cedric Brock, entering his sixth year as the ombudsman for the Toledo Public Schools, is still doing what he has done since the program's inception at the beginning of the 2004-2005 academic year.

"My job is to listen," says Brock who estimates that he handles around 1,500 inquiries over the course of the school year and averages about four hearings a week. And just what is an ombudsman?

According to TPS literature, an ombudsman is a "person who investigates reported complaints that have not been resolved at the build-

helps achieve equitable settlements.

Brock, who has been pastor of Mt. Nebo Missionary Baptist Church for 16 years and is president of the Interdenominational Ministerial Alliance (IMA), is a part-time employee of TPS but he acknowledges that the hours he spends on the job are hardly limited.

situations.

He looks at all types of cases but the majority - perhaps as much as 90 percentderive from complaints from parents who believe their child is being treated unfairly, especially when that child is a candidate for suspension or expulsion from school.

tions occur when the child's parent at night or a parent could come to the church on interest and the rulebook prea Sunday," says Brock, "Parscription for discipline come ents take these things seriinto conflict. He is an emously, especially when they ployee of the district and he has no problem recognizing don't get answers from the school. I act as a sounding the fact that the school sysboard and a negotiator. I try tem operates for the benefit to bring closure to a parent of the children. and try to mediate difficult

Frequently, the resolution to such difficulties takes time, always in short supply for a part-time employee. "Proper customer service isn't easy," of the child.

Floral Designs for Yo

Wedding Ceremony and Reception

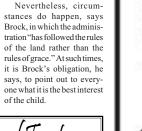
Puttin' On The Glitz 1th Boundary - D

(419) 874-3334

Auto Leasing

Toledo, OH

xpo on Jan. 31 at 1430 W. Bancroft, Toledo!



irg, OH



120 W. Sc

5880 N. Detroit

Month to Month Leasing

419-476-8674

WE ARE A FULL

SERVICE

BUSINESS



CLASSES NOW FORMING!

- Heating, Ventilation, Air Conditioning & Recovery (HVACR)
- And meet

To register for classes, call 419-661-6555.





### **Book Review** Slavery: Real People and Their Stories of Enslavement by Reg Grant c.2009, DK Publishing

Every night after dinner, you have chores to do.

Most Saturdays, if you're not already busy, you've got more chores. Maybe your allowance is even tied to doing things around the house or helping out. Room cleaned, garbage out, do the dishes, help Mom, help Dad, it never ends.

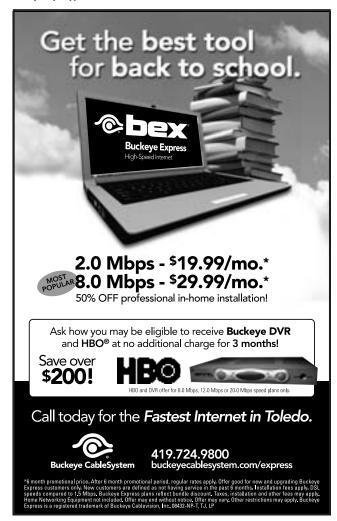
Doing chores is no fun, but neither is listening to your parents yell at you to do your chores.

So imagine working 18 to 20 hours a day and getnothing ting but somebody's outgrown clothes and seed to grow vour own food. That was how some people lived when they were slaves, and in the new book Slavery: Real People and Their Stories of Enslavement by Reg Grant, you'll learn about what it was like. You may never complain again.

While you might think slavery only happened in

America in the early-to-mid 1800s, the truth is that slavery in ancient times was very common. During wartime, victorious armies captured their enemies and enslaved

them Slavery of this sort was even common in Africa where many warriors saw other ethnic groups as "foreigners." While slavery was common around the world thou-



#### \$24.99 / \$28.99 Canada 192 pages

sands of years ago, Grant says the slave trade increased here because colonists needed extra hands for plantation work. The Dutch were the first Europeans to bring African slaves to this continent and, by the late 1700s, some 100,000 enslaved Africans had been brought to the Americas.

Imagine being taken away from your home and all your toys, chained or yoked and marched miles across the country. That's what happened to millions of enslaved Africans who were then packed aboard ships so tightly that they could barely roll over. The passage from Africa to North America often took months, and although captains of the ships

wanted their human cargo to survive - living slaves were saleable, dead slaves were not-one in 20 Africans died on the trip.

Slaves in the New World did lots of things. Many of them worked in the fields, some processed the crops, others panned for gold, and many worked as personal servants. In many cases, African slaves raised their white masters' children!

But even though there is no legal slavery in the U.S. any more, slavery still exists in the world. In Pakistan, Africa, Haiti and elsewhere, slavery is once again commonand surprisingly, children are often the enslaved.

Slavery is a decent enough book. It's got lots of

pictures, a comprehensive timeline and diary excerpts from former slaves and others. The problem comes in the shallowness of the information: author Reg Grant doesn't elaborate much on any one subject, perhaps because there's such a vast amount to be said.

Also, astute parents and teachers will want to note that there are a few non-PC words in this book that may bear explaining.

Still, Slavery is an important book and will get kids thinking about this part of our history, as well as that which is still going on around the world.

For your seven-to-13year-old, reading and absorbing this book won't be a chore.

### Bridging the Gap Within our Community

Special to The Truth

The Monroe Street Neighborhood Center held it first annual Community Resource/ Health Fair Saturday Aug 1. Over 21 agencies were represented providing valuable information for the community.

There were over 90 people who participated in the event. Free blood pressure and cholerstol screenings were performed by St. Vincent's. Participants received free healthy snacks and there was face painting for the children. The Community fair was made possible by a grant from the Lucas County Medical Alliance group and some private donations.

The Monroe Street Neighborhood Center, a United Way Family Resource Center, provides case management services, emergency food and clothing, computer basic classes, free GED classes, free blood pressure readings and answers to basis medical questions by a registered nurse.

In addition to those services, the center has an open gym nightly

Additional programs include The Learning Club, Dress Right for Men, Suitably Attired, and Read for Literacy.

For more information about the center and a listing of all programs, please call 419-473-1167.

Clara Petty is the executive director.



August 12, 2009

Back to School Issue\*Back to School Issue

# **BGSU Names Winners of First Clarence Terry Jr. Scholarships**

Special to The Truth

Incoming freshmen from Cuyahoga and Knox counties are recipients of the inaugural Clarence Terry Jr. Memorial Scholarships at Bowling Green State University

Jessica Glenn of Oakwood Village and Olivia Williams of Howard will each receive a \$4,000 scholarship for their first year of college. The nonrenewable awards honor the memory of Clarence Terry Jr., a 35-year BGSU employee who retired as director of multicultural recruitment not long before his death in May 2008. Terry



earned bachelor's and master's degrees from BGSU as well, in 1973 and 1975, respectively.

The scholarships are for incoming freshmen of African-American and Hispanic heritage who have main-

and/or chocolate chips).

veggies and low-fat dip, ba-

mixed berries, vegetable juice

and whole-grain crackers

Pounds Sensibly), the origi-

nal, nonprofit weight-loss

education and support orga-

nization, was founded more

than 61 years ago to cham-

pion weight-loss support and

success. Founded and head-

quartered in Milwaukee,

Wis., TOPS promotes suc-

cessful weight management

with a philosophy that com-

bines healthy eating, regular

exercise, wellness education,

and support from others at

weekly chapter meetings.

TOPS has about 170,000 mem-

bers in nearly 10,000 chapters

throughout the United States

and Canada, and several

tend their first TOPS meeting

Visitors are welcome to at-

chapters in Europe.

· Yogurt with granola and

TOPS Club, Inc. (Take Off

nana and low-fat milk.

with low-fat cheese.

fat milk.



quired to submit an essay of up to 500 words on the importance of multicultural students on the BGSU campus. Glenn is a graduate of

Cuyahoga Valley Christian Academy, where she had a GPA of 3.03. The daughter of Walter and Wanda Glenn of Oakwood Village, she plans to major in psychology at Bowling Green.

In her essay, Glenn wrote that "having multicultural students on the BGSU campus will expand our thinking and create a unity that will strengthen our community. The importance of this can be the difference between BGSU producing intellectual students who will simply go

out and contribute to society, or producing students with broadened thinking who will go out and completely transform society." Williams intends to major

in general/individualized business. She is a graduate of East Knox High Schoolwith a 3.61 GPA-and the daughter of Matthew and Cordelia Williams of Howard.

Williams wrote that the presence of multicultural students at BGSU is important "because it allows intercultural opportunities and provides further opportunities for specific ethnicities, races and cultures. By providing these opportunities, it creates a more well-rounded student and better prepares this student for the diverse world we live in."

The Clarence Terry Jr. Memorial Scholarship was established by the late Terry's wife, Ardenia Jones Terry, Ph.D., who also earned bachelor's and master's degrees from Bowling Green, in 1972, 1973 and 1982, plus a doctorate in higher education administration in 2000.

Jones Terry felt it was important to recognize her husband's dedication to Bowling green State University, his love for students and to leave a legacy to the institution that was a part of his life for four decades.



### **TOPS Helps Parents Make** the Grade With Healthy **Back-to-School Lunches**

Before school bells start ringing again, parents should consider doing some homework of their own on nutritious lunches to pack for their children Since kids often want to eat the same types of food every day for lunch, it's up to parents to take the lead and put new ideas on the table.

Registered dietitian Dena McDowell, M.S., C.D., nutritional expert for TOPS Club. Inc. (Take Off Pounds Sensibly), says parents can expand a child's food horizons and provide a better range of vitamins and nutrients on a daily basis by following these tips: Let Kids Make the Assign-

ments McDowell explains that a child may feel empowered and

more apt to try new food combinations if he or she is part of the planning process. Together, find recipes for

new sandwiches, soups and trail mixes to get ideas. Have children identify the items that need to be purchased and, with their help, create a grocery list.

At the store, point out different cheeses, low-fat yogurts, and low-fat cottage cheese. Have them "hunt" for foods that are rich in whole grains, like wholewheat flour, bran, or oats. Try selecting a few protein options such as natural peanut butter, cheese, lean deli meats, hummus, refried beans, nuts, and seeds.

Lunch 101 Lessons McDowell, who also is a mom, has this advice: Strategy#1: Trying a new recipe or a new food can some-

appetite. Offer the new item along with some of the foods that he or she will eat. Identify dairy products, fruits and veggies that get a thumbsup, and make sure to include these in the lunch. Encourage the child to try the new foods before digging into the

times make children lose their

foods he or she regularly eats. Strategy #2: If a child is helping to pack lunches, teach him or her that balance is important. Aim to include a protein-rich food (lean meat. cheese, eggs, beans, nuts, seeds or vogurt), a dairy-rich food (milk, yogurt or cheese), a fruit, a veggie and some whole grains. Also, remember that the more color is present in the meal, the more vitamins, minerals and antioxidants it contains. Include at least three different, naturally-colored foods.

#### New Ideas for Doing the Math

Put the following suggestions from McDowell on the brown-bag meal plan and experiment with new combinations

Hummus with pita chips or whole-wheat crackers, carrots, orange slices, and lowfat milk

free of charge. To find a local chapter, view www.tops.org or call (800) 932-8677 for more Pita stuffed with lean deli information Health Connections Counseling Services



www.healthconns.con



Clarence Terry Jr.

tained a high school grade point average of at least 2.7. Applicants were also re-

ham, low-fat cheese and lettuce, pear, yogurt, and low-· Trailmix (nuts dried fruit pretzels, whole-grain cereal

## Open Mic Night at The Truth Gallery – One Year Anniversary

By Michael Hayes Minister of Culture



August 29th is a Saturday that will be like every Saturday in Downtown Toledo.

There will be an event that is an alternative to the club scene.

An event held at a classy establishment.

An event that is family friendly because there is no alcohol, but yet the vibe is all about boundless expression because there is art everywhere.

An event that many people have said doesn't seem like Toledo could be capable of offering.

Yet and still, Saturday August 29th will be mark the one year anniverary of such an event.

This event is called : THE

LISTENING. This event is held at : The Truth Art Gallery 1811 Adams

This event is brought to you by: U.G.E./ The Sojourner's Truth Art Gallery.

For the past year, we have held The Listening every Saturday with NO cover charge.

But yes, on August 29th as we celebrate our first year...we will ask for a \$5 cover. Well.

We have tried to do our part to support the art/culture scene in this city.

And for our special night, we are asking the city to support us.

WHY WE HOLD THIS EVENT & WHO IT IS FOR: U.G.E. spent last July look-

ing at various venues to hold an open mic night. In August, my boss here at The Truth asked me to hold

it at The Truth Gallery. Right out of high school and throughout most of college, I ran an open mic night

at Murphy's Place downtown. Every Tuesday night was known as The Renaissance and it went five years.

Brandy Moore, Everett

Carter, Jermaine Young, Shau'nea Young and, later on, Stacy Reid were all a part of The Renaissance.

We had a book, a CD, traveled, partnered with areabusinesses, won poetry slams, judged poetry slams, had a live band, gave away prizes, etc etc.

So starting up another one, my partner Lavale and I didn't want to do it exactly like the past... we wanted it to be more centered around music, than poetry or poetry crews.

Also, while cultivating our own roster of artists we found that there aren't alot of places for musical acts to hone

their skills. So Lavale and I sat down with Aye Dee, Darron Scott, Leigh Ashley, T. Diamond and Thee Untouchable and we formulated a weekly place for established local artists to increase their buzz and for all artists to improve their showmanship.

We envisioned an intimate atmosphere that was more like being among friends and fam than like being in a club. We envisioned a vibe where anything goes and freedom of speech reign supreme as long

CONSCIENCE SO SUPRISED!



as nothing becomes hostile. We envisioned a place where the artistic community

of this city could put aside differences and unite through their craft. And after 12 months, we

hope we are achieving our goal. U.G.E. is just one of doz-

ens and dozens of music companies in this city. All with their own produc-

ers, artists, and following. These music companies

are free to come down and bless the spot any Saturday. Individual artists grinding out here by themselves are

free to bring their fans through. And most especially, the

younger/newer artists who don't have an audience yet... THE LISTENING has been here for them.

HOW THE ARTISTIC COMMUNITY BENEFITS FROMOUREVENT: Many singers/rappers have a notebook of songs

and have never had production, a stage or a crowd to hear them. We provide the atmo-

sphere that is conducive to their expression. We don't judge, we just encourage peeps to bring

their best. And you can see it, artists who regularly come down to The Listening have matured.

They may have started off with nothing more than some songs in their head. After a few months com-

ing to U.G.E.'s event, they start to network and get plugged in to the larger music scene in Toledo. After a few months per-

formers become more at home on stage, and learn showmanship. After a few months some

of the songs they perform at The Listening become crowd favorites.

We dont need to wait until we are rich to give back to our community, we are going to give back right here and right now.

HOW U.G.E. BENEFITS FROMTHE LISTENING:

We are introducing ourselves to the community as a brand and as a different type of music company focused

on integrity and expression. NO-we aren't all positive or inspirational music, not

that it's bad..it's just not us. But we are about just being honest.

Our music doesn't talk about selling drugs, buying rims, or shooting up the club because none of us live that life. We promote being ya self at all times, regardless.

And The Listening will still allow performers who talk about other topics to get up and do them, but the spirit behind our event has our energy in it because it's us. U.G.E. signed our latest female singer right from the

crowd of The Listening. Terri Lynn Davis (who records/performs as a U.G.E. Artist under the name T Lynn) came down one Saturday in October and blew us all away.

But... as y'all know, U.G.E. doesn't just add someone to our roster on talent alone.

So we gave T Lynn a chance and over time she just became so undeniable, but it all started from her attending The Listening (shouts to Joyce Allen who records/ performs as a U.G.E. artist under the name Chayse Evers for bringing T Lynn).

We have gained an artist but even more than that, my entire roster has had the addedbenefitoflearning how to give back to our community through this event.

GIVINGBACK:

It's a labor of love. Our artists and me and my partner, we set up.

Move furniture, hook up equipment, we make sure our guests are comfortable.

We promote this event with little to no budget.

We run the event... sometimes smoothly, most times just very laid back..LOL.

Our artists are learning different facets of how to facilitate and plan an event, how to host, how to D.J., how to organize.

The spirit of our label is in this event because it reflects us.

But we are just a part of the whole.

U.G.E. is trying to restore a lost quality to the music business and also bring back integrity in the circles where music/entertainment is a lifestyle.

For our anniversary: If you would like to donate or lend us some fold up chairs,

we would appreciate it. Risers, or anything to make our event more spectacular we would appreciate it.

We are planning a special performance that night, so ... we need your support.

Also – please visit THE SOJOURNER'STRUTHART GALLERY..

There is nothing like it in this city and I'm so grateful to Fletcher and Ramon for allowing my crew to host our night there on Saturdays but the gallery is open all throughout the week so feel free to stop in.

Join me on facebook and get updates on the event. PLENTY OF INTER-

VIEWS COMING SOON: I got my list and checking

it twice.

Peace: glasscitytruth@yahoo.com



IExperienced Professional Stylists With the Total Care of Your Hair and Nails in Mind \$25 S. Reynolds Read - Phone 419,578,7209

# The Sojourner's Truth August 12, 2009

## Trinity

#### (Continued from Page 9)

played on. It was the first time I had a chance to spend with players on other teams and we really enjoyed each others' company. And, I found out that it's cool to have a relationship with God."

This year Trinity played all comers in an open division, says Dorn. He hopes to add a 15-and-under team in order to give seventh through ninth graders more opportunity to compete. Naturally, such a vision requires more funding-always a challenge in such difficult economic times.

As it is, Dorn spends part of his time raising funds, the board contributes as well, and the girls are required to pay a fee.

Dorn, a graduate of Devilbiss High School, earned his undergraduate degree from Lemoyne-Owen College in social work. For the past two seasons he has been the head girls basketball coach at Woodward. He has also coached at Scott and at Tallahassee Community College and at Kentucky State College.

The Trinity Basketball Club will continue to focus on love of God, self love and love of basketball, says Dorn as he looks forward to future seasons and contemplates the success he fully expects. "We know we are going to

be blessed in abundance,' he says.

### **ATTENTION TOLEDO!!!**

It's the RECESSION SPECIALS

Hems, Cuffs, Waists – \$4.00 Suits Dry Cleaned 2 PC – \$8.20 Pants Dry Cleaned - \$4.00 Pants turned into shorts - \$4.00 Long sleeves into short sleeves - \$4.00

Faith's Dry Cleaning & Tailoring Shop 2491 Collingwood Blvd, at Delaware 419-210-4680

Black MarketPlace



# CLASSIFIEDS

### August 12, 2009

#### The University of Toledo Job # 998367 – Assistant Women's Basketball Coach Athletics:

Assist head women's basketball coach in all aspects of the program including recruiting and developing female student athletes. Monitoring the academic progress of athletes for which he/she is directly responsible; assisting head coach with administrative duties related to program management, recruiting, daily practices and other areas as determined by the head coach.

The position of Assistant Women's Basketball Coach requires a minimum of a Bachelor's Degree and a minimum of two years of inter-collegiate Athletic experience as either a student athlete or coach, knowledge of NCAA guidelines is required.

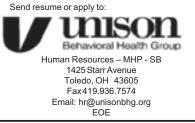
To apply, submit a cover letter (include position title and job # 998367) a resume, as well as the names and contact information for three professional references to: The University of Toledo, Human Resources Department, Toledo, Ohio 43606-3390; Fax (419) 530-1490; or email recruit@utoledo.edu, which is preferred. Use only one method of application. Resumes must be received by August 14<sup>th</sup>, 2009. The University of Toledo is an Equal Access, Equal Opportunity, Affirmative Action Employer and Educator.

#### SCHOOL BASED MENTAL HEALTH PROFESSIONAL

Unison is seeking a full time school based mental health professional. This is a grant funded position and the individual will be placed at a local academy for boys. A qualified candidate will provide mentoring, supportive and early intervention services to boys K–6th grade.

Applicants must have strong communication and rapport building skills. This person will need flexibility in scheduling, the ability to work independently and work in collaboration with school personnel.

Experience working with children, and bachelor's degree in social work, psychology, counseling or related field is required. LSW or PC licensure preferred.



For Sale Cascade Centerpieces 50th Birthday or Anniversary Call 419.283.9836

Do you need a Recording Choir to be a part of? For Information Call 419.260.2209

### Two Day Art Workshop

Now forming at the Truth Art Gallery Cost is \$35 per person Call Ramon Tiggs @ 419-460-1343 for details

#### Need a tutor?

Professional, in-home tutoring offered in math, science, Spanish and more! Pre-K thru college. Call 419-708-0447 or visit www.tutoringinyourhome.com

#### SNOW PLOW OPERATORS WITH VEHICLES

The City of Toledo, Streets, Bridges, and Harbor Division is interested in contracting with owners/ operators of snow plow vehicles for plowing on residential streets during heavy snow conditions. Those interested in bidding should contact the following city official. All bids must be received by 4:00 PM August 28<sup>th</sup>, 2009, for a copy of the bid proposals and specifications:

STEETS, BRIDGES, AND HARBOR 1189 W. Central Ave. Toledo, Ohio 43610 PHONE: 419-936-2508

#### JOB OPPORTUNITIESAPPLICATIONS ACCEPTED: 08/07/2009 - 08/17/20091.

#### 1. Office Coordinator (Heap) \$15.04/hr (postprobationary)

Assure the implementation of the HEAP program, preparesnon-fiscal reports Facilitates linkages between Heap components and human servicesprograms<sup>1</sup>% Must have HS Diploma or GED, two years of related work and computer experience, 1% Ability to type 50 WPM.

#### 2. Multi Media Specialist \$15.00/hr (postprobationary)

Copy and print shop operation, data base design, creation, monitoring and maintenance of Agency website, on-line and printmedia creation, administration, content mgmt. and production, graphicdesign, composition and lay-out. I% Proficiency with Adobe Creative Suite, Microsoft Word, Excel, PowerPoint, PhP, Python, Ruby, MySQL, Apache, and other technologies forweb site interactivityI% Must have HS Diploma or GED, Associate Degree preferred, 3 yearsrelated experience and ability to lift 50lbs – 80lbs required.

#### 3. Stimulus Project Manager \$17.00/hr (postprobationary)

Responsible for the coordination and management of all projectsgenerated by the ARRA/CSBG funds from the State of Ohio. I% Job will include the monitoring of all positions and programsand expenditure of funds created by the stimulus funds; and thepreparation of quarterly reports to be submitted to the State of Ohio. I% Associates Degree Preferred

#### 4. Re-housing Specialist \$17.00/hr (post-probationary), 15 month "Stimulus" assignment.

Provide case management services to customers that have beendisplaced from their existing housing through foreclosure, eviction orgeneral homelessness. I% Work to stabilize the customer(s) in a stable housingenvironment and to re-house them in a suitable situation.

#### 5. Reentry Services Coordinator \$15.00/hr (post-probationary), 15 month "Stimulus" assignment.

Provide case management and referral services for ex-offenders in the areas of employment, housing, child support, mental health and substance abuse, family relations, transportation and community relations. I% Customer information will be entered into the Tracker system and monthly reports will be required.

Application deadline: Monday, August 17, 2009. Apply at EOPA, 525Hamilton St., Ste. 202., 8:30-3:30. Must have reliable transportation and possess a valid Driver's License with proof of auto and liability insurance. Must be willing to travel locally. Employment is contingent upon successful completion of background check and possible drug testing.

> NO RESUMES ACCEPTED WITHOUTA COMPLETED APPLICATON Equal Opportunity Employer. NO PHONE CALLS PLEASE!

Page 15

The University of Toledo PCN: T98872, Research Technologist, Biological Sciences:

This grant funded position is in a research laboratory assessing mechanisms of interferon action. Individual will conduct one or more research projects related to identifying the antiviral or antitumor function of novel interferon-regulated genes identified through microarray methodologies. Responsibilities will include developing technologies and methods of analysis related to research projects and assisting PI in laboratory management, project implementation and manuscript preparation.

The successful candidate will possess a bachelor's degree in the Life Sciences (MS preferred). Experience with molecular biology, protein biochemistry and cell biology is desired. This is a grant funded position with an initial term of 1 year with the possibility for renewal. Salary commensurate with education and experience.

To apply, submit a cover letter (include position title and job), a resume, as well as three professional references to: The University of Toledo, Human Resources Department, Toledo, Ohio 43606-3390; Fax (419) 530-1490; or email recruit@utoledo.edu, which is preferred. Use only one method of application. Resume review will begin immediately. This position will be open until filled.

The University of Toledo is an Equal Access, Equal Opportunity, Affirmative Action Employer and Educator.

#### Frederick Douglass Community Association Fundraiser

"From Generation to Generation Progress Continues" August 20 at the James B. Simmons Neighborhood Facilities Building Call 419-244-6722 for ticket information

#### **Motivations Salon**

Now hiring – hairstylists and nail techs! Lowest booth rental ... guaranteed" Call now for interview 419-531-3321

#### **Production/Maintenance Supervisor**

Heinz North America, a Fortune 500 Midwest Food Processing Company has an immediate opening for a Production/Maintenance Supervisor. This position is responsible for directing and monitoring the making and packaging of food products that conform to Heinz quality standards.

Assume leadership in the efficient production of quality product in a safe manner. Manage related functions of safety, quality, productivity, maintenance, labor relations, continuous improvement and conformance to all regulatory requirements.

The qualified candidate should possess a degree in Business or Sciences, with three (3) to five (5) years experience in Food/Beverage industry a plus; Supervisory training or experience; Human Relations experience or training plus a general maintenance background.

We offer a competitive starting salary and attractive benefit package. If interested please send your resume in confidence to:

> Heinz NA – Fremont Factory Human Resources Charlene Hutchinson 1200 N. Fifth Street Fremont, OH 43420

Discipline, Judgment, Confidence Train your child in the martial arts now So that they won't carry guns later Call 419-244-0113 Khalig Kartier

### August 12, 2009

### **Bridging the Gap Within our Community**

Special to The Truth

The Monroe Street Neighborhood Center held it first annual Community Resource/Health Fair Saturday Aug 1. Over 21 agencies were represented providing valuable information for the community.

There were over 90 people who participated in the event. Free blood pressure and cholerstol screenings were performed by St. Vincent's. Participants received free healthy snacks and there was face painting for the children. The Community fair was made possible by a grant from the Lucas County Medical Alliance group and some private donations.

The Monroe Street Neighborhood Center, a United Way Family Resource Center, provides case management services, emergency food and clothing, computer basic classes, free GED classes, free blood pressure readings and answers to basis medical questions by a registered nurse.

In addition to those services, the center has an open gym nightly.

Additional programs in-







clude The Learning Club, Dress Right for Men, Suitably Attired, and Read for Literacy.

For more information about the center and a listing of all programs, please call 419-473-1167.

Clara Petty is the executive director.





Complete Meal for 4 Less than \$3 PER PERSON 10 Pc Legs & Thighs, Large Mashed Pototoes Large Cole Slaw and 4 Biscuits \$10.99

Vesent caupan when ordering. Linet one per castamer. Void where prahibitad. Net valid with any other offer, Substitutions extra charge. Offer good for Charch's Chicken at 2124 Pranklin Avenue, Toledo, Ohio

