NANBPWC, Toledo Club Prepares for 2016 Cotillion
Prince
By Rev. Donald L. Perryman, D.Min.
The Truth Contributor

... Do you not know that a prince and a great man has fallen this day...?
– 2 Samuel 3:36

A candid observation by Rev. Susan K. Smith:
It’s funny how we believe some people will just ...be around forever.

Prince died today and one of the comments I heard over and over as I walked on the streets of New York City was “he wasn’t supposed to die.”

The death of the 57-year-old musical genius stunned just about everyone. He did a concert last week in Atlanta. A friend of mine went and called; said he was “the bomb.” My friend was exhilarated, excited, inspired and filled. She said she was ready to face the world.

She called me this evening. “How did this happen?” she asked. “I mean, not how, but why ...I mean...what happened?”

I of course had no answers, but his death gave me pause. We take being alive and being healthy ...for granted. And now, Prince.

The passing of Prince makes me understand how we take for granted the part of life called death. We cannot bear it, really, so we ignore it. We absorb because of their music, make us try harder because we honor their success not how, but why ...I mean...

She said she was ready to face the world.

He was “the bomb.” My friend was exhilarated, excited, inspired and filled. He did a concert last week in Atlanta. A friend of mine went and called; said he was “the bomb.” My friend was exhilarated, excited, inspired and filled. She said she was ready to face the world.

Maybe Prince’s death should jostle us and make us understand that he wasn’t supposed to die.

The Truth Contributor
By Rev. Donald L. Perryman, D.Min.

Prince

A candid observation
Rev. Dr. Susan K Smith is an ordained minister who is also an author, writer, and speaker, who concentrates on the intersectionality of race, politics and religion. Currently working on a biography of Rev. C.T. Vivian, she is the author of several books including “The Book of Jeremiah: The Life and Ministry of Jeremiah A. Wright Jr.”. She is the communications consultant for the Samuel DeWitt Proctor Conference, Inc, and is also the founder of Crazy Faith Ministries. She is available for speaking, and can be reached at revsuekim@sbcglobal.net.

Contact Rev. Donald Perryman, D.Min, at drdperryman@centerofhopetobaptist.org

Community Calendar

April 2-May 14
Braden UMC The Ladies Life Café: A Saturday Bible Study series based on the film War Room; 10 am to noon; to register call 419-386-2700

April 11 – June 20
Mott Mane Mondays: A 5-week series providing participants with resources to aid in the care, styling and maintenance of African-American hair; Light refreshments provided at no charge; Mott Branch Library; Register at Toledo- ohlibrary.org; Topics include 04.11 – Films and Forums, 04.25 – DIY Den, 05.23 – Natural Hair Salon, 06.06 – Expressions of Naturalism (poetry), 06.20 – SWAP & Shop: 419-259-5230 or 419-984-0395

April 25-29
Charity Baptist Church Annual Spring Revival: 7 pm nightly; Guest evangelist. Rev. Fred Alexander, pastor of Bethel Baptist of Albion, MI

April 27-29
Warren Chapel AME Church of Fremont Spring Revival: 7 pm nightly; Revivalist Rev. Otis Gordon, pastor of Warren AME of Toledo; “Reclaiming, Restoring and Reviving God’s People:” 419-810-3863 or 419-332-1412

April 30
Sixth Annual Sexual Assault Awareness 2K Walk: Registration at 11 am; Walk at noon; Ottawa Park – Across from Toledo Hospital stepstohelgingwhole- ness@yahoo.com

May 2-23
NODA Pathways to Homeownership: 4 week series – every Monday 6 to 8:30 pm; NODA Office; Learn how to navigate the home-buying process: 419-242-1455 or 419-297-5341
And Now... We Got Potty Problems?

By Lafe Tolliver, Esq

Guest Column

Tell me it ain’t so. Tell me that we have come to the point in our national discourse that we are having to decide who goes to which bathroom to do their, “business!”

Tell me it ain’t so!

A current hot news topic making the rounds is whether or not a person who identifies with a gender other than what he or she was born with, should be allowed to use the restroom of his or her choice.

So, if you are born a male but later identify with being a female, you want the choice to use either bathroom. If you are born a female but later you have a crisis in your life and now want to be identified as a male, you want the right to use the boy’s room at the airport, college dorm, theatre or restaurant or bookstore.

Tell me it ain’t so!

Are we losing our minds? Are we so far gone off of the skids that now anything goes and anything is up for debate?

Try the following scenarios on for size and see if you are, “down with it.”

Scene One: You just came off a long flight and are awaiting your baggage. You see a nearby restroom marked: Female. You go in and before you enter the door, there is a man dressed like a man...even with a beard and wearing a baseball cap. You stop. He stops. You go in. He goes in. Feel safe? Inside there are other “men” doing their “business.” You are the only known woman there. Do you proceed to a lavatory or you do get the H_ll out of there and find a bathroom restricted to real women only?

Scene Two: You are at the playground and your daughter, age seven, wants to go to the bathroom and use the potty. You look around and see the playground bathroom and you proceed to it with her in tow. You wait outside the door and she goes in. You hear screams. You panic and go in. Inside there are several “men” hanging around ostensibly for using the restroom. Your eyes bulge in shock as you quickly escort your frightened daughter out of the bathroom.

Scene Three: Your son, age fifteen, is a junior varsity wrestler. During a break in a match held at a school gym miles from his home high school, he goes to the bathroom and inside are three girls who have identified as transgender. Does he stay or go outside and wait (there are no other restrooms/showers there). Do you proceed to a lavatory or you do get the H_ll out of there.

Save Us from the Latrine Loonies and the Potty Po Po

By Fletcher Word

Sojourner’s Truth Editor

We seem to have a recurring problem these days. The problem exists because so many among us see a boogeyman around each and every corner every time their long-time traditions are challenged.

Recently there has surfaced an enthusiasm in our southern states for laws to keep transgenders at bay and in their proper place. Their proper place, according to North Carolina HB2, for example, would be in public restrooms with the rest of their “biological sex.”

The law, otherwise known as the “we are so mad that the U.S. Supreme Court allows those people to marry each other that we are going to do all we can to make their lives as miserable as possible” act, appeals to the most idiotic instincts of the uninformed and identifies a problem that simply doesn’t exist.

Picture, if you will, your seven-year-old son or daughter placed in danger in a public facility due to a herd of predatory transgenders having access to the restroom. Scary thought? What’s scary is our propensity sometimes to have a misplaced sense of danger particularly where our children are concerned.

The fact is that 90 percent of sexual offenses against children are committed by people the children know. Half of those offenses are committed by relatives of the children. Forget the public restrooms. Your child would be better served if you more closely monitored those using the bathroom in your own home.

If you think the danger of being in a public restroom stems from the fact that a transgender might be in there with you, think again. The chances of encountering a straight person with a violent felony conviction in a public restroom are 30 times greater than the chances that you will encounter a transgender or transsexual. If you are going to keep looking over your shoulder, make sure your eyes are focused on the right target.

The fact is, the Tar Heel lavatory law is a ridiculously inane attempt to correct a problem that doesn’t exist by enacting a law that cannot be enforced. Indeed the Republican reactionaries did not bother to place any enforcement provisions in the law. How

... continued on page 5
The Sojourner’s Truth

April 27, 2016

Reece Applauds Harriet “Moses” Tubman $20 Bill

Ohio Legislative Black Caucus (OLBC) President and State Rep. Alicia Reece (D-Cincinnati) last week applauded the selection of Harriet Tubman as the new face of the U.S. $20 bill.

“I applaud the Obama administration for taking action to make Harriet Tubman the face of the twenty-dollar bill. Future generations will reflect upon this moment as a pivotal turning point in American history. Breaking free from slavery, serving our nation in the Civil War, shepherding so many enslaved African Americans to freedom and fighting for women’s suffrage, Tubman’s life and legacy personifies what it means to be American and believe in our nation’s most fundamental guarantee of freedom,” said Reece. “No longer will Harriet ‘Moses’ Tubman be relegated to classroom history books, but instead she will be a concrete, daily reminder of freedom and justice for women, African Americans and our entire nation. From once being enslaved in chains to now taking her rightful place as a symbol of courage, freedom and justice on one of our nation’s highest circulated bills, Tubman’s life and legacy is sure to be revived, inspiring a new generation of civic leaders and public servants.”

Reece said the OLBC plans to bring a resolution honoring the life and legacy of Harriet Tubman, and marking her historic selection as the new face of the $20 dollar bill, to the House floor sometime in the near future.

Rep. Ashford: University of Toledo student library to undergo $2.6M renovation

Project will upgrade technology and infrastructure, create enhanced student learning environment

State Rep. Michael Ashford (D-Toledo) last week announced the release of $2,638,500 in state funds to University of Toledo (UT) for major renovations to the Carlson Library. The Academic Technology and Renovation project will make technology, infrastructure and environment upgrades to the third and fourth floors of UT’s main campus library.

“The library has always served as a vital space for any university, where many students spend their time studying diligently and expanding their knowledge,” said Ashford. “As an educational pillar in Lucas County, the University of Toledo does a tremendous job educating and preparing our students to succeed in the 21st century. I am pleased that we are able to recognize and...

continued on page 5

African Art Has Arrived!!

Hundreds of wood carvings from Ghana have recently arrived at The Truth Gallery – masks, statues, village scenes! All at unbelievably low prices!

The Gallery is open Monday through Friday from 8 AM to 4 PM

See more art online at www.thetruthtoledo.com

The Truth Gallery
1811 Adams Street
419-242-7650

Rep. Michael Ashford
Reality check time. If you are a person born with a “hose” attached to your body, you are a male. No hose you say? Then you are a female. Not complicated. Right?

But, if you are a person that has a “hose” but thinks mentally that you are otherwise, stay in the “hose” bathroom and do your business.

If you are a person who does not have a “hose” but wants to be where there are “hoses”, stay away and go where other women do their business.

I know...I know. Everyone wants freedom to do what they want to do or at least follow the advice of their doctor/ shrink who tells them to find their ultimate expression of who they are and that includes choosing the bathrooms they want to use!

Look at this, this way. If a tiger is born a tiger but feels later in life that he really is a gazelle and wants to hang out with the gazelles because he now identifies as being a gazelle, do you think that will work out when that confused tiger approaches a gazelle?

Thought so. And what happens when a zebra yearns to express their real inner nature and wants to be a leopard? Simple. The now liberated zebra heads over to the pack of leopards and says, “Yo, I identify with you, let me in!”

The leopards quizzically look at each other and then grin and say to each other, “Bros, this is our red letter day!” as they joyfully approach their unsuspecting lunch.

Now, I do not want to leave my readers in a quandary as to what to do in split case decisions, so this is my considered advice:

I propose rather than schools, restaurants, bars and public buildings spend unnecessary dollars to retrofit their bathrooms or to add gender neutral bathrooms, that the following protocols be promptly initiated:

At any public restroom or bathroom, regardless of its location, employ a bathroom detective (with some minimal medical training) whose sole job it is to do the following: Whenever any person wants to enter into a bathroom facility that person is required to first drop their drawers behind a privacy screen; and the bathroom detective is required by law to make a cursory visual inspection of the intimate “plumbing” of the person.

If it is male plumbing, the detective will blow a whistle and wave a blue flag pointing out the direction of the men’s room; and if the plumbing is that of a woman, the detective will blow a whistle and wave a pink flag in the direction of the women’s room.

Simple. To the point. No protests. No appeals. One of the two flags decides the person’s potty room assignment.

Moral of the story: Be what you is and not what you ain’t, because if you ain’t what you is, you is what you ain’t.

I hope I have now cleared up this delicate public issue once and for all.

Lafe Tolliver at Tolliver@Juno.com

Potty Po Po... continued from page 3

would one enforce it? Place the Potty Po Po at the entrance of each public facility and demand birth certificates of each person seeking entrance?

Impossible, of course, but this speaks to pointlessness of this provision of the law. The only reason to pass such a statute is to fire up the socially conservative base and keep them in the Republican camp. ‘Let’s throw a few meaningless goodies their way,’ say Republican leaders, ‘so we can keep their heads in the toilet and keep their votes coming our way.’

If the only provision of North Carolina HB2 were the bathroom language, we could remain unfazed by the over-the-top reaction of the latrine loonies who are constantly wondering whether the guy, or gal, in the next urinal is holding on to what was God-given or store bought.

Unfortunately we don’t having the luxury of simply laughing off such sky-is-falling fear mongers this time. HB2 is dangerous for several reasons. First, it forbids local governments from enacting bans on discrimination beyond what is provided for in state law.

Second, it forbids local governments from raising the minimum wage beyond what the state requires. That’s right, the minimum wage. That part of the ordinance prevents booming metro areas, such as Charlotte, from ensuring that more of its residents enter the middle class while simultaneously driving up corporate profits. Clearly such corporations who benefit from such low wages will express their undying gratitude to the appropriate lawmakers – and can do so more generously than ever thanks to Citizens United.

Third it establishes a formula for pressing discrimination claims, including racial discrimination claims, that bypasses the court system – keeping such claims with an agency whose members will be approved by the very legislative body that passed the statute.

Fortunately, as we have seen over the past few decades, hatred fades away in spite of those few who would cling to it like a protective cloak. Unfortunately, even the few fear mongers among us attract an outsized amount of attention keeping the bulk of the population from moving on as quickly as it otherwise might.

Rep. Ashford... continued from page 4

help support the university’s efforts to create and maintain efficient, technologically advanced, student-oriented environments for learning."

The renovations to Carlson Library will focus on the highest priority areas that need the most work. Plans include creating new student learning environments, social hubs for faculty, staff and students, updates to the library’s technology and restrooms, and repairs and/or replacements of insufficient infrastructure within the two floors.

Carlson Library, an essential academic building for University of Toledo students, is expected to undergo future maintenance, as well as modernization of instructional and support areas, as future state funding is received.
April is National Minority Health Month. This year, the U.S. Department of Health and Human Services Office of Minority Health has a theme of “Accelerating Health Equity For The Nation.” It is during this time of year that many local events take place to bring about awareness in the disparities in health care among minorities, especially African Americans.

From blood pressure monitoring to HIV testing and diabetes education, several agencies provide free screenings, information, forums, and more. In Ohio, there was a Diaper Drive, a Safe Sleep Champions Forum, Barbers and Beauticians That Care, Road to Recovery, Learning to Enjoy the Journey, a Stop the Violence 5K Walk/Run and a 21 Day Wellness Pledge.

Locally, The Toledo-Lucas County Commission on Minority Health meets once a month to discuss current trends in health care as well as common problems and issues in our community. In addition, statistics are presented with area agency and organization representatives who share how they are addressing these issues.

The TLCCMH is made up of many area professionals, educators, business owners and community leaders who share various perspectives regarding health care and the needs of the people they serve. Of the many disparities minorities face, lack of healthcare, mental health wellness and weight management are at the top of the list.

Thanks to President Obama, healthcare has become more accessible, but there are still many who only utilize health care on an emergency basis. Just as with a car, regular maintenance is the key to a healthy and longer life.

Mental health is an important factor in preventing other illnesses. According to the National Institute of Mental Health, stress can cause physical symptoms such as headaches, sleeplessness or digestive problems. Prolonged stress can lead to frequent or more serious illnesses such as the flu, viruses, heart disease, high blood pressure and anxiety disorder.

Stress affects people in different ways; when there is a lack of sleep, that can lead to weight gain. Even 10 pounds can create major changes in a person’s health. Over time the increased weight can also cause back problems, knee and joint pain, and even more serious illnesses such as thyroid disease, sleep apnea and diabetes. To combat this, weight management is necessary.

Khaisha Alexander knows of this experience. She recalls a time where life was so busy that she missed meals because she didn’t have a regular schedule, and also didn’t always eat a well-balanced diet. Being a mother, working and traveling to sporting events with her kids, she often had time to only buy fast food.

She admits to always struggling with her weight by not knowing what the right things were to eat and when to eat them.

As many mothers can relate, sometimes dinner is at five o’clock, nine o’clock at night, and sometimes, not at all, because there was only time to snack all afternoon between errands and school events. Khaisha moved from Sandusky, Ohio to Toledo and credits its meeting boxing coaches, Roshawn Jones and his father, of Soul City Boxing Gym who inspired her transition to a new way of life.

One of the biggest steps in starting a new diet is mental preparedness. Khaisha stated that “Without self love, I don’t think you can make the change and keep it. We all can start a diet for a deadline or event then after that we go back to the old ways. But once you do it for you, and adopt it as a lifestyle, the better choices you’ll make with food. Beginning a new lifestyle and feeling better, you begin to start taking good care of yourself. It boosts your self esteem and gives you a positive outlook. A positive mind can help create a positive life. That is something that you don’t want to keep to yourself. You can share that with others to encourage them to excel in their health journey. I enjoy hearing people’s stories and helping them reach their potential. I choose to be the positivity out self love, I don’t think you can make the decision to change.

At her highest weight of 282 pounds, Khaisha drove to Toledo to watch her son practice; he is an award-winning boxer. Sitting on the sidelines, she was asked by the other children to join in the practice. That was the day she made the decision to change.

Being so heavy, and having the odds stacked against her, there was doubt that she could box for... continued on page 12
NANBPWC, Inc., Maumee Bay Club, Honors Seven Community Women

By Tricia Hall
Sojourner’s Truth Reporter

The women of yellow and red publicly recognized seven community pioneer women on Saturday, April 16, 2016 at the Radisson Hotel on Glendale Avenue. The luncheon also celebrated the organization’s founding date and the seven women who founded the organization in 1935.

All of the seven women honorees were surrounded by their families and supporters, presented with flowers, escorted to the front of the room and presented with a jewel which best described their contributions.

“I was and am blessed,” said 2016 honoree Vallie Bowman-English, Toledo clerk of court.

“When I have the opportunity, I pull youth aside and try to encourage... continued on page 10
Leon and Nishieka Roberson were joined in marriage on Saturday, April 16, 2016 in a ceremony at Warren AME Church.

The bride’s parents, Pamela and Conrad Anderson, were present along with the groom’s mother, Melanee Roberson. The couple’s children, Ashley, Leon, Brian, Alontai, Jeremiah and Danyelle were part of the wedding party along with 23 others – Regina, Eboni, April, Kelli, Karen, Sharon, Dyamond, Sauna, Saroya, Timiah, Iyonna, Reign, Mark, Damien, TJ, Larry, Lamont, Anthony, Ronald, Norman, Darryl, Andrew and Earl.

“Thanks you to all the behind the scene friends and family that helped with our wedding day,” said the newlyweds.

The bride was escorted by her father, Conrad, and son, Jeremiah.

To complete Women’s History Month, Search Lite Community Church held its annual “Women in Purple” celebration on April 23 and acknowledged a number of local women in the fields of education, health care and automobile manufacturing.

Honorees Joyce Lewis, education; Tamara Bumpus, health care; Kenyetta Jones, auto manufacturing

Doni Miller opens service
Clarence Smith Community Chorus Celebrates 40 years of Music

By Tricia Hall

Sojourner’s Truth Reporter

Friends, family and fellowship filled the Ramada Inn Conference Center in Toledo for the 40th anniversary banquet of the chorus on Saturday, April 9, 2016. This year’s theme was, “Embracing the Future while Preserving the Past.”

“Who would have thought back in 1976 that 40 years later the Clarence Smith Community Chorus would still be going strong? The CSCC is your community’s gem. We will continue to strive to be worthy of your support and high expectations,” Clarence Smith, chorus director shared in the printed booklet.

In 1976, Clarence Smith and a small group of talented singers founded the chorus at Grace Presbyterian (Church) Community Center. The chorus specializes in performing Negro spirituals, preserving the legacy of African-American composers and singing standard, classic music. The award-winning chorus has performed on radio, television and its own CD titled, “Expressions of Soul in 2010.”

The chorus has also been featured in the Toledo-area through partnerships with Toledo Symphony Orchestra, Toledo Jazz Orchestra, Toledo Opera, Lourdes University and the University of Michigan’s “Music of Black Americans” Symposium.

“I wish to convey a hearty expression of thanks. It has been a glorious journey working with the men and women of CSCC. I would like to thank all of our supporters, those who attend every concert, those who are supporters of this 40th season, and those who are friends of CSCC,” Harriett Grier, chorus president, shared in the printed booklet.

The banquet included an invocation by Rev. Cordell Jenkins, the pastor of Abundant Life Ministries, proclamation presentations, congregational hymn of “Lift Every Voice and Sing,” musical selections of “Witness” by soloist Rebecca Eaddy, award presentations, guest artist Reva Rice, remarks and benediction by Minister Ernest Walker.

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NANBPWC ... continued from page 7

them. I say get a goal, keep it, and don’t give up. I made mistakes, but I’m here because of God."

Members of the Maumee Bay NANBPWC Inc. read various honors, certificates, milestones, educational achievements and personal information about each of the selected women. The 2016 honorees: Amelia Gibbon, Friendly Center executive director; Patrice McClellan, PhD, Lourdes University director of the Masters of Organizational Leadership program; Yvonne Harper, Toledo City councilman for District 4; Bowman-English; Laura Lloyd-Jenkins, Lucas County Commissioners administrator; Rhonda Sewell, Toledo Lucas County Public Library manager of external and governmental affairs; Linnie Willis, Lucas Metropolitan Housing Authority executive director and Toledo Mayor Paula Hicks-Hudson.

“I started reading in high school, Woodward High School, and focused on comprehension. I love encouraging our babies to lift their heads and remain encouraged. I’m here because of my mother, so I recognize her. She always told me I could achieve my goals and to always be a lady," said Harper.

The mission of the organization is to promote and protect the interests of African-American business and professional women; to serve as advisors for young people seeking to enter business and the professions; to improve the quality of life in our local and global communities, and to foster good fellowship.

The organization offers various membership options: adult, young adult, member-at-large, beta psi, youth and Mr. B&P, international, and associate. The organization has two clubs in Lucas County, Toledo Club organizes the annual Cotillion and Maumee Bay Club organizes the annual black college tour.

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The worship service was led by moderator Doni Miller and featured shared blessings by Elder Lisa Franklin Robinson (“Re-imagining Discipleship”); Leslie Szalkowski, nurse manager at St. Luke’s Hospital (“Women’s Health Ministry”); Sabrina Prince, first lady of The Cross Church (“A Wife of Noble Character”) and Sonya Brink of Search-Lite (“My Spiritual Journey”).

The morning’s sermon was delivered by Rev. Sheila Early, pastor of Trulight Cathedral Global Ministries.

Rev. Lee Williams, Sr. is pastor of Search-Lite Community Church.

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Mitchell Dermatology Moves into Its New Building

Special to The Truth

Dr. Hope Mitchell, MD, and the staff of Mitchell Dermatology Center of Northwest Ohio formally welcomed new and returning patients to their new location at 815 Commerce Drive on April 21 from 3-7 p.m. With construction now complete, the celebration began with the Ribbon Cutting at 3 p.m. and continued with the Open House where guests were able to tour the facility and learn about services while enjoying light refreshments.

Dr. Mitchell is a board-certified dermatologist with 20 years of experience in general, pediatric, surgical and cosmetic dermatology. She specializes in skin cancer screenings and treatment, mole removals, acne, rosacea, eczema, hair loss, cosmetic injectables and skin rejuvenation treatments. At Mitchell Dermatology, excellence in dermatologic skin care is the number-one priority.

“Our medical and cosmetic Skin Care Center is dedicated to providing professional, high quality dermatologic care to children and adults in a safe, compassionate and welcoming environment,” says Dr. Mitchell. “As a leader in dermatologic services, we strive to provide innovative treatment plans to meet the needs of our patients.”

For more information call 419.872.HOPE (4673) or visit the website at www.mitchellderm.com and the Facebook page at www.facebook.com/MitchellDermatology.

Perfect Skin Begins With HOPE! ™
Ohio Democratic Party To Hold First-Ever Minority Vendor Summit

Obama Pollster Cornel Betcher Will Be Featured Speaker

The Ohio Democratic Party will hold its first-ever summit to boost minority vendor contracts with Democratic candidates and campaigns on Saturday, May 7, in Columbus with featured speaker Cornel Betcher, the president of brilliant corners, a polling firm that worked for the Democratic National Committee and Obama campaign.

“Ohio Democratic Party is proud to be the party that represents the diversity of our great state,” said Chairman David Pepper. “We want to ensure that the businesses that benefit from Democratic campaigns also represent the diversity of our party. This is something we take very seriously as Ohio Democrats who want to strengthen and empower our communities. We want to be the national model for how state Democratic parties can not just talk the talk, but walk the walk on boosting minority vendor opportunities.”

Small businesses including catering companies, photographers and videographers, print shops, media firms and other businesses with ownership share or at least one principal who is African American, Latino, Asian American, Pacific Islander or Native American are invited to attend. For more information and to RSVP, please email Nelson Devezin at nelson@ohiodems.org.

Cornell Betcher is one of the premier strategists in national progressive politics as well as in the rebranding of corporate America. He is also a former political contributor to CNN, having provided political analysis to them for six years. Cornell served as Pollster for the DNC under Chairman Howard Dean, making him the first minority to lead in that role for either national Party. He also served on the polling team for both Obama presidential campaigns. Over the years, Cornell has worked with both Senate and House Democrats as Senior Political Advisor to the Democratic Senatorial Campaign Committee (DSCC) in the 2002 cycle and Special Projects Director for the Democratic Congressional Campaign Committee (DCCC) in the 2000 cycle. And Cornell served as Women Vote! Coordinator for EMILY’s List in the 1998 cycle, helping to put together communication and GOTV operations targeting women voters all over the country.

Rosenwald’s Life of Philanthropy Explored in New Film

On Monday, May 2, a film about the life of Julius Rosenwald, philanthropist extraordinaire, will be unveiled at the Maumee Indoor Theatre at 7 p.m. Aviva Kempner, director, writer and producer, will also be on hand to discuss her film, Rosenwald, a feature-length documentary about the businessman.

As the film will reveal, early in the 20th century, Rosenwald was introduced to Booker T. Washington and was asked to serve on the board of directors of the Tuskegee Institute, a position he held for the rest of his life.

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Mind Over Minority... continued from page 6

practice. That was the day she made the decision to change. Being so heavy and having the odds stacked against her, there was doubt that she could box for fitness and change her life. Yet being passionate and driven, she strived to replace poor choices in food and exercise with a fitness regimen and healthier food options for herself and her family. She was challenged to prove the naysayers wrong, even if it was the spirit of self-doubt. Today, working out is as much a part of her life as showering and dressing for each day.

Since self-love is so powerful, and fitness of the mind, body and spirit are as well, believing that she should lead by example, Khaisha’s journey, has inspired others to inquire of her how they, too, can change. After losing 142 pounds, she now talks with people to find out what their needs are and has developed a menu of services which she now provides. These services include: complete meal preparation, personal training, juicing and its benefits, and the process of detoxing. As an It Works distributor, Khaisha provides a variety of health and dietary supplements in addition to her services.

Faith has also been instrumental in her health and healing journey. Understanding that as long as she lives, she is a work in progress, faith helps to build up the weak areas and gives her the strength to stay in the fight. She also recognizes that her ability to help others succeed in living a healthier life is as much a ministry as it is a business. It’s her purpose.

Through faith, she has seen God bring her through things that she otherwise would not have been able to come out of. He has opened doors for her to reach more people with her amazing testimony which also compels her to continue. He has proven to be her provider amidst unexpected circumstances.

Knowing that she can trust God whom she loves, and knowing that He also loves her, it encourages her. Khaisha states that “There is no greater feeling in the world than to finally be able to love yourself exactly where you are. That is how God’s love works.”

Seeing Khaisha’s beautiful head of natural hair, she feels that being natural makes her feel free, bold and flawless even in her imperfections. She knows that she is perfect in the eyes of God. While many women avoid working out because they are concerned that they will ruin their hairstyle, Khaisha offers this advice: 1. Wash and Go are great styles, but protective styles are always in fashion; 2. Find products that work and stay with them and a regular routine; 3. Avoid over manipulating the hair to prevent frizzing and excessive shedding; and 4. Take proper care at night by moisturizing the hair and covering it to sleep.

When you start to care about your own mind, body and soul, you begin to care for humanity. If you can change your mind set to overcome the fact that you are a minority, you can achieve optimal health. With self-love and being all that you can possibly be, you can bridge the gap in our community where disparities are.

Encouraging just one person can fill holes in mental health and wellness too. Maintaining a healthy weight, can help to prevent many illnesses, heal some and improve others. Sometimes you can start a new journey on your own, and sometimes you may need a little help along the way. Some may even need help to stay on the journey. Alexander is available mornings and weekends to be that help, offering personal fitness and coaching. She may be contacted at (419)370-8506.

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Ohio Democratic Party To Hold First-Ever Minority Vendor Summit

Obama Pollster Cornell Belcher Will Be Featured Speaker

Special to The Truth

The Ohio Democratic Party will hold its first-ever summit to boost minority vendor contracts with Democratic candidates and campaigns on Saturday, May 7, in Columbus with featured speaker Cornell Belcher, the president of brilliant corners, a polling firm that worked for the Democratic National Committee and Obama campaign.

“The Ohio Democratic Party is proud to be the party that represents the diversity of our great state,” said Chairman David Pepper. “We want to ensure that the businesses that benefit from Democratic campaigns also represent the diversity of our party. This is something we take very seriously as Ohio Democrats who want to strengthen and empower our communities. We want to be the national model for how state Democratic parties can not just talk the talk, but walk the walk on boosting minority vendor opportunities.”

Small businesses including catering companies, photographers and videographers, print shops, media firms and other businesses with ownership share or at least one principal who is African American, Latino, Asian American, Pacific Islander or Native American are invited to attend. For more information and to RSVP, please email Nelson Devezin at nelson@ohiodems.org.

Cornell Belcher is one of the premier strategists in national progressive politics as well as in the rebranding of corporate America. He is also a former political contributor to CNN, having provided political analysis to them for six years. Cornell served as Pollster for the DNC under Chairman Howard Dean, making him the first minority to lead in that role for either national Party. He also served on the polling team for both Obama presidential campaigns. Over the years, Cornell has worked with both Senate and House Democrats as Senior Political Advisor to the Democratic Senatorial Campaign Committee (DSCC) in the 2002 cycle and Special Projects Director for the Democratic Congressional Campaign Committee (DCCC) in the 2000 cycle. And Cornell served as Women VOTE! Coordinator for EMILY’s List in the 1998 cycle, helping to put together communication and GOTV operations targeting women voters all over the country.

Rosenwald’s Life of Philanthropy Explored in New Film

Sojourner’s Truth Staff

On Monday, May 2, a film about the life of Julius Rosenwald, philanthropist extraordinaire, will be unveiled at the Maumee Indoor Theatre at 7 p.m. Aviva Kempner, director, writer and producer, will also be on hand to discuss her film, Rosenwald, a feature-length documentary about the businessman.

As the film will reveal, early in the 20th century, Rosenwald was introduced to Booker T. Washington and was asked to serve on the board of directors of the Tuskegee Institute, a position he held for the rest of his life.

Mind Over Minority... continued from page 6

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Another desk at the office is empty this week. Another co-worker packed up, leaving the place short-handed. Another downsize, and another reason for worry. What will you do if you’re next? You can’t just start over but you can’t retire yet, either. So read the new book Be Your Best Boss by William R. Seagraves and see if you have what it takes for a new beginning.

William Seagraves likes to drive. When he’s with friends or colleagues, he’s always the first to offer his car, which is a good metaphor for his work life: he likes to be in the driver’s seat in business. Yes, he enjoyed some autonomy in his last position, but he says, “I could not stand the lack of control.”

Seagraves left his corporate job and tried his hand at being an entrepreneur (“That scary twelve-letter word”) in a few different ways before he discovered something he liked. Today, he runs a successful company that helps entrepreneurs get started; in this book, he offers guidance on deciding if owning a business is for you.

First: what’s your pain? Are you being forced out by younger workers? Downsized? Or are you disillusioned with corporate life? What are your passions? Knowing answers to those questions will help winnow your options and overcome the “Yeah, Buts.”

Look at your skills and experiences and understand that you’ve already won half the battle. You know how to play nice with others. You’ve grown a thick skin, “practiced making money,” and learned the rules of a lot of games. Many of the traits you’ll need to be an entrepreneur are inherent in you now.

Next, take the quiz Seagraves includes and understand that “size matters.” Are you more of a “Company of One” kind of person? Would you be better as “Boss of a Few”? Is a “Business of Many” more your style? And what about a franchise? Know the pros and cons of these entrepreneurial methods, take things “one step at a time,” keep in mind that change is the “only constant,” and remember that “… a smart business owner always plans for the exit, and there are more options than you might think.”

Self-employment: the most frustrating, irritating, horrible, wonderful, awesome, terrific thing you’ll ever do for yourself. Are you ready? Be Your Best Boss will help you decide.

As you might expect, author William R. Seagraves is mostly encouraging in his book. There’s a lot of surface positivity here, but entrepreneurial readers with a mindset of doing it will absolutely find the help they need to do it right. I was happy to note plenty of quizzes to guide future business owners into the kind of endeavor that best fits their personality and work-style, and the Pros and Cons pages here are invaluable.

While younger entrepreneurs might appreciate this book, it really seems to be more for older readers who’ve been in the workforce awhile. Corporate life may have soured for Boomers and early Gen-Xers, but Be Your Best Boss won’t leave them empty handed.

Rosenwald... continued from page 12

The historical partnership is recalled by modern-day efforts to restore the schools and is an

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Julius Rosenwald

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Clarence Smith, continued from page 9

“It’s truly an honor to stand before you and present this proclamation to my mentor, Clarence Smith. He is an example of how one man can impact the community, positively. I’m honored to stand on the same stage as him,” said Toledo City Councilman Tyrone Riley.

The chorus has 29 active members. The officers are: Clarence Smith, founder and director; Harriett Grier, president; Crystal Barnett, vice president; Joyce Smith, secretary; Beverly Jo-sey, assistant secretary; Lori Amison, treasurer; Stephen Halliburton, assistant treasurer; Ernest Walker, membership chairman; Ernest Walker, nominations chairman; Mary Wrighten, publicity chairman; Dorcel Dowdell, social and courtesy chairman; Daisy Williams-Abrams, librarian and Sandra Kellogg, accompanist.
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The Cotillion Annual Mother-Daughter Luncheon

Sojourner’s Truth Staff

This year the Toledo Club is presenting 20 young debutantes to society on Saturday May 28 at the Stranahan and the Mother-Daughter Luncheon is a perennial prelude to the main event.

This past weekend, Luncheon Chairman Karen Jarrett opened the event and served as mistress of ceremonies. Club President Denise Black-Poon offered the welcome and after the preliminaries and lunch, all of the debutantes and their mothers, or guardians, were introduced and asked to describe their relationships.

After the tearful expressions of mutual love and gratitude, the young women were apprised of the next step in the Cotillion event – the talent show – by Talent Co-Chairman Deborah Carlisle.

Closing out the luncheon, Cotillion General Chairman Wilma Brown, who has helped to guide the event since the onset 51 years ago, addressed the attendees on some of the issues they will face this year.