This year, we decided the rooftop of the Toledo Lucas County Main Library would serve as a wonderful backdrop for our annual Naturalista Photo Shoot.

The Naturalista Photo Shoot is open to women and girls of all ages, however, we never mind if the occasional guy chooses to join us. Although each year there is a specific theme, there is no criteria as to how dressy or casual one should dress. All I ask is that everyone brings her smile and personal style and just Be-YOU-tiful!

But what exactly does “going natural” mean? The Merriam-Webster Dictionary defines the word natural as “not having any extra substances or chemicals added; not containing anything artificial.”

The meaning of the phrase can differ from one woman to the next, but most agree on this — natural hair is hair that is no longer straightened through the use of chemical relaxers. The hair is as close to its original state and texture as possible.
Well, well, what do we have here? Another Trump tantrum on national TV right in the heartland of Alabama. Trump goes to Dixieland and his rant and rave includes blasting not one but two nationally-known black professional athletes for their recent political choices that Trump has taken personally.

Trump was in a “safe” place in Alabama when he ripped Steph Curry of the Golden State Warriors for declining to visit the White House which is purportedly seen as a great honor for a winning professional sports team.

With that hesitation, Trump, who is as thin skinned as an over-ripened tomato, rescinded the invitation to the Golden State Warriors and then went on to blast Curry for his stance against such a White House visit.

Politely, Steph Curry indicated that such a visit would be in effect a mockery of values that he holds dear, values which should also hold true and dear to all Americans. He regrets that Trump expresses any sentiments that value white supremacist ideals.

Trump’s outrageous support of the Neo-Nazis who openly marched and chanted and carried lit torches (reminiscent of Hitler’s Germany) in Charlottesville, Virginia was in complete derogation of the American ideal that such hate groups and supporters of any hate groups should be openly and forcibly denounced.

But not Trump! He vacillated on categorically denying such groups any semblance of allegiance coming from the White House. He simply could not bring himself to totally shame and chastise right wing groups for what they are...anti-American.

Trump could not bring himself to declare that the KKK and The White Citizens Council were first-class domestic terrorists groups that, in the past dark history of this country, had the stamp of legal approval on their scandalous conduct towards minorities and Jews and others whom they deemed were non Americans.

No, Trump, acting like the boorish child he is, willingly took on the mantle of a rebuffed benefactor of all things good to little negro children and told them that they have made their Massa mad so he was going to smash their round brown bottoms with a dis-invite to the White House.

So, knowing that he is in the friendly environs of the deep South... Alabama, Trump smelled out that his audience wanted more red meat and put into their place these two uppity negroes who had the audacity to put into their country these two uppity negroes who had the audacity to challenge his flag and Donald Trump.

Massa Trump was mad that these two uppity negroes were, in his opinion, running off the plantation and that he would have negroes possess the unmitigated gall to challenge his flag beliefs... that sent him off the edge by calling out Kaepernick’s mother as a bitch and Colin as part of her brood!

As you know, Trump has no moral code or filter over his lazy mouth and mind and to call this man a dog and his mother a bitch, was over the top!

Massa Trump was mad that these two uppity negroes were, in his opinion, running off the plantation and they needed to be stopped before they turn other plantation negroes “bad”.

Massa Trump even went so far as to inject his poison into the employment practices of the NFL owners by stating that when an NFL owner sees an uppity negro not stand for the American flag, that such an act should be cause for firing the offending negro.

Massa Trump covered himself in the flag when he made these comments by stating that such an expression of freedom of speech has no place in sports and the offending negro should go to a country that he is more comfortable with than America.

Of course his fawning base loved it that Massa Trump was willing to put into their place these two uppity negroes who had the audacity to think for themselves and to take action that offended Massa Trump.

It is one thing for Massa Trump to have white folks confront him but to have negroes possess the unmitigated gall to challenge his flag beliefs... that sent him off the edge by calling out Kaepernick’s mother as a bitch and Colin as part of her brood!

... continued on page 4
Senator Brown Applauds Passage of Moses Fleetwood Walker Day Bill

H.B. 59 designates October 7th as “Moses Fleetwood Walker Day” in Ohio


“Moses Fleetwood Walker is relatively unknown compared to Jackie Robinson,” said Senator Brown. “However, his baseball career began over half-a-century prior to Jackie’s. I’m pleased that this bill was passed in recognition of the man who truly broke the barrier prohibiting black men from playing organized baseball.”

Born in Mt. Pleasant, Ohio, Moses Fleetwood Walker played baseball for the Toledo Blue Stockings when the team was admitted to the American Association in 1884. The American Association was a professional baseball league that existed for ten seasons, beginning in 1882 and ending in 1891.

In addition to his athletic achievements, he attended Oberlin College as a student-athlete and received his undergraduate degree. He later went on to attend law school at the University of Michigan.

Walker is set to be inducted into the Ohio Civil Rights Hall of Fame on October 5 in the Riffe Center.

Ashford Tapped to Serve on House Speaker’s Energy Task Force

State Rep. Michael Ashford (D-Toledo) last week announced that he will serve on the legislature’s new Energy Task Force, a new commission created by the Ohio House to examine energy issues and provide recommendations to House standing committees. After years of serving as Ranking Member on the House Public Utilities committee, Ashford brings significant experience addressing public utility and energy issues.

“I am honored to have the opportunity to serve on the legislature’s new Energy Task Force,” said Ashford. “I look forward to sharing my knowledge on public utility issues, as well as working with my colleagues to develop stronger energy policies that will push our state forward.”

The Energy Task Force is one of many new groups announced by Rosenberger earlier this year which will address specific policy areas and advise related House committees. Joining Ashford on Energy Task Force are Reps. Jack Cera (D-Bellaire), Brian Hill (R-Zanesville), Larry Householder (R-Glenford), Chairman Bill Seitz (R-Cincinnati), and a number of representatives from energy companies and associations across the state. The commission will hold its first meeting on October 4 in the Riffe Center.

Dear Mr. Trump

Let me be clear: I quit!

I quit pretending that when you speak, you speak for us. You don’t even know us. You’re speaking to Betsy Devos and all those other devils who cling to your every word as THEIR Commander in Chief.

As a free woman, who’s made decisions for my life of 45 years, I realize that I’ve never NEEDED any of you. I quit the New Jim Crow, the Old Jim Crow, the illusion of inclusion, a Parented Society where elitist whites and police officers are the only adults capable of making a critical decision. As I hear your voice in the background via TV in an environment that I do not control...I understand, your words as a leader mean nothing. You say you build jobs? Do you mean all the pop up Energy companies that sweep through town, promising to save people money, collect theirs and close shop? Or do you mean all the jobs that are back doored through prisons in the United States to save “Corporate Taxes,” while profiting from the “New Slave Trade?”

If history is TRULY asking you if “we’re” up to the task to “saving” our country...tell them...everybody BUT, Sharmayne.....SHE says let the roof burn, the Towers collapse, the Hurricanes rage, and the PEOPLE rise up and TAKE our freedom back!

Its 2017, WE should be writing the PEACE PLANS FORWARD!

Sharmayne Ivey
Toledo, OH
Never mind that the American flag also represents your right to either stand or sit during its playing at a sports events.

Never mind that the American flag was a symbol that black Union soldiers fought and died for and they too and their progeny, have the right to determine, “If I sit or if I stand, it is my choice!”

Never mind that during Trump’s privileged upbringing during the turbulent Sixties and Seventies and to current date, that black people have been marching and protesting and dying to make that American flag work for them.

No.... because Massa Trump, did not learn a thing about sacrifice and bravery and heroism from the civil rights marchers and which marchers were the sentinels that demanded that the freedoms of that flag work for everyone.

Massa Trump’s lack of knowledge of American history is so breath taking that he would have the temerity to go on national television and in one instance vilify two black men who were operating on their beliefs that were in line with American values.

Massa Trump’s denigration of both Curry and Kaepernick in their exercise of the freedoms that Trump enjoys everyday again shows the Grand Canyon gap between two Americas.

One ruled by a small-minded man who has yet to date to apologize to President Obama for the birtherism lies he originated; and to the five black men now known as the Central Park Five who were exonerated for the allegations of rape during the time that Trump was a New York media hound who used those wrong convictions to run his race based game against all things black.

And the other America populated by the rest of us who are a captive audience listening to the histrionics of a man who by any stretch of the imagination is totally unfit, morally, intellectually or otherwise to sit in the Oval Office.

Contact Lafe Tolliver at tolliver@juno.com

Toledo Municipal Court
“Clear Your Warrants Keep Your Freedom”

In conjunction with the Toledo Municipal Court’s 110th year anniversary, the court is holding an Amnesty Week beginning Monday, October 2 through Saturday, October 7.

The purpose of Amnesty Week is to provide an opportunity for people who have non-violent bench warrants to come to court and have their warrants cleared without the fear of being arrested and taken into custody. “All of the judges have agreed that we will not take them into custody,” said Presiding Judge Joshua Lanzinger of Toledo Municipal Court.

“We’ll remove their bench warrants and see if we can resolve their cases that day. If we can’t resolve their cases that day, they’ll be given a future court date.”

Individuals can visit the court between 8:30 am and 4:30 pm Monday, October 2nd through Friday, October 6th, or on Saturday, October 7th from 8:30 am to 11:30 am. Information booths from local mental health and substance abuse treatment providers will be on site on Tuesday, October 3rd and Wednesday, October 4th. Staff from the Bureau of Motor Vehicles will be at the courthouse throughout Amnesty Week to help individuals determine what steps are necessary to resolve driver’s license issues.

For more information, call the Toledo Municipal Court at (419) 245-1949 or check the Court’s Facebook page at https://www.facebook.com/pg/Toledo-Municipal-Court-118993542053432/posts?ref=page_internal.

DACA - Deferred Action for Childhood Arrivals – Forum

Learn about the legal, social and cultural factors involved in this current immigration issue that is facing up to 800,000 young people who were brought to this country as children and do not have legal citizenship. These young people consider themselves American and are facing discrimination and perhaps deportation.

DACA Forum
Thursday, October 5, 2017
7 to 8:30 p.m.
First Unitarian Church of Toledo
3205 Glendale Avenue
Toledo, Ohio 43614
Presentations will be given by representatives from:
Advocates for Basic Legal Equality
Representative Marcy Kaptur’s Office
Ohio Commission of Hispanic and Latino Affairs
This forum is sponsored by the UFACE and Spiritual Adventure Committee of the First Unitarian Church of Toledo.

For more information:
Colette Cordova at crcordova@earthlink.net or 419-410-7928

The Glass City Grind
www.theglasscitygrind.com
Buckeye Broadband
SAT 8am – SUN 12pm ON DEMAND
Ruth and Michael Ashford Host Fundraiser for Polly Taylor-Gerken

On September 21, State Representative Michael Ashford and his wife, Ruth, hosted a fundraiser for Toledo Board of Education member Polly Taylor-Gerken who is running for re-election this November for a second four-year term. Dozens of Democratic Party elected officials, union officials and party officers and members joined the Ashfords in their home in the Old West End for the event.

Taylor-Gerken was first elected to the Toledo Board of Education for a four-year term in 2013. During the endorsed Democrat’s tenure the school board has adopted a strategic plan to guide the Toledo Public Schools’ efforts to change. Taylor-Gerken has repeatedly emphasized her focus on that strategic plan which includes six goals: increasing student achievement and growth; developing district accountability; providing a safe environment; attracting a highly skilled staff; improving public confidence and ensuring effective district operations.

Taylor-Gerken is a native of East Toledo, graduating from TPS. Her daughter also graduated from the district and she has another daughter currently enrolled. Additionally, Taylor-Gerken worked for 20 years for the district as a secretary. She has her master’s degree in counselor education from the University of Toledo and spent 10 years as a school psychologist. Presently, she is a self-employed licensed school psychologist and psycho-educational consultant.

Taylor-Gerken is one of three endorsed Democrats running for election to the three open seats on the Toledo Board of Education including incumbent Bob Vasquez and first-time candidate Ruth Leonard. Incumbent Chris Varwig, the board president, is also running for re-election.
Fros, Fashions & Finds

Coming out of Hiding

By Megan Davis
The Truth Contributor

In the last decade, more black women have been Going Natural than was previously the case. Many have given up the “creamy crack” and have grown out their relaxers to embrace their natural tresses.

Joining thousands worldwide, going natural has been surging and is being acknowledged publicly with wonder and amazement! We are going places – the mall, the supermarket – and seeing women of color, with their OWN hair!

It’s locked, it’s in a cute fro. There are short cropped do’s and there are full heads of kinky, coily ringlets cascading from brown faces! It is as if we are walking into a new culture, although it has always been our culture.

It’s just as normal now to see Natural Hair as it was in the previous years, to see un-be-weaveable hair of all lengths and textures. In the 90s, women were wearing all kinds of braided extensions in loud colors, and BIG hair weaves that stretched “down-to-there.” If you weren’t wearing a long, sleek pony tail or even longer ropes of box braids, you may have been an outsider.

Today, beauty is not solely defined by bone straight, waist length weaves and heavy makeup. It has evolved into bouncy, lively coils, stretched waves, cropped Afros and nude skin. Years of wear and tear on the hair and scalp have been caused by the excessive wearing of weaves, wigs, hair color and other types of extensions as well as excessive heat.

We are seeing an increase of Women of Color being represented on runways and in magazines with natural hair or at least, textured hair weaves. We also have Issa Rae, Ava Duvernay, Tracee Ellis-Ross and Viola Davis leading the big screens with their natural coils and beautiful skin.

Now that women are going natural in higher numbers, it’s great news. However there is another side of this coin. We took the plunge, we are liberated, so now what? What do we do with all this thick hair, high texture, and full on fluff?

Back in the day, we wore braids. To maintain them, we put a scarf on and used braid spray on the scalp here and there. With weaves, all we did was wrap it up, then brush it down and go.

Now, with natural hair, we have to wash, condition, detangle, moisturize and style. It isn’t as easy as 1-2-3 like before. But if we really think about it, we had to learn, by experience, how to wear and care for extensions. The process is the same with natural hair.

What happens when the curls are defined when hair is wet, then puffs up like a sponge when it dries? And why is it long when it is wet and during the detangling process, then shrinks up when it dries?

We spent a great deal of time transitioning to natural hair under weaves, wigs and extensions only to go natural, then return to weaves, wigs and extensions because we don’t know what to do!

Curl Definition. Trying to maintain curl definition is difficult. We love what we see when the hair is wet, lovely, perfect little ringlets, each dancing as if nature choreographed every direction each curl would fall. But when it dries, it is as if we need to exorcise whatever consumed the curls with demonic strongholds that won’t release them!

The solution doesn’t have to become a Hollywood production, but we do have to develop a regimen. The wash and go has been perfected... continued on page 7

... continued on page 7
Fros, Fashions and Finds... continued from page 6

a few times over now using the co-washing method (aka The Curly Girl Method) or shingling.

You can use a hand-held dryer with a diffuser to hold the curls without disturbing the pattern or you can also sit under a bonnet style hair dryer on a medium to low setting to gently set the curls.

In the hotter months, however, even the most expensive products that proclaim the wonder working powers of retaining curls, may be no match for high heat, humidity and perspiration. The best thing to do is to accept the fact that natural hair grows with great variety. Some hair will do fine with retaining curls, and many will not.

Dealing with Shrinkage. There’s nothing like a clean head of hair that is detangled and ready to go until shrinkage starts. This is happening to ladies everywhere, seeing all that length virtually disappear before our very own eyes! What can be done to remedy this?

For braids and twist outs, you can roll the ends which will give the overall texture, shape and a bit of stretching. For loose natural hair, you can section the hair, then plait it loosely, then when it dries, unfurl it so it keeps some of the length.

Finally, you can blow dry the hair on a low setting, to gently stretch the hair bit, then style it as desired. There are temporary products out there that help straighten the hair until the next wash, but that is another issue.

When we become frustrated with the fact that our hair shrinks to sometimes less than half of its actual length, we want to straighten it. The problem with those products is, that they may alter the hair texture over time, if repeated and used with extreme heat, leaving the hair thinner, limp and fuzzy.

Coming out of hiding. At some point during the shampooing, conditioning, detangling and styling process, we become discouraged. Some of us have second thoughts about plunging into what seems like a bottomless pit of hair issues, while some just become ashamed of what is on top of our heads because we can’t make it “presentable.”

So we resort to wearing weaves, extensions and wigs. We would rather cover up the “problem” than to figure out what works best for our hair. We run out of patience quickly and become content with at least going natural, and leaving it at that.

What’s the big idea? How do we wear our own natural hair? After investing the time to research the benefits, do we give up?

No, the key to rocking our natural successfully is knowing our hair! We should know our hair type and texture and how it behaves from season to season. Those are the basics, then learn some simple techniques to create a variety of styles (i.e. braid, twist and knot outs) And for as much research that was done before going natural, we should continue to utilize all the resources we can find to discover inspiration and encouragement throughout our journey. Also, we should network with others who travel with us and exchange information and tips with one another.

Natural hair doesn’t mean we are going back to slavery, bound by negative perceptions, oppressed by natural naysayers and bullied by hair nazis. Natural hair is freedom, and the key to coming out of hiding is being true to ourselves, understanding the African-American esthetic and embracing what is organically our own, then walking in boldness; being our own kind of beautiful!
Monday September, Ike Stubblefield returned home to Toledo with an appearance at The Peacock Café, thrilling both the patrons and the local musicians who turned out to play with the 11Hammond B# virtuoso.

Stubblefield, a music industry legend with nearly 50 years in the business, spent his early years backing Motown legends such as the Four Tops, The Temptations, Marvin Gaye, Martha Reeves, Stevie Wonder and Rare Earth.

He lent his soulful R&B style to Al Green, Ike & Tina Turner, Curtis Mayfield, B.B. King, The Pointer Sisters and George Benson, and helped create the classic B3 sound that others would imitate for generations to come.

Most recently, Stubblefield jams with Papa Mali in New Orleans, rocks with Big Hat in Nashville and produces in his Atlanta Studio. His latest project is The Ike Stubblefield Trio.
Our Brothers Place Block Party

If you were looking for a parking spot on a downtown street on Labor Day evening, you should have arrived early. Thousands attended Our Brothers Place annual block party and enjoyed an evening of music under the stars.

Investing in the health of our hometown.

We care about your health. And we are deeply committed to the wellness of this community. As a local center of nationally recognized care, The University of Toledo Medical Center provides both life-saving treatment for the most complex cases and compassionate care for more routine injury and illness – just minutes from home.

We’re strong. We’re committed. And we’re confident in the future. Visit uthealth.utoledo.edu
If spending more time together is on your family’s to-do list, consider the following tips and ideas to make the most of each experience.

• Run a 5K. Encourage the entire family to get active by participating in a 5K. Whether you walk, run or a do a bit of both, this is a distance that many people of all ages can accomplish with some preparation. For bonus family time: train together in the weeks leading up to the race, then plan a special meal or outing afterwards to celebrate your collective accomplishment.

• Watch a movie. Get the family together, and even consider making it a party by inviting a few friends and neighbors for the ultimate gaming or movie night. With a projector, you can enjoy a film or video game indoors or out. Look for low-maintenance and energy-efficient projectors that offer convenience, such as the SLIM series from Casio. Their latest models offer increased light output for improved colors. Lightweight, they make an easy, portable choice, whether movie night is in the living room, the backyard, or around the block.

• Play a game. You don’t need any special equipment to hold a family game night. Play charades, 20 questions or Botticelli. These are all fun guessing games that require you to think fast and work together.

• Get outdoors. Get yourself somewhere beautiful for a hike, bike or kayaking trip. Use new technology to enhance the experience and help you fully enjoy the adventure. For example, the new WSD-F20, a smart outdoor watch from Casio, is equipped with built-in, low-power GPS and full color map functionality that can be used offline to track your location, even when you’re offline. Apps allow you to add notes to otherwise unmarked spots on the map to help you return to that ideal viewpoint or fishing spot.

• Volunteer. Most communities have plenty of one-time volunteer opportunities appropriate for kids and families. However, you can also create your own opportunities if no formal programs exist locally. From cleaning up the park to delivering groceries to a family in need, volunteering as a family is a great way to spend time together.

• Make Music. Explore your musical creativity by playing and remixing your own music. Consider using new technology such as the Dance Music Mode on Casio’s LK-265 portable keyboard. Learn your favorite songs with the keyboard’s lighted keys and remix the tracks. Choose from 50 styles of electronic dance music with different variations of drum beats, bass lines, and synth parts, as well as effects to polish tracks.

Life is busy, but there are plenty of ways to make family time count.

Courtesy StatePoint
The Padua Center’s “Peaces” of Art Celebration

Special to The Truth

Suzette Cowell will be honored with the Padua Promoter Award at The Padua Center’s annual “Peaces” of Art celebration on Sunday, Oct. 8, 2017 at the Sullivan Center at Gesu, 2049 Parkside Blvd. Toledo, Ohio. Along with Cowell, the Knights of Columbus Council #386 will be honored with special recognition of Eric Lyons, Grand Knight and Martin Porter. The “Peaces” of Art celebration recognizes persons in the community whose work and volunteerism have made a difference to the lives of people in the Central City.

Suzette Cowell is CEO of the Toledo Urban Federal Credit Union. She was one of the original founders of the Credit Union and has recently celebrated the opening of a new building on the corner of Detroit and Dorr. The TUFCU also sponsors the African American Parade and Festival.

The Knights of Columbus, Council #386, specifically Eric Lyons and Martin Porter will receive the Volunteer Award. They have given many hours of service to the work of the Padua Center, especially preparing the dinner for the Urban Chicken Fest, held at the Padua Center each summer.

The keynote speaker for the evening will be Rev. F. Anthony Gallagher, retired priest of the Diocese of Toledo. He retired from assigned diocesan ministry in June 2009 and, subsequently, has tried to be an active supporter of women religious, Africa-American, Muslim, Latino and inter-faith efforts locally. Father Gallagher is active in marches, presentations, rallies and civic actions to support the rights of minorities. He has been a consistent supporter of The Padua Center and last summer his donation provided a Bounce House for the children at the Urban Chicken Fest.

A gathering of nearly 125 people are expected to attend the celebration which features a silent auction of items including visual arts, produce grown and processed at The Padua Center, baskets of various interests and tickets to various restaurants and venues throughout the city.

The main feature of the evening the live auction of artwork created by the Padua Center children. The artwork showcases the artistic talents of the children and the results of an Art Camp, one of eight free summer camps at the Padua Center, which involves children from grades K-8.

The band, “Straight Up” will entertain while the guests enjoy a dinner.

Padua Center volunteer Katera Harris will be the Mistress of Ceremonies sharing her responsibilities with Serenity Henry, Frankie Burnside and Grace Bell, young ladies who have been involved in the Padua Center for a number of years, volunteering and attending camps.

The fundraiser supports the work of the Padua Center, specifically the Padua Possibilities Program (an alternative to suspension for children from grades K-6), the Restoring Possibilities Program (a program for grade school children who are expelled), the Padua Potters Garden Club, the Kwanzaa Park Neighbors, and the Ujima Urban Agriculture Program.

For more information, please call Sister Virginia Welsh at 419-241-6465.

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The Sojourner’s Truth

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September 27, 2017
Lucas County Children Services to Examine Opiate Epidemic

Author Sam Quinones Keynotes Day-Long Training Program

Lucas County Children Services is bringing together experts in child protection, medicine, drug treatment, law enforcement and the courts for a day-long training seminar on the impact that the opiate epidemic is having on children in Lucas County.

Beyond Dreamland: A Coordinated Response to the Opiate Epidemic, takes place on October 3, 2017 at the Lucas County Conference and Training Center, 711 Adams St. The invitation-only program begins at 8:45 a.m. and runs through 5 p.m.

In addition to local experts coming together to address the impact that addiction has on families, the program will feature a keynote address by journalist Sam Quinones, author of Dreamland: The True Tale of America’s Opiate Epidemic. The book sheds light on the factors that came together to drive the growth of the heroin trade across the United States.

Local experts participating in the event include Dr. Gagandeep Brar, St. Vincent Mercy Children’s Hospital; The Honorable Denise Cubbon, Lucas County Juvenile Court; The Honorable Ian English, Lucas County Common Pleas Court; Robert Forney, Jr., Ph.D., Office of the Lucas County Sheriff John Tharp; and The Honorable Connie Zemmelman, Lucas County Juvenile Court.

“The opiate crisis continues to impact children and families in Lucas County, and by bringing together these stakeholders, we hope to identify new ways to work together and enhance the safety and stability of children and families,” says Robin Reese, executive director.

Heartbeat Available to Help Families in Need

New and expectant parents can get help with needed baby items from Heartbeat of Toledo, a pregnancy help center with two locations in Toledo.

Heartbeat has three types of assistance available, according to Pat Todak, executive director.

“For parents with an immediate need, Heartbeat offers emergency diapers and formula,” says Mrs. Todak. “We also offer baby baskets for when a newborn arrives.”

According to Mrs. Todak, the baskets include a few sleepers, onesies, and outfits as well as a blanket, diapers, handmade quilt, and more.

Heartbeat also offers free prenatal and parenting classes which allows new and expectant parents to learn all about pregnancy, childbirth and parenting, Mrs. Todak adds. “For each class parents complete, they are able to earn points which can be used to get the baby items they need. Our parents can earn just about everything they need for their babies including new car seats, diapers, formula, wipes, baby food, as well as new and gently used clothing, blankets, strollers, high chairs, toys, books, and more. We have just about every baby item imaginable.”

Heartbeat has two locations: 4041 W. Sylvania Ave., Suite LL4, (across from Franklin Park Mall) and 101 Main St., Suite 2, in East Toledo. Each location has a baby boutique and offers both one-on-one and group parenting classes.

For more information on the emergency assistance, baby baskets, or parenting classes, please call Heartbeat at 419-241-9131 (West Sylvania Ave.) or 419-214-0768 (East Toledo).

Heartbeat has been serving Toledo-area families since 1971 and helps about 1,700 families per year.
The Sojourner’s Truth

Lightning Men by Thomas Mullen

By Terri Schlichenmeyer
The Truth Contributor

It struck in a second.

If you’d have blinked, you would have missed the flash but you’d’ve known it was there by the rumble that followed. There’s nothing like the power and beauty of a summer thunderstorm to put respect into you – except, as in the new novel Lightning Men by Thomas Mullen, maybe the crack of a gun.

Even from the front of the truck, Officers Lucian Boggs and Tommy Smith could see that this was trouble.

They’d known for a time that if anyone was going to stop illegal substances from flowing into the part of Atlanta known as “Darktown,” it would have to be them. White police officers wouldn’t bother arresting Lightning Men who brought drugs and moonshine in; they didn’t care, but Boggs and Smith knew what those things were doing to the people of their community. And so, there they were, approaching a delivery truck in a narrow alley one night, guns in hand.

The subsequent lack of support from fellow officers came as no surprise, nor did the release of the men Boggs and Smith had arrested. That was the latest in a long line of slights from white Atlanta, which was busy being outraged that black families were moving into formerly-white neighborhoods.

One of those neighborhoods was where Officer Dennis Rakestraw lived.

Rake really had no issue with “Negroes” moving into his neighborhood, but he knew his brother-in-law, Dale, did. Dale was an idiot, that was sure, and Rake was dismayed to know that he was also Klan. It was that part that got Dale into trouble before – but never as much trouble as Dale was in now, and he’d pulled Rake straight in the middle of the storm.

As tension heated up over neighborhood segregation, a similar tension simmered within the APD over “the colored experiment” within the department, a white banker assaulted by Klansmen, shoot-outs, beatings, and the return of someone who should’ve stayed away. Trust in Atlanta that summer was a rare commodity – between man and woman, between relatives-by-marriage, and even between two APD partners.

There’s a lot going on inside Lightning Men – which is good, and it’s not.

Rich in detail and flavored by the presence of real-life people, this novel, set in 1950, also contains snippets of authentic racism, Jim Crow laws, and social mores of the post-War American South. This offers readers a fine tale with an atmosphere of confusion, beauty, and horror, in which author Thomas Mullen inserts two officers, both of whom are likeable characters and fit perfectly into this story.

But oh, it’s a long story. Too long, in fact: plot lines stretch forever before tying up; dead characters strut on the sidelines; and a rotating cast numbers in the dozens, which can make a reader disoriented. A too-convenient ending is no fun, either.

And yet, readers of noir crime dramas might relish tackling this book and its meticulously-written lushness; if that’s you, this is your kind o’book. For lighter readers or cozy-mystery fans, though, Lightning Men probably won’t strike you.
CHOIR SEEKING GOOD SINGERS

Do you like to sing? Is there a performer hidden within you? Do you want to get vocal training, to perform a variety of musical styles and have fun working hard while you work.

If you can answer “yes” to any of these questions, then The Clarence Smith Community Chorus (CSCC) is for you! The choir is an adult choir performing a wide variety of music.

The chorus is beginning its 2017-2018 42nd Season, which will be a great season with major concerts such as the Annual Community Christmas Program at Lourdes University and concert with Kathleen Battle and the Toledo Symphony.

The chorus specializes in performances of Negro spirituals and is dedicated to its preservation as well as the performance of musical styles including classical, jazz, and Broadway. Its membership is diverse and comes from all walks of life. The CSCC is unified by their mutual love of great music and bringing it to life by way of stirring performances.

For interviews and further information, please call (419) 534-2299.

Mental Health and Recovery Services Board of Lucas County is accepting applications to fill the positions of Director of Program and Services until position is filled. Additional information regarding the duties is available on the Lucas County web site (www.co.lucas.oh.us). Click on “Apply for a Job” and then select Director of Program and Services from the list to read more or apply.

An Equal Opportunity Employer

NOTICE TO BIDDERS

SEALED PROPOSALS for bidding on Metroparks Canaley Property Restroom Renovations, 3520 Waterville – Swanton Road, Swanton, Ohio 43558 will be received; opened; and read aloud at the Metropolis Park District of the Toledo Area, Fallen Timbers Field Office, 6101 Fallen Timbers Lane, Maumee, Ohio 43537 Friday, October 13, 2017 at 3:00 p.m. local time.

THE SCOPE OF WORK consists of interior building renovations to add restrooms and showers within an existing 3,200 SF metal barn. General construction includes select demolition, rough and finish carpentry, concrete footings & slab, masonry walls, plumbing, electric, HVAC, fixtures and finishes. Bidders may obtain copies of plans, specifications, contract documents and plan-holder’s list through Newfax Corporation, 333 West Woodruff, Toledo, Ohio 43604 between 8:30 a.m. and 4:30 p.m., Monday through Friday (check made payable to Newfax Corporation) or via the Newfax Digital Plan Room at www.newfaxcorp.com. Newfax can be contacted at 419-241-5157 or 800-877-5157. A non-refundable fee of $30 is required for each set of documents obtained. For additional information, please contact Jon Zvanovec @ 419-360-9184, jon.zvanovec@metroparkstoledo.com.

EACH BIDDER MUST FURNISH either (1) a bond for the full amount of the bid or (2) a certified check, cashier’s check or irrevocable letter of credit in an amount equal to ten percent (10%) of the bid with its bid. The successful bidder must furnish a 100 percent (100%) Performance Bond and a 100 percent (100%) Labor and Materials Bond.

No bidder may withdraw its bid within thirty (30) days after the actual date of the opening thereof.

THE BOARD OF PARK COMMISSIONERS OF THE METROPOLITAN PARK DISTRICT OF THE TOLEDO AREA reserves the right to reject any or all bids, and to waive any informality in bidding.

By order of the Board of Park Commissioners

METROPOLITAN PARK DISTRICT OF THE TOLEDO AREA

David D. Zenk, Executive Director

NOTES:

- The City of Toledo, Streets, Bridges, & Harbor Division is interested in contracting with owners/operators of snow plow vehicles for plowing on residential streets during heavy snow conditions. All bids must be received by 1:30 PM October 17th, 2017. For a copy of the bid proposals and specifications visit https://www.planetbids.com/portal/portal.cfm?CompanyID=22576 or contact:

STREETS, BRIDGES, & HARBOR
1189 W. Central Ave. Toledo, Ohio 43610
PHONE: 419-245-1575

AUGUST ACCELERATOR GRANTEES ANNOUNCED

The Arts Commission is pleased to announce the fourth group of recipients of the Accelerator Grant. This program offers financial support with quick turn-around for local individual artists or artist collectives advancing creative projects and thereby advancing their careers. This grant is available on a monthly application cycle, with deadlines posted on www.theartscommission.org/forartists. A committee comprised of members of the visual, performing and literary arts communities meets to review applications and make recommendations for funding to the Arts Commission staff and board. The August grantees are Lauren Fowler, Bianca Garza, Timothy Stover and Brien Strancar.

FOR RENT

Very nice studio & one bedroom apartment
$425 month/$275 Deposit - $50 per pet fee
2324 Putnam Street
1 year lease – must have proof of income
419-708-9434

Your voices were heard so come along for a ride to Mall Of America Bloomington MN Memorial Weekend Trip. Bus Departs on 5-25-2018 10pm Returns on 5-28-2018 Call or email Chris for pricing and further details. Safe Travels Toledo 419-322-1194 or Email:safetravelstoledo@gmail.com Licensed and Insured with ProTravel Network & Surge365

HOSPICE OF NORTHWEST OHIO OFFERS HELP FOR THOSE GRIEVING AN UNEXPECTED LOSS

Hospice of Northwest Ohio is holding an ongoing bereavement group for those who are grieving the loss of a loved one from sudden or unexpected death. The group is being held the 2nd and 4th Tuesday of each month from 5:30-7:00 p.m. at the Toledo Hospice Center, 800 South Detroit Avenue. The group is open to any adult in the community.

Facilitated by an expert grief counselor, the group will provide participants with information on coping with unexpected loss including healthy coping skills, understanding loss and setting realistic expectations of one’s self.

While no prior relationship with Hospice of Northwest Ohio is needed, pre-registration is required. For more information or to register, call 419-661-4001.

To learn more about grief and loss or Hospice of Northwest Ohio, visit our website at www.hospicenwo.org. Find us also on FaceBook.