



Volume 50, No. 7 *“And Ye Shall Know The Truth...”* May 30, 2018



Vice Principal William White, Sheila Cook, Principal Willie Ward

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BSA'S Organization Name Not Changing. And Other Facts to Know and Share

To the Editor:

Over the past several months people who care deeply about the Boy Scouts of America have expressed concern about the decision to invite more girls to participate in BSA programs. Simultaneously, incorrect information has been promulgated, only to cause more concern.

Rest assured that the Boy Scouts of America organization has not changed its name. The Boy Scouts of America will continue the time-honored mission of preparing young people to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Law in order to become responsible, participating citizens. Offering programs that accomplish this mission to girls will enhance, rather than diminish, this vital work.

Beginning February 2019, the Boy Scout program name will be Scouts BSA. Just as now, all participants will be called Scouts. Beginning this August, in the Erie Shores Council, girls age 5 – 10 will be invited to participate in Cub Scouts. The functional unit of the Cub Scout Pack is the den. Dens will be single-gender. Local Packs may choose between all-boy packs, all-girl packs, and pack that is a hybrid of girls and boys dens.

Later, girls age 11 – 17, will be invited to participate in single-gender Scout Troops and will be eligible to earn the rank of Eagle. Girls already enjoy the benefits of the Venturing and Exploring programs and this will not change.

Rather than arising out of pressure from outside organizations, the desire to include girls developed organically among the families served by BSA. This is a decision made at the national level, after thoughtful consideration, to benefit American families. In England, where scouting began, girls have participated since 1991 and now make up more than one quarter of the membership.

Last year, our local council served nearly 6100 youth from Wood, Sandusky, Lucas, and Ottawa Counties and the town of Swanton. Erie Shores Council is the proud owner/operator of two of the finest camps in the United States. Camp Miakonda, at the DeVilbiss Scout Reservation, is 160 acres of outdoor adventure in the Toledo metropolitan area and is the sixth oldest camp in the United States. The Wildlife & Nature Center opened in 2017 for year-round education and training opportunities for schools and other youth groups. Camp Frontier, at the 1100-acre Pioneer Scout Reservation in Williams County, offers camping, cross country skiing, hiking, backpacking, fishing and more. It is the home of Boy Scout resident camp where we serve 2800 Boy Scouts every summer from approximately 7 states.

BSA is not in competition with the Girl Scouts. In fact, our council partners with Girl Scouts through the Scoutreach program in the central city. Today girls have many options to grow outside the classroom. Cub Scouting and Scouts BSA will be an important addition to that list.

Scouts learn hundreds of lessons and many of these are carried to adulthood. What has made Scouting an enduring success is the tenets of Scouting and the way lessons are learned. A Scout is trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean and reverent. These timeless qualities are learned through fun activities such as camping, hiking, and whitewater rafting. Scouts grow to be leaders in business, the military, their communities, government, and various professions. Girls and their families want and deserve this experience.

Boys and girls are eager to be challenged and to leave their zone of comfort. Scouting offers this in a safe, supportive, and non-threatening environment. Success in any endeavor in life comes after getting up one more time than you have fallen. Scouts know how to do this.

To learn more about Scouting, visit: www.scoutingnewsroom.org and www.scouting.org

To learn more about our local council and Camp Miakonda Summer Day Camps visit www.erieshorescouncil.org. Summer camp is open to all boys & girls entering grades 1-5, whether they are new to Scouts or have been Scouting this past year. For five full days, youth can enjoy swimming, fishing, archery, BB gun shooting, BMX biking, STEM education, team-building activities and more.

Ed Caldwell
Scout Executive/CEO
Erie Shores Council
Boy Scouts of America

Community Calendar

May 30/June 28

Main Library Community forum about the ways the renovated Library space can best be used to provide lifelong learning and opportunities: 6 to 8 pm; Huntington Room; Each forum will build on community discussions from preceding forum/s, so attending all three forums will provide you with the broadest understanding of the renovation. However, if you are only able to attend one or two forums, your input will still make a difference! Areas of discussion will include:

- Overview of project and key decision points
- Serving community needs during Main Library's temporary closure
- How to use the new spaces following renovation

Discussions will be interactive, including the Library sharing information and seeking information from participants. The information shared and feedback provided will be shared on the Library's website (LINK) along with a tool for people unable to attend the meetings to submit feedback

June 4-8

Vacation Bible School: "Follow the Leader;" United MBC; 5:50 to 8 pm; Free light dinner served from 5:30 to 6 pm

June 3

New Prospect Baptist Church Anniversary Month: 4:00 pm; Calvary Baptist Church will be the guests, Rev. Floyd Smith, Pastor

June 10

New Prospect Baptist Church Anniversary Month., 4:00 p.m. Ebenezer Baptist Church will be the guest, Rev. J.L. Jordan, Pastor

June 24

New Prospect Baptist Church Anniversary Month: 4:00 p.m., Fourth St. Baptist Church will be the guest, Rev. Nathan Madison, Pastor

The Sojourner's Truth

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Since When Did Sports Equal Patriotism?

By Lafe Tolliver, Esq

Guest Column

Roger Goodell, the commissioner of the NFL, has issued some guidelines regarding the controversy of NFL players taking a knee during the playing of the national anthem.

Goodell knows, or should know, that the protests initiated by the now "blackballed" and gifted quarterback, Colin Kaepernick, had not an iota to do with disrespect for either the flag, the military, first responders or the police.

The coward that Goodell is, he is falling in line in sycophantic obedience to Herr Trump and his mindless utterances about black athletes being "SOB's!"

So now, the athletes can either stand to attention during the playing of the national anthem or they can remain inside the locker room or the stadium tunnel hallway and, then, when the anthem has finished playing, they can come onto the playing field.

First of all, this bumbling attempt to equate the American flag with sports, or visa versa, is a sham. When professional sports first started playing public games, it was never about honoring the flag when they were trying to knock the stuffings out of their opponents.

The artificial blending of teary-eyed ticket holders yelling and screaming for a basketball, baseball,

hockey or football team was a concocted in order to sell more tickets and make people feel good about attending a paid professional sporting event.

It was only when white America was called on the carpet about their deliberate and systemic racism by the act of black athletes (and a few white players) protesting that the powers-that-be took action.

The action that they undertook, aided and abetted by a racist president, was to ban kneeling and other forms of protest at NFL games.

If you have reading comprehension beyond the third grade level, you would have determined that the kneeling NFL players were protesting the cheapness of black lives as expressed by the outrageous deadly gun violence against black males by white cops.

President Trump took the protest message and stripped it of its original intent and goal and made it an expression of black people disrespecting the flag, the country, the military or the first responders.

Herr Trump, even with his short-term attention span and limited learning abilities, knew that his base would gladly howl to the moon if he slapped black people and kicked the black male. So he did and he did it gladly.

He called the kneeling black NFL players, "SOB's!" or in everyday parlance, they were birthed by female dogs.

That is how Herr Trump views black males...they are dogs to him just as he called many immigrants not humans but animals.

Remember when white NFL quarterback Tim Tebow took a knee at a football game in 2012 to protest abortion? When he took that knee, he was called a "model American" and was feted as a good guy.

But when black ballers kneel to protest racism and police killings, they are seen as being "un-American" because they used their First Amendment rights to tell white America that all is not well in the kingdom.

White America did not and does not want a mirror set before them and especially at a game of gladiators providing them sport and relief from their daily lives.

Can you imagine the invectives that Herr Trump would have thrown against Rosa Parks when she "kneeled" and refused to give up her paid bus seat to a white male during an act of protest that kicked off the famed Montgomery Bus Boycott?

Now remember, Jehovah Witnesses do not salute the American flag and the Amish do not stand up for the national anthem but do you see any national outcry against their practices?

It is akin to national conservative media host, Laura Ingraham telling LeBron James to shut up and just dribble the basketball when LeBron took a stance regarding Black Lives Matter!

Many white people simply do not like anyone darker than a snow flake to get into their grill and say that they are wrong and that they need to change.

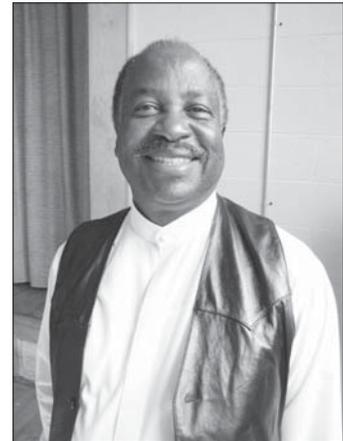
It is astounding for Herr Trump to give aid and comfort to the Neo Nazis marching in Charlottesville and calling them good people but he utters profanity when he sees black men also exercising that same freedom of speech and assembly.

The NFL commissioner may have opened a smelly can of worms when he capitulated to Herr Trump and the fat cat NFL owners (who pay his sky high salary to be their mouthpiece) to shut down any protest by black players.

Once again we see where Herr Trump has used the bully pulpit power of the White House to inflame public passion against people of color who are peacefully protesting the ongoing killing of black men.

President Trump lied about the original meaning behind the NFL kneeling protests and shaped and shaved the truth to fit his own demagogic narrative...and it worked.

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TARTA Unveils a New Strategic Vision

Special to The Truth

A new day for TARTA is on the horizon. After a thorough evaluation of its services, the Toledo Area Regional Transit Authority (TARTA) is embracing the opportunity to keep pace with the revitalization of the region. TARTA has developed the *Move Toledo* strategic vision that will guide significant enhancements to the future of public transportation in and around Toledo.

The *Move Toledo* strategic vision was developed specifically to meet the needs of the Toledo region during its era of progress and vibrant revitalization. The vision embraces the changes in the Toledo area and explores how public transportation will play a role as a critical resource for the region's future.

Over the past several months, TARTA has re-evaluated its services and reimagined what TARTA can be. TARTA studied transit authorities in more than 50 cities to gather current best practices in public transportation and investigated future trends in urban mobility. TARTA also commissioned a public input study to gather the opinions of current riders, non-riders, Toledo residents and suburbanites, TARTA staff, business leaders, and public officials.

"The feedback we received provided an honest assessment of where TARTA is currently and what our community wants and needs from a public transit service," said Jim Gee, TARTA General Manager. "Some of the comments were difficult to hear, but our stakeholders really challenged us to leave no stone unturned and develop a plan that will meet the future lifestyle needs of our community."

The result of this research, analysis, and self-reflection is the development of *Move Toledo*, a strategic vision that focuses on three key areas:

Service Introductions

In addition to expanding TARTA routes throughout all of Lucas County, the *Move Toledo* strategic vision calls for TARTA service hours to be extended to better accommodate workers on all shifts. The vision also includes new modes of transportation, such as a van pool program to offer ride-share for residents who work in other municipalities within our region and a new Uber-like, on-demand service.

Technology Advancements

TARTA plans to bring new technology to its fleet by adding vehicles powered by alternative fuel sources such as including propane and electricity and exploring opportunities to integrate autonomous vehicles as technologies advance. Service amenities such as on-line scheduling for TARPS and Call-A-Ride would be implemented along with a new app that would accept fare payments from credit/debit cards via smartphone.

Core Improvements

A number of core improvements are planned to position TARTA as a viable transportation option for our region. One component of these upgrades includes the complete restructuring of transit routes to create more efficient service in suburban areas, decrease the number of transfers required, and increase bus frequency in key areas. Additionally, a shift in TARTA's current funding from property tax to a sales tax model will aid in the equalization of transportation funding. Other core changes include updating TARTA's fleet of vehicles and a refreshed brand to better reflect the future of TARTA.

Visit www.movetoledo.com to learn how these improvements will transform TARTA and help *Move Toledo* forward.

With its *Move Toledo* vision, TARTA is embracing the momentum and changes in its community and positioning itself as a valuable resource for area residents. TARTA is more prepared than ever to begin a new chapter in public transit in Toledo and its surrounding communities and become a leader in public transportation.

About TARTA

The Toledo Area Regional Transit Authority was formed in 1971 and is a political subdivision under Ohio law, similar to a park or school district. TARTA supplies more than 3.1 million passenger trips annually and provides interconnected regional service to six communities in Lucas County – Toledo, Maumee, Waterville, Ottawa Hills, Sylvania, and Sylvania Township – and Rossford in Wood County.

TARTA provides a variety of transportation services, including fixed-line service on regularly scheduled specific routes, seven days a week; the Toledo Area Regional Paratransit Service (TARPS) for people with disabilities; Call-A-Ride service in suburban communities; and shuttle service to Toledo Mud Hens and Walleye sporting events. TARPS and Call-A-Ride customers are required to call in advance to arrange pick-up times.

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“Keep a Promise” Child Protection Campaign Launched in Northwest Ohio

Sojourner's Truth Staff

“Parents who are using drugs can't think clearly,” said Meliss Klorer, co-ordinator of the Northwest Ohio Children's Trust Fund (OCTF). To drive the fact home to the public of the pressing issue of substance abuse and its relationship to child abuse and neglect, the Northwest Ohio Regional Child Abuse and Child Neglect Prevention Council and the OCTF recently launched a campaign called Keep A Promise.

The goal of the campaign is “to encourage people to speak up and protect the most vulnerable among us – children,” said OCTF Executive Director Kristen Rost.

In Ohio in 2017, almost 176,000 child abuse or neglect reports were made to various children services agencies. The U.S. Department of Health and Human Services estimates that between one third and two thirds of such incidents involve substance abuse. The Keep A Promise campaign will target 16 counties in northwest Ohio and a website has been established at KeepA-Promise.org.

The website is part of the Keep A Promise effort to inform the public of the connection between drug abuse and child abuse and neglect. “Parents who are abusing use time seeking drugs rather than caring for children,” said Klorer, during a press conference to announce the campaign on May 17 at St. Vincent Medical Center and Children's Hospital. Joining Korr was Dr. Gagandeep Brar, MD, a neonatologist. Dr. Brar spoke of the high incidence of fentanyl use in Ohio and the corresponding rise in rates of HIV, low birth rates and high stillborn rates.

“The incidence of maternal opioid use has skyrocketed,” said Dr. Brar. For all those reasons, “health clinics should work very closely with the social services teams,” she added. “Prevention is the best way to deal with issues. It is very important that mothers are taken care of right from the beginning.”

The Keep A Promise website will take viewers through a range of information. The issue is explained – the connection between substance abuse and child abuse and neglect. Drug abusers tend to be impaired at critical times, spend household finances on drugs, spend time seeking drugs – all leading to neglect of children at best, and abuse at worst. Neglect and abuse can become evident in a child's behavior, injuries or even issues with hygiene and



Dr. Gagandeep Brar and Meliss Klorer

appearance. The website provides information for viewers to look for signs of abuse.

Information is also provided for spreading the news to others and how to seek help or report child abuse to agencies in all the 12 counties in northwest Ohio that are part of the OCTF. The contact information for more than 10 such agencies in Lucas County is provided.

Greetings!

L.I.F.T. 2018 - MIDWEST African American Professionals and Allies Conference... Early BIRD Promotion is still open!

This dynamic conference will once again bring together national thought-leaders and change-makers from Midwest states for a unique learning experience centered in the areas of L.I.F.T. - Leadership, Influence, Focus and Talent. We are finalizing conference sessions and speakers and can't wait to start announcing plans for our time together.

Last year's conference sold out and we do not want you to miss this unique

opportunity. You have until June 15th to take advantage of this \$99 promotion.

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Toledo Library Hosts The Hip Hop Architecture Camp

In an effort to inspire underrepresented youth in Lucas County to explore careers in architecture and urban planning, the Toledo Lucas County Public Library is teaming with AIA Toledo, The Hip Hop Architect and Autodesk to host the Hip Hop Architecture Camp!

The **Hip Hop Architecture Camp at TLCPL** will take place July 9-13, 2018 for middle school aged youth. The camp is a one-week, intensive experience designed to introduce underrepresented youth to architecture, urban planning, creative place-making and economic development through the lens of hip hop culture. During the camp, students will be paired with architects, urban planners, designers, community activists and hip hop artists to create unique visions for their communities, including designing 3D models in Autodesk Tinkercad. The camp closes with the creation of a Hip Hop Architecture track and music video summarizing the group's designs, similar to a recent video created by participants in Detroit.

The Hip Hop Architecture Camp is the creation of designer Michael Ford, also known as The Hip Hop Architect. Ford is co-founder of The Urban Arts Collective, and a nationally renowned educator and speaker. He has delivered keynotes at a The 2016 American Institute of Architects National Conference on Hip Hop Architecture, SXSW, and Toronto Interior Design Show, as well as a TEDx Talk on Hip Hop Architecture. His mission to diversify the design field through the Architecture Camps have receive national press, including a feature on NBC's TODAY Show.

Jason Kucsma, Deputy Director for Toledo Lucas County Public Library said, "We're excited to bring this camp to Toledo to help our customers and community see how subjects ranging from urban planning and design to poetry, music and activism intersect - and further, shouldn't be seen as mutually exclusive. To be sure, music and poetry exist in design and architecture, just as technology and activism can inspire and push artistic expression to new heights. When these lenses and perspectives converge and harmonize, they can achieve so much more than the sum of their parts."

Speaking on behalf of AIA Toledo, Development Chair, Erin Curley, AIA, remarked "AIA Toledo is excited to co-sponsor Hip Hop Architecture! We have supported youth management in architectural design for the last 68 YEARS through our annual high school design competition. Hip Hop Architecture aligns with our goal to expose children to design. Creating awareness of design is the first step toward fostering interest in architecture."

Toledo Lucas County Public Library is currently seeking middle school participants for the camp. Interested youth can apply here to attend The Hip Hop Architecture Camp which will take place in the Creativity Lab at Main Library.

About The Hip Hop Architecture Camp:

The Hip Hop Architecture Camp is a national initiative with the mission to increase the number of minorities in S.T.E.A.M. related careers through culturally relevant programming. Visit www.hiphoparchitecture.com for more information.

For additional information please contact:

Joyce Fong, Teen Services Librarian

Email: Joyce.Fong@toledolibrary.org

Phone: 419.259.5319



Michael Ford



Hip Hop Architecture Community Center



Michael Ford's Housing Design

The Couture Project: Fashion Camp

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To apply, visit the [Facebook](#) event page *The Couture Project*; or agcithub.com; or stop by to grab an **application** from **1811 Adams St.**

Contact

Autumn Gineen Ph:(567)318-2248

Email: autumngineenci@yahoo.com

The Soulcial Scene

Fros, Fashions & Finds

Curlfriends Connected at the Glass City Natural Hair Symposium

By Megan Davis

The Truth Contributor

On Saturday, April 28, 2018, the Heatherdowns Country Club was transformed into a gathering place for nearly 200 naturalistas from across the region. Whether a business owner like Natural Needs from Indianapolis or a Curlfriend from Detroit, it was an experience to remember. Each VIP guest was welcomed with a quick digital check in and her amazing swag bag filled with goodies from Curls, Thank God I'm Natural, Keracare, Oyin Handmade, Sincerely Naturalista, and Optimistic Movement, to name a few. Even if not a VIP, there was an option to get a mini swag bag upon entry.

The grand ballroom of the venue was the heart of the event where a delicious spread of soups, salads, sandwiches and desserts were available as guests listened attentively to the keynote address by Urban Farmer, Sonia Flunder-McNair. She dropped nugget after nugget of useful knowledge that had attendees taking notes and inquiring further after the keynote hour.

McNair shared her experience during her youth of having her hair cut, to dealing with a health crisis that could have been terminal had it not been for her researching naturopathic ways to heal. In her experience, she used clean eating and herbal blends to reverse the damaging effects of an illness, to enhance her life and boost her energy.

She now has an energy that has her planting seeds all around the community. Her work in her own yard has stretched further and further throughout Toledo to include schools, community centers and clubs such as the Woodland Garden Club and the Urban South Youth Farmers Market. Her passion for teaching others about gardening has inspired many others to begin small gardens in their homes as well.

Following the dynamic keynote address, an esteemed panel addressed some deeper issues regarding hair health, self awareness, self esteem and finding your own brand of beautiful for every situation.

Dr. Hope Mitchell, MD, dermatologist, offered a healthy dose of reality when dealing with hair loss. "Acknowledging that there is a problem is the first step", she stated. With April being Minority Health Month, the panel addressed the disparities in getting or following through with preventative health care and avoiding doctors when something is wrong, leading to a number of issues such as stress, fatigue and hair loss. When asked if there is ever a time when natural remedies is not okay, Dr. Mitchell said, "There's never a bad time for natural remedies."

Noting that it is important to still seek doctor approval, nature's medicine was first and still is leading the way in healing the simplest of ailments like the common cold or allergy flare ups. With hair loss being a major issue for African American women, the panel took the most time addressing the stages of acknowledgement to action towards regrowing hair that was lost, if possible.

Master barber Tawann Gaston was able to speak to the proper ways in cutting hair that is thinning and in need of a flattering shape. Gasps from many guests were heard as it was mentioned that barbers are the first stylists trained in cutting, trimming and

shaping natural hair. This knowledge is out there, but not typically shared when women are seeking style options other than straighteners and extensions.

Barbers don't require straightening to create a design for men and women alike that they can wear both curly or straight. Gaston, owner of the now-expanding Groomed Toledo barber and beauty salon, is noted for his work with Robert Easter and Bishop Rance Allen, among local celebrities. He takes his work seriously and is meticulous, which was eloquently displayed as he answered panel questions.

Balancing out the panel between the medical and professional approach to natural hair health and growth were panelists who could speak to walking in confidence in your own skin with your own hair. Model and teacher Meeche El focuses on African Diaspora in all that she does. Her knowledge of culture and awareness of self has created a confidence that radiated throughout the country club. Naturalistas gathered around her for photos in her handmade Afro Centric garments as she shared her love and connection with the Motherland.

Her advice to young ladies was to be who they are, naturally, embracing their uniqueness. She stated, "It doesn't matter if the world accepts you, as long as you accept yourself." These words rung true and were echoed when TiAnna Anderson of Anderson Innovative Marketing was asked about being black and natural in the workplace.



Front - TiAnna Anderson, Megan Davis, Dr. Hope Mitchell; Back - Sonia Flunder-McNair, Tawann Gaston, Meeche El

While it is important to check your workplace handbook, it's still okay to be yourself, whatever your brand of beauty is. Both ladies shared the idea that regarding oneself in high esteem builds confidence that is not easily shaken should discrimination arise. Anderson is a naturalista and entrepreneur who works with local beauty business owners in creating content that tells their stories while setting their brand apart from others in a saturated market. Her work with local businesses inspired her to create Ready, Set Aim, a conference that is geared toward further equipping women business owners with tools and skills they need to succeed. Her expertise during the panel was a welcomed gem for attendees even if they don't have a business because we all can have our own brand of beauty.

The room was full of professionals like teachers, human resource managers, authors and aspiring business owners, some of which said they will return to GCNHS next year as a business owner and vendor. This story is one of the many reasons that I, the founder, continue to host these types of events. The inspiration is contagious.

A new vendor in the marketplace attended The Ohio Natural Hair, Health and Beauty Expo twice before starting her own business Natural Vibe, and she was well received by guests as were all of the vendors. Curlfriends were networking, sharing videos, pictures, snapping selfies and buying the hand-

... continued on page 10





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The Soulcial Scene

35th Annual Junior High Afro Ball – An Evening of Elegance

Over 800 seventh and eighth grade area students turned out on Saturday, May 19, for the 35th annual Junior High Afro Ball at the SeaGate Center. The annual event is hosted by the Grace Community Center.

The Afro Ball brought together students from 80 schools around the greater Toledo area.

This annual "rite of passage" for the youths celebrates achievement and diversity as well as increased personal responsibility. The theme of the Ball was "The Future Belongs to Those Who Prepare."

Earlier this month, 40 students were honored at a V.I.P. Dinner Reception along with their parents . These students were selected by their principals to represent their schools as aspiring leaders who embody the theme. They were appropriately the V.I.P. of the Ball!

The Ball was started 35 years ago by Betty Amison, the original executive director of the Grace Community Center. Elaine Page is the current executive director.



AFRO Ball 2018 VIPs



The Soulcial Scene

MLK Academy Organizes Father and Son Bonding Event

By Tricia Hall

Sojourner's Truth Reporter

Dozens of fathers and father-figures enjoyed an evening filled with parent-engagement activities on Friday, May 18, 2018 at Martin Luther King, Jr. Academy for Boys. Festivities started at 6:00 p.m. and ended shortly after 9:30 p.m. The main objective of the evening aligns with the Academy's theme, "Where we are helping boys of Destiny become Men of Distinction."

"This is powerful. We, as brothers, get a bad rap at times. Whether people know what they are talking about, or just repeating what they see on television.



William White, Sheila Cook, Willie Ward



... continued on page 13



Principal Willie Ward delivering greetings as Sheila Cook observes



TARTA serves the communities of Maumee, Ottawa Hills, Rossford, Sylvania, Sylvania Township, Toledo, and Waterville

The 47th annual Historic Old West End Festival—
Friday, June 1 through Sunday, June 3, 2018—
is accessible via TARTA routes 2 and 22.

www.ToledoOldWestEnd.com



100% wheelchair-accessible and bicycle rack-equipped.



Summer 2018 updates effective June 3.

On Sunday, June 3, 2018, the TARTA summer route schedule will begin. While some routes will be affected by routing and time changes, new timetables and maps are available at TARTA.com/Summer2018

- **3 North/South Crosstown** - schedule adjustments with additional routing and timepoints for Brookview Dr via Airport Hwy; Food Town on Central Ave via UT Transit Center, Palmer Hall, and Douglas Rd; and routing changes at UT Health Science Campus for improved access via Glendale Ave
- **5 Dorr via UT Main Campus/Walmart** - schedule adjustments
- **10 Rossford Call-A-Ride** - schedule adjustments; Meijer bus stop moved to east side of store
- **10L Rossford via Hollywood Casino** - schedule adjustments
- **12 Front/Starr** - Sunday inbound schedule adjustments
- **15A Summit/Suder/Alexis** - Sunday inbound schedule adjustments
- **20F Central Ave/Franklin Park Mall** - schedule adjustments
- **20M Central/Meijer Drive** - schedule adjustments
- **20W Ottawa Hills via Westgate** - schedule adjustments
- **22 Bancroft via UT Campus/Franklin Park** - weekday evening schedule adjustments
- **27H Nebraska/Hill-Reynolds** - schedule adjustments
- **27N Nebraska/Angola-Wenz** - schedule adjustments
- **28A Indiana via UT** - schedule adjustments with additional service to UT Transit Center
- **28B Oakwood via UT** - schedule adjustments with additional service to UT Transit Center
- **28C Art Museum** - schedule adjustments with additional service to Toledo Museum of Art and UT Transit Center

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The Soulcial Scene

Fros Fashions and Finds... continued from page 7

made and unique hair and skin products along with amazing accessories such as Headwraps by Sharmen.

The Glass City Natural Hair Symposium was more than just shopping and listening to speakers. There was an engaging experience that offered education and interaction with all guests throughout the day. The University of Toledo student organization, Natural Hairitage operated the Young Naturalistas room where they had deep round table discussions about Black hair, current culture, and society's impact on beauty standards.

In addition, there was a DIY lab where naturalistas could make their very own sugar scrub or organic hair conditioner using everyday kitchen ingredients; and people could share their feelings about their hair by writing them on the Black chalkboards throughout the space. Daily Downtown host, Brigette Burnett, attended the symposium and shared in the joy of natural beauty, creating a stunning recap of the event that can be seen on the Promedica jumbotron downtown. Anointed Photography took photos and had them available for guests on the spot, which gave them just one more memento from the event.

Other Engage activities included a game card where guests could mark off what they have done during the day from live head wrap tutorials by Jeannette Martin or attending the talk from author Cecilia Gold who penned her hair experience in a book



entitled "Hair Fairy, My Angel". There were In-FROstations that described necessary tools for naturals and caring for children's hair, and one of the sponsors, Optimistic Movement, who also created the labels for the newly established Natural Vibes business, conducted giveaways at their



booth. The networking was real and truly a breath of fresh air. Seeing Black men and women engaging customers, sharing knowledge, supporting each other and loving each other was more than one could have imagined for an event like this. It was classy, curly and cultural wrapped beautifully, and adorned with a bow.

There was so much positive energy permeating throughout the Heatherdowns Country Club that even the owner stopped in and was taken aback by the transformation of their venue. From the friendly and attentive staff to the very beauty of the green backdrop the venue provided, GCNHS was nothing short of wonderful.

As post event comments are still being made and shared, me and my sponsoring company, The Kitchen Salon, have plans for next year underway. Follow thenaturalexpo.com to see photos from this year and to learn how to be a part of GCNHS next year.

The Curlfriend Connection continues!



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Beta Gamma... continued from page 16

– Eastern, Southwestern, Southeastern, Far West and Midwestern.

The Bate Gamma Chapter was formed on May 23, 1952 when Lenora Williams Farrow and Mayola Senior and sorors from Detroit, Michigan (Chi Chapter), traveled to the old Douglas Center on the corner of 11th Street and Pinewood Avenue. On that evening 12 chapter members were initiated. They traveled to Detroit the next day to celebrate Founders' Day with the Chi Chapter. Ann Marie Bolden, the last surviving member of the 12 original sorors passed away on February 26, 2018.

Among the visitors from the three Michigan chapters were Gabrielle Patterson, Basileus of the Chi Chapter; Tiffany Pritchett, Basileus of the Flint Gamma Delta Chapter and Lillian Thomas, EDD, Basileus of the Saginaw Gamma Kappa Chapter.

This year's Founders' Day committee consisted of Co-Chairman Bea Daniels, Collins, Batson, Martin and Sallee.

Other Beta Gamma sorors are: Sherry Reed, grammateus; Rita Oliver, tamias; Clara Brank, dean of pledges; Bessie Mack, public relations.

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The Soulcial Scene

Moms in Business Learn to Balance It All with Grace and Ease

By Megan Davis

The Truth Contributor

If you're a mother and you are running a business, you're a mompreneur. If you are a mompreneur, then you are also walking a tightrope of deadlines and goals while juggling parenting duties with a smile. The family crowds around you for a moment to get permission for this, help with that, hot meals, clean laundry, counseling, financial support and a personal cheering squad. In addition, your daughter may need a makeup artist, your son may need a coach, another a seamstress or beautician. With all of these duties as a mother, one may find it hard to take time for running a business. Scheduling meetings, client appointments, production, promotions, and accounting is all a part of entrepreneurship and balancing these tasks, with the duties of motherhood gracefully, is difficult to imagine.

Difficult to imagine, indeed, but it is possible. This was Moms in Business' vision in hosting their first women's conference, "Balancing it all with grace and ease," on May 6 at the RFS event center in downtown Toledo. Though there was rain on that day, inside were women radiating with pride near their booths, showcasing their businesses. Guests enjoyed a lovely spread of refreshments was provided by The Olive Garden, and the venue was decorated for the occasion.

Bry Zeigler is the visionary behind Moms In Business and the conference. A mother of two, a human resources manager and student at the University of Toledo, Zeigler wanted to have an open discussion amongst like minded aspiring and current entrepreneur mothers willing to share their success stories, give tips and advice.

The keynote address was given by Sheila Speights, community relations rep for Buckeye Health Plan. The panelists included Lladheena Shabazz, Tiara Armstrong, Shasta Hill and D' Amber Barrett who shared their experiences with finding balance, managing schedules, and even dealing with challenges in a graceful way. Some of the panelists also have full time jobs while establishing or managing their businesses. Guests could ask questions and receive answers from the panelists, and there was an opportunity to support the women owned businesses represented in the vendor area. Attendees also were entered to win raffle prizes and networked with the mompreneurs.

To learn more about Moms In Business and how you can connect for support, contact Moms Toledo on Facebook or, Bry Zeigler via email at moms sinbusiness419@gmail.com.



Tiara Armstrong, Shasta Hill, Bry Zeigler, Lladheena Shabazz, Sheila Speights and D' Amber Barrett

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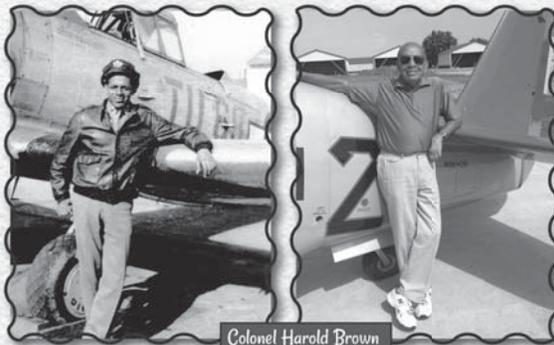


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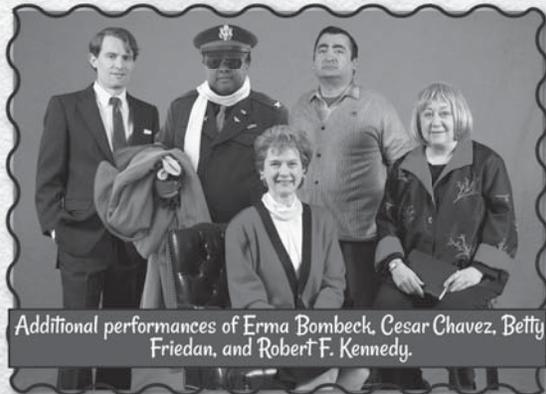
Colonel Harold Brown

Hear Col. Brown's fascinating account of his service as a Tuskegee Airman with General Benjamin O. Davis, the first African American General in the U.S. Air Force and commander of the World War II Tuskegee Airmen. Col. Brown will sell and sign copies of his autobiography: *Keep Your Airspeed Up: The Story of a Tuskegee Airman*.

Followed Friday evening at Rossford Vets Park:

6:30 pm Musical performance by Carmen Miller

7:30 pm Dr. J. Holmes Armstead as Benjamin O. Davis Jr.



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Breaking Up with Busy: Real-Life Solutions for Overscheduled Women by Yvonne Tally

By Terri Schlichenmeyer
The Truth Contributor

Your to-do list is a mile long. Every day, you add three things for every one you cross off and you're starting to resent That List. What's worse: accommodating everything on the list means there's no more you for you. In *Breaking Up with Busy* by Yvonne Tally, you'll see that it's time for the list to get lost.

c. 2018
New World Library
\$18.95 / \$27.50 Canada
203 pages

You are not having fun. You're busy – over-busy, in fact – and while it can be exhilarating and exciting for awhile, it's also "exhausting." It affects your personal life, your family, your job, and even your health, as Yvonne Tally learned when busyness led to a panic attack and a trip to the hospital in an ambulance.

She was what she now calls an "OSW," or an overscheduled woman. Her definition is that an OSW has "Superwoman-like powers" and is "everything from a well-intended problem-solver to a driven and tireless overdeliverer." You already know that can't be sustained and, sooner or later, something has to give.

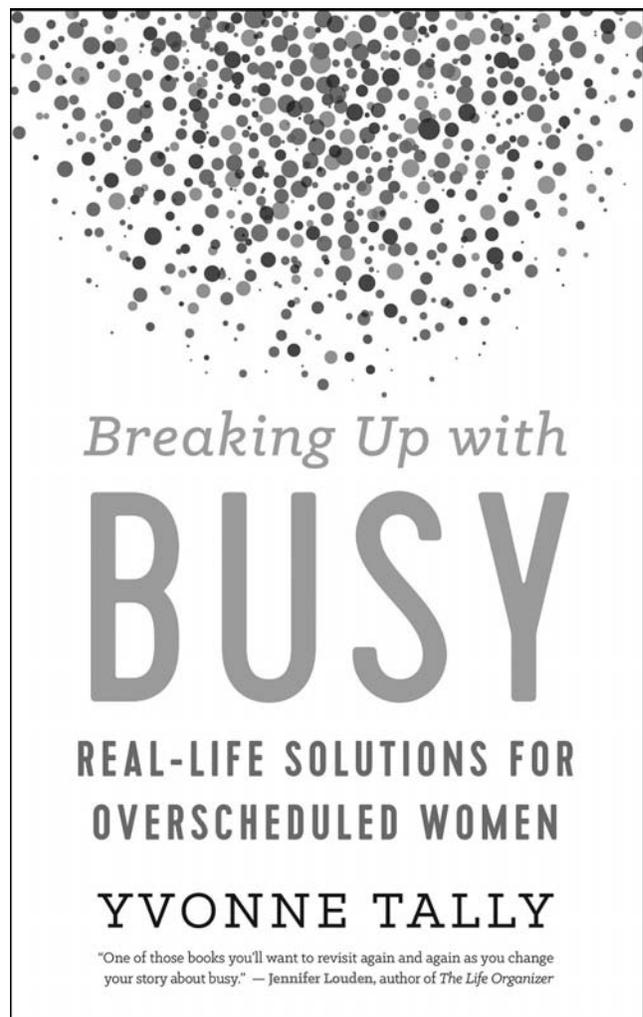
The first step to ridding yourself of the problem is to know the ten signs of needing to "break up with busy" – a list of traits with which most of today's working women will be familiar. Secondly, remember that being overly busy is a habit that, like many habits, can be altered or eliminated altogether.

Separate needs from wants and know how both relate to goals you've set. Learn to "re-wire" your mind to respond to stress and busyness. Stay away from "OSW Traps" that are lurking everywhere on your calendar; they're "reinforced by the shoulds of life" and can cause you to lose focus. Take advantage of Tally's quick worksheets, to know what kind of OSW you are, where you stand, and where work is needed. Learn her "Super Solutions Process" for assessing tasks. Be mindful, learn to listen better, and learn to meditate. Deschedule in a way that doesn't add to your stress. Finally, "count your yes-sings"; a little two-letter word ("no") can mean a world of difference.

At one point in *Breaking Up with Busy*, author Yvonne Tally mentions something that absolutely lends urgency to her entire book: your kids learn by example. Is over-stressed and over-scheduled what you want to teach them?

Using case examples that may hit uncomfortably close to home, Tally shows how a packed calendar and no time for one's self is akin to being bullied. The solution doesn't appear to be easy and Tally's ideas can have a whiff of new-age-ness to them but, while they're quite commonplace in relation to other books of this kind, her fixes seem usable and sound. The one exception: at least initially, it's not clear how one is to find time in an overscheduled day to learn to un-schedule in order to find time...

Still, for businesswomen who long for ten extra hours in a week, this book can't hurt; at the very least, it's a place to start. You might even want to add *Breaking Up with Busy* to the top of your to-do list.



MLK Academy... continued from page 9

This is a powerful event, and I'm glad that I can support this. We have strong and responsible men, and especially fathers, in the city of Toledo. Society needs to see more men like the ones that are here tonight," explained Vice Principal William White.

The Academy's principal, Willie Ward, EdD, and Toledo Public Schools superintendent Romules Durant, EdD delivered an official welcome and greetings to all the excited fathers, father-figures and MLK Academy students. Various special guests offered encouragement to the men in attendance, including: Brothers United and Boys II Men of Distinction, Inc.

"Fathers have a special place in my heart. I applaud the fathers, uncles, grand-fathers, and other adult male role models that took the time to bond with their son tonight. Each of you have no idea, how much I appreciate your time here with these young men," said event co-organizer Sheila Cook.

The remainder of the evening provided fathers and father-figures with different activities including: basketball, video games, a movie, and different game boards that was scattered throughout the Academy building. The event welcomed at least 55-pairs of sons and father-figures for an evening of male bonding.



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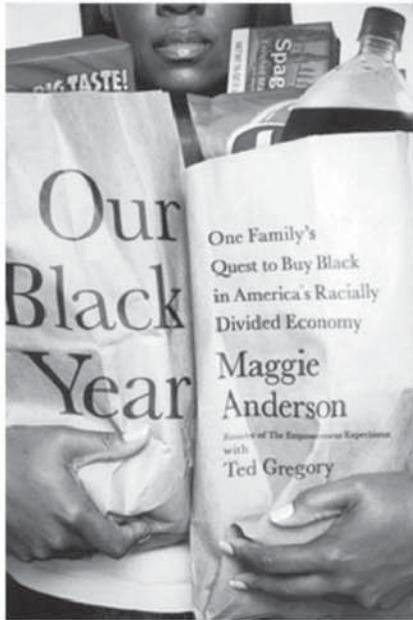
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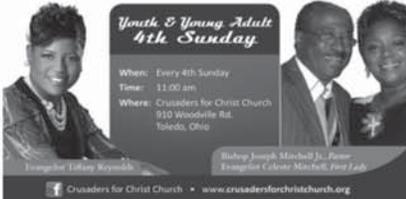
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CLASSIFIEDS

May 30, 2018

Page 15

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MARKETING FIRM NEEDED

The Mental Health and Recovery Services Board of Lucas County is seeking to acquire the services of a qualified local marketing firm to support select initiatives under its Community Engagement and Outreach functions. Additional information is available at <http://www.lcmhrsrb.org/publicnotice>. Proposals must be received by June 29, 2018 at 4:30pm.

ADVERTISEMENT FOR PROPOSALS TOLEDO-LUCAS COUNTY PORT AUTHORITY TOLEDO, OHIO

NOTICE IS HEREBY GIVEN that Sealed Bids will be received by the Toledo-Lucas County Port Authority for all labor, material, insurance, and equipment necessary for the Rehabilitate Parking Lots and Access Roads project located at Toledo Express Airport in Swanton, Ohio 43558, in accordance with the approved plans and specifications. The engineer's estimate for the project is as follows: Base Bid approximately \$400,000.00, Bid Alternate #1 approximately \$87,600.00, Bid Alternate #2 approximately \$38,190.00, Bid Alternate #3 approximately \$79,130.00, Bid Alternate #4 approximately \$413,850.00.

Bids will be received at the Port Authority's administrative offices at One Maritime Plaza, Toledo, OH 43604 until Thursday, June 7, 2018, at 9:00 AM, at which time and place all bids will be publicly opened and read aloud.

Plans, Specifications, Instructions to Proposers, and Forms of Proposal and Contract are on file and may be obtained by either (1) obtaining hard copies from Becker Impressions, 4646 Angola Road, Toledo, OH 43615, phone 419.385.5303, during normal business hours, or (2) ordering from Becker Impressions, via their website www.beckerplanroom.com at the cost of reproduction.

Please note that there will be a pre-bid meeting for this project for all prospective bidders on Thursday, May 17, 2018 at 11:00 AM in the Banquet Room in the Toledo Express Airport terminal building, 11031 Airport Highway, Swanton, OH 43558. Attendance is suggested, but not necessary. Please submit all questions to the Port Authority, Tina Perkins at Projects@toledoport.org by Tuesday, May 29, 2018 at 10 AM local time. Attendance is suggested, but not necessary. Additional information can be found at www.toledoport.org

Toledo-Lucas County Port Authority
Paul L. Toth, Jr., P.E., President & CEO

The Mental Health and Recovery Services Board of Lucas County is seeking to acquire the services of a qualified local marketing firm to support select initiatives under its Community Engagement and Outreach functions. Additional information is available at <http://www.lcmhrsrb.org/publicnotice>. Proposals must be received by June 29, 2018 at 4:30pm.

HUMAN RELATIONS COMMISSION

The city is looking for 13 people to sit on the newly-created Human Relations Commission. The Commission consists of fourteen members. Thirteen members will be citizens appointed by the mayor and subject to confirmation by Toledo City Council, in accordance with the composition requirements. The remaining member will be a member of council who will sit on the commission in an ex-officio capacity. To the greatest extent practicable, the commission will be comprised of members who represent the racial and ethnic diversity of the men and women of Toledo, and who have demonstrated in their words and actions a sensitivity to the need to end discrimination and ensure equal opportunity for all. In order to ensure representation of a broad range of community perspectives, the commission will include one labor representative, one religious affiliation representative, one education representative, one business or economic development representative, one youth representative, one member of the legal community, one neighborhood representative, one LGBT representative, and five at-large appointments. The at-large appointments include the four members and the board chairman who make up an executive committee. Its mission states: The Human Relations Commission shall endeavor to support a safe, energetic, and livable city. The commission will support residents working to overcome prejudice and build mutual respect. Anyone interested should submit a resume and a letter of interest to the Mayor's office at mayor@toledo.oh.gov.

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NOTICE TO BIDDERS

SEALED PROPOSALS for bidding on **Manhattan Marsh Debris Removal and Site Restoration Project, Metroparks Toledo** will be received; opened; and read aloud at the Metropolitan Park District of the Toledo Area, Fallen Timbers Field Office, 6101 Fallen Timbers Lane, Maumee, Ohio 43537 **Wednesday, May 23, 2018 at 12:00 noon** local time.

THE SCOPE OF WORK consists of debris removal and soil backfill of approximately 26 acres within the north Toledo property historically referred to as Manhattan Marsh. Work will involve removing household trash, construction and railroad debris including, but not limited to: surface concrete, brick, asphalt, RR ties & rails, tires and general scattered debris. To minimize negative site impacts, contractors shall use laborers to collect much of the debris, and stage that debris in centralized areas where equipment can then be used for final removal. The contractor will then backfill disturbed areas utilizing owner-supplied soils.

Bidders may obtain copies of plans, specifications, contract documents and plan-holder's list through Newfax Corporation, 333 West Woodruff, Toledo, Ohio 43604 between 8:30 a.m. and 4:30 p.m., Monday through Friday (check made payable to Newfax Corporation) or via the Newfax Digital Plan Room at www.newfaxcorp.com. Newfax can be contacted at 419-241-5157 or 800-877-5157. A non-refundable fee of \$10 is required for each set of documents obtained. For additional information, please contact Natural Resource Manager Tim Gallaher @ 419-461-0571, tim.gallaher@metroparkstoledo.com.

EACH BIDDER MUST FURNISH either (1) a bond for the full amount of the bid or (2) a certified check, cashier's check or irrevocable letter of credit in an amount equal to ten percent (10%) of the bid with its bid. The successful bidder must furnish a 100 percent (100%) Performance Bond and a 100 percent (100%) Labor and Materials Bond.

No bidder may withdraw its bid within thirty (30) days after the actual date of the opening thereof.

THE BOARD OF PARK COMMISSIONERS OF THE METROPOLITAN PARK DISTRICT OF THE TOLEDO AREA reserves the right to reject any or all bids, and to waive any informality in bidding.

By order of the Board of Park Commissioners
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David D. Zenk, Executive Director



The Basileus from the four chapters – Chi, Gamma Delta, Gamma Kappa, Beta Gamma and the attending Beta Gamma Sorors



Attending Sorors from Chi, Gamma Delta and Gamma Kappa

Beta Gamma Chapter Celebrates 66 Years of Service on Founders' Day 2018

Special to The Truth

On Saturday, May 26, 2018, the Beta Gamma Chapter of the National Sorority of Phi Delta Kappa, Inc hosted sister chapters from Flint, Saginaw and Detroit, MI to celebrate 95 years of service for the national sorority and 66 years of service for the Toledo chapter. The Quad Founders' Day 2018's theme for the occasion was "Celebrating Our Founders: Sisters of Vision."

The program, held at Macedonia Baptist Church, was opened by the mistress of ceremonies, Linda Collins, Founders' Day co-chairman, and followed by the musical prelude, "Lift Every Voice and Sing."

Greetings were offered by Toledo Chapter Basileus Dorothy Batson and Midwest Regional Director Francine Blake, PhD. After an Ice Breaker by the All "Quad" Sorors, national and local histories were presented by Helen Sallee and Joan Harris. Sisters from all four chapters offered a tribute to the founders and Yvonne Turner sang "Wind Beneath My Wings" with accompaniment by Carmen Carpenter.

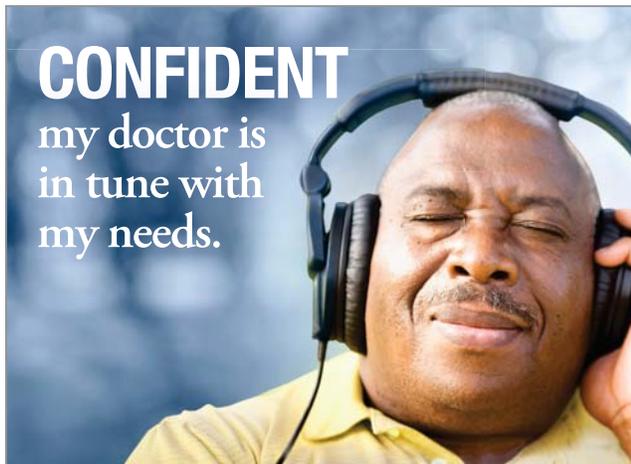
After lunch, the "What Would Our Founders Think?" program was staged including chapter highlights of Y.E.S. activities; a poem by Charliemae Rose titled "You have a Part to Play;" acknowledgement of "special guests" by Jacqueline Quinn; "special" recognitions by Paula Martin and others; presentation of gifts by the Beta Gamma Sorors and closing remarks by Batson.

The National Sorority of Phi Delta Kappa, Inc. is a professional organization of teachers dedicated to the task of training the youth of America to cope satisfactorily and effectively with today's problems. Since its inception, in 1923, the aims established by the founders have been the goals adopted by chapters throughout the country: to stimulate professional growth among teachers; to foster the true spirit of sisterhood; to promote the highest ideals of the teaching profession and to encourage the development of the potential of youth.

The National Sorority was founded in April 1923 by nine future teachers in Jersey City, New Jersey and was officially incorporated on May 23 of the same year. The second chapter was organized 17 month later in Washington, D.C. and the sorority ultimately spread throughout the country and to Liberia in West Africa. There are currently 125 chapters and over 4,000 members in five regions



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... continued on page 10