



# The Sojourner's Truth

Volume 32, No. 6

*"And Ye Shall Know The Truth..."*

March 18, 2015

## March Is Women's History Month



Toledo CEO's and Executive Directors: Linnie Willis, Doni Miller, Suzette Cowell, Lisa McDuffie

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# Dangerous Intersections

By Rev. Donald L. Perryman, D.Min.  
The Truth Contributor



*To act is to be committed, and to be committed is to be in danger.*

- James Baldwin

The special election on May 5 to fill the remainder of the term for Mayor Paula Hicks-Hudson's vacated council District 4 seat, a mayoral primary in September and general election in November is creating a possible political collision at the intersection of the "need to govern" and the "need to campaign."

At this same time in 2013, Opal Covey, Alan Cox, Joe McNamara, Mike Bell and Michael Konwinski were already in the race for Toledo's top prize. So far in 2015, however, Covey is the only person officially running for mayor.

Although Mayor Paula Hicks-Hudson has not made a formal announcement, those close to her say that she "would like" to hold onto the job and that she plans to be a candidate in the September primary election for the unexpired term of the late Mayor D. Michael Collins.

Yet, Hicks-Hudson has been "hunkered in" working on previous issues started by her predecessor and noticeably absent from the Toledo campaign trail.

Some Hicks-Hudson supporters complain that it is her adversaries who, out of self-interest, are orchestrating her commitment to projects begun by Collins. The enemies' ultimate goal, supporters say, is to cause Hicks-Hudson's political future to crash and burn.

"We're tearing all our hairs out about how do we help Paula Hicks-Hudson. She doesn't return anybody's phone call. Everybody keeps saying she's overwhelmed, but Reinbolt and these guys are making sure she stays overwhelmed. They're not doing anything to clear the wood out. They're piling wood on," said one political ally.

What also makes navigating the political terrain particularly dangerous for Hicks-Hudson is that she faces hazards coming from multiple directions, including unexpected angles.

"She's got like 20 targets on her back from both sides, from the right and from the left," said a long-time political analyst. "She's got the Republican Party, anybody from the political right knows that they can beat her, whether that's Sandy Drabik, Rob Ludeman or Tom Waniewski. With Sandy Drabik and the people that she has backing her and that are critically working for her as mayor, they're going to implode any candidacy that she has. They are watching her every move, every single day and making note of any mistakes that she makes and that's not fair and it's not right. And then you've got almost every former mayor of Toledo thinking of running. I know Mike Bell is thinking about running. Jack is and so is Carty because they're all like: 'With Paula's lack of citywide name recognition, I could win this election.'

So then you've got Democrats who are looking. There are Democrats like the Anita Lopezes, the Pete Gerkens, and the Wade Kapszukiewicz's that were planning on running in 2017, and now they're looking at Paula like, "That should be me."

What irritates me about party politics is if this were anyone else, if this were a white male as mayor and any other democrats were talking about running, they would crucify them. They would stand together as a party and say that we need to support our incumbent mayor in the party. But because Paula was appointed and I also think it's because she's a black woman that they don't feel that those rules apply."

With the Neo-Nazis planning to return to Toledo to mark their 2005 protest and ensuing riot, and with racial hostilities scorching the nation and simmering just beneath the surface locally, Hicks-Hudson's skill set and demeanor could be exactly what's needed to broker racial reconciliation, as race is predicted to be a large issue in Toledo over the next few years.

What is certain is that Hicks-Hudson must shift her mindset from running a district race to running a mayor's race if she is to keep her job. This will require that she jettisons dead weight on the 22nd floor, a move for which she could "get swung on," but otherwise risk certain sabotage from the inside. The key will be for to clean house in a way that sets her up for success if she decides to run but also leaves the city in good hands, should she choose not to. This is a "tricky" maneuver at best.

Yet, ultimately, it comes down to Hicks-Hudson herself and what she wants. If her reticence in making her candidacy public means that she doesn't really want to be mayor, then she should not be forced into running. Nor should anyone else be making the decision for her.

Although she is driving through dangerous political intersections where various motives, agendas and futures collide, at the end of the day, Paula Hicks-Hudson is the one who has the wheel.

Contact Rev. Donald Perryman, D.Min, at [drdlperryman@centerofhope-baptist.org](mailto:drdlperryman@centerofhope-baptist.org)

## Community Calendar

### February 16 – March 31

Art Exhibit: Maumee Branch Library; 40 paintings by artists Larry Parker, Sr

### March 22

Calvary MBC 26th Pastoral Anniversary: Pastor Floyd Smith, Jr; 4 pm service with Pastor James Willis and St. Paul MBC

### March 27

Phillips Temple CME Fish and Shrimp Fry: 4 to 7 pm: 419-242-7906

### March 29

New Prospect Baptist Church Annual Men and Women's Day: Men's Day during 11 am service; Women's Day service at 4 pm  
Indiana Ave MBC 50th Pastoral Anniversary Celebration: Spiritual Sons' Service; For Rev. John E. Roberts and First Lady Bernice Roberts; 6 pm

### April 3

River of Life Church "Good Friday Food Giveaway:" Noon to 1 pm; Giving food away to families in the community: 419-380-9357

### April 5

Friendship Baptist church "The Resurrected Savior:" 8:30 to 9:30 am; Presented by WordUp Drama Ministries

### April 17

Indiana Ave MBC 50th Pastoral Anniversary Banquet: For Rev. John E Roberts and First Lady Mother Bernice Roberts; Ramada Inn Secor; 6 pm

### April 17-19

Calvary MBC Women's Ministry 18th Spring Retreat: 419-531-9443

### April 19

Indiana Ave MBC 50th Pastoral Anniversary Morning Service: For Rev. John Roberts and First Lady Bernice Roberts; 11 am; Closing Appreciation with Rev. John Williams and Eastern Star MBC – 3:30 pm

## The Sojourner's Truth

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# Craps... You Lose!

By Lafe Tolliver, Esq  
Guest Column

Some random commentary on the recent political winds that are not blowing favorably for the local black community. I will later use the word, "negro" in lower case because the recent juvenile political antics on Toledo City Council decree that using sophisticated words such as black power or black empowerment are words that seemingly the "negro" members on City Council are not familiar with.

When you have four and, at one time, five black members on Toledo City Council and the best that they can achieve is the recent debacle regarding the political musical chairs, it is time to reassess whether or not those players are even remotely familiar with how to use political power and create alliances.

In my humble opinion, the charade of Steve Steel becoming council chairman and the unknown Josh Hughes becoming the local Democratic honcho and the "independent" Scott Ramsey getting appointed to the vacated District 4 seat is a political scandal to say the least.

In my gut of guts the current crop of negro members of City Council are scared of their own shadows when pulling the levers of political and economic power so that they can maintain and not lose what they have gained.

For the life of me I cannot fathom why five and now four black City Council members have not sat down behind closed doors and did the "wink" move.

You know, that is when you plan your move and then you move your plan and when everything is in place, the cabal simply winks or gives the "ghetto nod" to their fellow member and BOOM... it is done!

When you've got a competent black mayor in place who needs to get the vocal and visible support from the local Democratic Party and her fellow council members but instead what you have is each person creating their own political sand castles of voting as if they are cross-eyed, nothing gets done and the voting power of the Big Four is woefully diluted and pretenders can creep in the vacuum and take power.

Not good. Don't lose what you have already. That is basic political power 101. When the negro council members try to be too cute and vote as if this was a garden tea party with no consequences, they exhaust their use on council and they need to be replaced with more aggressive and politically-astute black members from the community who are not afraid to be seen together in group photo shops. Don't apologize for your power ... use it.

As far as "replacements" go, this is a weeping tragedy of the past 10-20 years due to the old black political Democratic guard not doing their homework and developing a cadre of up and coming politicians who could be groomed for times such as these.

Years ago, I wrote columns about that

"old" guard who were more delighted in getting judicial and political offices for their own aggrandizement and resume building that they forgot about nation building.

Those are losses that can never be recouped due to pride and personal foolishness. You know their names. Simply think back 10-20 years in Toledo politics and which African-Americans occupied judicial and political positions but did nothing of substance with those positions other than garner a paycheck and get goose bumps when they were invited to rubber chicken dinners at tired and snooty "negro" social events? Sharp Tux! Great dress!

Yeah, that name you just thought of and a dozen others. But, I digress.

What is at hand is that unless the members of City Council who are of the "negro" persuasion are able to rally the troops who have expressed in past elections a lack of zeal and willingness to get their lazy rumps out and vote and vote smart, any accumulated political power will be a vapor haze that is fit only for future tall tales around the dinner table or boring NAACP luncheons.

My expectations? Very simple but direct:

(1) The current negro membership of city council and the mayor need to circle their wagons at a private meeting or meetings and hash out a sound strategy for winning future elections.

(2) The black wards have to be mobilized to show that if they do not vote and vote in large numbers, they will be relegated to the dust bin of not being needed or acknowledged when it is time to count the votes and pass out the city money when budget time comes around.

There is not a worse political sound to hear than a negro who does not vote but when something does not go right in his community or the city money gets funny when it is time to pass it out to the various districts, he howls and protests and wants to throw down the race card. When you ask him, "Sir, did you vote?" If the answer is no, then you need to say to him, "Then shut up and go away!"

(3) The negro council members are going to have step out of their comfort zone



and devise specific economic empowerment programs that target the central city and they need to do so in concert with the many local corner banks that sit in the black community, aka: the black churches that are on, "every street corner."

I know....I know...black pastors over the years have been shown that they are loathe to share any money outside of their own stain glass walls. If you ask them to come together to strategize and formulate economic plans, they break out into a cold sweat; and will not come to the meeting because their love of keeping their own money overrides their sense of community even though that same community is the source of those funds! Go figure.

My advice? Run, Paula, run! And watch out for THE Johnny-come-lately politics of Sandra Drabik-Collins who has seemingly had a conversion of heart and she wants to run and now run with the name of Collins and run with a social conscience?


Question? Can a Taft/Voinovich dyed-in-the-wool Republican have a social conscience (?).

Contact Lafe Tolliver at [Tolliver@Juno.com](mailto:Tolliver@Juno.com)


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# Cultural Competence in the Real World of Schools

By Lynne Hamer, Ph.D., and Willie McKether, Ph.D.

The Truth Contributors

Those readers who have followed our previous articles know that our agendas for Community Conversations meetings alternate between highlighting data and research—as in the school-to-prison pipeline data in our last column—and best practices. Here, we focus on a best practice—or rather, a best practitioner with years of teaching experience and wisdom to share. In Community Conversations, participants have the too-rare opportunity to listen to elders and learn from them. One of these elders is Mattie McAlister, who seldom misses a meeting.

McAlister's take on what we need for school success is grounded in her being in public school classrooms for 42 years (she says she spent the first six years *learning* to teach effectively, and she actually *taught* for 36 years), and then having directed Grace Community Center's after-school tutoring program for another many years.

She notes that throughout her teaching, she constantly tried "to find ways to better satisfy the emotional, academic, and mental needs of each individual in [her] care." The core of her insight is simple but seldom heard in public forums: "Children are fragile, and teachers can break them." This is but one example of a "golden nugget" that McAlister effortlessly drops during our community conversations.

McAlister attributes her career choice and success to her parents. Asked in one



Willie McKether



Lynne Hamer

Community Conversation what teacher in her childhood had most impact on her, McAlister recalled, "All my teachers were great," but that her father had had the greatest impact on her: he was a principal, and McAlister remembered "how sad he would be when he had to dismiss a teacher because of her inability to maintain class control." As a teacher, she resolved that she would manage her students' behavior without aid from the principal and others.

To do this, she developed positive ways to hold the interest of her students, without harshness, paddling, or yelling. McAlister recounts that she only sent one child to the principal during her entire teaching career. This eight-year-old equated paddling with love, because her mother had told her that she whipped her because she loved her. Thus she wanted Ms. McAlister to paddle her to prove her love for her.

McAlister describes, "Three days before school's closing, she came in knocking over desks and bumping into children in a final effort to get me to paddle her, and I had no choice other than removing her from the class." McAlister's advice to parents? "Never tell a child you whip them because you love them. Children may not properly interpret your meaning."

Memories of herself as a young student in South Carolina have influenced McAlister's teaching philosophy as well. She recalls that as a very busy three-year-old, home with her mother day in and day out, one day her mother said to her father, "Take this child to school with you. I can't stand it!" McAlister recalls, "That hurt," but also that going to school was her greatest desire.

She was already reading and "meddling" with her older siblings as they completed homework. At her father's school, "Miss Sadie allowed me to sit with her first-grade children." At first, Miss Sadie called me 'honey,' or 'darling,' or 'sweetie,' but soon she was calling me Mattie, and soon she was elevating her

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## African Art Has Arrived!!

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Cultural Competence... continued from page 4

voice when she told me to sit down. I lasted about three weeks, I'm told." She laughs. "I quit school when she threatened to whip me. I had seen her whip a child, and I didn't want one of those things! I became a less pesky child at home for fear I'd be sent back to Miss Sadie's room."

She recalls always being a "nuisance and busy body in school," and having to "run home to avoid being tackled by children [she] had corrected or remarked about their inability to correctly complete school work." She recalls it was difficult to "sit down, and what a strain it was to wait for the teacher to stop talking and let us do the work," and describes herself as "as innocently busy, as innocently nosy, and as politely disruptive as any so called 'hyper' child."

She feels lucky that teachers for the most part worked with her and not against her, and she learned from her own experiences to understand aberrant behavior in children. "I sought to learn why children behaved as they did, and I worked hard to bring about positive changes in their behavior," she stated. This is what we mean by being a culturally-competent teacher.

In conversations about reducing disciplinary actions that contribute to the school-to-prison pipeline, McAlister has contributed her own action research, conducted formally and informally over the years. She has developed the Summer Birthday Theory, noting that children who are born in the summer will be nine to 12 months younger than their classmates. They will have more immature behaviors because, physically, mentally, and emotionally, they are more immature.

Her recommendation? Teachers should chart their students' birthdays and have appropriate expectations for different behaviors based on age. She claims that too many "summer babies" have been labeled as "slow learners" or as having emotional or behavioral disorders, when "their only problem was they were too young to perform in school as well as their older classmates." Again, culturally-competent teaching involves searching out the reason behind the behavior.

The Monday evening meetings are not the only venue in which McAlister shares her experience. Last November, McAlister shared her wisdom with future teachers—University of Toledo undergraduate teacher education students. Nuggets of wisdom included:

- **Teachers should always greet students and put the students' feelings first by putting their students at ease.** McAlister recalled how she always stood outside her classroom to greet her students as they entered. She particularly remembered a student with a perpetual nose. Instead of asking that student if he wanted a Kleenex the moment he entered the classroom, McAlister would always greet him, wait until he was settled, and then nicely and privately offer a tissue, so the student wouldn't feel self-conscious or embarrassed. She emphasized, "Never make a correction in the hearing of the entire class. Find a way to correct the child privately."

- **Teachers should find a way to present with humor.** McAlister modeled this throughout her presentation to the future teachers. When leading them in a "Silent Sustained Writing" prompt, which she advocated using to give students something to do before class starts and to allow the teacher to do a quick check-in with them, she instructed the college students, "Eenie, meenie, miney—go!"—and they immediately started the six minutes of silent writing. In discussing the exercise, she pointed out, "If you can get your students' attention, you can keep it."

- **Teachers should talk less and learn to moderate their voices.** McAlister noted that a teacher talking too much "makes the children nervous." She advocated getting the children working, then going around the room to work with individuals. Most important, teachers should never yell, "Shut up," and should not talk too loudly or too fast. Teachers who normally have high voices need to work on lowering their voices, doing exercises and getting coaching as needed.



Mattie McAlister

She calls "voice control" one of the best controls a teacher can use.

- **Teachers should resist jumping to conclusions and disciplinary action, but should listen to learn why children do what they do.** McAlister told about an eight-year-old boy who lived so close to the school that he could see his house from the classroom window. He always got up randomly and stood by the window in class. She didn't know why and found it distracting, but instead of punishing him, she asked his parents about it. She learned he had witnessed a shooting outside his home window, and he therefore stood at the window as a "protector."

- **Teachers should make fewer correctives, and always consider for whom a behavior is a problem.** McAlister recalled, "I don't give a flying banana if a child is sitting up straight," and gave an example: "I had a boy who learned leaning over his desk and constantly swinging his arm. It was such a distraction—I wanted to kill him!" Instead, she contracted with him to sit in the back of the room where he could swing his arm without it bothering her and the other students, because he learned best when he was doing so. "By year's end, he was finally able to function without leaning on his desk and swinging his arm."

- **Teachers should consistently check their students' mastery of skills.** McAlister developed a daily test, "The Five Game," to see if all students can correctly add, subtract, multiply, and divide, with five problems, done by everyone, at the beginning of the day. The game always contained two or three "self-esteem building problems," that is, problems all could do correctly, as well as others to find out what skills needed reinforcement. Using this method, a teacher knows if a student is having trouble with a key skill and can help her/him, privately and immediately. McAlister noted, "Repetitive learning brings mastery."

- **Teachers and administrators must recognize the power of their own behavior and how both their own prejudices and their students' prejudices influence it.** McAlister urged teachers to be careful not to let their beliefs about a child's background or looks creep unnoticed into how they treat that child. She admonished, "In today's world, we have children damaged in school by their teachers' prejudices. And we have teachers who are being damaged by their children's prejudices. If you become parents, don't let your children ever hear your prejudices, because they'll go into school and act out those prejudices, only to land in trouble." She noted that white teachers will have black students who have learned from talk at home to believe that white people hate them. In contrast, black teachers will have white students who have learned from their parents that black people, including black teachers, are stupid and inferior. "We have created a society of very fragile children and fragile teachers," she concluded. Teachers have to deal with their own frailties so they can focus on the children to build their strengths.

Back at Community Conversations, McAlister summed up the importance of cultural competence: "People who are going to work with children must have strong knowledge of the cultural backgrounds that children come from. Not all black children have had the same experiences, nor have all white, or all Mexican. You can't put teachers in the classroom until they know this, or it will be a disaster. Many potentially great teachers have failed because they did not understand or appreciate the cultures of their students."

We honor and acknowledge Mattie McAlister as well as all retired TPS teachers for their service and willingness to mentor today's educators as well as the community as a whole. Our learning continues.

The authors of this column are on the faculty at the University of Toledo and facilitate the group "Community Conversations for School Success." Lynne Hamer is professor of Educational Foundations and Leadership and directs UT@TPS, and Willie McKether is associate dean in the College of Language, Literature and Social Science and Associate Professor of Sociology/Anthropology. Everyone is welcome to join in the Community Conversations, which take place the first and third Mondays of every month, 6:30-8:00 pm, at the Kent Branch of the public library. Our next conversation is March 16. For more information or to get on our email list, please contact Lynne Hamer, 419-283-8288, lynne.hamer@utoledo.edu, or Willie McKether, 419-309-4931, willie.mckether@utoledo.edu.

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Dr. John W. Williams, Pastor

# A Celebration of Women's History Month: Leaders Then and Now

Sojourner's Truth Staff

**Clara Brown** was born into slavery in Virginia in 1800. She married another slave when she was 18 and together they had four children. In 1835, Brown's family was broken apart when they were all sold to different slave owners. Clara was sold to a plantation owner in Kentucky. When she was 56, she was granted her freedom and, as such, was required by law to leave the state. She worked her way West as a cook and laundress to Denver, Colorado.



Brown settled in the mining town of Central City, Colorado where she worked as a laundress, cook and mid-wife. With the money she saved, she invested in properties and mines in nearby towns. By the end of the Civil War, Brown could travel freely and liquidated all her investments to travel to Kentucky to find a daughter. She was unsuccessful at that time but she would evolve into a philanthropist and community leader upon her return to Colorado. She would become of great assistance to former slaves seeking settlement out West.



**Maggie Lena Walker** chartered the St. Luke Penny Savings Bank in Richmond, Virginia during the early years of the 20th century and served as the bank's first president – the first black woman to charter a bank in the United States.

She later served as chairman of the board of directors when the bank merged with two other Richmond banks to become The Consolidated Bank and Trust Company, which grew to serve generations of Richmonders as an African-American owned institution.

Sarah Breedlove, born in 1867,

would become known as **Madam C.J. Walker**, an American entrepreneur who was the country's first black female millionaire. Walker made her fortune by developing and marketing a successful line of beauty and hair products for black women under the company she founded – Madam C.J. Walker



Manufacturing Company.

Walker's line of products would be born of necessity. She herself experienced scalp disorder and the loss of hair because of the harsh products like lye that were included in soaps used to clean hair. She learned a lot about hair care from her brothers who owned a barbershop in St. Louis.

She eventually became a commissioned sales agent for an African American hair care entrepreneur, Anni Turnbo Malone, and adapted her own knowledge of products. She then moved to Denver, CO, to work on her products and trained women to become "beauty culturists." In 1906 she developed a mail order operation and began traveling the United States to expand the business.

By 1910, Walker had become very successful and moved to Indianapolis to establish her headquarters and build a factory, hair salon and beauty school to train sales agents. She died from complications of hypertension at the age of 51.

## Toledo Area CEO's and Executive Directors – Women Who Run Things ... Big Things!

**Cheryl Grice**, became CEO of Pathway, Inc at the start of this year, taking over an agency beset by trouble, board strife and the loss of a big chunk of government-funded business. According to board members who unanimously voted to hand over the reins of the operation to its first female CEO, she is perfectly suited to the task.



Grice had spent most of her career on the East Coast before moving to Columbus, OH, 15 years ago. Prior to her appointment as Pathway's CEO, she was the director of energy efficiency and empowerment services for IMPACT Community Action in Columbus.

Pathway Inc, formerly the Economic Opportunity Planning Association of Greater Toledo (EOPA), has a mission of providing services for low-to-moderate income people. EOPA is one of the agencies founded during the heyday of the President Lyndon Johnson's Great Society years. Recently the agency, which now has a budget of just over \$5 million and around 30 employees, lost its decades-long charter to run Head

Start in Lucas County. Head Start provided about 75 percent of the agency's funding during that time.

Now, Grice is squarely focused on workforce development, job training for youth and re-entry programs for ex-offenders. "Through quality programming, we can inspire people to want better things for themselves," she says.

Grice earned her undergraduate degree in criminal justice from Coppin State University and a master in organizational development and applied behavioral science from Johns Hopkins – both Baltimore, MD institutions.

**Billie Johnson** has worked to improve the quality of life for older adults and their caregivers in northwest Ohio for four decades – since 1974 when she joined what was then known as the Area Office on Aging. The agency had a \$200,000 a year budget when she became executive director in 1977.



Now known as the Area Office on Aging of Northwestern Ohio, it is a multi-million dollar non-profit corporation with an annual budget of \$45 million, 125 employees and serves clients in Lucas, Wood, Ottawa, Fulton, Sandusky, Erie, Henry, Williams, Defiance and Paulding counties.

Over the years, Johnson has spearheaded the development of housing complexes for low-income clients funded by the U.S. Department of Housing and Urban Development (HUD). The complexes are owned by AOoA.

She later developed 43 acres at Arlington and Detroit avenues as a senior services housing complex.

Johnson began her social services career during her student days at the University of Kentucky where she was named associate director of the local YWCA, the youngest administrator in the history of the "Y." She moved with her family to Toledo in 1968 and would join AOoA as an analyst. As the agency's grant writer, she wrote herself a job as planner since she believed they wouldn't hire her as an administrator.

That seemed to work out pretty well.

**Sophia Lloyd** has been at the helm of the Lucas County Job and Family Services department since June of 2014, returning to Toledo after a 14-year hiatus in Chicago. As the director of the agency, she supervises approximately 400 employees and an annual budget on \$40 million – the largest agency under the authority of the Board of Lucas County Commissioners.



Job and Family Services administers a variety of services including temporary cash assistance, food stamps, Medicaid and the establishment and enforcement of child support orders.

Lloyd, prior to her present assignment ran the Chicago area Oak Park-River Forest Community Foundation – a 50-year-old charitable organization that provides grants to a variety of non-profits.

Lloyd has a master's degree in social work from the University of Michigan and a bachelor's of arts from The University of Toledo. She has more than 20 years of executive leadership experience in community-based organizations focusing on providing so-

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cial services, housing and administrative oversight.

Mayor **Paula Hicks-Hudson** became the City of Toledo's chief executive just a few short months ago, following the death of then Mayor D. Michael Collins. As president of Toledo City Council, Hicks-Hudson was, virtue of the City Charter, next in the line of succession.



As such, the new mayor took over an organization with a general fund budget of \$248 million. She may not have been entirely ready for such a responsibility, given the unexpected turn of events that catapulted her into office, but she was certainly well prepared.

Hicks-Hudson, a native of Hamilton, OH, earned a bachelor's degree from Spelman College, a master's in communications development from Colorado State University and a law degree from the University of Iowa. She arrived in Toledo in 1982 to work for the Toledo Aid Society and thence spent two years as a prosecutor with Lucas County.

Among her public service stints are time as a legislative director for Toledo City Council and four years as chief counsel in the State of Ohio Office of Budget and Management. She was appointed to City Council as the District 4 representative in 2011 and won election to the post later in the year. In 2013, her colleagues on City Council elected her as president of that body.

Local CEO's Who Are Building Big Things in the Central City ... Really Big Things!

Toledo, as everyone who has walked or driven around the inner city neighborhoods knows, is about as stagnant a mid-sized metropolitan area as can be imagined. Not everyone here, thank goodness, subscribes to the theory that such stagnation is a way of life that must endure.

In recent years four women executives have, taking a leap of faith, invested their organization's resources in the central city – really the only ones to do so in any substantive manner. It's an investment that's going to pay off in a big way for clients and members. They have built, or will be building, residential and commercial structures that will greatly improve the quality of life for thousands of area citizens.

CEO **Suzette Cowell** opened the Toledo Urban Federal Credit Union 19 years ago – July 1996. The credit union has been housed for those in years in the cramped quarters of a strip mall on Dorr Street even as it has grown to include over 2,100 members and with assets exceeding \$5.6 million – and growing in leaps and bounds these days.

This spring, Cowell and TUFCU will break ground for a new 3,500 square-foot facility at the corner of Dorr and Detroit. The million-dollar building will be free standing with its own parking lot and drive-through services – a far cry from the current offerings. And it's all happening on a street – once housing the lifeblood of the African-American economic community – that has struggled to become once again relevant.

Cowell, a Toledo native who attending both UT and the University of New Hampshire – majoring in banking and community development, has been in banking for the whole of her adult life. She first joined the former First Federal Savings and Loans before moving over to the Toledo Police Credit Union.

Through a campaign of raising fund from a variety of sources, including brick-selling, Cowell has arrived at the point where the future in a new, much larger building is finally within reach.

CEO **Lisa McDuffie** of the YWCA of Greater Toledo has dedicated her career to empowering and enriching the lives of women and girls. She first started working with the YWCA in 1995.

Named CEO in 2001, McDuffie, a Toledo native who graduated from Rogers High School and earned an undergraduate degree from Findlay College and a masters in social work administration from Case Western Reserve University, made a decision during the worst of times to make her organization's inner city investment.

In 2009, during the Great Recession when financing was at its most difficult, the YWCA constructed 65 permanent supportive housing units for women and women with children in the form of one and two bedroom apartments. The cost of the building project was just over \$10 million and it opened in December 2009.

The structure adjoins the YWCA's headquarters on Jefferson Street in downtown Toledo.

CEO **Doni Miller** of Neighborhood Health Association will be breaking ground for her organization's new building on March 30. The \$12 million project on Jefferson Street will bring together the operations of three current sites into one convenient facility – convenient especially for clients. "It's a pragmatic response to common problems," says Miller of the decision.

Those problems are old facilities, that don't respond well to newer technologies and are often not user friendly for clients and patients.

Miller joined NHA as the CEO in March of 1992

...continued on page 9

The Library Legacy Foundation and The Maumee Bay Club of the National Association of Negro Business & Professional Women's Clubs, Inc. present



A'Lelia Bundles

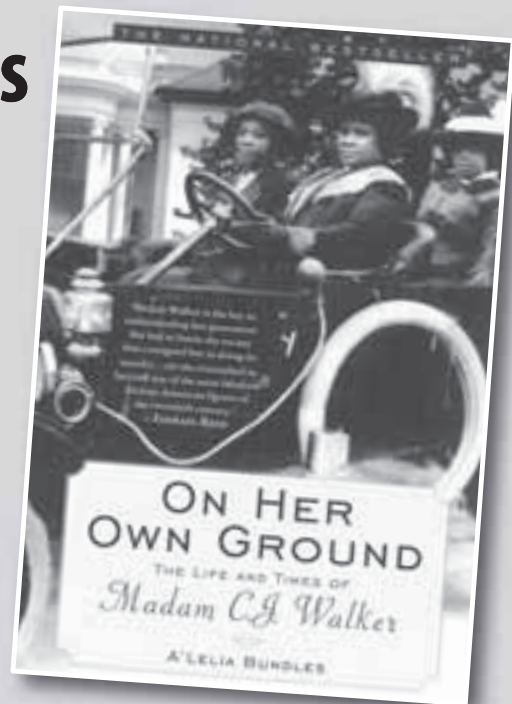
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419.259.5200



# A Lot of Drama during Deltas' Founders Day

Sojourner's Truth Staff

The Toledo Alumnae Chapter of Delta Sigma Theta Sorority, Inc celebrated Founders Day 2015 on Saturday, March 7 with a Rededication Ceremony, luncheon and a play at The University of Toledo's Student Union.

About 50 sorors gathered on Saturday. "Dedicated to service, sisterhood and scholarship, we have been working for and empowering African-American communities for 102 years," said Chapter President Angela M. Siner. "We are dedicated to the mission of our inspiring and empowering Founders, 22 young women who on January 13, 1913 at Howard University established our illustrious sisterhood."

The Toledo chapter began in 1937 as seven young women founded a mixed organization of graduates and undergraduates. Over the years, three area chapters have evolved - Toledo Alumnae, Beta Lambda at UT and Epsilon Omicron at Bowling Green State University.

Saturday's program, after the Rededication, consisted of a prelude by Soror Kaylene Miller and the welcome by President Siner. Soror Sheree Madison-Emery offered the invocation.

The Toledo Alumnae Steppers presented "A Tribute to Our Founders," after which, Siner led the sorority in acknowledging the sorors with 25-years of service - Cynthia Dye, Tonia Pace - and those with 50 years of service - Delois Baskin, Shirley Duckins and Twyla Wheaton.

After lunch, the audience was treated to a performance of Soror Joyce Lewis's play *I Am Black and Beautiful*. The work was directed by Soror Sylvia Carter. The three-act play is a series of vignettes by a cast of 10 women commenting on love, self-esteem and sisterhood.

The chairman of Saturday's Founders Day event was Rochelle Hall-Rollins. Committee members included Linda Ew-



ing, Wanda Gallo-way, Alexandria Harris, Billie Lothery, Bessie Mack, Sheree Madison-Emery and Sandra Strong.

Chapter officers are President Siner, First Vice President Jacquelyn Jones, Second Vice President Staci Jackson-Harris, Corresponding Secretary Meiuttenum Brown, Recording Secretary Vicki Ampaw, Financial Secretary Tiffany Hairston, Asst Financial Secretary Tene Jackson, Treasurer Stephanie Teamer, Asst Treasurer Sheray Hall, Journalist Kaylene Miller, Chaplain Madison-Emery,



Sergeant-at-Arms Barbara Stodghill, Parliamentarian Erica Parrish and Heritage and Archives Karen Sherman-Sorina.



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Women's History... continued from page 7

when the federally-qualified health agency consisted of one facility. During her tenure, the agency has grown to include 11 facilities servicing 30,000 residents annually most of whom qualify for Medicaid or some other form of entitlement.

A native of Lewisville, Mississippi, Miller as raised in Philadelphia, PA until she was aged 12 when her family relocated to Detroit. She earned her undergraduate degree from the University of Detroit (now University of Detroit-Mercy) and a law degree from UT.

She began her career in Toledo at United Way and was an assistant hospital administrator at the Medical College Hospitals before joining NHA.

Executive Director Linnie Willis joined the Lucas Metropolitan Housing Authority in 1982 as a housing manager and has since served as director of occupancy, interim executive director, deputy director, director of Human Resources and was appointed to the top position in January 2001.

For years LMHA operated, among other housing projects, two of the oldest such housing units in the nation – Brand Whitlock and Albertus Brown. Both were established almost 75 years ago and encompassed over 400 units. All that has changed.

Under Willis's guidance, both projects have been razed to make room for a multi-million-dollar three phase construction project.

The first phase – a four-story, 65-unit \$10 million facility for seniors on Division Street – has been completed. The second phase is under way. A 68 unit, two

and three bedroom, \$12 million facility for families broke ground in October of 2014 and will be ready in November 2015.

Phase Three – a 55-unit facility comprised of two and three bedroom town-homes and costing \$11.4 million – will be underway in early 2016.

Willis, an Oxford, MS native and graduate of the University of Mississippi, moved to Toledo with her family shortly after earning her degree and got a job with HOPE Inc. After 8 years there, she joined the City of Toledo's Affirmative Action Office before moving over to LMHA to build things ... really big things.



LMHA's Linnie Willis, NHA's Doni Miller, TUFCU's Suzette Cowell, YWCA's Lisa McDuffie

# Ruth Ashford: District 4 Candidate Focuses on Small Businesses

By Fletcher Word  
Sojourner's Truth Editor

Toledo City Council District 4's business sections – downtown, UpTown and the warehouse district – are pockmarked with abandoned buildings and empty lots. Nowhere is the district anywhere close to a pedestrian's paradise.

Ruth Ashford, candidate for the District 4 seat vacated by Mayor Paula Hicks-Hudson, has turned her attention to the area's blight and the need to bring entrepreneurs into the area to ramp up activity. "Activity draws people to the area," she says.

"For small business owners, there needs to be incentives to come downtown," Ashford adds.

An example of the types of businesses so sorely needed is Salon Onyx, she says. Salon Onyx, a full-service salon located in the Davis Building at 123 N. Michigan Avenue, has been in operation for about three and a half years, says

... continued on page 10



Alina Dunbar and Ruth Ashford



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# Spring into a Stress-Free Retirement

By Phil Walton, Social Security Manager in Toledo, Oh

Guest Column

April has arrived, and spring is here! As we say "goodbye" to winter weather hardships and "hello" to gardens budding with vibrant color, we welcome the season by celebrating Stress Awareness Month. Did you know that stress, also called the "silent killer," could cause heart disease and high blood pressure? Recognizing the sources of stress is the best way to understand how you can start eliminating factors in your life that put unnecessary strain on your body and mind.

Social Security wants to make your retirement planning as stress-free as possible, which is why we have a number of online tools available for you. You can create your own secure, personal *my Social Security* account from the comfort of your living room and avoid unpleasant traffic and a possible long wait in one of our field offices. Once you have a *my Social Security* account, you can view your *Social Security Statement*, verify your earnings record, and find out what to expect in monthly benefits if you retire at ages 62, 67 or 70. Once you begin receiving Social Security benefits, you can use *my Social Security* to check your benefit information, change your address and phone number, change your electronic payment method, and obtain an instant benefit verification letter and replacement SSA-1099/1042S. You can easily sign up for *my Social Security* at [www.socialsecurity.gov/myaccount](http://www.socialsecurity.gov/myaccount).

If you're thinking about retiring at an age not shown on your Statement, reduce the stress of the unknown by using our *Retirement Estimator*. The *Retirement Estimator* allows you to calculate your potential future Social Security benefits by changing variables such as retirement dates and future earnings. You may discover that you'd rather wait another year or two before you retire to earn a higher benefit. Or, you might see that this is the season for you to kiss that work stress goodbye and retire right now. To get instant, personalized estimates of your future benefits, go to [www.socialsecurity.gov/estimator](http://www.socialsecurity.gov/estimator).

When you decide it's time to start receiving your retirement benefits, the application process is far less stressful now that you're prepared. You can securely apply online without picking up the phone or leaving your house. Simply go to [www.socialsecurity.gov/apply-online](http://www.socialsecurity.gov/apply-online), and, in as little as 15 minutes, you can breeze through our online retirement application.

Our website and online tools are always available. You can enjoy Social Security's stress-free retirement planning tools any time of the year, giving you more time to enjoy these warmer months. Doesn't that put a spring in your step?

Ruth Ashford... continued from page 9

owner/operator Alina Dunbar.

Dunbar's business includes four stylists, two nail technicians and an aesthetician. Clients, who come from all over the greater Toledo area, have access to waxing, facial, massage and makeup services.

In order to bring her salon to the downtown area, Dunbar and her husband had to build the business from scratch – a gutted out storage area in the Davis Building. The result is a large, well-decorated, inviting space that complements the other businesses in the building such as Sophie's Sister and Pam's Corner. Clients can park on the street or in the lot at the back and walk through.

"I am doing what I want and this has been my dream," says Dunbar, a Toledo

native who has been a cosmetologist for over 20 years.

Salon Onyx grants Dunbar the opportunity not only to practice her craft and make a profit but also to place emphasis on how she practices that craft – ethically and professionally.

"Professionalism is first and foremost," she says of her approach to customer service. One of these days, Dunbar hopes to go into teaching so that she can impart that approach to others and ensure that she is "laying a good foundation with young people."

"She can be so inspirational to so many young people in many ways," adds Ashford. "From getting their finances together to drawing up business plans.. this should be a life class that they can come to. Other young people ought to aspire to doing what she has accomplished here."

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# Getting Free Help to Renew Medicaid Benefits, Find Health Coverage

*Special to The Truth*

Ohio's Medicaid recipients must renew their benefits every year or their coverage will expire after a 30-day grace period, including those who qualified under Medicaid expansion last year. Meanwhile, some Ohio residents may be eligible to purchase health coverage in the Health Insurance Marketplace and receive tax credits through a special enrollment period ending April 30 if they didn't have medical insurance in 2014 or so far this year.

Certified/licensed Marketplace Navigators are available to give free help to residents to renew Medicaid benefits or find health insurance coverage through the Health Insurance Marketplace. Set up under the Patient Protection and Affordable Care Act, the marketplace allows uninsured and underinsured Ohioans to compare health insurance coverage options and enroll in a plan.

Residents may be able obtain health insurance through the special enrollment period ending April 30 if they meet certain criteria, such as not knowing medical coverage was required by federal law and owing federal tax fees for not having coverage in 2014. Navigators are also available throughout the year to help residents with getting health coverage through the marketplace within 60 days of:

- Losing employer-sponsored insurance.
- Having COBRA coverage end.
- Losing a job.
- Turning 26 and no longer qualifying for parents' insurance.
- Moving from one state to another.
- Receiving a denial from Medicaid.
- Getting married or divorced.
- Having a baby.

Residents of Lucas, Wood and Ottawa counties who would like free assistance from a Marketplace Navigator with renewing Medicaid benefits or finding health coverage by the April 30 deadline can call United Way 2-1-1 to schedule an appointment. Residents of other Ohio counties can call 1-800-648-1176 to schedule an appointment to get free help from a Marketplace Navigator.

"We want to make sure everyone can renew their Medicaid benefits or find suitable health insurance coverage," said Julie Grasson, assistant director of Toledo/Lucas County CareNet.

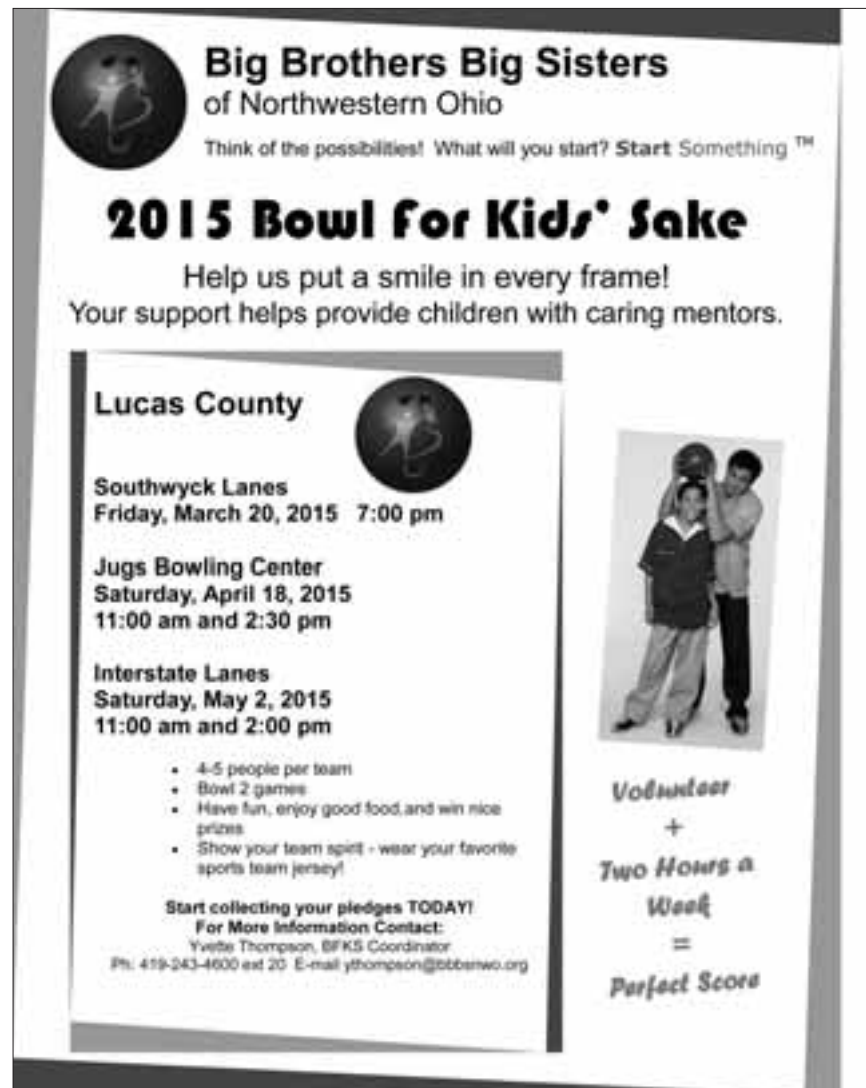
Toledo/Lucas County CareNet is partnering with are you covered?, a statewide effort to assist Ohioans with enrolling in

health coverage, and the Lucas County Department of Job & Family Services to alert residents about the Medicaid renewal requirement and special enrollment period for coverage.

The partners also are holding Medicaid informational sessions for health-care providers and social service organizations to get updates about helping their patients and clients renew benefits. Healthcare providers and social services organizations needing more information about those sessions should contact asutton@hcn.org.



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# 18th Annual Youth-Led Symposium

By Tricia Hall

Sojourner's Truth Reporter

Seventy-five pre-teenagers, teenagers and parents attended the 18th annual youth-led symposium held March 14th at the Frederick Douglass Community Association. The theme was: "It's all about me, healthy choices, healthy living and healthy generations."

Toledo public schools graduate and current Eastern Michigan freshman, Anastasia Rubin, served as opening workshop facilitator and focused on the importance of understanding social media and college.

"There are study groups available in college, there isn't an excuse not to succeed," Rubin explained during the question and answer portion. "Social media does affect job offers and college applications. It makes a difference. If you or your friends post questionable posts or pictures, then you apply for a job or college, understand that they will search through your posts and pictures. It does impact their decision. The quickest way to find out about someone is through social media."

The Glass City Hustlers taught attendees a healthy form of dance, and Touch a Dream dance studio entertained the crowd. PNC Bank offered youth savings accounts while explaining the differences between credit and debit cards, reasons for installment payments, and how decisions impact homeownership.

University of Toledo's Police K-9 unit and Toledo Police Department Officer

Floella Wormely spoke with youth about police officers and distracted driving. Officer Wormely later joined the Toledo Buffalo Soldiers presentation that focused on interacting with police and encouraging conversations.

"We don't know what's in your car, so be cooperative. Your goal is to avoid a ticket, and our goal is to make sure you're safe," shared Officer Wormely immediately following an interactive role-play activity which involved youth portraying police officers, drivers and auto passengers.

Toledo Public Schools Coach Mike Robinson and former Coach Ben Williams engaged youth about the importance of physical activity early in life. "In 2014, one in four youth were obese in Lucas County. A lot of people aren't exercising regularly, and that should change," shared

Coach Mike.

DJ Travis provided music throughout the entire day, and Kimberly Davis-Grable served as symposium chair. The 2015 symposium meal sponsors were Subway, Barry Bagels, Tim Horton's, Sam's Club, and Kroger's. Girl Scouts USA and Early bird basketball clinic offered youth opportunities to join positive community organizations. Girls from the chapter's Rhoer Club served as event hosts and introduced workshop facilitators, and women from the Philo Affiliate assisted the chapter with registration and meal preparation. Sigma Youth Symposium is an international initiative of Sigma Gamma Rho Sorority Incorporated, held by chapters across the country every second Saturday in March. Locally, symposiums are sponsored by Iota Theta Sigma Chapter of Toledo, Ohio.



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# Work Simply by Carson Tate

By Terri Schlichenmeyer  
The Truth Contributor

You really hate turning people down.

You hate it, but there's just no other way: you're too busy to chair an

event, spearhead projects, lead a meeting, organize parties. You're operating on warp speed, barely able to manage what's already on your schedule.

Does it seem like you rarely have five minutes a day for yourself? Like good sleep is an acquaintance you haven't seen in ages? Then you need what's inside **Work Simply by Carson Tate**.

After hitting a metaphoric wall a year after the birth of her daughter, entrepreneur, go-getter, and executive trainer Carson Tate took one look at the name of her business (Working Simply) and saw the irony.

"Suddenly," she says, "I realized how much I had to learn along with my clients."

She wasn't alone: one-third of Americans say they work more than the traditional 40-hour week. Working couples spend an average of twelve minutes a day communicating with one another. We're over-swamped, and Tate has ideas for taming that.

The first steps toward working smarter are in understanding how you perceive control of your productivity – is it internal or external? - and vanquishing guilt over "the should's." It's easy to determine to the former; utilizing a "P.O.W.E.R.

c. 2014  
Penguin Portfolio  
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286 pages

No" could help with the latter.

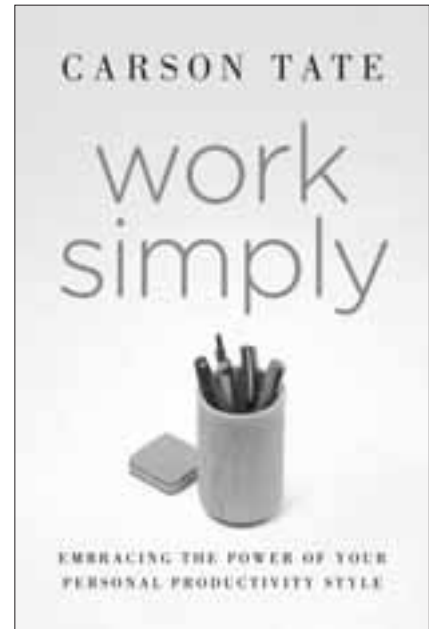
Next, Tate offers a quick, easy quiz to analyze your productivity style. Are you a planner, prioritizer, arranger, or a visualizer? Knowing where you stand will tell you where your strengths and weaknesses lie in organizational skills, which helps you work more efficiently, alone and with others.

Then, change your attitude about time. No, it can't be "managed." Yes, time is money, but it's different. You wouldn't give away money; why give away time?

Keeping your productivity style in mind, learn how to minimize interruptions. Take a "brain dump" to eliminate "popcorn brain." See how building a "master TASK list" can help you focus. Learn to delegate and pace yourself. Put Tate's "Agility Circle" in place for email and paper crush. Pay attention to your workspace – and if you're the boss, eliminate open-space office concepts. "Leverage" your co-workers' productivity styles. Finally, remember that there's much more to life than work; identify it and "claim it."

It may seem, at first blush, that *Work Simply* is quite commonsensical. That'd be true – but not entirely. I found plenty here that gave me things to think about.

I'd already guessed my own "productivity style," as author Carson Tate calls it; I'm a prioritizer-planner, for those who wonder. That's nothing new but Tate puts that info to work by explaining strengths and weaknesses and by offering specific (but still broad) ideas to



maximize my work, even more than I'm already doing. There's plenty of practical reading inside these covers, in other words, and *Work Simply* gives you a different way of seeing it.

Keep in mind that you might find over-generalizations here that may seem well off-base, which is natural, though the help here is mostly sound. So if you need to work better, grab *Work Simply*... and get busy.

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# CLASSIFIEDS

March 18, 2015

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## New Hope Missionary Baptist Church

Is now accepting resumes for

### Senior Pastor

Send resumes to  
NHMBC, 833 Nesselwood Ave., Toledo, OH  
43610  
or nhmbc@bex.net

Attention or Subject: Pulpit Committee

## Search-Lite Community Baptist Church

Is now accepting resumes for

### A Youth and Young Adult Pastor— Part-time

Send resume to:  
Search-Lite CBC  
200 East Broadway, Maumee Ohio  
c/o P.O. Box 80426 Toledo, Ohio 43608  
or search-lite10@bex.net

Attention P. Williams: Church Administrator

The Lucas County Land Bank is seeking a Field Technician that will make regular site visits to vacant and abandoned properties owned and targeted by the Land Bank; inspect properties and document estimated cost of repairs to Land Bank specifications; and assist homeowners with home maintenance and renovation technical assistance through its Heritage Home Program. An ideal candidate will demonstrate a sincere commitment to the Land Bank's mission of strengthening neighborhoods and restoring property values. Demonstrated experience in construction, property management, historic preservation, or property maintenance is required. Salary commensurate with experience. For more information or to apply, visit [www.LucasCountyLandBank.org](http://www.LucasCountyLandBank.org). Deadline: March 23, 2015. EEO/AA.

## CARE MANAGER

Full-time

Accountable for overall care management and care coordination of the consumer's care plan, including physical health, behavioral health and social service needs and goals. May provide health home services as needed.

Must be licensed in Ohio as an LISW, LSW, PCC, PC or RN. Prior experience as a care manager preferred.

Send resume or apply to:

Unison Behavioral Health Group, Inc.  
Human Resources - CM  
2310 Jefferson Ave  
Toledo, OH 43604  
Fax: 419-936-7574  
website: [unisonbhg.org](http://unisonbhg.org)

EOE

## Request for Qualifications Lawn-Cutting & Field Services

The Lucas County Land Bank is seeking interested businesses for lawn-cutting and ancillary field services on properties owned by the Land Bank for the 2015 growing season (April - November). Interested businesses must have a demonstrated track record of cutting a large volume of properties to owner's specifications. A mandatory informational meeting for interested businesses will be held on Wednesday, March 25th at 10:00 a.m. at One Government Center, Suite 800, Room A. Proposals will be due no later than Monday, March 30, 2015 at 4:30 p.m. to the Land Bank, One Government Center, Suite 580.

For more information, please visit [www.lucas-countylandbank.org](http://www.lucas-countylandbank.org) or call (419) 213-4293.

**Notice to Bidders:** Inquiry # FY15-44, (Project # 1020-15-964) for Campus Infrastructure Improvements for the University of Toledo. Sealed bids for this project must be clearly marked with the project number on all inner and outer envelopes and/or shipping containers. Bids must be addressed and delivered to the University of Toledo, Facilities and Construction, Plant Operations, Room 1100, 2925 E. Rocket Drive, MS 216, Toledo, Ohio 43606 before 2:00 p.m., Tuesday, March 10, 2015. Bids will be publicly opened that same day at 2:05 p.m. in the Plant Operations Building, Room 1000. Copies of Plans, Specifications, and Bid Forms may be obtained from Becker Impressions, 4646 Angola Road, Toledo, Ohio 43615. Call 419-385-5303 for an appointment to pick up bid package. A cost of \$35.00 will be charged per set. Any further information may be obtained from David Oz of The JDI Group at 419-725-7161. One Pre-Bid Conference will be held on Tuesday, March 3, 2015 at 10:00 a.m. in the Plant Operations Building, Room 1000, at the University of Toledo, 2925 E. Rocket Drive, Toledo, OH 43606. Total Bid Guaranty and Contract Bond are required per section 153.54 of the Ohio Revised Code. EDGE Participation Goal: 12.5%. Project Estimate: \$2,520,000.00; Breakdown: HVAC: \$2,380,000.00 & Electrical: \$140,000.00.

## TRANSPORTATION PLANNER II

The Toledo Metropolitan Area Council of Governments (TMACOG) is seeking a highly motivated individual to fill a professional position within the Transportation Department. This position is responsible for facilitating and working with local, state, and federal government agencies; community organizations; regional business interests; and the general public to develop regional transportation plans. Candidates must have a Bachelor's Degree with an emphasis in urban, regional, or transportation planning, plus at least two years of planning experience. Master's Degree is preferred. AICP Certificate is desirable. Successful candidate must have excellent oral and written communication skills, be able to communicate tactfully and effectively with co-workers, committee volunteers, public officials, and members of the general public, and be able to demonstrate outstanding interpersonal skills and the ability to involve all transportation stakeholders in the plan development process. Preference may be given to applicants with prior transportation plan development and writing experience with a metropolitan planning organization. Bilingual ability in Spanish may be considered favorably. Detailed job information can be found at [http://www.tmacog.org/info\\_employment.htm](http://www.tmacog.org/info_employment.htm). Applicants must be legally able to work in the U.S., possess a valid current driver's license. Successful completion of a comprehensive background check and drug screening are required to complete the hiring process. Annual salary is \$50,000 DOQ. Interested candidates should forward a letter of interest, resume, and professional references by April 3, 2015 to TMACOG, P.O. Box 9508, Toledo, OH 43697-9508 or [resume@tmacog.org](mailto:resume@tmacog.org). No phone calls. TMA-COG is an Equal Opportunity Employer.

## In recognition of National Women's History Month, 3rd Annual Women of the World Symposium Toledo, Ohio

The Women of The World Symposium (W.O.W.) is a collaborative effort of multiple women-owned businesses, women-focused organizations and individuals that share a common goal and interest: the wellbeing and empowerment of women and adolescent girls. The Symposium is organized by women for women.

### Purpose:

1. Provide fun educational and networking opportunities for women and adolescent girls throughout Northwest Ohio and Southeast Michigan.
2. Provide a Market Place for women-owned business to sell their products/services and non-profit organizations to promote the women-focused services they offer.

This collaborative event is dedicated to promoting an overall healthy lifestyle and encouragement of attendees to think and plan bigger and bolder lives.

Topics include: healthy living, W.O.W. panel, Miss. Representation, emotional health, wage negotiation, Zumba, sexual abuse recovery, financial planning, parenting, physical fitness, entrepreneurship and more. Throughout the day attendees can also take advantage of massages, health screenings and the creative space.

When: March 21, 2015

Where: Start High School

Time: 9:00 a.m. – 4:00 p.m., Registration 8:30

Cost: \$12.00, \$5.00 (students) includes continental breakfast & lunch  
REGISTER: [www.wowtoledo.org](http://www.wowtoledo.org) or 419.318.9705

Media Contact: CeCe Norwood, Chairwoman – 419.460.3278

Local and National News

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# The Sojourner's Truth

Volume 32, No. 6

*"And Ye Shall Know The Truth..."*

March 18, 2015

## March Is Women's History Month



Toledo Area Women in Charge: Sophia Lloyd, Mayor Paula Hicks Hudson, Billie Johnson, Cheryl Grice

**Jazzy**  
MONDAY  
EVOLUTION  
w/ The H-Factor Jazz Show

**H-FACTOR**  
Jazz Show

*Wine Down*  
WEDNESDAY  
at the River  
w/ The H-Factor Jazz Show

**\$2 DRINK SPECIALS** (until 8pm) • Caribbean Cuisine

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The University of Toledo radio station - WXUT

6-10pm • 26. S Main St. (The Docks) • Toledo