



The Sojourner's Truth

Volume 40, No. 6

"And Ye Shall Know The Truth..."

August 24, 2016

Nexus Health Care



Cordelia Martin



Doni Miller



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This Strikes Us ...

Hillary Clinton – A Woman of Substance - Part 1

“There has never been a man or woman, not me, not Bill Clinton, nobody more qualified than Hillary Clinton to serve as president of the United States.”

- President Barack Obama, June 2016

How right he is. In fact, Hillary Clinton was prepared to be president in 2008 and she is even more prepared now: Yale Law School; first female full partner at the prestigious Rose Law Firm in Little Rock, Arkansas; First Lady of Arkansas for 12 years; First Lady of the United States for eight years; U.S. Senator representing the State of New York for eight years and U.S. Secretary of State for four years.

It is not simply that she has held such positions. Her accomplishments in those positions have been both prolific and groundbreaking. As a first lady, she had been appointed by her husband, Governor, then President, Bill Clinton, to develop policy initiatives in the areas of children's rights, health care reform and education reform and to sell those ideas to legislators and the public.

Clinton has spent a lifetime as an advocate for women and children, an advocacy that began shortly after she earned her law degree from Yale and fully blossomed when she served the state of Arkansas as first lady for 12 years.

During this election cycle, we will be bombarded here in Ohio – a key swing state – with television ads telling us of Clinton's concern for the health, education and general well-being of children and families. The abundance of those ads will probably be more than we can bear in very short order but the fact is that Clinton's concern is not simply a political ploy she has recently invented to gain votes – it's the work of a lifetime.

After law school, Clinton spent a year at the Yale Child Study Center and published an article examining how children were viewed under the law and offering substantial proposals for reform. She then landed a job at the Children's Defense Fund working to expose discrepancies between school enrollment figures and census data.

In 1974 she moved to Arkansas to marry Bill Clinton and to practice law. In 1977 she co-founded the Arkansas Advocates for Children and Families, a group still working to enhance opportunities in early education, to reform juvenile justice and to increase funding for child health care.

After Bill Clinton became governor in 1979 he appointed Hillary to head the Arkansas Rural Health Advisory Committee, a group that would strive to expand access to health care among the rural population.

During those early days she also joined the board of the Arkansas Children's Hospital where she helped establish Arkansas's first neonatal nursery and she served on the board of the Children's Defense Fund during her Arkansas first lady years.

Next, she brought to her adopted state a program called Home Instruction for Parents for Preschool Youngsters – HIPPY – which trains parents of at-risk

children in early education methods. HIPPY eventually served as a model for other states and expanded to 146 sites in 26 states and the District of Columbia.

She also served on the board of corporate firms – TCBY, Lafarge and, most notably, Wal-Mart. As Wal-Mart's first female board member she pushed the company to adopt non-discriminatory hiring practices.

Then came the most important task that Hillary would undertake during those first lady years in the 1980's – reforming the state's education system. Prior to her work in this area, the Arkansas public education system was consistently ranked near the bottom of all 50 states in every education category by any measure.

Clinton traveled the state, meeting with teachers and parents, collecting ideas and selling her own to the citizens as chairman of the Arkansas Educational Standards Committee.



Arkansas First Lady Clinton

... continued on page 4

The Sojourner's Truth

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Community Calendar

July 24-September 12

Free Parenting Classes: Saturdays 11:30 am to 1 pm; Continuous open enrollment; Sponsored by Operation Re-Seed Christian Ministry Parenthood Program: 419-297-3530

August 3-31

Studio Fitness Free Community Fitness Classes: Every Wednesday at 6 pm; One-Hour beginner friendly fitness class – 20 mins of cardio, 20 mins of weight lifting, 10 mins of yoga: 4190870-2318

August 24

Toledo Citizens and Police Relations Open Forum: St. Philip Lutheran Church; 6 pm; Representatives from mayor's office and police department: 419-283-1434

August 27

End Time Christian Fellowship Family Fest: 1 to 4 pm; Food, music, games, prizes and more: www.endtimefellowship.org
United Church of God rdination Service: 4 pm; For Frances Benford, Erma Blakely, Andrea Lesley, Jesse Lumpkin and Jackie Robinson

August 28

Celebration for Rev. Derrick Roberts: St James "The Armory" Church; 5 pm; "God Gave Me a Song:" 419-241-7332
Calvary Baptist Church Deacon/Deaconess 6th Annual Program: 4 pm; Guest speaker Deacon Reginald Coley of Friendship Baptist

September 2-4

The Armory Church Latter Rain Conference: Speakers Pastor Donnie McClurkin, Mother Judy Hines, Prophet Brian Carn: 419-537-9736

September 3

Ebenezer MBC Rummage Sale: 11am to 3 pm: 419-290-4815 or 419-787-8435

Ya Think....?

By Lafe Tolliver, Esq
Guest Column

If you have been reading the news lately, Donald Trump is proposing "extreme vetting" in regards to the entry of immigrants to this country and especially so from countries that have a history of terrorism (?).

It all sounds well and good but there are a myriad of problems when you start to delve a little deeper into a person's psyche and try to determine whether or not that person can, "play you" in order to get a valued green card.

As many of you may know, I have a rather large consulting company called, Systems Integrated Logical Services. I specialize in psychological questioning that attempts to weed out undesirables from employment situations including those applying for jobs as policemen and women.

So, I was somewhat startled to get a long email from Trump's campaign asking if I would be willing to submit a bid of my interrogative services and a possible sampling of both essays and questions as to what could be done to properly screen applicants who want to become United States citizens.

I did not particularly want this job assignment so I made a pitch for the work at a price that most clients would whistle at and walk away.... not Trump. He said, "Fine", sent via overnight mail my requested retainer fee of \$5 million and now I am stuck doing this detective work!

I want to give my readers a brief sample of the work that my company does in the hopes that you will see both how nebulous and nefarious Trump is in his willingness to implement this extreme vetting. To be polite, it is, "off the hook!"

The process is that I take his talking points and general outline and it is then my job to propose certain questions and essays so as to ferret out any troublemakers that may be trying to sneak into this country.

Answer the same questions and write your own responses to these sample essays and questions and you will see that this country is beginning to drift away into a murky swamp of, "Big Brother" (authored by George Orwell for those who have not picked up a library book in the last 10 years or so).

Remember now, these essays and questions are supposed to be examples of "extreme vetting."

ESSAY ONE: In 300 words or less (only in English!), tell why you think the US is the best country in the world and what you would add to it.

ESSAY TWO: In 500 words or more, tell us why Donald Trump is the greatest man alive.

ESSAY THREE: In 300 words or less, tell us why the Republican Party is the only party worthy of your vote.

ESSAY FOUR: If you are from a European country...preferably northern Europe and are not a Muslim, describe in detail what you are willing to do to make sure "we" people stay in power as long as possible. (note: if you do not know what "we" people means, you are not ready to come to the United States).

ESSAY FIVE: Please write down the Bill of Rights to the US Constitution in their proper order along with Article Three and Section Three of that same document.

ESSAY SIX: Explain the scientific theorem of: If two snowballs collide in hell, what is the co-efficiency of the generated caloric heat according to the Leneric Principle of

heat modification in an uncontrolled gaseous environment with A2 as the constant and

$Y-c(x-y)+4$ as the variable. Construct this module using a dyslinear graph.

Below are some questions that Donald Trump wanted my commentary on:

Question One: As a new immigrant to these shores, what area of housing would you prefer to live in: (1) white folks only; (2) black folks only; (3) a mix of whites and blacks; (4) your own people.

Question Two: Would you renounce your Muslim faith if that meant that you would be in the front of the line to gain entry into the US?

Question Three: Are you willing to share with the local authorities any suspicious acts of your Muslim neighbors including what is said in the local mosque and barber shop?

Question Five: For additional admission points on your application, are you willing to go back to your country and wear a hidden "wire" and associate with certain people whose names we will provide to you?

Question Six: Are you willing to wear only western clothing and headgear out in public?

Question Seven: Your last name is quite hard to pronounce, are you willing, for extra admission points, to change it to one of the following: Jones/Wilson/Smith/Roberts/Davis or Williams?

Question Eight: If needed, are you willing to step on the backs of black people in order to get ahead in this country?

Question Nine: Do you believe in affirmative action? (Note: if your answer is yes, you will automatically lose five points....so think hard on this one!).

Question 10: Do you plan to make any pilgrimage to Mecca in the very near future?

(Note: if you plan to travel there, your passport will be revoked when you return!).

Question 11: Do you believe that former President Barack Obama was really born in Kenya? (note: a yes answer gives you three bonus points!).

Question 12: As a person who wants to become an American, are you willing to celebrate the following holidays in place of your own holidays: Christmas, Thanksgiving, Easter, Labor Day, Trump's Birthday, Veterans Day and Valentines Day?

Question 13: Are you willing to limit your television news watching to only that of Fox News and reading only the Washington Times?

As you can ascertain, my company was under tremendous pressure to produce but when I saw that fat retainer check on my desk staring at me with all of those zeroes, I chucked my principles to the wind and said out loud to anyone in earshot, " Make America Great, Again!"

Contact Lafe Tolliver at tolliver@juno.com



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Hillary Clinton... continued from page 2

In the end, under Hillary's guidance, the committee put together a reform package which included boosting course offerings, reducing class sizes and introducing testing requirements for teachers and students.

Her committee's efforts helped to greatly improve the state's educational standards. Arkansas had been ranked as high as fifth in the nation (Education Week) in the ensuing years but has slipped to as low as 42th in other rankings. Never has it fallen to its pre-Clinton depths during which residents would routinely murmur "thank goodness for Mississippi."

During her time in Little Rock, Clinton was recognized repeatedly for her work by being named Arkansas Woman of the Year in 1983; Young Mother of the Year in 1984 and twice (1988 and 1991) named one of the 100 most influential lawyers in the country by the National Law Journal.

Her achievements — those of a northern-born, Ivy League-educated female, lacking perhaps the genteel manner of a typical Arkansas woman — rankled many in the state much as she would later rankle many in the nation as first lady of the United States. But the Arkansas Advocates program, HIPPI, the Hillary Rodham Clinton Children's Library and the Bill and Hillary Clinton National Airport are symbols of her years in Arkansas and her legacy in that state.

"By contrast, Clinton has been tested. She has demonstrated balance, calm and an even temperament. She has an unparalleled knowledge of foreign and economic policy; she has run complex organizations such as the State Department. Over the years, she has demonstrated that she can take criticism and work with even her most strident political opponents. Like other leaders, including myself, she has made mistakes. I believe she has learned from those mistakes. In my opinion, she is ready to be commander in chief on Day One."

Daniel Akerson, lifelong Republican and former CEO and chairman of GM



Trump on the Stump

Guest Column

The 'orange blond' one is still at it—changing his cast of characters to try and shore up a campaign that has energized itself only by changing all the rules of decency, and then pretending that America is broken.

The response to his "straw man" hypothesis is to then offer up a promise to "make America great again"—a promise that makes one wonder where the "Donald" was during the days of the civil rights struggle that began to offer promise for African Americans—and other minorities—where many of us would for the first time have the opportunity to begin to share in the opportunities that whites, like the Donald always took for granted.

Now, he—in his superior-feeling way — suggests that he just needs to wave his hand to blacks and we will "come a-running" to his wayward campaign because he asks: "what to hell do you have to lose?"

How appropriate for the Donald, who—in his superior, but sophomoric way of thinking—feels that he only has to offer up a hollow appeal and blacks will heed his beck and call!

Trump never read writers like W.E.B. du Bois who wrote "the problem of the twentieth century is the problem of the color line"—or James Baldwin's book *The Fire Next Time* — where Baldwin suggested that blacks should "dismiss white people as the slightly mad victims of their own brainwashing." And, of course, we clearly see this brainwashing in Trump and his misguided thoughts of privilege and leadership.

No, Donald, America is not broken in the sense you suggest—where you extol that the lot of blacks and other minorities can be laid at the feet of a few Democrats who have offered up hopeless programs that have resulted in the formulation of ghettos in Detroit and all of America's other great cities.

Just remember Donald that you have already been called out— not only by blacks and other minorities, but by your own kind, including many among the Republican leadership and your fellow New

Yorker Michael Blumenthal who says that he "knows a con when he sees it".

As a black American who has bootstrapped himself into middle class America, allow me to express my view of your "misguided way of thinking" which to me suggest that you, sir, are not even close to what America needs as its next president. And we blacks see you for the con man you are.

Walter E. Douglas, Sr.

(Former president, New Detroit and current chairman of Avis Ford)



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Toledo City Councilman Tyrone Riley Holds Community Forum to Address Lead Ordinance

By Tricia Hall
Sojourner's Truth Reporter

On Monday, August 15, 2016 a forum was held at Gesu Sullivan Center and dozens of elected officials, concerned residents and landlords were in attendance for the two-hour session.

Residents and landlords in favor and against the ordinance spoke at various portions of the forum. Attorney Mark Conley spoke against the ordinance: "A landlord doesn't cause lead poisoning. How do we know it's the landlords? What has been done in other areas, there should be a happy medium. City Council is in a rush and we're a shade from becoming Detroit."

The "lead-safe" ordinance proposed by Toledo City Council requires inspection of select rental properties built before 1978. Toledo-Lucas County Health Department would serve as primary supervising agency for registration and enforcement.

Toledo City Council had two versions of the ordinance to consider. Councilman Larry Sykes combined earlier versions of the ordinance requiring select inspection of pre-1978 single-family and duplex rental units. Inspections would occur visually and include swabbing peeling paint with dust wipes. This version was supported by Major Paula Hicks-Hudson.

"Councilman [Rob] Ludeman's version doesn't have a required inspection. The health department does not support that version due to the high concern of lead poisoning. Councilman Skye's amendment is supported by the administration and protects our kids" explained Attorney Joe McNamara, former Toledo City Council president and current Toledo law department employee.

Ludeman's version expanded the inspection select to include daycare centers and properties with one to four rental units, visual first inspection, and then dust wipe first inspections if necessary.

"There were amendments to the initial visual inspection. A well-cared for property would likely pass a visual inspection by the Health Department. A visual inspection would not require a swipe inspection, and with a heavy push on education we can find middle ground. This version is simple and straight forward," explained Ludeman.

An Ohio State University study estimates more than 3,400 To-
... continued on page 12



Mark Conley addresses crowd





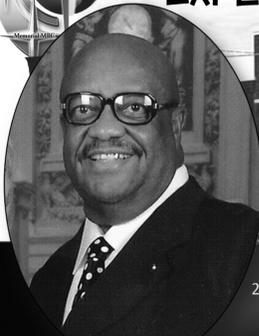
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NHA Enters a New Chapter, a New Building, a New Neighborhood

By Fletcher Word

Sojourner's Truth Editor

The Neighborhood Health Association will be entering its new facility on the corner of Jefferson and 13th Street this fall – a 43,000 square foot building that will house a variety of health services along with a financial institution, a restaurant and meeting space.

Nexus Health Care, as the building is named, is the latest chapter in the success story of NHA, a chapter authored by CEO Doni Miller who assumed the reins of the non-profit community health organization in 1993. “The Nexus center,” says Miller, “is our effort to streamline and consolidate services. It’s a matter of efficiency.”

NHA services are currently spread out over 11 health clinics, a pharmacy, two dental clinics and two senior centers, some of which will be shuttered once Nexus opens in a few months.

As NHA has expanded over the years during Miller’s tenure, some facilities have become old and outmoded, not responding well to newer technologies and not particularly user friendly for clients and patients.

This expansion during Miller’s years at the helm is a dramatic turn of events considering what transpired at the agency during its first 20 years of existence. NHA experienced enough difficulties over its first two decades that its very existence had been threatened on more than one occasion.

The agency came about through the extraordinary efforts of its founder, Cordelia Martin, and the funds provided by the Model Cities Program of the late 1960’s.

Martin, a community activist who was involved in a number of organizations such as the NAACP and the Lucas County Democratic Party, was passionate about a number of causes – in particular helping the poor, especially helping the poor obtain health care.

In 1969, Martin, then a supervisor of community workers for the Expanded Family Planning Project of the Planned Parenthood League of Toledo, Inc and chairman of the Health Functional Committee, gathered around her a group of like-minded individuals who were equally concerned about the lack of proper health care that was available to those less fortunate in the greater Toledo area.

“She was a wonderful person,” recalls Elizabeth Flournoy, one of

that group. “Everybody wanted to be around her, even the board members. She was always trying to make things better. Healthcare was something she was so interested in. She believed that people of color did not always get health care and when they did it was not of the quality that other people received.”

The group, with Martin in the lead, was determined “to make sure that people in the neighborhood have a place to go where color wouldn’t matter,” says Miller. “They decided to open a health center because so many of their neighbors and friends were dying from causes that they could have been saved from.”

Within a year, federal funding through the U.S. Department of Housing and Urban Development had been obtained and the Cordelia Martin Interim Health Center was opened in its original location at 1636 W. Bancroft Street.

During those early days the clinic was only open a few days a week based upon the availability of the volunteers who staffed the operation.

“Federal funding enabled the Center to serve the uninsured, the under-served and the outliers from standard medical services,” says Miller noting that such funding also required the clinic to serve anyone – those with insurance for example.

Due to Martin’s ability to bring people together to work for a common cause, the Center was soon staffed by such luminaries as Margaret Howell, community health coordinator; Dr. John Coleman; Dr. Robert Walden and Talmadge Foster, center administration.

Federal funding to continue the work of that staff, the board and volunteers was never a given. Model Cities funds ended in 1974 and obtaining continuing federal funds was an ongoing challenge.

In 1975, Daisy Smith, RN, who had been with the Center from the beginning and for whom one of the NHA facilities is now named, brought together 14 women to organize themselves as the Cordelia Martin Health Center Auxiliary in order to augment the organization and to help fulfill a range of needs – chief among those needs was raising funds.

The Auxiliary organized bake sales, rummage sales and charity bazaars along with sponsoring the cleaning of inside facilities and yard work. The woman of the Auxiliary provided valuable supplemental funds for the Center over the next decade and a half, nevertheless, financially, NHA was never out of the woods.

By 1978, the Center had 25 people on staff, had increased patient visits to 600 per month and had added an Adolescent Health Care Program through a grant from the U.S. Department of Health, Education and Welfare.

“There were bumps and lumps along the way,” says Flournoy of those struggles during the first two decades. Many bumps and lumps: funding issues, internal board strife and a federal government constantly questioning whether the funds were being well spent. By 1992, says Flournoy, NHA was on the verge of collapse.

And then along came Miller.



NHA CEO Doni Miller and TUFCU CEO Suzette Cowell



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... continued on page 7

NHA... continued from page 6

Doni Miller, a native of Louisville Mississippi, moved with her family first to Philadelphia, PA and then to Detroit as a youngster. She had earned her undergraduate degree from the University of Detroit (now University of Detroit-Mercy) then moved to Toledo where she earned a law degree from the University of Toledo.

She started her career at United Way of Greater Toledo as assistant director of allocations in 1982 and two year later became special assistant to the CEO and director of program development/legal assistant at the Toledo Mental Health Center. In 1990 she became assistant hospital administrator of the Medical College Hospitals before leaving for NHA.

She was asked to take the job, she says, because the board "wanted someone of color who would work inside of the community." The advice she received as she was trying to reach a decision about accepting the offer was not particularly encouraging. One community activist, and budding politician, Jack Ford, advised her that the problems at NHA were too entrenched to overcome.

She did not follow that advice and she walked into a hornet's nest of trouble - massive debt and the looming possibility that those federal funds were about to be pulled because of the financial mess.

She dealt with the finances and she also dealt with the bread and butter issues that had been keeping people away. She had the Center painted and the parking lot fenced, says Flournoy, telling staff that the facility had to at least look attractive for people to want to come in.

"What saved Cordelia Martin was when Doni Miller came along," says Flournoy.

Within two years, the financial status of the Center had improved enough to receive a positive review from the U.S. Public Health Service.

"When we were on our feet and feeling pretty comfortable, they came to us about a clinic on the east side to merge with - the Toledo East Health Clinic, now the Access Center on Front and Main," recalls Miller. Shortly thereafter, NHA would take over the South Side Community Health Clinic and the Mayores Senior Center. By 2002, NHA would have nine clinics under its wings, a 120-member staff and an \$8 million budget.

"We added a number of clinics over the years," says Miller. "We now manage 16 facilities such as a clinic for the homeless [Mildred Bayer], a women's health clinic [Huron Street] and thee dental clinics. We've developed a number of speciality services over the past 20 years."

And now comes Nexus Health Care - the effort to streamline and consolidate a number of those services. The building is located between Monroe and Jefferson and between 13th and 14th streets. Staff will provide adult medical care, a women's health care clinic, pediatrics, dental services, a pharmacy, a care center for the homeless, an urgent care center, a restaurant, meeting space and a branch of the Toledo Urban Federal Credit Union.

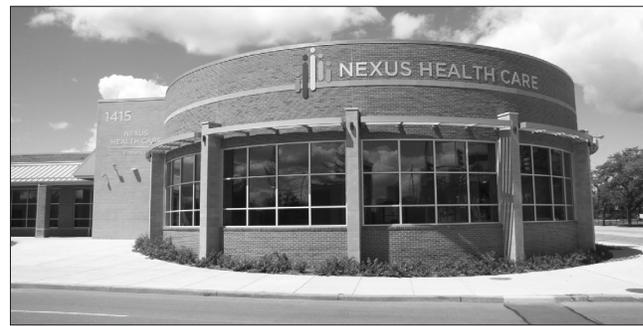


Cordelia Martin

The \$11 million health clinic came about as the result of a collaboration between a number of government and non-government entities. The Lucas County Land Bank, administered by the Lucas County Treasurer's Office, acquired the land and spent \$45,000 to clean up the site.

The federal government provided a grant of \$5 million through the Department of Health and Human Services for construction costs and the Local Initiatives Support Corp (LISC) financed the balance of \$6 million through tax credits.

NHA broke ground for Nexus Health Care in April 2015 and is scheduled to open to the public this September 2016. Miller once said that she believes a person has to be strong and healthy in order to successfully meet the challenges of life. Nexus will make it much more convenient for so many more citizens of the Toledo area to meet those challenges.




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Scholarships Awarded for 614 Students to Attend a Private School in the 2016-2017 School Year in Northwest Ohio under the Northwest Ohio Scholarship Fund

Special to The Truth

The Northwest Ohio Scholarship Fund announced last week that they have awarded a total of 614 scholarships including 132 new scholarships for the 2016-2017 school year. The eligibility scale for these scholarships is based on the National School Lunch Program and all of the families receiving the scholarship are at the 270 percent poverty level or below.

The Northwest Ohio Scholarship Fund (NOSF) pro-

vides privately funded scholarships to students from low-income families in grades K-8 to attend a private school or for home-school expenses. Students can receive up to \$1,500 per year for tuition or \$500 for home-school expenses.

Families must reside in Allen, Crawford, Defiance, Erie, Fulton, Hancock, Henry, Huron, Lucas, Ottawa, Paulding, Putnam, Richland, Sandusky, Seneca,

Van Wert, Williams, Wood and Wyandot and are required to pay a minimum of \$500 towards their tuition.

Principal Neil Black says of the program: "NOSF has been an incredible blessing to our families at Monclova Christian Academy. We understand that in some cases, our families who are receiving financial help from NOSF would not be able to attend our school and receive the benefits of a Christian education."

NOSF is a partner with the Children's Scholarship Fund (CSF). CSF provides scholarships to families in need so they can choose the private school that best meets their children's needs. Every dollar raised locally gets matched by CSF which provides additional dollars for scholarships. Since the program began, more than 14,000 students have been awarded a NOSF Scholarship.

HEAP

Heating Assistance
Is Available for Older Adults

Now is the time eligible older adults can receive \$175 to help with their heating bill costs through the Home Energy Assistance Program (HEAP). Single-member households with an income of \$20,597.50 or less and two-person households with an income of \$27,877.50 are eligible to apply. Older adults may get a HEAP application by contacting the Area Office on Aging at 419-382-0624.

Many people who are eligible for HEAP are also eligible for another program to help stay warm. By checking a box on the HEAP application, people can get information about the Home Weatherization Assistance Program.

Call the Area Office on Aging at 419-382-0624 for more details.

Interested families can find more information about the program and apply online on the NOSF website at www.nosf.org. For more information please contact Ann Riddle, executive director of the Northwest Ohio Scholarship Fund at (419) 720-7048(419) 720-7048.

A Snapshot Look at a Few NHA Staff

Dr. John Uche

Dr. Uche, the NHA medical director, joined the health care provider out of a desire to work in an environment that offers "affordable, quality health care" to the underserved. Whatever disappointments he has



Dr. John Uche

experienced during his stint have to do with the fact that so many more could have been reached over those years. Nexus will indeed provide that access for so many more in the community.

Dr. Uche, a native of Nigeria, arrived in his adopted country 19 years ago and, as with so many highly-skilled, highly-educated immigrants, did what he had to do – started all over again. Dr. Uche, who had practiced medicine in Nigeria, began his American life as a warehouse clerk for Meijers. Lab work in Houston, residency training in Chicago taught him the value in working to improve the lot of the underserved and the uninsured.

"There is a commitment you make in your mind about where you are going and what gives you satisfaction."

Bonita Johnson

Johnson, the director of compliance/patient advocacy, will also be handling the tasks of making sure that the new 42,000 square-foot facility is "pristine, clean and welcoming" for Nexus patients. Bonita has been with NHA for six years – after spending a number of years on the board including as board president – and currently maintains all of NHA's facilities making sure they are "well-kept and immaculate."



Bonita Johnson

Johnson's concerns for the patients extends well beyond the appearance of the facility. She also handles their concerns about the care and treatment they receive in her role as patient advocate.

"I get the calls, I correct the issues."

Shantell Hereford

Hereford, clinical coordinator, has been with NHA for 10 years and performs the day-to-day oversight for



Shantell Hereford

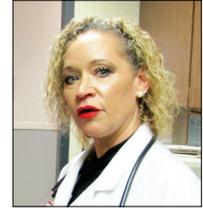
the medical department – scheduling, ordering supplies – "everything to do with medical issues." As such she works closely with the medical director to ensure that patients have all they need to receive complete care.

A registered medical assistant, Hereford is also a member of the leadership team and the executive management team.

Tamara Bumpus

Bumpus, a nurse practitioner who has been with NHA since 2010, manages the Mildred Bayer Clinic for the Homeless which will move into the Nexus facility with expanded treatment space for patients. Mildred Bayer treats 20 to 30 patients a day and Tamara develops treatment plans for acute and chronic diseases while she and her staff educate and guides patients on disease prevention and healthy lifestyle habits.

The contact with patients has been an important source of inspiration for Tamara. "Ninety percent of my job is listening to patients. If you look at them and listen to them, that will tell you everything you need to know."



Tamara Bumpus

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How to Use Your Smartphone to Save Time and Money this Back-to-School Season

Special to The Truth

Back-to-school season means more errands, more chores and more scheduled activities. It also means a dent in your wallet.

But you can recapture some of your free time and save some money along the way by turning your smart phone or tablet into command central. Here are some smart smart phone strategies for families as they head back to school.

- **Say cheese:** Be sure to capture all those toothy grins on camera! It doesn't take much effort to go beyond posting your first day of school favorites to social media.

You can order prints, photo cards, canvas prints and other personalized items from your phone, Facebook, or Instagram using the Walgreens mobile app, even turning your photos into personalized school supplies to send your kids to class in style. Prints will be ready within an hour and many other personalized photo products can be picked up the same day.

- **Be in touch:** Have all the most important numbers you may need on speed dial: your children's schools, doctors, babysitters, coaches and other caregivers.

- **Save time scoring deals:** Back-to-school supplies like pencils, pens, notebooks and more can add up, especially if you have multiple kids heading to the classroom. Consult your current store of supplies and create a needed shopping list.

Then, scour deals with ease by virtually "clipping" coupons from your mobile device through tools like the Walgreens mobile app.

"With a few clicks of the thumb I was able to order most of the items on my school supplies list within minutes during my lunch break," says lifestyle blogger Janise Burrafato of "Mama in Heels."

The database has hundreds of offers in searchable categories helping you save time and money during a busy, expensive time of year. What's more, the app lets you use your mobile device as a point-of-sale device with Apple Pay and Android Pay, allowing you to skip long back-to-school lines and get on with your day.

- **Get help:** Doing it all on your own can be tough, but that's what families are for. However, this year you can skip the traditional chore wheel. These days, apps can help you incentivize the completion of household duties and assign different tasks on an age-appropriate basis.

For more great tips that will have you prepping like a pro this back-to-school season, follow along with "Mama in Heels," "Katie's Bliss," and other lifestyle bloggers using the #MyWalgreensApp hashtag.

With the right apps and strategies, everything you need to plan, prep, and navigate the back-to-school season can be found on your mobile device.

Courtesy StatePoint

Fedor Urges Head Start Providers to Keep Pushing for Federal Funding before Wednesday Deadline

Says future of Ohio's children depends on access to quality educational opportunities

Special to The Truth

With a looming Aug. 24 deadline to apply for funds through the federal Early Head Start Expansion and Early Head Start-Child Care Partnership Grants, State Rep. Teresa Fedor (D-Toledo) gathered with over 20 childcare experts and providers from across the state this week for a news conference call to urge other Head Start providers to pursue the federal grant while the Toledo lawmaker fights for the reversal of a new Kasich Administration restriction that prohibits layering state and federal funds for early childhood education.

"I don't want people to lose hope. Our children's future depends on us pushing forward, collectively with one voice to say we will not back down," said Fedor. "We will fight for our future. We will fight for our children."

The Kasich Administration's new restrictions could jeopardize Ohio's share of \$135 million in total program funding available through the Early Head Start Expansion and Early Head Start-Child Care Partnership Grants. Childcare experts and early education providers on the call applauded Fedor's call to meet the Aug. 24 deadline while also highlighting challenges the new restriction puts on Ohio providers.

... continued on page 12

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Rep. Ashford: University of Toledo to Receive over \$500,000 for Facility Upgrades

Project will address outdated HVAC systems, improve ADA and complete library renovations

Special to The Truth

State Rep. Michael Ashford (D-Toledo) today announced the release of \$565,516 in state funds to University of Toledo (UT) for major renovations and upgrades across main campus and some on health science campus, including elevator replacements, ADA improvements, HVAC and window replacements.

"I am pleased to see the state's continued investment in Toledo's world-class higher education facility," said Ashford. "These renovations will ensure all students are receiving their education in a comfortable, high-quality, ADA-friendly environment. I look forward to completion of these upgrades and the positive impact it will on the entire university community."

Five academic buildings on the main campus will upgrade 40-50 year-old elevators, which have received no major work since their original installment, with the release of \$126,500 in state funds.

Eight buildings, six from the main campus and two from the health science campus, will receive a total of \$35,950 in state funds to undergo ADA upgrades including automatic door operators, modification to handrails and door hardware and addressing accessibility concerns in restrooms, ultimately improving overall accessibility to and within campus facilities.

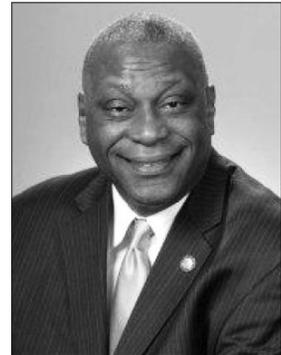
North Engineering and Snyder Memorial, classrooms built on main campus throughout the 1950s and '60s, will receive a total of \$102,530 in state funds to upgrade and replace some the buildings' original heating and ventilation units. Additionally, five other air handling units in the North En-

gineering building will be replaced with energy efficient units to further minimize maintenance costs and improve the comfort and safety of students, faculty and staff.

University Hall, the university's first building structure, will receive \$21,300 in state funds to replace the 85-year-old dilapidated, leaky windows to prevent mold residue, improve the building's overall appearance and saving on energy costs.

The Carlson Library will now proceed with phase three of the Academic Technology and Renovation project with the release of \$276,236 in state funds to renovate the first floor and add a new curtain wall on the east façade of the building.

The multiple-project funding was released through the state's Controlling Board, a mechanism for handling necessary adjustments to the state budget. The Board provides legislative oversight over capital and operating expenditures by state agencies and has approval authority over various other state fiscal activities.



Rep. Michael Ashford

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When: Saturday, August 27, 2016

Time: 9:00 a.m. - 11:00 a.m.

Cost: Free

To register call: 419-340-5715 or

E:mail: reevesetiquette@bex.net

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RECOVERY HELPLINE 2-1-1

Connect to Mental Health and Addiction Treatment

Mental Health & Recovery Services Board of Lucas County | Wood County Alcohol, Drug Addiction and Mental Health Services Board
Hancock County Board of Alcohol, Drug Addiction and Mental Health Services

Statement from Ohio State Rep. Alicia Reece

"Donald Trump's pathetic apology is worth less than a degree from his fraudulent university - he couldn't even get through his teleprompter speech yesterday without maligning African Americans. We have everything to lose if Donald Trump is elected President.

Let's remember who he is and what he has done throughout the 430 days he has been running for President. Trump has flirted with white supremacist groups, refused to denounce a KKK endorsement, and has championed racially charged attacks against President Obama for years.

He doesn't care about the African American community, has diminished the social and economic disparities that too many African-Americans face, and did not even bother to show up at this year's NAACP National convention in Cincinnati when he was already in Ohio."



Alicia Reece

Federal Funding... continued from page 10

"We absolutely need to apply, but our ability to be competitive and win is really being compromised by the state," said Jeff Lakes, CFO of Miami Valley Child Development Centers, Inc.

The state estimates the new rule restriction, which prohibits pre-school providers from layering federal and state funding to serve more children and families, will cut \$12 million in state funding to pre-school providers throughout Ohio, not counting hundreds of millions of lost dollars in federal grants and private dollars for early childhood programs.

"We have been able to serve the most at-risk children with the highest-possible quality programs because we have been able to layer funds," said Karen Lampe, president of Creative World of Learning, a Miami Valley early-childhood education provider. "Providers like myself in partnership with Head Start organizations have been able to retain higher degree teachers, better curriculum and assessment programs and lower teacher ratios, but with the state's new restriction we are very concerned about being able to offer that same level of high-quality."

Fedor said that during the last 24 hours she has heard early-childhood

education providers lose hope in the face of the Kasich Administration's new funding restriction. The Northwest Ohio lawmaker promised those on the call that if they did their part and applied for the federal funds, she would continue to work toward a rule reversal in Columbus.

"We are in this harrowing situation right now because the governor never picked up the phone and called anybody," Fedor said on the call. "Our children and their future success is not a partisan issue; Republicans, Democrats, advocates and the business community all agree that childcare providers should be able to utilize every resource available to provide low-income, vulnerable children with the early education they need and deserve."

Fedor, in concert with numerous Democratic and Republican lawmakers, county officials, education experts and business leaders have sent Gov. John Kasich letters detailing the implications of his administration's new restriction and calling for him to reverse the new rule.

"Ohio is risking the very real possibility of leaving at least fourteen-million new dollars on the table because of the state's new restriction," said Barbara Hexton, executive director of the Ohio Head Start Association, Inc. "We have always been very successful in our grant applications, but funding for high quality services for our children is now being jeopardized by the state."

Toledo Councilman... continued from page 5

ledo children under the age of six have high levels of lead. The Toledo-Lucas County Health Department tested children over a period of weeks, and results indicated that 19 of those children have blood-lead levels of greater than 10 micrograms per deciliter. Results indicate lead poisoning that can cause serious neurological and behavioral disorders, and often irreversible.

The forum included an opportunity for comments from the audience, over 20 individuals, mostly against Syke's amendment spoke. An Old West End tenant, who only wanted to be referred to as "Jim," accused Toledo City Council and the Health Department of bullying their way into his home.

"Let's talk about bullying. Where are my constitutional rights

to deny you entry into my home? Yes, I rent, but that's my home. Where would I go during this testing? Where would I go if my rent increases? Can I decline the inspection as a tenant? This amendment is laughable, where is my protection from you?"

A registration of lead-safe, certified lead-safe rental locations in Toledo would be available to the public. The "lead-safe certificate" is required with a \$45 filing fee. Compliance with the certificate requires passing a visual inspection, collection and testing of dust wipes or if owner is able to owner is safety able to control lead risk. The lead-safe certificate would need renewing every four years for properties that need lead-risk controlling or 20 years for properties that successfully completed lead abatement procedures.

City Council voted 10-0 to pass the Sykes' version the day after the forum and the ordinance will take effect in one year.

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Writings on the Wall: Searching for a New Equality Beyond Black and White by Kareem Abdul-Jabbar and Raymond Obstfeld

By Terri Schlichenmeyer
The Truth Contributor

The fix won't be quick.

It never is. There's no magic wand to change the things that've been on your mind lately: social issues, inequality, poverty, politics, apathy, violence. Those ills didn't arrive quick and they won't leave quick but, says **Kareem Abdul-Jabbar**, they can be repaired. In his new book *Writings on the Wall* (with **Raymond Obstfeld**), he explains...

c. 2016
Liberty Street Books
\$27.95 / \$33.95 Canada
256 pages

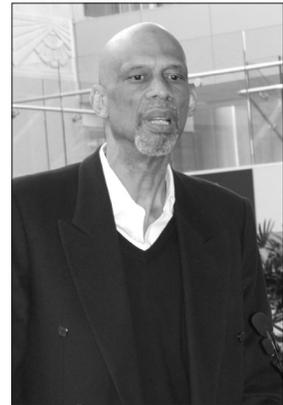
When people ask Abdul-Jabbar what he might've become, had he not played NBA basketball, his answer often surprises them: he would've been a history teacher. History fascinates him – especially in the way it reflects racism, religious intolerance and gender issues. In history, as in current events, the truth is sometimes bent.

Take, for instance, politics, which is on everyone's mind. We rail and complain about issues and promises broken and we like to think it's all out of our hands. The truth is that we are the problem: we grow complacent about things we don't want, acting "like children when it comes to politics" and hoping the government will "take care of us," rather than taking steps to fix the system ourselves.

White people may deny that racism exists, says Abdul-Jabbar, while black people know that it does. Racism didn't stop with the election of the nation's first black president. It doesn't end

with melting-pot cultural appropriation. It actually comes in two forms, he says, and education is the first step in dealing with it, not eliminating it, because racism is always going to be around.

On religion, we should never lose sight of the fact that this "country was founded by religious outcasts running for their lives from persecution for their beliefs." When it comes to equality for women, we must embrace the true meaning of "feminist" and adhere to what we tell pollsters when it comes to gender. We need to look at the media and how to maximize its potential, and we must take better care of our seniors.



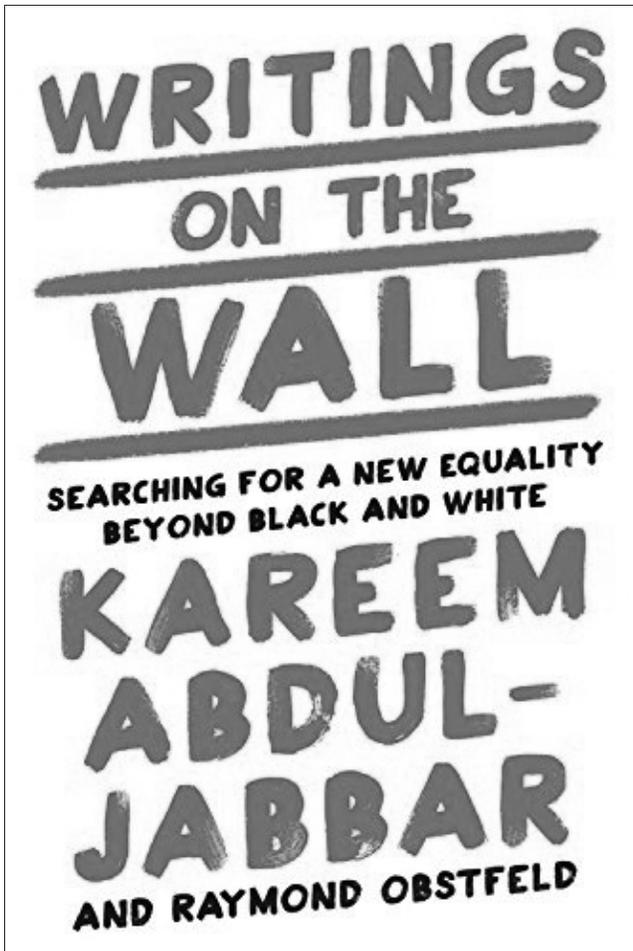
Kareem Abdul-Jabbar during a visit to Toledo

"We cannot afford to just wring out hands and depend on the kindness of strangers," Abdul-Jabbar says. "We have to bring about change on our own."

Remember when your grade school teacher told you to put on your thinking cap? You'll need it again as you're reading *Writings on the Wall*.

Authors Kareem Abdul-Jabbar and Raymond Obstfeld don't just examine issues that are on the minds of every American. They turn them over and blow them apart, looking for solutions that can be accomplished and chiding us gently for not already working. That makes for a thought-demanding, intellectually heavy book but it's also a worthy call to action; you may also be delighted to see that Abdul-Jabbar doesn't miss a chance to add a touch of the personal here, which includes quietly unexpected humor.

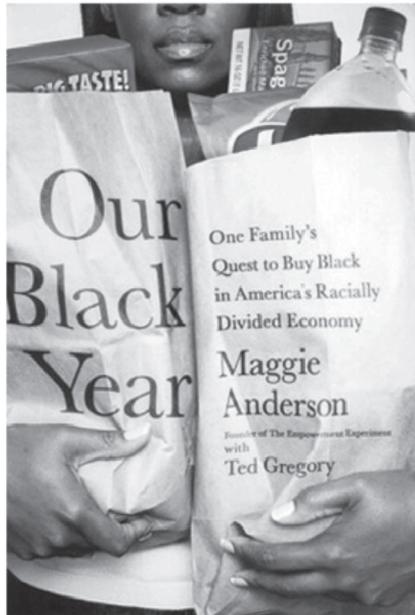
Readers with the right mindset will find this book to be informative and entertaining but be prepared to take your time get the most from it. There aren't a lot of pages inside *Writings on the Wall*, but what's here is deep and wide and nowhere near quick.



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CLASSIFIEDS

August 24, 2016

Page 15

SPECIAL NOTICE - REQUEST FOR PROPOSAL

The Mental Health and Recovery Services Board of Lucas County is seeking proposals to provide reentry services to youth returning to Lucas County from Ohio Department of Youth Services. Additional information is available at <http://www.lcmhrsb.oh.gov/publicnotice>. Proposals must be received by September 15, 2016 - 4:30pm.

FAMILY AMBASSADOR

Start date: July, 2016

Essential Duties and Responsibilities:

1. Juvenile Court Coaching and Support
2. Group-Based Support
3. Individual Family Support

If interested in this position, please read and fill out the job description document and employment application available at <http://www.cohfs.org/careers/paid-positions>. Next, email jobs@cohfs.org with the subject line "Family Ambassador" and attach both files along with your most recent resume.

CLASSROOM/RECREATION AIDE I

Start date: September, 2016

Essential Duties and Responsibilities:

Assists with the daily activities of the summer and after school program including planning and implementing academic activities in core areas, providing recreational activities and assisting with field trips.

If interested in this position, please read and fill out the job description document and employment application <http://www.cohfs.org/careers/paid-positions>. Next, email jobs@cohfs.org with the subject line "Classroom/Recreation Aide I" and attach both files along with your most recent resume.

21ST CENTURY ACADEMIC TUTOR

Start date: October, 2016

Essential Duties and Responsibilities:

Tutors a small group of students in the content area of English, Reading, or Math; utilize scientifically research-based materials and lessons.

If interested in this position, please read and fill out the job description document and employment application available at <http://www.cohfs.org/careers/paid-positions>. Next, email jobs@cohfs.org with the subject line "21st Century Academic Tutor" and attach both files along with your most recent resume.

NHA Seeks a Few Good People

The Neighborhood Health Association is hoping to acknowledge the contributions of past board members and volunteers. If you were a board member or volunteer in the past with NHA, the Cordelia Martin Clinic or the Mexican-Americans United for Health, give us a call. 419-720-7883, ext 216.

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NOTICE IS HEREBY GIVEN that Sealed Bids will be received by the Toledo-Lucas County Port Authority for all labor, material, insurance, and equipment necessary for the Wrangler Drive and Associated Work project located at Overland Industrial Park in Toledo, Ohio 43610, in accordance with the approved plans and specifications. The engineer's estimate for the base bid for the project is approximately \$1,416,331.32; alternate no. 1 is approximately \$876,992.00.

Bids will be received at the Port Authority's administrative offices at One Maritime Plaza, Toledo, OH 43604 until Wednesday, September 14th, 2016 at 11:00 A.M, at which time and place all bids will be publicly opened and read aloud.

Plans, Specifications, Instructions to Proposers, and Forms of Proposal and Contract are on file and may be obtained by Apex Micrographics, Inc., 5973 Telegraph Road, Toledo, OH 43612, (419)476-6535 during normal business hours.

Please note that there will be a pre-bid meeting for this project for all prospective bidders on Tuesday, August 30th, 2016, at 3:00 P.M. at the Toledo - Lucas County Port Authority, One Maritime Plaza, 7th floor, Toledo, OH 43604. Attendance is mandatory. Please submit all questions to the Port Authority, Gilda Mitchell at gmitchell@toledoport.org by Friday, September 9th, 2016 at 4:30 p.m. local time. Additional information can be found at www.toledoport.org

Toledo-Lucas County Port Authority
Paul L. Toth, Jr., P.E., President & CEO

website: unisonbhg.org

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Ruby's Kitchen is seeking an experienced breakfast cook as it expands its hours in its new location. Apply in person at 805 N. Reynolds Street

MENTAL HEALTH & RECOVERY SERVICES BOARD OF LUCAS COUNTY

FINANCE MANAGER

Mental Health and Recovery Services Board of Lucas County is accepting applications to fill the positions of Finance Manager until position is filled. Additional information regarding the duties is available on the Lucas County web site (www.co.lucas.oh.us). Click on "Apply for a Job" and then select Finance Manager from the list to read more or apply.

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Salary up to \$50,000 depending on experience. \$1,500 signing bonus and \$1,500 retention bonus at one year.

Openings for experienced professionals who will be accountable for overall care management and care coordination including physical health, behavioral health and social service needs and goals. May provide health home services as needed.

Qualified candidates must have at least a Bachelor's degree in Social Work, a Master's degree in Counseling or a Bachelor's degree in Nursing and current Ohio licensure as an LSW, LPC or RN. Independent licensure preferred.

Send resume or apply to:

Unison Behavioral Health Group, Inc.
Human Resources - CM
2310 Jefferson Ave
Toledo, OH 43604
Fax: 419-936-7574
website: unisonbhg.org

EOE

African American Leadership Caucus Annual Brotherhood Breakfast

Special to The Truth

About 100 people dropped in on the African American Leadership Caucus's (AALC) Brotherhood Breakfast on Saturday, August 20, at the UAW Local 12 Hall on Ashland Avenue. Union members, Democratic Party members, elected officials and volunteers enjoyed food, fellowship and information provided by the morning's



AALC breakfast attendees

speakers.

The AALC was formed in 2012 in order to use the democratic political process to promote civic engagement, political engagement and advocacy throughout Lucas County. In addition the group actively promotes its mission of getting more African Americans to the polls and getting more elected to office within the county.

Saturday's breakfast introduced attendees to speakers Stephen Corey Cunningham, Jawanza Harper, Dannie Ellis, Cheran Lyle, Michael Hayes and DJ Keith Success. Elgin Rogers, leader of AALC, served as moderator for the breakfast.



Michael Hayes and Elgin Rogers



LC Recorder Phil Copeland, Local 500 Business Manager David Fleetwood, Political Consultant Teresa Moore, State Rep. Mike Ashford

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Fall 2016 updates effective August 21.



On Sunday, August 21, 2016, TARTA's fall route schedule will begin. As most routes will be affected by time changes, new timetables and maps are available at TARTA.com/Fall2016



- **18A/B/C Sylvania Ave Crosstown** (School Days Only)
- schedule adjustments to A/B only
- **20A/B Upton Ave Crosstown** (School Days Only)
- morning schedule adjustments
- **24 Delaware/Kenwood via Westgate**
- schedule adjustments
- **24T Delaware/Indian via Westgate**
- schedule adjustments
- access to Pelham Manor via Douglas, Pelham, and Cheltenham roads
- **50 Owens Community College Express**
- routing and schedule adjustments

