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Locked Down or Locked Out?
By Rev. Donald L. Perryman, D.Min.
The Truth Contributor

The study of economic oppression led me to realize that Negroes were not alone but were part of an unending struggle for human dignity the world over. - Paul Murray

Chief Diggs, I’m praying for you. And so is the community. We all are sick and tired of the shootings, the violence, the funerals and the tears. We also are respect-
ful of your “bold, new” surveillance and data driven, arrest-by-association, not-a-police but community prob-
lem approach. We truly are. But the only question we have is “Will it work?”

Between just 1980 and 2000, the prison population soared from 380,000 to over two million (Alexander, 2010). Yet by 2007, one in every 31 adults or over seven
million Americans were either in prisons or jails, on probation, or on parole. What is astounding is that half a
million people are now in prison for minor drug offenses
as compared to just over 41,000 in 1980.

Incarceration is certainly necessary and even openly supported by most in the community. However, the statistics suggest that the mass punitive response to urban ills
not only is not working, but may be exacerbating the real problem.

Society has made violence and crime a police problem. The police have projected the
problem onto the community. The community in turn, has thrown the issue back on both society
and the police.

Here are a few thoughts about inner city violence from outside this cycle of blame:
1. Punitive measures deal only with symptoms.
   We have yet to align policies and strategies with those social, psychological and cul-
tural factors that help to activate the oppositional and antisocial behaviors of many
inner city youth.
2. It’s not just complicated, but it is also complex.
   Violence and crime (like most community issues) are inextricably tied to a complex
web of causes, consequences and complications. You cannot merely impose a
rule on a complex system such as the post-industrial urban inner city. The people
in the system will adapt to the introduction of new variables and keep on going, doing what
they need to do to get by but will always find ways to beat the system.
3. More than just race.
   Racism is a critical unsolved problem, but there are also other community problems
such as cultural domination (from rap to distorted definitions of family values), patriar-
chal subjugation of black women and psychological incarceration. The most threatening
community problem, however, may be economic inequality and the worldwide system of
economic exploitation that has taken up residence in urban America.
4. Connection between jobs, drugs.
   With unprecedented and pervasive joblessness, the underground economy in the form
of drugs and under-the-table hustling, is a way of life in the inner city. Being shut out of the
“major leagues” of legal labor markets, youth settle for chasing the glamorous but
“minor league” way of drug dealing in order to survive. Violence, fueled by easy access
to guns even for kids fourteen and younger, becomes the means of enforcing community
justice, settling “business” disputes and turf battles (Anderson, 1999). The threat of
violence or retaliation for would-be informants and the lack of trust in police to protect
them creates a “see-no-evil” wall of silence around the inner city.
5. Desperation to be a part
   Perhaps the factor which has the greatest influence on the behavior of urban youth (and
lurking beneath the surface of our awareness), is a culture of shame which has permeated
society. Shame, is described as “convictions about one’s being unacceptable and
worthless; feeling unlovable, or that one’s life has a basic flaw in it” (Wimberly, 1999).

Feelings of shame come from a variety of sources, including increased evil and
insensitivity toward other human beings. With this increase in shame comes an increase in
violence, which some understand as the “effort to break the oppressive internal and
external shackles one feels.”

Shame and self-worth also have to do with the failure to meet society’s expectations
regarding wealth, status, class or other privileged norms. Therefore it is difficult for poor
youths to internalize these unhealthy expectations. Most respond with rebellion
against all that is conventional as a form of self-defense. However, it is these very cultural
adaptations which generate negative stereotypes making youth even less employable.

What shall we do?
   The answer, comes not from criminology but from common sense which dictates that an
oversimplified war against violence, guns, or drugs will not be successful in ending the
dysfunctions of an inner city at war with itself.

We have to find a way to provide equal access to the American dream through quality
education and living wage jobs.

Also, we need to figure out how to change the shame-based societal framework that
undergirds the lives of so many who have internalized societal expectations. We can only
do this by challenging these expectations and by introducing alternative societal expecta-
tions which are healing and which move people from shame to self-worth and self-
affirmation.

That is the real war.

Contact Rev. Donald Perryman, D.Min. at
dlperryman@centerforurbanbaptist.org

Community Calendar
April 17-19
Calvary MBC Spring Revival: 7 pm; Tuesday – Pastor Derek Arnold of Bethlehem
Baptist; Wednesday – Pastor Stanley Clark of United Vision; Thursday – Rev. Pat
McKinstry of Worship Center: 419-242-8379

April 18
Partners in Education and Pinewood Tabernacle Free Community FAFSA Drive: For
high school students and their parents; Pinewood Tabernacle; 1 to 7 pm: 419-242-2122

April 19
Tiffany Reynolds Ministries Conference: 1-855-234-9797 or
www.followingmypassion.org

April 20
Glass City Gospel Celebration: 7 pm; River Life Church; Featuring Half Mile Home,
Bryan Scott, Min Mark Williams, Twinkie Clark, Debra Brock, The Difference, Newson
Family Singers and many more: 419-810-2483

April 21
“A Holistic Workshop Focused on Mind, Body and Spirit”: 11 am to 1 pm; Featuring
guest speaker LaQuinta Newton; United MBC: 419-380-1455

Global Youth Service Day: Graffiti Free Project; Hosted by United Way and North
Toledo Network; 9 am to noon; Friendly Center Gymnasium: 419:243-1289 ext 304

Warren AME Second Annual Community Dental Clinic: For families; 12:30 pm;
Dental screenings, skin care, nutrition and exercise clinic, budgeting for health: 419-243-
2237

Take Back the Night: Community rally women’s march to end all violence against
women; Collier Bldg at UT Health Science campus; 6 pm – resource center; 7 pm:
clothesline project, silent witness project, bandanna project

April 24
“Preserving Our Neighborhood” Community Forum with Councilman Tyrone Riley:
Bethlehem Baptist Church; 6 to 8 pm: 419-245-1361

April 25
Benefit for Friendly Center: Genoa Civic Theatre; 6 pm; Benefit performance and
silent auction: 419-243-1289 or aggborn@friendly-center.org

April 26
Self Improvement Workshop Series: Padua Center @ Wkaanz Park; 6 to 8 pm;
Presenters Ben Hester and Washington Muhammad; Topic of expaugement: 419:322-
5107 or 419:283-1017 or 419:973-0248

April 27-29
Calvary Church Baptist Church Women’s Ministry Spring Retreat: 419-787-9635

April 28
NAOMI 3rd Annual Health Awareness Program: “Lunch, Learn and Be Well;”
Friendship Bchurch; 11 am: 419-304-2733 or 419-343-1726

Chess Tournament: K-6th grade; Main Library – Huntington Meeting Room; 9 am to
3 pm: 419-259-5231

April 29
Beulah Baptist Church 6th Pastoral Anniversary: 11 am Guest preacher Elder Steve
Allen; 4 pm Guest Church Calvary MBC and Rev. Floyd Smith, Jr.
Family Baptist Church 33rd Anniversary: 10:30 a.m; Guest Rev. Floyd Rose

May 1-2
St. Paul’s Episcopal Church Runnagle Sale: Tuesday – 9 am to 7 pm; Wednesday –
9 am to 1 pm
Money By The Numbers!

By Lafe Tolliver
Guest Column

Anything wrong with this picture?

Scene One: popular local church (Cedar Creek...but it could as been just as easy, a multitude of other churches across the country) recently announced that it will give bucks to various charities depending upon the number of people that come to its worship services. (Not including their websites).

Scene Two: Few people come...few dollars donated to charities. Many people come...many dollars donated to charities.

Scene Three: Do those things that get people to come out to your worship services so you can give some big bucks to local charities.

Sounds good, right? Sounds warm and fuzzy, right? Sounds like a plan, right?

Just one slight problem. Just one fly in the ointment. It’s like saying, “hey there is a frog in my tomato soup!

Now, I know each church can do its own thing and can orchestrate its programs as it sees fit but, wouldn’t you think that any church that professes to be an assembly patterned after the New Testament model of the church and the teachings of Jesus, who is the head of the church, that such a group of professing Christians would follow some basic 101’s about how church is done.

I mean, come on, Cedar Creek! Let’s really buckle down and make this donation based upon packing the pews, really get off the ground!

When I was contracted by a church growth ministry named, “It’s All About ME!” as to what it takes to make a church zoom in attendance and asked to submit some ideas about getting bodies packed into the pews, I reluctantly consented and offered the following suggestions.

If any church wishes to use them, including Cedar Creek, simply give me the by line and donate just a portion of the increased revenues to my favorite charity called, Church Of The Right Now Mammon.

If that particular charity has not yet been padlocked by the IRS, then please consider my other favorite charity, Itching Ears For Scratchy Church Folks.

Both charities are hip and understand that to encourage the masses to get up on a Sunday morning and drive out to a local church, it takes creativity and, if you will, a little showman-ship.

Come on. Let’s agree on one thing, I can sit in the comfort of my own dormitory room or family den and watch first-run movies and news shows and do so in my pajamas and with a mug of morning joe.

So, I say to the churches, if you want my body in your pews and, of course, my greenbacks in the offering plate, you better dazzle me and don’t offend me with sermons about sin, hell and that debris obedience stuff.

With that in mind, here are my suggestions to round up that Sunday morning sleeper and get him or her to your church’s padded pew and as a result, a church can give... Bucks For Bodies:

One: When people drive in to your church parking lot, make sure it is a festive occasion. Have circus clowns, dancing bears, spotted ponies and large colorful banners greeting them with phrases like: “you are so awesome!” or “you made our day, now it is our turn to make yours!” After all, isn’t the church all about me?

Two: When the people arrive, smother them with goodies and choices of coffee, tea, Colas, bagels and munchies. Nothing makes a worshipper more disgruntled than not having his favorite snacks available so he can munch and drink and burp and belch his way through the morning musings and rock songs.

Three: About those people. Whatever you do, do not play any slow music or use any lyrics that speak to sin, redemption, salvation or repentance. Church-goers do not want to get up, brush their teeth and attend a worship service where they are confronted by sermons preaching a holy God who has standards and who has given us a written moral code. Save that preachy stuff for grandma and grandpa. Rather, play loud music with a lot of strobe lights and make it a Wow-Wow stage production show for everyone.

Four: Above all, make sure that you “share” (not preach or teach) with the people that they can live their best life now and that they can craft their own personal beliefs from other religions and philosophies. No one wants to be constricted to a simple and narrow gospel that does not allow you to devise your own plan of salvation. People need liberal choices...not directives.

Five: Atmosphere. This is critical. This will make or break your next Sunday’s attendance. This will determine whether or not you can make that big impressive donation to the charities. Do not blow it on this item. Pay particular attention to this one: Make sure that when the church service is over everyone is repeatedly congratulated for coming and that attend-ees are told they are the best and that all is well with them and they are the masters of their own fate.

Now, if you are angrily confronted by someone about implementing the above suggestions because you want to give monies to a charity or you want to build a bigger and better edifice or have a fat church directory, simply tell that person to go away start his own church!

And...oh. Did I tell you? It does not matter that the above is not prescriptive of the Body of Christ as found in the Word of God because the Word of God is not concerned with being a people pleaser and it is not concerned with you having your best life now.

No, that Word of God is not concerned with how many bodies are packed into a church building so that local charities can benefit from your numbers game.

Its primary objective and goal is with you being reconciled back to God through Jesus Christ.

I know...I know. Such preaching and teaching may not be popular with the masses who want it their way...now! But the gospel of Jesus Christ never strives to be your best friend or pop psychologist or to make you feel good in your present condition.

But, Don’t tell that to churches who are on a numbers run and who concoct goofy artifacts and programs that may fill the pews but do not feed your spirit.

I betcha five dollars to a donut that if any of the New Testament apostles were to return to earth and play “mystery worshipper” in many of today’s so-called churches, they would outright disown a bunch of them on the grounds that they are not of the Lord and they have no part in His ministry.

Betcha.

Contact Lafe Tolliver at Tolliver@hmo.com
Local Dems Encouraged Passage of Buffett Rule Legislation

By Fletcher Word
Sojourner’s Truth Editor

Local Democratic elected officials joined their colleagues from around the state of Ohio on Thursday, April 12, to urge the U.S. Senate to pass President Barack Obama’s “Buffett Rule” that would purportedly end tax breaks and close loopholes that only benefit the very richest Americans.

Joining local officials at a press conference were two tax-paying middle class citizens who also urged support for the legislation that would ensure, as the president has declared, that billionaires don’t pay lower taxes than their secretaries.

The proposed legislation, which went before the Senate earlier this week, was inspired by Warren Buffett himself, who has frequently derided the tax breaks and loopholes he receives that have enabled him to receive a lower tax rate than his own secretary.

“We are engaged in a conversation about how to balance the budget in tough times,” said Lucas County Treasurer Wade Kapszukiewicz. “President Obama is proposing the essence of fairness by increasing the tax rate on billionaires.”

Kapszukiewicz noted that last year 1,500 millionaires paid nothing in income taxes while the top 400 wealthiest Americans paid incomes taxes at a rate of 14 percent.

“Wealthier Americans are paying the same, if not less, than middle-class Americans,” he added.

“It’s not about envying success,” said Lucas County Commissioner Tina Skeldon Wozniak. “The bottom line is we want everyone to do well and pay their fair share. "This Obama plan makes sense and most Americans agree.”

In attendance with the two elected officials were Michelle Wall, an infrastructure specialist, and Wanda Cannon, a social worker for Lucas County.

“I strongly believe that everyone prosper when everyone pays their fair share,” said Wall. “I believe we can no longer ask everything from the middle class and seniors and nothing from the wealthiest.”

“This plan will increase the opportunity to get the deficit in balance,” added Cannon.

Local hopes were dashed on Monday as Senate Republicans stymied Democratic efforts to open debate on the legislation. The vote was no surprise. Democrats have known for weeks that the legislation had no chance to obtain a super-majority in the Senate and, even if it had, would not pass in the Republican-majority House of Representatives.

Spring Health & Wellness Women’s Retreats in Celebration of National Minority Health Month

Dr. Anita M. Lewis-Sewell M.D./NMHM and The Lighthouse Road Project Director Special to The Truth

Health inequities are exacting a drastic toll on the longevity and wellbeing of minority women in America.

Education and prevention remain of utmost importance to reverse excessive rates of disability and death from heart disease, strokes and cancer; and to halt the burgeoning rates of obesity, diabetes and deaths due to violence.

For this reason women in Lucas and Sandusky County are invited to “TAKE A LEAP” and register to attend “A Spring Health and Wellness Women’s Retreat” planned just for them. Please come and enjoy these two free, fun-filled, information-packed opportunities to learn how to get fit for life.

Many health care professionals and educators will share advice, insights and solutions on how to achieve ultimate, holistic health and wellness.

These upcoming events, held in observance of National Minority Health Month (NMHM), are open to all adult women at no charge.

The first event will be on Sat., April 21, from 10 a.m. to 4 p.m. at the Worship Center, 2204 Collingwood Blvd, Toledo, OH.

The second retreat is on Sat., April 28, from 10 a.m. to 4 p.m. at the Victory Christian Fellowship, 2051 Oak Harbor Road in Fremont, OH.

Both events are free and open to all adult women. Advance registration is requested to facilitate planning. On site registration starts at 9 a.m.

Johnnie (Chip) Allen, Ohio Director of Health Diversity; Albert Mensah, a nationally known motivational speaker and Rachel Watkins, Ph.D., noted anthropologist from the American University in Washington D.C. will be our special guest speakers.

Dr. Alvin Jackson, MD, former director of the Ohio Department of Health, and City of Toledo Safety Director Shirley Green, Ph.D., will join other health care specialists on this forum including Dr. Debra Fulton, DDM.; Dr. Hope Mitchell, MD, dermatologist; Dr. Edna Jean, MD, podiatrist; and Dr. Murthy Gokula, MD., director of the Geriatric Fellowship program at St. Luke’s Hospital. Rebecca Liebes, Ph.D., RD., LD, director of nutrition and wellness with the Area Office on Aging of NWO, Inc., are among other surprise guests.

The African American Women’s Cancer Support Group, The University of Toledo Catherine Ebery Center, The Victory Center, Susan G. Komen Foundation of N.W. Ohio; the Circle of Friends Leadership Development Program, SCORE and CARENET will also participate.

(Continued on Page 8)
In a city in which manufacturing has always been a dominant force and now energy has a significant presence in the area, one would assume that the economy is thriving. However, over the past 10 years, there have been many economic challenges in the region, especially within the African-American community.

Job loss, foreclosure, layoffs and businesses shutting their doors are just a few results of the economic downturn. The biggest hit came when the auto industry faced a multitude of financial difficulties forcing it to rely on the assistance of the government to get above water.

Toledo, out of which 29.8 percent had children under the age of 18 living with them, 38.2 percent were married couples living together, 17.2 percent had a female householder with no husband present, and 40.0 percent were non-families. Additionally, 32.8 percent of all households were made up of individuals and 11.0 percent had someone living alone who was 65 years of age or older. The average household size was 2.38 and the average family size was 3.04.

In the city, the population was spread out with 26.2 percent under the age of 18, 11.0 percent from 18 to 24, 29.8 percent from 25 to 44, 19.8 percent from 45 to 64, and 13.1 percent who were 65 years of age or older. The median age was 33 years. For every 100 females there were 91.9 males. For every 100 females age 18 and over, there were 97.7 males. There was a total of 139,871 housing units in the city, of which 109,946 (7.8 percent) were vacant.

The median income for a household in the city was $32,546, and the median income for a family was $41,175. Males had a median income of $35,407 versus $25,023 for females. The per capita income for the city was $17,388. About 14.2% of families and 17.9 percent of the population were below the poverty line, including 25.9 percent of those under age 18 and 10.4 percent are age 65 or over.

The U.S. Census Bureau estimated Toledo’s population at 297,806 in 2008 and 295,029 in 2007. In response to an appeal by the City of Toledo, the Census Bureau’s July 2007 estimate was revised to 216,851, slightly more than in 2000, which would be the city’s first population gain in 40 years. However, the 2010 census figures released in March 2011 showed the population as of April 1, 2010 at 287,208, indicating a 25 percent loss of population.

The decrease could be attributed to the idea of “brain drain” the concept that former Mayor Carty Finkbeiner worked to decrease. Brain drain is the migration of intelligent young and talented individuals who move outside of the area to establish permanent residency hence, allowing their talent to help another community thrive.

Toledo is known as “The Glass City” due to the level of manufacturing and innovation in the glass industry throughout the region. The history is deep rooted in all aspects of the glass industry including windows, bottles, windshield, construction materials and art developed with glass; a highlight of the renowned Toledo Museum of Art. Several large glass companies have their origins here such as Owens Illinois, Owens-Corning, Libbey Glass, Pilkington North America (formerly Libbey Owens Ford and Therm-A-Tru).

There are many Fortune 500 companies previously or currently have their headquarters in Toledo. Champion Spark Plug and Dana Corporation have an endless number of large auto parts companies that began in Toledo. Owens Corning’s World Headquarters still remains in the city.

Toledo is home to the Jeep manufacturing plant, now a campus featuring supplier plants nearby and Chrysler’s Machining plant a few miles south in Perrysburg. In 2008, the auto industry collapsed causing a ripple effect of devastation. From lost wages, to lost jobs to lost homes, nationwide, families began to struggle due to the downturn of the economy as the result of the auto industry crash.

In 2009, President Obama continued the policy initiated by his predecessor and offered the big three auto companies (Daimler-Chrysler, General Motors and Ford) a federal bailout. In 2011, General Motors was able to report earnings for the first time since the collapse. President Obama also added a Federal Stimulus Package to individuals and families as well as developed federal programs to increase housing stability and reduce predatory lending and foreclosure rates and extensive funding to train individuals to become employable or transition careers.

The most recent industry to assist in an economic increase is solar energy and “green jobs.” In the mid 2000s, the city received a lot of interest and growth in “green jobs” due to economic development around solar energy. For example, The University of Toledo and Bowling Green State University received state of Ohio grants for solar energy research. Also companies like Xunlight and First Solar opened factories in the region creating jobs and positioning the community as a haven for solar growth.

According to the United Way of Greater Toledo’s website, Toledo was named the eighth poorest city in the nation with 24.7 percent of the population living below the poverty line in 2008. The strategic five year plan established by Mayor Mike Bell has established goals for improving the city’s overall status. As a recipient of federal funds, the City of Toledo plans to focus on low to moderate income households and neighborhoods considered to be most at-risk for homelessness. The plan will assist families in maintain housing while making an effort to renovate or demolish dilapidated structures.

The local workforce development office operates under the Workforce Investment Act of 1998 has been instrumental in providing job training, job opportunities and other services that assist in creating jobs in the community and preparing individuals for the workforce.

The economy in Toledo and surrounding areas has not significantly improved over the past 10 years. In fact, there were several times in which there were large instances if declination. Nevertheless, the results of the stimulus, bailout and other programs, there are signs of improvement on the horizon.
The Spirit of Fair Housing Awards are presented to recognize outstanding individuals and organizations in Northwest Ohio who promote equal housing opportunities.

AWARD RECIPIENTS:
- Housing Development: A. Bailey Stanbery
- Enforcement/Litigation: Sue Sekel
- Shanna L. Smith Award: Darlene Sweeney-Newbern

The Shanna L. Smith Award is named for the first executive director of the Toledo Fair Housing Center. Smith is now the CEO of the National Fair Housing Alliance.

This award is presented to Darlene Sweeney-Newbern, regional director of the Ohio Civil Rights Commission.

Get Settled with the Right Insurance Before It’s too Late

By Vince Davis
Guest Column

Life insurance is a means of paying for obligations that you have throughout your life that you have not quite saved the money to buy. The biggest deterrent to African Americans and our ability to have ordinary or preferred rated life insurance policies is our attitude and our health or rather our poor health.

My fraternity brother James Bracey died at a very young age. He was in his forties when he passed away. Bracey worked and worried himself to death. Bracey owned a night club in Atlanta. Bracey thought the night club would be a huge draw when the Olympics came to Atlanta.

To his disappointment most of the Olympic traffic was routed to stay in the downtown area. Despite numerous meetings with people of note, Bracey’s newly-refurbished nightclub was in the warehouse district and this part of the warehouse district was not a featured part of The Atlanta Olympics. Bracey worked 60 to 70 hour weeks like any good Rutgers man. However Bracey failed to take care of his most precious resource, himself.

One of the things that hard-working African-American men do is forget to take time to pay themselves first. We as a people forget to secure the future of our loved ones through the purchase of whole life insurance while we are healthy enough to get it.

If you die, the family is taken care of and if you live long enough, you get all of your money back plus some.

Brace went on to say that “if they invite us to a meeting with our best interest at heart, we had better have had the sense to know that the real meeting took place before we got there or will take place long after we have gone.” All I’ve got to say is “Bracey, I’m sure you’re right.”

I have thought about Bracey’s dying words over the last two decades and he is right. We often do not figure out the mysteries of this world until we are much older. Often by that time it is too late.

That means that if we wait until we need life insurance or long term care insurance, then we will not be able to get the best policy or possibly any policy. Even though that is a frightening statement, that is a true statement. We still have not figured it out yet

There are some ridiculous reasons why people do not get life insurance and here are a few of them

- My job covers my insurance
  Answer: When you retire or quit the insurance either goes down or is eliminated altogether
- My mother has insurance on me
  Answer: You are grown now, son. Mom has just in case insurance on you. That Is; Momma’s Policy is Just In Case You Don’t Have Any
- I’ll get the insurance later
  Answer: Later may not be an option
- My spouse may remarry
  Answer: If your spouse gets another mate, so be it. However, black women are not finding it particularly easy to find black, straight, HIV-free, non-incarcerated, hard-working, issue-free, African-American men.

Contact Vince Davis at Vince Davis Insurance, 3344 Secor Rd Suite a102 Toledo Ohio 43606; 419-244-2904. vincedavisinsurance.com
ASSETS Toledo commemorated the graduation of its ninth class last week at the Owens Community College Great Hall. The program offered 14 aspiring entrepreneurs a chance for success in self-employment.

Willi Ann Moore, president of the Toledo NAACP, was on hand to give the graduates a kick-off of last minute inspiration.

ASSETS (A Service for Self-Employment Training) is a business-based training program designed to help low and moderate income people get their small businesses started. The program consists of a 13-week training course. Mentors who work individually with the students and an alumni support group. After a student completes the course, a small loan may also be part of the program.

One of last week’s graduates was Kathy Jackson who was planning on entering the food industry. Jackson makes sauces—barbecue sauces. Her business, Aunt Kathy’s LLC, already has an agreement with the Andersons to be placed on that operation’s shelves in February 2003. Jackson’s company has also reached an agreement for a lease with a cooperative kitchen where she will be able to cook, bottle, label, experiment with recipes and, hopefully, become the Paul Newman of her generation. Now that she has graduated, Jackson is ready to expand her staff also. At the moment, her staff consists of Kathy Jackson. But, she feels that she is ready for a little help and, thanks to family and friends, help is on the way.

She describes her recipes as an inspiration. “Maybe it’s God,” she said. She wakes up sometimes, in the middle of the night, with a complete recipe having formed in her subconscious during her slumber.

The ASSETS program arrived in Toledo through the efforts of co-founders Marcus Goodwin, the Rev. Dwayne Tisdale and Phil Ebersole. Goodwin is presently chairman of the board and Ebersole served as executive director until the recent appointment of Olivia Holden to that post. Last week’s graduating class was Holden’s first as executive director.

There are three classes per year and applicants are taken on a first come/first served basis. The fees are based on a sliding income scale per federal guidelines.

For Kathy Jackson, ASSET enabled her to start and grow her business. For some years, Jackson prepared her sauces for the delight of a small circle of acquaintances who would repeatedly urge her to market her products.

And, every time she would ask, “How?”

Finally, Jackson’s sister happened to receive information about ASSETS and brought it to her. Jackson found an opening in the next class and, according to the graduate, the class has both inspired and instructed.

Moore spoke to the graduates on the matter of continuing to strive and refusing to give up. Jackson felt that Moore was speaking directly to her.

She has no plans to give up until now that she’s come so far.

Ed. Note – April 2012 – Kathy Jackson is still going strong with Aunt Kathy’s LLC. The American diabetes Association gave two of her products – Lemon Pepper and Dry Rub Seasoned - a thumbs up in 2009. Aunt Kathy’s is currently in the Agriculture Incubator and she can be reached at 416-430-9418.
ASK YVON

By: S. Yvon Harper, CEO Focus on Finance, LLC

Guest Column

“Time Investing or Time Wasting”

Well the 2012 tax season is coming to an end. At least this first round affordable everyone who filed by the initial date time to prepare for next year’s tax event. There is, however, always those who miss this initial date consistently and file for the benefit of an extra six months and file for the benefit of an extra six months. What always seems to surprise me is that “time” is not treated as a commodity, but treated as a game to be played with at will. This type of approach to managing your time will never produce prosperous results that most individuals desire.

Several years ago Jeff Gitomer, an entrepreneur and author of several bestselling books was quoted in article written by Jamie Downey of Boston.com as saying “invest your time, don’t spend it”. Even though this though is not new Gitomer succinctly captured the essence of this in his writing. So much so that I still apply it to my life and share it with others who sit in my client seat. I am now challenging you to do the same. The process requires that you first take retrospective of your daily time activities. As you do, place each into a bucket of either “time being wasted” or “time being invested”. Now I’ll caution you upfront that some things are time wasters by nature and cannot be easily changed, such as time spent commuting to work to produce a paycheck. These types of situations offer an opportunity to look for better alternatives of how the time is used in the activity. For example, you may wish to initiate a book on CD to obtain a skill or obtain useful information rather than just listen to talk radio.

Other obvious time wasters can include television, shopping or sleeping. All which are not bad in and of themselves, but when over-done are obvious time wasters you may indulge in. Just think of all the other productive activities that you could be conquering such as advancing your business, solidifying investments or increasing your knowledge base with this extra time in stead.

In his article Downey also offered suitable replacements, which he’ve included here and expanded on, such as reading for knowledge – every wealth person does this consistently, building relationships both personal and business, exercise which many are under par in this area and thinking to expand your clarity on not only what you want to accomplish, but how you will do it. Strive to always pursue time as an investment and its return will be endless. As we end I’ll share one of my Selah Moments© quotes with you to meditate on “Time is always your friend when it’s in front of you, but a ruthless enemy when it passes you by.” ~ S. Yvon Harper

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Retreats

(Continued from Page 4)

Imelda Hunt, Ph.D., New Works Writers; Nikki Jones and Lori Price Brown, using the medium of creative arts will help to enhance the message of why women need to take time out and take better care of their selves.

Herzing University, Lucas County Colon Cancer Coalition, Community Health Services (Fremont), Neighborhood Health Association, Mercy-St. Vincent Hospital, Northwest Ohio Development Agency (NODA) housing counselor; Toledo Lucas County Health Department and fitness expert Erika White from Super Fitness will also join us for two days packed full of music, dance, information and fun.

Minister Lorna McKinstry; Valerie Thompson, Leap Graphics and Jill Nevels-Haun, Fremont News-Messenger managing editor, will serve as moderators.

Each event will present important aspects of physical, mental, and spiritual health and wellness, along with exploring significant social determinants of health. Ohio was the first state to develop an office of minority health in response to the issue of health disparities, although recent national and county health assessments have documented how little progress has been made despite millions of dollars that have been poured into the tradition health care establishment.

Any health care or social service agency that would like to assist with support of this event or have a health information station is still welcome to contact Dr. Lewis-Sewell at 419-754-9642.

For more information or to register, visit www.thelighthouseroad.org or send an email to info@thelighthouseroad.org

THE SOJOURNER’S TRUTH

April 18, 2012

Page 8
Your boss can be such a tyrant.
He makes you labor extra hours; in fact, he thinks it’s natural that work has consumed your life. She’s a workaholic and believes you are, too. He’s obsessed with the biz, hopes you’re the same and by the way, he’s your spouse, so now what?

How does one survive when half of a marriage embraces entrepreneurship but that half isn’t you? What do you do when you didn’t sign on for workaholism? Find out by reading For Better or For Work by Meg Cadoux Hirshberg.

Your spouse has a dream of being his own boss. He’s filled out reams of paperwork, commandeered a corner of the basement, and quit his “day job” to throw himself into the endeavor. This, of course, affects you, your

family and your bank-book, not necessarily in that order.

So when an “entrepreneurial business sucks the entire family into its vortex” and credit cards are maxed on something you fear may fail, how do you cope? How can you trust, remain supportive and keep the faith?

First of all, says Hirshberg, expect challenges. Businesses, like babies, need constant nurturing (although probably for a longer time). Work and home will overlap (especially if you work for the biz, too) and you’ll have disagreements but remember that there are “no don’t-go-to-bed-angry policies” in your new HR manual.

Always, always communicate. Decide how much stress can you both tolerate and how much risk. Where will the money come from and are you prepared to ask relatives (a whole ‘nother stress-source) for funds?

Be willing to set limits. While it’ll be impossible to avoid bringing work home, non-work activities are important, too. Continue to fairly divvy up childcare and household chores; know when to dumb down the smart phone and if yours is a home-based business, remember that the kids live there, too.

Finally, says Hirshberg, be prepared for surprises. Don’t hide resentments. Watch for fissures in the marriage and talk things out. Sketch out a dissolution plan, even if you’re not thinking along those lines, because it’s “easy to fall in love with” an entrepreneur and just as easy to fall out.

If ever there’s been a must-read for starting a business, this one’s it – but if you’re the starter, For Better or For Work is not for you. Using interviews and her own experiences as the wife of a business-builder, author Meg Cadoux Hirshberg shows a keen understanding of what a spouse goes through when married to an entrepreneur. What’s really great is that Hirshberg “tried to examine every major area where entrepreneurship and domestic life intersect…” and in doing so, she gives non-entrepreneurial spouses food for thought and ways to steel themselves for what’s surely to come. That’s beneficial beyond belief.

This book is honest, it’s filled with examples, it has talking points at the end of each chapter, and if you’ve hitched your star to a future business star, then you absolutely need it. For richer and for poorer, For Better or For Work can only help.

Tickets Available

Need tickets for New Edition? The group will be appearing at the Huntington Center on April 27. Call The Truth at 419-243-0007 for more information.
Financial Aid Outreach Provided Through Local Partnerships

Special to The Truth

High school seniors seeking financial aid information will be able to obtain expert help at the FAFSA Drive occurring Wednesday April 18, 2012 at Pinewood Tabernacle Church at 531 Pinewood Avenue in Toledo from 1 PM to 7 PM. Students have been scheduling their free FAFSA appointments through Partners In Education, and preparing important documents for review during their FAFSA session. Financial aid advisors from The Salvation Army, University of Toledo, Bowling Green State University, Lourdes University, and Owens Community College will advise families through the Free Application for Federal Student Aid, of FAFSA.

"The FAFSA process can be stressful and overwhelming," notes Partners In Education Executive Director Becky Spencer. "There are strong partnerships occurring from many groups to support families through this necessary step toward college." Calvin Sweeney of Pinewood Tabernacle has supported the FAFSA outreach campaign through his congregation, as well as his work with United Pastors for Social Empowerment. "We are pleased to collaborate with Partners in Education to work with students in making this step towards higher educational attainment," he explains.

For Toledo-area high school seniors considering their options after graduation, the FAFSA is an important tool. The FAFSA provides families with information on financial aid packages available to a student. "The FAFSA isn’t just a form you complete if you’re thinking about a four-year college," explains Partners In Education Program Director Shawna Babula. "The FAFSA can help with aid for pursuing community college, vocational programs, and just about any learning opportunity after high school." Partners In Education recommends a high school senior file a FAFSA online to keep all post-high school options open. Students who delay in completing the FAFSA risk receiving less financial aid than those who file now.

The FAFSA Drive appointments can be scheduled by calling Partners In Education at 419-242-2122. Staff will also work with families to assemble all the necessary documents for successful FAFSA completion. Funding for the event comes through the Northwest Ohio College Access Challenge Grant.

Partners In Education of Toledo is a 501 (c) (3) not-for-profit organization that provides programs and services to strengthen students’ academic success through the development of partnerships with area business and community groups. Over 600 volunteers are active tutors in local Toledo schools.

CBTU Annual Banquet Held on March 31 at Ramada Inn Secor

This year’s Coalition of Black Trade Unionists’ banquet was held March 31, 2012 at the Ramada Inn Secor featuring a theme: "Never Settle for Less." Greetings were brought by Ohio State Senator, 11th District, Edna Brown and Toledo City Councilman Tyrone Riley. Music was provided by Jesse Coleman & JAMM Band. Community Action Award recipient was the Frederick Douglas Community Association which received a monetary award of $500. The Trade Unionism award recipient was Cenia Willis, retired Toledo Public Schools Security Officer and Toledo Chapter CBTU chairman. The Community Activist Award recipient was Robert Smith, founder and president of the African American Legacy Project and the Political Achievement Award recipient was George Shafer, former NW Ohio Field Coordinator Ohio AFL-CIO (retired).
The Health, Wealth & Stealth Tour Comes to Toledo

The Health, Wealth & Stealth Tour has come to Toledo for its 10 Year Anniversary Edition. Mike Polight, a former gang leader who has transformed his life, will be leading the tour. He is a successful entrepreneur, teacher, and lecturer.

The tour will feature a dynamic, edgy lecture from Brother Polight, who is also known as (Brother Polight) of the Golden Ankh Global Foundation Inc. He is the publisher of the Golden Ankh newspapers and has authored books.

Tour April 20, 2012 from 10:00 am to 6:00 pm – 9:00 pm and April 21, 2012 from 10:00 am to 4:00 pm at The Truth Art Gallery & Event Center. The Art Gallery & Event Center is located at 1811 Adams Street, Toledo, Ohio. Sponsored by The Mark-EtPlace, tickets at the door are $50.00 for both days. The tour can be purchased in advance from Eventbrite.com (http://brotherpolight.eventbrite.com/). For more information contact Lisa Higower at 419-787-1788 or Sharon Waters, Ph.D., at 567-868-7030, or e-mail getchangeback@themarketplace.com.

Treasury Announces $31.6 Million Increase in Small Business Lending at Ohio Banks Receiving Capital Through the Small Business Lending Fund

Yesterday, the U.S. Department of the Treasury released a report showing that Ohio banks have increased their small business lending by $31.6 million since receiving capital through Small Business Lending Fund (SBLF). The SBLF, which was established as part of the Small Business Jobs Act that President Obama signed into law, encourages community banks to increase their lending to small businesses to help them grow and create new jobs. Treasury invested more than $4 billion in 332 institutions, located in over 3,000 communities in 48 states, through the SBLF. Nationwide, institutions participating in the SBLF significantly increased small business lending in the last quarter of 2011 by $1.3 billion over the prior quarter—for a total of $4.8 billion over their baseline. This report shows that the Small Business Lending Fund is having a powerful impact," said Deputy Secretary of the Treasury Neal Wolin. "The program is helping spark new lending to local entrepreneurs looking to invest in their businesses and create new jobs."

To view the report on the SBLF that Treasury released yesterday, including a detailed list of the change in lending at banks receiving SBLF capital, please click here.

Small businesses play a critical role in the U.S. economy and are central to growth and job creation. Small businesses employ roughly one-half of all Americans and account for about 60 percent of gross job creation. But small business owners faced disproportionate challenges in the aftermath of the recession and credit crisis, including difficulty accessing capital. The SBLF helps small businesses meet this challenge by providing capital to community banks that hold under $10 billion in assets. The dividend rate a community bank pays on SBLF capital reflects the size of its loan portfolio and how efficiently, helping small and young firms across the country to grow and hire faster. For more details on the key elements of the JOBS Act, please visit here and here.
Spring Cleaning: Part II

By Terri Schlichenmeyer
The Truth Contributor

There’s always something cathartic about throwing open the windows and doors and preparing to throw all stuff out. Things you’ve accumulated over the winter are gone. Stuff you fought to combat the coldrooms — outta here. You always find some treasures, don’t you? There’s always something discovered that you’d totally forgotten you had.

Like for instance, the bookstore gift card you got back in December. Uh oh.

What do you use it for? You have no ideas, but I do. Here in Part II of Spring Cleaning are some additional great ideas for that gift certificate you forgot you had …

IF YOU CAN’T DO IT WITHOUT A NEW BIOGRAPHY…

Read a sequel to "Confessions of a Counterfeit Farm Girl" by Susan McCorkindale. This book (for kids ages seven-14) is a budding scientist’s dream because it’s filled with information as well as a cute story. The good news is that part of the money will go to kids of the younger side of the age group, while the sidebars will appeal to older children.

Another adventure book to find is "The Galactic Adventures of Jaedyn G." by Andy Gaines, art by Michelle García. This is the story of a girl who’s snatched by a spaceship from the Planet Bob (gotta love it) and must adjust to life on Earth. The aliens think she’s got superpowers, but she’s merely super. For kids who love humor, this book is the creme of the world. And if your daughter loves biographies, then you’re in luck: there’s a whole series of them, written about “dastardly dames” throughout history, all published by Goosebump Books. Look for bins on "Katherine de’Medici" (by Janie Havemeyer); "Cleopatra" (by Mary Fisk Pack); "Mary Antoinette" (by Liz Hockinson); "Agrippina" (by Shirin Yim Bridges); "Cixi" (by Natasha Yim) and "Mary Tudor" (by Gretchen Maurer). These books are illustrated, and are great for nine-to-12-year-old readers.

IF IT REALLY IS SOME OF YOUR BUSINESS …

You'll want to look for "Affluence Intelligence" by Stephen Goldbart, PhD and Joan Indursky Difurcia, MFT. You’ve no doubt heard about an emotional IQ and you’ve probably had your IQ tested once or twice, but do you know how your IQ can help you in life and business? This book will tell you. Bonus: quizzes, to help you assess where you are and where you need to be.

So you recently said a few prayers to win the lottery, then you’ll appreciate this book: "Money on Purpose: Finding the Faith-Filled Balance" by Shayna Lear. This book will help you find the right mix with your spiritual personality and the financial personality so you can grow both. Hint: nice book to share with your fellow church members.

And if you don’t think you have what it takes to be successful, then get your gift certificate and get to the bookstore quick, then read Big Fat Lies Women Tell Themselves by Amy Ahlers. This wonderfully truthful book busts a few myths and it will free you to find the things you’ve always wanted out of life.

TO YOUR HEALTH …

You’re not going to want to plant your butt anywhere after you’ve read this book: "Sitting Kills, Moving Heals" by Joan Vernikos, PhD. Written by the former director of NASA’s Life Sciences Division, this is a book that proves the moves to help you stay well and alive.

Hacking care of yourself is important (and you know it is), then read "Medicine with a Human Touch: Putting Patients First" by Richard Dew, M.D. This book explains why your doctor does what he does, and how she deals with the challenges that arise when taking care of patients like you. If it help you understand how better partner with your doc.

You already know how music really puts you in a good mood. What would you think if you knew it could help you stay healthy? In "Scales to Sculpels: The Power of Music in Medicine and Health" by Mary Tudor and Robert Viagas, you’ll see how an orchestra — made up of dou-bly-talented physicians and health-care workers — uses music to change the way they heal. If you loved Oliver Sacks’ book on this subject, you’ll be equally in tune with this book.

And finally, if you somehow feel as though you’ve been sick since forever, there may be a reason. In "Scared Sick: The Role of Childhood Trauma and Adulthood Addictions" by Robin Carr-Morse with Meredith S. Wiley, you’ll get insight into why your health is the way it is. This is a great book for you, but it could also help your kids someday.

And so it goes … if these suggestions don’t help you spend that gift certificate, then find the nice bookseller beyond the counter and ask for help. He or she will know exactly what to do find exactly what you’ll want.

Happy Reading!
The Young Scholars Program was one of those things government got right. The program took inner-city elementary kids who had above average grades and started preparing them for higher learning at an early age. Before getting kicked out, I spent the early 90s in this program and loved it. Then, at the end of the 90s, my little sister Kai’lah received her invitation to join the program. At this point, I was 20 or so and in my first full year at The University of Toledo but I made sure to take time to be with my parents and sister as she attended her introductory luncheon. Seated at our table was another new inductee to the Young Scholars Program, the future B. Wills.

Our families had a ball, even traced family trees with the far-off possibility someone else that may have made us relatives. From being pre-teens and over the years into adults, I remember the buzz around B.Wills starting to bubble even in the early Myspace days. Then I watched him grow, evolve and get better and better until he’s someone you have to mention when you speak of music in this city. My company has always shown him love and respect and he’s always returned it. We’ve supported each other’s music, events and shows.

And he’s always returned it.

They’re held each other down through ups and downs even as both of them found their way to each other, unaware that we have been tight for years. So now, with a new project and a new event on the horizon, Toledo’s own Mr. 106 & Park is ready to break his silence on a few things. Here you go, Toledo. This is for y’all.

MICHAEL: How did you become one of the hottest rappers in the area? It’s a direct question, but just spell it out for everyone. How did you do it?

B. WILLS: I remained true to myself and consistently outworked everyone while still showing love. I paid attention to all of those that came before me from around my area and made sure to never repeat the mistakes they made. Truth is a lot of cats only want to be “Local Celebrities.” They’ll have a hot single, get it played in the club a few times and then that’s it, they’ve made it. That’s totally fine, just not for me. The things rappers speak of in their rhymes, I do it. Every rapper claims to “Put on for their city” and “have the city on their back” but in actuality only care about themselves getting on. It’s a never ending joke, they do everything in their power to get the people behind them and the second they have that support and reach a certain amount of success their like “Peace, see y’all when I see y’all.” Toledo to me is like that chick that everyone talks bad about but regardless you still love her. Say what you want but she’s mine and I’m proud of her.

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MICHAEL: What is your overall goal as an artist?

B. WILLS: To inspire and influence anyone with a dream that’s scared to be themselves due to what most people would think. That’s worldwide, not just Toledo. Everyone’s so scared to be themselves and I hate it. At the end of the day I want to show the world the positive side of Toledo that anyone rarely talks about and gets to see. The last few times Toledo was on national TV I took part in that, that’s a true blessing. From Glenwood Ave. to television, you can’t tell me nothing.

MICHAEL: What music do you listen to? Like, what five artists are most frequently on your personal play lists?

B. WILLS: Top 5 would be Rick Ross, Sade, Drake, Wiz Khalifa & Nipsey Hussle.

MICHAEL: What makes the perfect single? What makes the perfect mixtape?

B. WILLS: The perfect single to me is the one that you’re most comfortable with performing. That single can open so many doors for you but if you can’t bring that song to life in person there’s no point. As for the perfect mixtape, I’d have to say individuality. Straight like that. If you need an example make sure you download my new mixtape “Shawn Michaels” April 27 via LiveMixtapes.com. Just keeping it real as the kids say.

MICHAEL: What are some of the ridiculous rumors you have heard about you and please take a moment to set the record straight.

B. WILLS: Here we go! Funny thing is that I never take the time to set records straight cuz I could care less if people know a truth. The NUMBER one rumor is that I’m gay, by far. For the record I love gay people as much as any others but no I’m not gay myself. Maybe it’s because of the hair or maybe even the fact that my clothes fit, who knows? All they gotta do is ask their chicks, they know what it is! The other rumors vary so much, that’s pretty much the main one. Maybe I (Continued on Page 14)
B. WILLS – The Long-Awaited Interview

(Continued from Page 13)

should rap about being in the trap with my Tall T and goons.

MICHAEL: Professionally, a lot of people want to be down with you. Say they’ve worked with you, all kinds of stuff. What are your past-present professional relationships with various companies or entities in this area? Set the record straight on who and has not been a part of your success so far.

B. WILLS: DOPI question. Most don’t know but I’ve been without any management or team for about two years now. Everything from BET, the touring, mixtapes, it was all me. Not looking for a pat on the back but I want people to know the truth. Embrace of Embrace Enterprises definitely played a huge role in my success. Learned so much from her, it was more than business. Charlie Mack and the entire Juice 107.3 family, I look at them as my actual family for real. There’s so many people, from all the DJ’s to club owners, I’m appreciative of each and every person, sincerely. Far as people claiming they’ve worked with me and saying I’m affiliated with them, I appreciate the compliment but keep it 100. To anyone that truly wants to work with me, let’s get this money!

MICHAEL: Explain the idea behind “Dervin Davis” and how it’s been received so far.

B. WILLS: I had gotten the email that I would be going back on BET’s 106 & Park for the W.O.W. Championship and I couldn’t think of what song to perform. I was literally watching “The Game” on DVR and hit me. I’m about to go back on BET, why not make a song about their highest viewed show? It’s the championship, the world will be watching. Next thing you know I performed the song and a producer backstage informed me that I was third biggest trending topic worldwide on twitter and I won. Then Pooch Hall (who plays “Dervin Davis”) began tweeting about me and since we’ve formed a cool friendship, one of the coolest and most supportive people I’ve ever seen. It’s history. The song is currently on radio and iTunes, the response has been better than I could ever dream. Shouts out to DJ One Tyme for being the first to spin it on radio, greatly appreciated that.

MICHAEL: The alias “Beverly”, the streaked hair, the clothes...no matter what anyone says, you or someone around you understand packaging. You are one artist known just as much for fashion and image just as much for music. I know you’ve been able to create that lane for yourself.

B. WILLS: I always did what I wanted to do. I really don’t care what people think of me, dead serious. I’m not trying to be different or follow any trends, this is me. People don’t understand that it’s not about talent in this industry, your actual talent only plays a part. You have to appeal to the masses all the way around. Don’t get twisted, I wasn’t doing music I still be rockin skinny’s with the funky hair. It was easy musically to create my line because I speak on events from my life. It’s impossible to sound like anybody else when you’re doing that.

MICHAEL: What does the rest of 2012 hold for B. Wills?

B. WILLS: Well I say the end is near so hopefully a lot before but December. Seriously though, 2012 will be the greatest year of my career so far, I’m more than sure of that. My new mixtape “Shawn Michaels” releases April 27 on line and I’m actually having the release concert in Toledo that same night @ The Zodiac. Most concerts are expensive so I made sure that the tickets are only $10 and it’s all ages show so everybody from junior high school kids to adults can come. It’s gonna be a HUGE night for me and Toledo. Tickets are on sale now @ HotKrea ($250 Monroe St. across from Krogers). I’ve got a few surprises for that night so just make sure you’re in the building!

So there you have it. Be in the building for his show, make sure you get the mixtape and if you can... try to calm down the hatred. Producing new artwork, linking up with other artists, I always love B. Wills and a few others as examples. Because no matter what has been said about them, they are more polished and ready than most in this area. And if you know anything about getting close to that deal, and what it really takes to gain access to those majors, it should be easy for you to appreciate and hard for you to hate.

Oh yea, let me give my little shout-out to the WJUC family as well. ’B’ in touch soon y’all.

Toledo, let’s have a good summer.

Peace.

Email: music101@gmail.com
Twitter: @mercury Jug
Youtube: www.youtube.com/

And my new addiction, instagram: @mercurygram
Notice to Bidders: Inquiry # FY12-112, (Project #0031-12-790) Glass Bowl Press Roof for the University of Toledo Main Campus. Sealed bids for this project must be clearly marked with the project number on all inner and outer envelopes and/or shipping containers. Bids must be addressed and delivered to the University of Toledo, Main Campus, Facilities and Construction, Plant Operations Room 1100, 2925 E. Rocket Drive, MS 216, Toledo, Ohio 43606 before 3:00 p.m., Tuesday, May 8, 2012. Bids will be publicly opened that same day at 3:05 p.m. in the Plant Operations Building, Room 1000. Copies of Plans, Specifications, and Bid Forms may be obtained from Rossi & Associates, LLC at 419-385-6633. One Pre-Bid Conference will be held on Tuesday, May 1, 2012 at 11:00 a.m. in Plant Operations Building Room 1000, at the University of Toledo, Main Campus, 2925 E. Rocket Drive, Toledo, Ohio 43606. Total Bid Guaranty and Contract Bond are required per section 153.54 of the Ohio Revised Code. EDGE Participation Goal: 10%. Project Estimate: $301,545.00; Breakdown: General Const: $255,000.00; Breakdown: Electrical: $450,000.00.

Notice to Bidders: Inquiry # FY12-109, (Project #0054-12-737) for McComas Village Roofs for the University of Toledo. Sealed bids for this project must be clearly marked with the project number on all inner and outer envelopes and/or shipping containers. Bids must be addressed and delivered to the University of Toledo, Facilities and Construction, Plant Operations, Room 1100, 2925E. Rocket Drive, MS 216, Toledo, Ohio 43606 before 2:00 p.m., Tuesday, May 8, 2012. Bids will be publicly opened that same day at 2:05 p.m. in the Plant Operations Building, Room 1000. Copies of Plans, Specifications, and Bid Forms may be obtained from Rossi & Associates, LLC at 970 S. Byrne Road, Toledo, Ohio 43609. Call 419-385-6633 for an appointment to pick up bid package. A cost of $20.00 will be charged per set. Any further information may be obtained from Brad Rossi of Rossi & Associates at 419-385-6633. One Pre-Bid Conference will be held on Tuesday, May 1, 2012 at 10:00 a.m. in the Plant Operations Building, Room 1000, at the University of Toledo, 2925 E. Rocket Drive, Toledo, OH 43609. Total Bid Guaranty and Contract Bond are required per section 153.54 of the Ohio Revised Code. EDGE Participation Goal: 10%. Project Estimate: $255,000.00; Breakdown: General Const: $225,000.00.

Production Supervisors
Sunrise Windows, a Temperance, MI manufacturer of premium-performing windows and patio doors, seeks to fill Production Supervisor positions on 1st and 3rd shifts. Qualified applicants should have at least 3 years’ experience in production leadership supervising a large hourly workforce in a manufacturing or distribution environment and a Bachelor’s Degree in business operations or other closely related field. In lieu of degree, a combination of equivalent knowledge, skills and experience may be substituted.

Supervisors must be able to meet daily production targets, while meeting expectations for safety, quality and continuous improvement and creating a positive environment of teamwork and mutual respect with employees. Supervisors must maintain hands-on, highly visible presence on the shop floor with extensive employee interaction. “Awhatever it takes for our customers’ mentality is a must!” In return, Sunrise offers competitive compensation, including incentive-based pay, excellent insurance and retirement plan benefits. To apply, send letter of interest with shift preference, resume and salary requirements to employment@sunrisewindows.com. Applications without salary requirements will not be considered.

Manager of Public Service
The City of Toledo is seeking qualified candidates for the position of Manager of Public Service at the Hoffman Road Landfill. The manager will perform work of considerable difficulty in providing managerial, technical, administrative and supervisory direction and assistance at the landfill. The manager will also be responsible for ensuring the facility remains in compliance with Ohio EPA rules and regulations. Qualified candidates must possess a Bachelor’s Degree in Engineering or in the chemical, physical or biological sciences and four (4) years of administrative experience in environmental enforcement. Interested individuals may apply at: Department of Human Resources, One GovernmentCenter, Suite 1920, Toledo, Ohio 43604 (419) 245-1500, or you may ask for an application online at toledo.humanresources@toledo.oh.gov. The City of Toledo is an Equal Opportunity Employer. Minorities, females and individuals with disabilities are encouraged to apply.

Business Development Professionals
NHA is seeking PT (20 Hours) professionals to expand services by generating new clients and developing new services. Sales and Marketing professionals with health care, strategic planning, forecasting, and an extensive network will be ideal candidates. Forward resumes with salary requirements to: resumeh@nhaoc.org or NHA, Business Development, 313 Jefferson Ave., Toledo, OH 43604. No phone calls.

“Calling All Members from Delta Sigma Theta Sorority, Inc. 2013”
We are Calling all Sorors home to Delta to join us in celebrating 100 years of service. We miss you and we welcome you back! We need you to help us to continue the mission of Transforming Lives and Impacting Communities. Please visit the Toledo Alumnae Chapter website at www.dsttoledo.org/membership

Notice to Bidders: Inquiry # FY12-113, (Project #1020-12-818) The University of Toledo Residence Life Surveillance for the University of Toledo Main Campus. Sealed bids for this project must be clearly marked with the project number on all inner and outer envelopes and/or shipping containers. Bids must be addressed and delivered to the University of Toledo, Main Campus, Facilities and Construction, Plant Operations Room 1100, 2925E. Rocket Drive, MS 216, Toledo, Ohio 43606 before 1:00 p.m., Tuesday, May 8, 2012. Bids will be publicly opened that same day at 1:05 p.m. in the Plant Operations Building, Room 1000. Copies of Plans, Specifications, and Bid Forms may be obtained from Rossi & Associates, LLC at 970 S. Byrne Road, Toledo, Ohio 43609. Call 419-385-6633 for an appointment to pick up bid package. A cost of $45.00 will be charged per set. Any further information may be obtained from David Desjardins of JDRM Engineering at 419-824-2400. One Pre-Bid Conference will be held on Tuesday, May 1, 2012 at 9:00 a.m. in Plant Operations Building Room 1000, at the University of Toledo, Main Campus, 2925 E. Rocket Drive, Toledo, Ohio 43606. Total Bid Guaranty and Contract Bond are required per section 153.54 of the Ohio Revised Code. EDGE Participation Goal: 10%. Project Estimate: $450,000.00; Breakdown: Electrical: $450,000.00.

NORTGATE APARTMENTS
610 STICKNEY AVENUE
Now Accepting Applications for 1 and 2 Bedroom Apartments

Alpha Towers Apartments
525 E. Woodruff
Now accepting applications for 1 and 2 bedroom apartments.
Mature adult community for persons 62 and older. Rent based on income. All utilities, Appliances, Blinds. Service coordinator on site. Call 419-729-7118 for details.

Finish Drywall and Painting
Residential and commercial
Patch and match existing textures
References upon request
419-280-2987

Wanted to Buy: Diabetes Supplies
Earn up to $12 per box of 100 test strips! Must expire after September 2012. Leave labels on boxes. We remove and shred. Call 419-740-7118 for details.

Part Time Maintenance Person
For medical equipment maintenance of power wheelchairs and power scooters
Part-time
Call Ken at 419-865-0089
“The physical and emotional health of an entire generation and the economic health and security of our nation is at stake.”
- First Lady Michelle Obama at the Let’s Move! launch on February 9, 2010

Background
Children today have sedentary lifestyles. Statistics show an alarming increase in childhood obesity due to lack of exercise and poor diet, increasing children’s risk of diabetes, heart disease and cancer.

To address this threat, Jack and Jill of America, Inc. developed the AIM for Healthy Living Initiative, a comprehensive, collaborative and family oriented program to empower our families and communities to make their own health a top priority.

Beginning in 2010, as a national organization Jack and Jill has participated in various Healthy Living Programming Events. On April 21, 2012 the Toledo Chapter of Jack & Jill will be participating in the Jack & Jill National Fitness Day – a nationwide event where every chapter across the country participates in a fun and exciting fitness extravaganza where our families and the communities we serve will come together and celebrate fitness and health.

On this day we will join forces with The Boys & Girls Club of Greater Toledo in our collaborative “Fun through Fitness” program - a fun and exciting fitness event where over 175 youth from our respective groups will come together to celebrate fitness and health through exercise sessions, organized sports and nutrition education.

Program Highlights
Date: Saturday, April 21, 2012
Time: 1:00pm – 4:00pm
Place: Boys & Girls Club Greater Toledo
Homer Hanham Club
2250 N. Detroit
Toledo, OH 43606

“Fun through Fitness” will coincide with National Minority Health Month and National Boys & Girls Club Week (April 15-21, 2012). During this week hundreds of Boys and Girls Clubs around the country open their doors to the community, inviting them to special events and fun activities. Many Clubs host open houses and performances to highlight their vital role in the community. Our “Fun Through Fitness” event will be the culmination of a week of programs the BGC of Toledo will have focused on healthy living.

There will be something for everyone!
- Exercise sessions (zumba, aerobics/hip-hop dance)
- Organized sports (volleyball, double dutch contest, basketball)
- Kids Olympics (obstacle courses, tug-of-war)
- Youth nutrition (portion control, healthy choices)
- Healthy Snack preparation

Through this event our hope is that we will have an impact on our children of the importance and life-saving connection between being healthy, fit and living well.

Jack & Jill of America, Inc. is a national membership organization of mothers with children ages 2 to 19, dedicated to nurturing future leaders by supporting children through leadership development, volunteer service, philanthropic giving and civic duty.

Mt Nebo Hosts Event for Elder Rance Allen

Mt. Nebo Baptist Church held a special service on Sunday April 8, 2012 to celebrate the achievements of local gospel star, Elder Rance Allen.

Seated (l. to r.): Sabrina Prince, Debra Brock, Nikki Coley
Standing (l. to r.): Rev. Mark Smaw, Rev. Michael Prince, Rev. Cedric Brock, Deacon Ivan Coley, Rev. Alan Crawford

Miss Candace F. Willis
10/24/65 – 02/16/12

The family ac knowsledges with deep appreciation, the comforting messages, prayers, flowers, calls, visits and other expressions of kindness shown during her homegoing celebration.

Words truly cannot express how much our hearts were lifted by many.

Gratefully,
Nathan Sr.
& Cenia Willis
Nathan Jr.
& Charssie Willis